VIR Championship Success

The **Vancouver Island Regional Short Course Championships** held January 30–February 1, delivered an outstanding weekend of racing and showcased the depth, growth, and competitive strength of Island Swimming.

With clubs from across the island in attendance, the energy on deck and in the stands set the stage for fast swims and memorable performances. Island Swimming was well represented with **92 athletes**, producing an impressive **373 personal best times** and **121 podium finishes** over the course of the meet.

Both Intro Comp groups made a strong statement, demonstrating emerging strength, confidence, and consistency in racing. Congratulations to **Lucas J., Sofia K., Addie L., Anna P., Everett S., and Maddy W.**, who each achieved **five or more personal best performances** throughout the weekend. A special shoutout goes to the **Girls 10 & Under relay team**—Addie, Aria, Olivia L., and Olivia W.—who earned a **silver medal in the 200m freestyle relay**. Lucas J. also had a standout meet, bringing home an impressive **six medals**.

Several athletes delivered exceptional consistency at the championship level, with **You Ning C., Lucas J., Tobias N., Lily S., and Aria Y.** each earning **six podium finishes**—a testament to focus, preparation, and competitive edge. Across all age groups, swimmers rose to the occasion, with younger athletes stepping onto championship podiums for the first time and experienced racers leading by example.

One of the weekend's major highlights came from **Ryder C.**, who broke the **club record in the 50m Breaststroke** with a confident and powerful swim.

The meet also saw a strong wave of new standards achieved. **New Provincial qualifications** were earned by Mason (50 Breast), Noah G. (200 Free), JT and Jema (200 IM), Matthias (200 Breast, 200 Fly), Tiana and Lily (400 Free), Chase (50 Back, 400 IM), Addison (50 Fly, 100 Back), and **Clara**, who secured her **first-ever Provincial standard** in the 50 Breaststroke.
New Divisional standards were achieved by Lily E. (200 Back), Debbie (50 Breast), Brielle (400 Free), Francie (50 Fly, 200 IM, 400 IM), Teddy (50 & 100 Free), Tabitha (100 Free, 200 IM, 200 Breast), Tobias (100 Breast), Philippe S. (200 Free), Katelynn (100 Free, 100 Fly, 100 Breast), and Evan (200 Breast).

Overall, the championships reflected the hard work being done across the entire program—clear growth in technical skill, racing confidence, and competitive drive at every level.

A heartfelt thank you to the volunteers whose time and dedication made the weekend possible and created an environment where athletes from every club could perform at their best.