



## Victoria Amateur Swim Club

1970



**THE VICTORIA OLYMPIANS—APRIL 1970:** Back row; Mary Pat Pumfrey, Lorrie Nasser, Jim Gollmer, Carol Taylor, Gail Williams, Gary Blondin(Coach), George Gollmer, Stephen Davis, George Allen, Ted Eby, Jay Ranson, Leonard Carlow, Chis Toakley, Phil Gay. 3rd row; Denise Brownsey, Michele Brownsey, Diane Forbes, Judy Thompson, Greg Mutch, Peggy Turner, Nancy Taylor, Moyra Thompson, Catherina Davis, Beth Geddes, Brenda Easu, Barb McConnechy, Bill Sherwood. 2nd row; Susan Shpiruk, Christine Large, Carey Busfield, Patty Gilker, Wendy Sherwood, Lori Gay, Heather Campbell, Yvonne Loams, Stanley Davis, Ricky Sykes, Mike Toakley, Johnny Juricic, Scott Busfield. Fornt row; Jim Ranson(Team Manager), Gina Shpiruk, Jennifer Dickson, Sandra Wilson, Debbie Carlow, David Davis, Colin Toakely, Nicky Borelly, Robert Gair, Ross Meredith, Graham Carlow, Bruce Blannin, Barry Sherwood, Stephen Hawkins. Other Olympians not pictured; Randy Mutch, Tim Mots, Rick Davidge, Greg Stone, Dave Ranson, Bill Mollard and Mark Allen.

## **January 1970**

Highlights of the meet schedule

February 7 <sup>th</sup> – 8 <sup>th</sup>	BC Indoor Championships @ Crystal Gardens
February 21 <sup>st</sup>	Victoria City Meet in Colwood
March 27 <sup>th</sup>	School Swim Meet (Elem, Jr , Sr) @ Crystal Gardens
April 2 <sup>nd</sup> – 5 <sup>th</sup>	Cdn Winter Nationals / Commonwealth Games Trials, Winnipeg
April 11 <sup>th</sup> – 12 <sup>th</sup>	VICO Invitational @ Crystal Gardens
May 9 <sup>th</sup> – 10 <sup>th</sup>	VASC International Meet
July	BC Championships @ Empire Pool, Vancouver

## **February 1970**

The AGM was held after the awards on Friday January 30<sup>th</sup> 1970, at 8:00pm. A new executive was elected at the meeting for the 1970 season.

President	Jim Mutch
Secretary	Nicki Gollmer
Coach	Gary Blondin

Swimathon date changed to March 2<sup>nd</sup> (Monday) and 3<sup>rd</sup> (Tuesday) 1970

