



2023-2024 Competitive Program Information

Welcome to the 2023- 2024 swim season. There is a lot of information in this package. Please be sure to read the following information carefully and keep it for future reference.

110th

We are celebrating our 110th anniversary this year and hope you can join us!

Date: Saturday September 23

Where: Saanich Commonwealth Place gymnasium & pool

When: 4:00 – 7:30pm

What: 4:00 – 5:30 celebration, awards, cake in the gym.

5:30 – 7:30 fun swim, races & games in the pool. Siblings and family members welcome

UPCOMING DATES TO NOTE

Monday September 18th: First day of regular practice for all groups.

Saturday September 30: all practices cancelled

Saturday October 21: Annual General Meeting, Saanich Commonwealth Place. Time TBC

Required Information session for all Competitive Program parents at Commonwealth Pool

- **National/ CSI groups:** Monday September 18. Time TBC
- **Provincial groups:** Monday September 25 4:30pm
- **Regional groups:** Thursday September 21. 4:30pm
- **Intro Comp groups:** Saturday October 7. Time TBC

FEES, DISCOUNTS & PAYMENT

Fees are charged to your swimmer account on the 1st of each month. Training fees, and any other expenses on your swimmer account (meet fees, equipment purchases etc) are **due on the 15th of the month.**

A 20% discount is applied to the second and third swimmers from the same family.

All account information now runs through our website. To view your account status at any time, login to the Island Swimming website. Select **My Account** from the dropdown in the blue bar, select **Billing**.

PAYMENT OPTIONS:

Credit card payments are now processed through the Island Swimming website. Credit card details are required at the time of registration.

To make payment by direct debit or e-transfer, please contact the office prior to registering.

Returning members that made payment by direct debit or e-transfer are already set up and do not need to contact the office.



2023-2024 Competitive Program Information

SEPTEMBER 15th FEES:

- Society/Registration Fee: \$20.00 per family.
- Swim BC Registration & Insurance Fee: (mandatory and non-refundable once submitted) determined by the swimmers age as of December 31, 2023.
 - 8 & U \$103.50
 - 9 – 10 \$123.50
 - 11 – 14 \$165.50
 - 15 & over \$207.50
- September training fees:
 - Full month fees for CSI, National Performance, National Development & Provincial groups
 - Half month fees for Regional and Intro Comp groups

Please note:

Training fees are based on the annual cost to run our programs and divided into convenient monthly payments. Refunds or discounts cannot be given for holidays or missed practices.

TRAINING FEES & DISCOUNTS:

Group	Program fee	Paid by month	Season Length
National Performance, CSI	\$5170.00	470.00 x 11	August 28 to end of July
National Development	\$4950.00	450.00 x 11	August 28 to end of July
Provincial Senior	\$3625.00	345.00 x 10.5	September 5 to Provincial champs
Provincial Junior	\$3835.00	365.00 x 10.5	September 5 to Provincial champs
Regional	\$2645.00	278.00 x 9.5	September 18 – June 28
Intro Competitive SCP & JDF	\$1600.00	168.00 x 9.5	September 18 – June 28

*Second and third family members receive a 20% discount on monthly training fees.

- July training fees:
 - Full month fees for CSI, National Performance and National Development groups
 - Half month fees for Provincial groups

CHANGES OR WITHDRAWALS:

Swimmers can withdraw from the program by providing written notice to the Island Swimming office (adminoffice@islandswimming.com) before the end of the month in which they will be finishing.

VOLUNTEER REQUIREMENT

ISC could not operate without a significant number of volunteers. Parents are need to help with fundraising, to sit on the board of directors and to help officiate at swim meets we host.

A minimum number of points per family is required to keep the club running smoothly. Your point requirement is based on the highest group swimmer in your family. A penalty of \$50 per point will be charged for all volunteer points not meet. Please read the **Volunteer Points Requirement** document carefully.



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HEAT SHEET: weekly newsletter

A brief newsletter is emailed weekly to all members and is the best place for current information including upcoming meets & events, equipment orders, fundraising or practice cancellations. Be sure to take a few minutes each week to check the newsletter.

USING THE WEBSITE: meets, travel, equipment

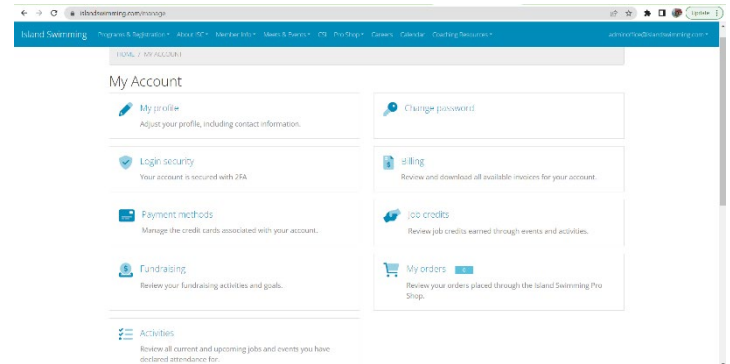
Please familiarize yourself with our website features. Almost everything you need to know about our regular programs, upcoming meets and your account status is on our website.

MEETS & TEAM TRAVEL: Organizing team travel and away meets takes time. Meet and travel declarations **MUST** be made on the website before the posted deadline or swimmers may not be entered in the meet or permitted to travel. Attendance can be declared at **Meets & Events/ Upcoming Meets**.

Team Travel, when offered, is open to swimmers 11 and older. A deposit for team travel may be charged to your account at the travel declaration deadline. Swimmers who cancel team travel after the declaration is closed will be responsible for any non-refundable travel expenses associated with the trip.

Prior to attending the first travel meet of the season, a mandatory travel information form will be circulated to parents of those attending. This form is essential to ensuring the health and safety of your swimmer and their teammates when travelling as a group.

Please also ensure your Emergency Contact information is updated in your account. To make updates, login to the website, select **My Account** (from the drop down at the left), then **My Profile** to make updates.



HOSTED MEETS: Hosted meets are an important part of our season and all competitive members are required to help with the workload. **You must be logged in to the Island Swimming website when you sign up to volunteer** or your points will not be credited to your account.

EQUIPMENT AND ISC CLUB GEAR:

The club has a supply of team caps, goggles, mesh bags, paddles, club t-shirts, hoodies, track jackets. Equipment can be purchased online at the club **ProShop**: www.islandswimming.com/pro-shop. Items ordered online will be delivered to your swimmer at practice and billed to your swimmer account.

Required equipment lists can be found on the club website: **Member Info/ Competitive Group Info**

WEBSITE RESOURCES:

For detailed information on our website go to **Member Info/ Competitive Group Info**. Here you will find:

- Regular Training schedule (downloadable)
- Tentative Meet Schedule
- Equipment requirements
- Volunteer requirements