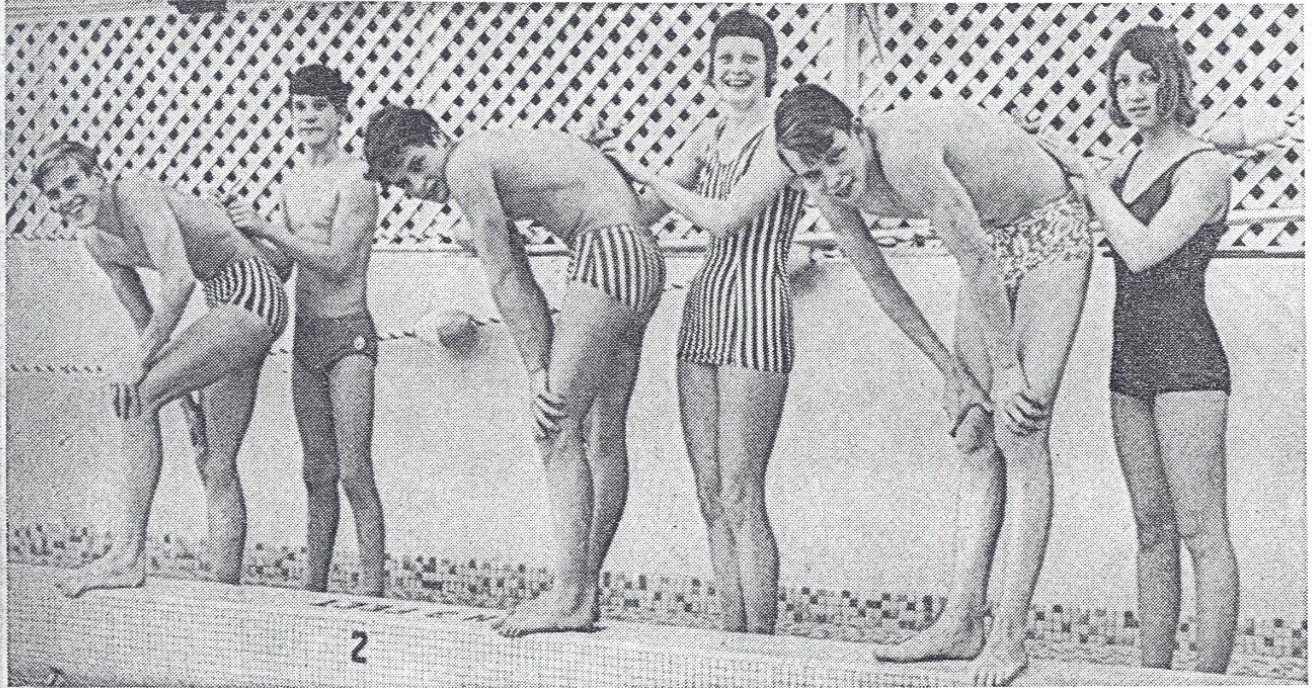
Over 700 swimmers representing thirteen teams competed at the two day BC Indoor age class and open swimming championships on February 7<sup>th</sup> – 8<sup>th</sup> at the Crystal Gardens. VASC finished 7<sup>th</sup> with 119 points through the 68 events, Vancouver Amateur Swim Club won the meet finishing first with 427. Olympian Greg Stone finished 1<sup>st</sup> in both the 100 and 200 meter Breaststroke open competition. Other VICO finalist were: Steve Davis 11-12 2<sup>nd</sup> 100 breaststroke, Mark Allen 11-12 3<sup>rd</sup> 100 breaststroke, Bill Mollard 13-14 2<sup>nd</sup> 100 backstroke, 13-14 boys 2<sup>nd</sup> 200 yard freestyle relay, Bill Sherwood open 3<sup>rd</sup> 100 backstroke, George Gollmer 13-14 3<sup>rd</sup> 200 IM, 13-14 boys 2<sup>nd</sup> 200 yard medley relay, Jim Gollmer open 2<sup>nd</sup> 100 butterfly and open boys 2<sup>nd</sup> 200 yard medley relay.

On February 21<sup>st</sup> the Victoria City Meet was held in Colwood Centennial Pool where the Juan de Fuca Cohoes claimed the city championship for the first time beating the Victoria Olympians 795 – 710. For the Cohoes Diane Smedley, Greg Reeves and Dale Long each had four individual victories while VICO's Judy Thompson had four individual victories and Jim Gollmer had three individual victories. The relay races were fairly close with Cohoes winning 9 and VICO winning 7 out of 16 races.



## Swimathon

12—VICTORIA DAILY TIMES, TUESDAY, FEBRUARY 24, 1970



**BUSY RECORDING PLEDGES** on own performances in "Swim-a-Thon" next weekend are Victoria Olympic competitors (left to right) Bill Sherwood, Jay Ranson, Chris Toakley, Michele Brownsey, Greg Stone and Judy Thompson. Each will be swimming for certain amount of money for each length of Crystal Garden pool completed within set period of time. Part of pro-

ceeds from money thus collected will help defray expenses for club during coming year, with smaller portion going to assist national team. Swimming will take place Saturday (5 to 7 p.m.), Sunday (7 to 9 a.m.) and Monday (8 to 9 p.m.) Juan de Fuca Cohoes will hold their "Swim-a-Thon" in Centennial Pool on March 21 and 26. (Photo by Bill Halkett)

Newspaper February 24 1970



# They'll Swim To Pay Rent

Victoria Ald. Percy Frampton will get all wet next month — in a good cause.

He will be one of the local citizen volunteers plunging into the Crystal Garden pool on behalf of the Victoria Amateur Swim Club.

The club's swim-a-thon, April 10 to 12, will have members and the volunteers splashing the length of the pool as many times as they can manage — each sponsored at so much a length in the club's big annual fund-raising drive.

## NATIONAL EVENT

The swim-a-thon is a national event, under the auspices of the Canadian National Swimming Association. For the local club, it's the big push to literally pay the rent.

Even at 6 o'clock in the morning pool rental costs \$8 an hour. At other times of the day it rises to \$15 hourly. All told the club has to find about \$3,000 this year for pool time.

Members' fees and the \$5 charged learn-to-swimmers just don't cover it and the other expenses like coaching competitors and financing meets. So it's hoped the swim-a-thon will produce \$5,000 this year, says Jim Ranson, director and former team man-

ager. It raised \$4,000 before expenses last year.

This swim club first started making waves about the turn of the century. Its program today includes the learn-to-swim classes which graduate about 100 children in 10-week sessions.

Then there is a competitive swim team, about 65 boys and girls aged eight to 17, called the Victoria Olympians. There is a lifesaving program and the club has a diving instructor and four or five divers at present.

The Olympians, under coach Tony Keeler, will take part in about a dozen meets this year.

The swim-a-thon next month will be the club's third and will have all 75 or so club members reeling off the lengths. There's a limit of two hours and a maximum of 200 lengths allowed competitors. Because the 50-yard Crystal pool is twice the average of pools across the country, each length there will count for two when it comes to sponsors paying up.

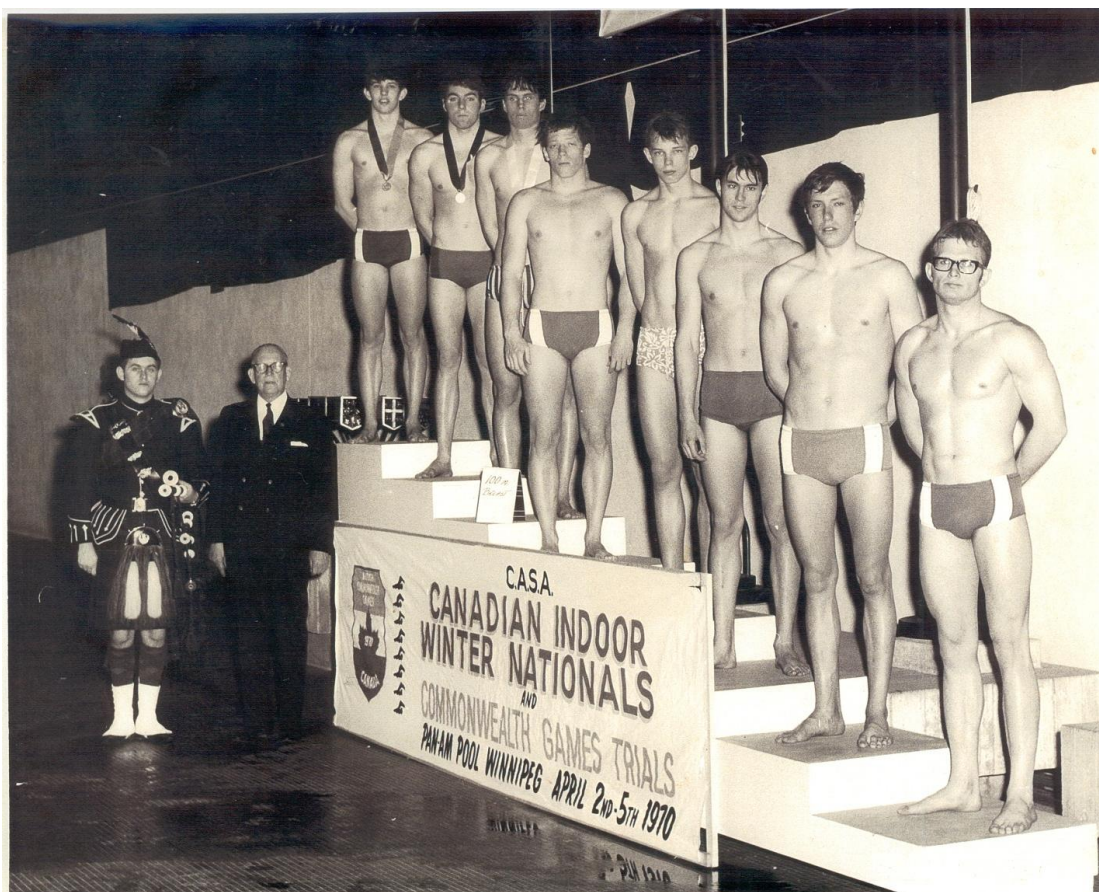
## GO THE DISTANCE

Ranson notes that a number of members will go the distance, so a sponsor at one cent a length will pay \$2 for a maximum effort.

The local club retains 70 per cent of the funds raised by the swim-a-thon. Twenty per cent goes to the provincial section of the Canadian National Swimming Association and 10 per cent to the national body.

Ranson said if it hadn't been for the \$4,000 the swim-a-thon raised last year "we would have been dead."

Besides Frampton, adult volunteers this year will include Brian Small, secretary-manager of the Victoria Chamber of Commerce, hotelier Len Ingraham, CPA manager Jim Mutch, Brian Ferguson of Totem Travel and others. The adult volunteers accounted for about \$650 last year.



At the Canadian Indoor Winter Nationals and Commonwealth Games Trials at the Pan-Am pool in Winnipeg April 2-5 1970 Greg Stone finished 5<sup>th</sup> in the 100 Breaststroke. Mary Pat Pumfrey and Gail Williams also represented the club. Trevor Cole former head coach of the VASC/VICO's in the 60's, now coaching out of Vancouver, was chosen as the Men's Head coach of the National Team and trained the team. twice a day 6000 metres in Quebec.

In April 1970 it was reported that pool time at the Crystal Gardens was guaranteed until the new pool was opened or at least until December 1970 and that the fall season would continue as usual.

At the second annual VICO Invitational meet April 11<sup>th</sup> – 12<sup>th</sup>, VICO finished 4<sup>th</sup> overall with 190 points, Juan de Fuca Cohoes finished 7<sup>th</sup> with 122 points, while the Burnaby Tyees with 304 points won the meet. The meet was the last major meet before the Crystal Gardens was replaced by the new aquatic complex at Central Park (Crystal Pool).

The VASC finished 9<sup>th</sup> with 83 points at the BC Championships (22 clubs, 700 swimmers) held on the weekend of June 30<sup>th</sup> 1970 in Vancouver at Empire Pool. Twenty-two swimmers represented the club. Greg Stone won the lone individual title for the club in the men's 100 meter Breaststroke. Mary Pat Pumfrey, Gail Williams, Cary Busfield, Nickey Barrelli, Leonard Carlow, Judy Thompson, Bill Mollard, Jay Ranson, Phil Gay and Chris Toakley placed in the top four of their events.



## **CHUCK MUDRAK on sports!**



**C-FAX SPORTS DIRECTOR**

6:25 a.m.	12:40 p.m.
7:25 a.m.	6:10 p.m.
8:10 a.m.	11:15 p.m.

### **A BIG FINALE FOR THE ANCIENT CRYSTAL GARDEN**

A rather momentous occasion takes place at the Crystal Pool in Victoria on April 11th and 12th. It's the 2nd annual Victoria Olympians Invitational Swim Meet. This event will be momentous and historic as it will draw over 300 top competitors from Vancouver Island, the Lower Mainland and the state of Washington. It will also be the last large swimming meet before the closing of the Crystal Swimming Pool.

The Meet, sponsored by the Victoria Amateur Swimming Club who have been associated with the Crystal Pool since its opening, is drawing such competitors as Brenda Meredith of the Victoria Amateur Swimming Club, Sylvia Dockerill of the Dolphin Swim Club, Randy June from Port Alberni who was a finalist in the recent Canadian National Meet in Winnipeg, outstanding swimmer Dale Long of the Juan De Fuca Cohoes, and host club swimming stars Mary Pat Pumfrey, Jim Gollmer, Gail Williams, and Greg Stone in the senior ranks, and many other swimmers in age group competition.

Competition entries have been received from the Arbutus Club, the Burnaby Tyees swim club, Killarney Swim Club, New Westminster Y Kings, Canadian Dolphin Swim Club, The Hollyburn Country Club, Port Angeles Swim Club, Juan de Fuca Cohoes, the Port Alberni Swim Club, and of course, the hosting Victoria Olympians of the Victoria Amateur Swim Club.

The Crystal pool will be replaced in early 1970 with a new and modern facility which will further the fame of Victoria as having one of the most modern and up-to-date swimming important, to maintain a large learn-to-swim and life-saving group, becomes a reality for the Victoria Amateur Swim Club, who have a complete water sports program which includes learn-to swim for children and adults, diving, various stages of life-saving, synchronized swimming, and water polo.

### **May - August 1970**

Registration day for 1970/1971 season September 9<sup>th</sup>, 10<sup>th</sup>, 11<sup>th</sup> from 6:00 – 8:00 pm at the Crystal Gardens.



### **September - October 1970**

Tony Keeler hired as new head Coach as Gary Blondin moved out of town. Martin Collis was the assistant head coach.

Elementary School Swim meet to be held Friday November 13<sup>th</sup> at 6:00 pm at the Crystal Gardens.

Junior / Secondary School meet to be held on November 14<sup>th</sup> at 8:00 am at the Crystal Gardens.

Club Championships to be held in December 1970.



Juan de Fuca Cohoes won the 1<sup>st</sup> Annual Victoria Invitational swim meet at the Crystal Pool in December 1970 with 1039 points, VicO was second with 780 points and Saanich Swim club was third with 201 points.

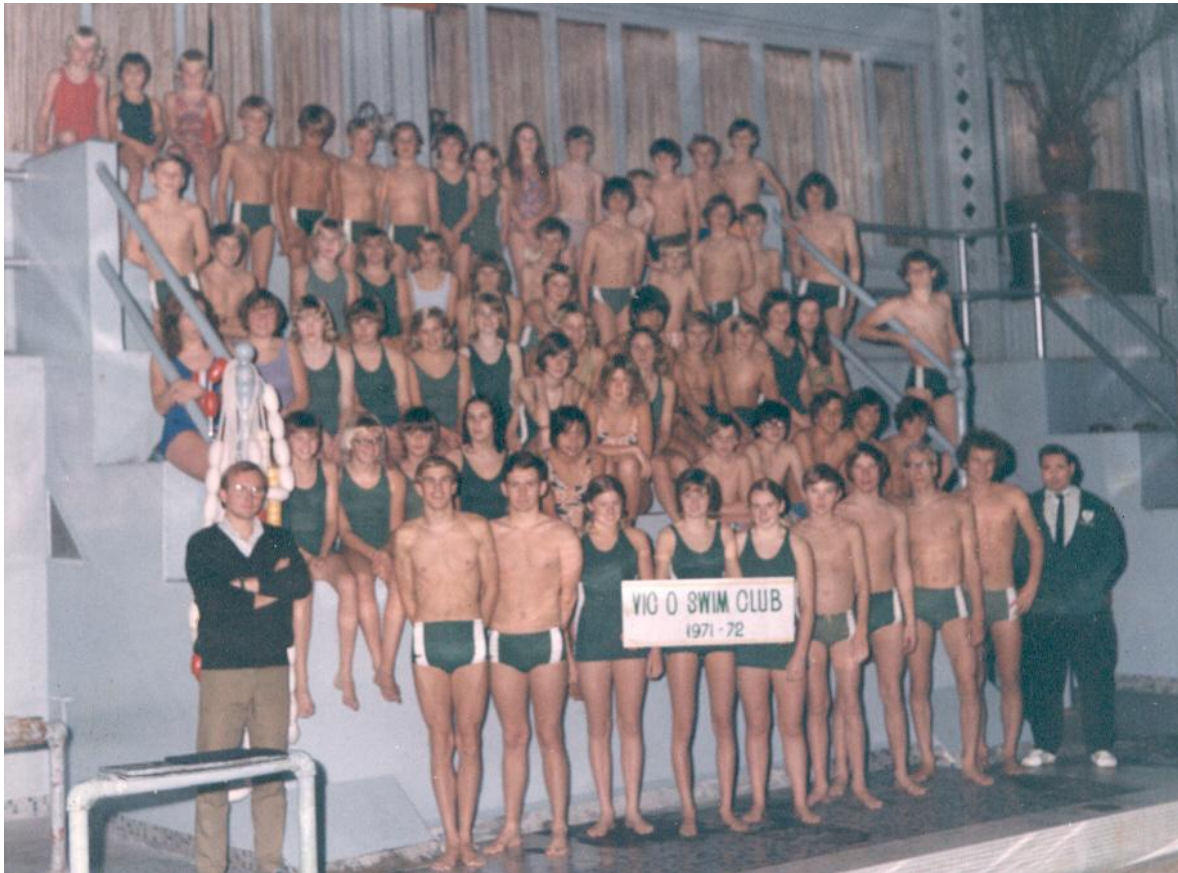
Victoria Centennial Invitational Calibre Swim meet March 20<sup>th</sup> – 21<sup>st</sup> 1971.



Record Board at Crystal Gardens



## 1971/1972



### VicO 1971 - 1972

#### January 1971

Re-registration for January – April session at Crystal Gardens January 4<sup>th</sup> – 7<sup>th</sup> 1971 from 5:00 – 7:00 pm

Awards and Club Banquet January 22<sup>nd</sup> 1971 at 6:30 pm at St. George the Martyr Church Hall, presentation of Club Trophies after the banquet.

AGM notice January 22<sup>nd</sup> 1971 @ 8:00 pm

#### Meets

February 21<sup>st</sup> Victoria and District Meet @ Juan de Fuca Cohoes

Juan de Fuca Cohoes retained the Victoria and District team swimming championship and the City of Victoria Trophy at the two day “Centennial 71” meet at Colwood’s Centennial Pool. The Cohoes had 894 points followed by the Victoria Olympians 622 and Royal Roads with 15 points. Gail Williams VicO and John Geyssen Cohoes won the Jack Todd trophies for their victories in the open IM category. The Olympians boys open relay team collected the Britannia Branch cup while the Cohoes girls open relay team won the Canadian Legion Pro Patria cup. Four swimmers managed to win four out of five events in their individual age

groups: Judy Thompson 14 and under, Stanley Davis 10 and under, Jay Ranson 12 and under, all from the Victoria Olympians and Doug Portelance 12 and under, of the Juan de Fuca Cohoes

The Vancouver Island Swimming Championship were held in Port Alberni on the weekend of July 3-4 1971. VASC finished third behind Port Alberni and the Juan de Fuca Cohoes. Judy Thompson a fourteen year old Victoria Olympian won the female outstanding swimmer award with 4 - 1<sup>st</sup> and 1 – 2nd. Stan Davis, Carrey and Scott Busfield also swam well.

It was with great sadness that the city saw the closure of the Crystal Gardens as a public swimming pool. November 27 1971 saw the official opening of the new Crystal Pool in Victoria, which cost \$1.8 million to construct. Facing structural and mechanical problems, the Crystal Gardens was forced to close its doors behind the last visitors in 1971. Swimmers now went to the new Crystal Pool on Quadra Street to practice their crawl and their diving.



**Crystal Pool 1971**

The VASC held an open house at the new 50 meter Crystal Pool on November 30<sup>th</sup> 1971 from 7-9pm.

The first meet at the new pool (part of the official opening of the pool) was the Centennial Invitational Swim Meet Dec 5<sup>th</sup> 1971 (heats 9:00-1:00, finals 6:00-9:00) between the Juan de Fuca Cohoes 1<sup>st</sup> place 732 points, Port Alberni Aquatic Club 2<sup>nd</sup> 714 points and the Victorian Olympians 3<sup>rd</sup> 536 points. The meet was sponsored by the City of Victoria and was part of the BC Festival of Sport.



# PROGRAMME

For Official Opening

## CRYSTAL POOL

HIS WORSHIP J. COURTNEY HADDOCK, MAYOR OF VICTORIA

at

**7:30 p.m. on Saturday, November 27, 1971**

**7:30 p.m.** Band concert by the Shoreline Jr. Secondary School Band, under the direction of Mr. John Boel.

**8:00 p.m. O CANADA**

Master of Ceremonies Keith McKenzie introduces platform guests.

The turning over of the building and presentation of the keys to Alderman Percy J. Frampton, Chairman of the Recreation & Community Services Committee by Mr. Harry Fowler, H. E. Fowler & Sons Limited and Mr. John Di Castri, Architect.

Introduction of The Reverend John Watson, President of the Victoria Council of Churches, who will offer a Prayer of Dedication.

Introduction of His Worship, J. Courtney Haddock, Mayor of the City of Victoria, who will give an Address of Welcome.

Official Opening ribbon cutting ceremony by His Worship, J. Courtney Haddock, Mayor of the City of Victoria.

Introduction of invited aquatic personalities and guests.

Special presentation.

Synchronized swimming.

Competitive swimming.

Water safety and lifesaving display.

Competitive swimming.

Water polo game.

Comedy diving.

**GOD SAVE THE QUEEN**

The building of the Crystal Pool was made possible by the generous bequest of Thomas Shanks McPherson, prominent Victoria citizen and philanthropist, who died in December, 1962, at 89 years of age.

**SUNDAY - November 28**

9:15 a.m. - 12:30 p.m.

2:00 - 5:00 p.m.

7:00 - 9:00 p.m.

Water Safety Display by the Victoria Chinatown Lions Club.  
Free Public Swimming.  
Free Adults Swimming Party.

**MONDAY - November 29**

7:30 - 8:30 a.m.

10:00 - 12:00 noon

12:00 - 1:00 p.m.

1:00 - 3:00 p.m.

4:00 - 6:00 p.m.

7:00 - 8:00 p.m.

8:00 - 9:30 p.m.

Early Bird Swim.  
Beacon Hill/South Park/St. Anns/James Bay/St. Margarets/Glenlyons Schools Swimming Party.  
Business Mens Keep Fit.  
Mommy and Me  
Victoria High School Swimming Party.  
Open House Synchronized Swimming (25 metre pool).  
Open House Skin Diving (25 metre pool).  
Guys & Gals Learn to Swim (50 metre pool).  
Open House Slim 'N Trim (50 metre pool).

**TUESDAY - November 30**

10:00 - 12:00 noon

12:00 - 1:00 p.m.

1:00 - 3:00 p.m.

3:30 - 5:00 p.m.

7:00 - 9:00 p.m.

Open House Ladies' Slim 'N Trim.  
Adult Swimming.  
George Jay School Swimming Party.  
S.J. Willis Jr. High School Swim Party.  
Open House - Victoria Amateur Swim Club (50 metre pool).  
Open House - National Lifeguard Display (25 metre pool).  
Open House - Royal Lifesaving Display (25 metre pool).

**WEDNESDAY - December 1**

10:00 - 12:00 noon

12:00 noon - 1:00 p.m.

1:00 - 3:00 p.m.

7:30 p.m.

Blanshard Street School Swim Party.  
Business Mens Keep Fit.  
Mommy and Me.  
Official Opening of the B.C. Winter Sports Festival.

**THURSDAY - December 2**

10:00 a.m. - 12:00 noon

12:00 noon - 1:00 p.m.

1:00 - 3:00 p.m.

4:00 - 6:00 p.m.

7:00 - 10:00 p.m.

Housewife's Jamboree.  
Adults Swimming.  
St. Andrews/St. Josephs/St. Patricks Schools Swimming Party.  
Central Jr. High School Swim Party.  
Invitational Water Polo Tournament.

**FRIDAY - December 3**

7:30 - 8:30 a.m.

10:00 - 12:00 noon

12:00 - 1:00 p.m.

1:00 - 3:00 p.m.

4:00 - 6:00 p.m.

7:00 - 10:00 p.m.

Early Bird Swim.  
Oakland/Quadra Schools Swim Party.  
Business Mens Keep Fit.  
Victoria West/Lampson Street Schools Swimming Party.  
Esquimalt High School Swim Party.  
Coca-Cola Pool/Patio - Splash Party.

**SATURDAY - December 4**

10:00 a.m. - 12:00 noon

1:00 - 3:00 p.m.

6:00 - 10:00 p.m.

Mom, Dad, "The Kids" Swim.  
Free Public Swimming.  
Boy Scout Regional Centennial Swim Meet.

**SUNDAY - December 5**

9:00 a.m. - 1:00 p.m.

2:00 - 5:00 p.m.

6:00 - 9:00 p.m.

Victoria Amateur Swim Club Invitational Swim Meet.  
Free Public Swimming.  
Victoria Amateur Swim Club Invitational Swim Meet Finals.



## 1972/1973

On February 17-18 1973 the Victoria and District Swimming Championships were held at Centennial Pool in Colwood. The Victoria Olympians, 679 points, ended a three year drought to finish in 1<sup>st</sup> place (the last year they won was in 1969). Other competing teams were Juan de Fuca Cohoes 669.5 points, Victoria Flying Y Swim Club 339 points and Saanich Swim Club 81.5 points.

The Victoria and District Swimming Championships were held at Centennial Pool in Colwood on the weekend of March 16<sup>th</sup> 1973. The VASC (Victoria Olympians) won the City of Victoria trophy, the first time in three years, edging out the Juan de Fuca Cohoes. VicO had 679 points, JdF Cohoes 669.5 points, Victoria Flying Y 339 points and Saanich Swim Club 81.5 points. VicO won both the senior girls and the senior boys 200 meter freestyle relay races while Cathy Rushcall of the Saanich Swim Club and Paul Jeune of the Victoria Olympians won Jack Todd trophies for winning their 400 meter IM races for 15 – 16 year olds.



**1972/1973 VicO Team**

## **1973/1974**

### **January 1974**

Top five all time list

### **April 1974**

Letter sent out regarding a reunion

VICO reunion, Friday May 31<sup>st</sup> 1974 @ 8:30 pm at the Oak Bay Beach Hotel

Swim Ranking for age group swimmers in 1974 show that Janet Ruschall (11-12), Marg Meyers (15-17) of the Victoria Olympians and Bruce Kelly (10 and Under), Ted Packford (10 and Under), Jim Gabriel (10 and Under), of the Juan de Fuca Cohoes finished in the top ten in the national rankings.

## **1974/1975**

### **September 1974**

Good description of year round activities in the Alumni newsletter

Monty Holding Head Coach VASC

Grant Treloar assistant Head Coach

President Dr. R Raap





OCTOBER 11, 1974.

## SENIOR -

## 25 METER POOL

GIRLS NAME	TIME	YR	EVENT	YR	TIME	BOYS NAME
CATHY RUSHCALL	29.5	73	50 FREE	73	26.8	PAUL JEUNE
CAROLYN RUSHCALL	1:02.8	74	100 FREE	74	57.2	PAUL JEUNE
CAROLYN RUSHCALL	2:15.0	74	200 FREE	73	2:06.2	PAUL JEUNE
CATHY RUSHCALL	4:45.0	74	400 FREE	74	4:32.0	PAUL JEUNE
CAROLYN RUSHCALL	9:17.4	74	800 FREE	74	17:23.5	PAUL JEUNE
			1500 FREE	74	17:23.5	
CAROLYN RUSHCALL	1:15.1	74	100 BACK	74	1:04.6	BILL MOLLARD
DEBBIE CARLOW	2:47.0	74	200 BACK	66	2:29.0	GRANT TRELOAR
MARG MEYERS	1:20.1	74	100 BRST	74	1:10.2	GREG STONE
MARG MEYERS	2:52.4	74	200 BRST	73	2:37.0	GREG STONE
KAREN RUSHCALL	1:09.0	74	100 FLY	67	1:02.9	MONTY HOLDING
KAREN RUSHCALL	2:26.3	74	200 FLY	74	2:23.0	PAUL JEUNE
MARG MEYERS	2:33.7	74	200 IM	74	2:20.1	GREG STONE
JUDY THOMPSON	5:26.5	74	400 IM	74	5:00.5	PAUL JEUNE
C. RUSHCALL, MEYERS, THOMPSON	2:13.9	74	200 MR	74	1:59.3	{MOLLARD, STONE GRUNDISON, JEUNE
C. RUSHCALL, MEYERS, THOMPSON	1:57.9	74	200 FR	74	1:46.3	{JEUNE, GRUNDISON FLETT, McDONALD
C. RUSHCALL, MEYERS, THOMPSON	4:54.1	74	400 MR	74	4:17.3	{MOLLARD, STONE JEUNE, McDONALD
C. RUSHCALL, MEYERS, THOMPSON	4:17.5	74	400 FR	74	3:52.7	{FLETT, STONE JEUNE, McDONALD
C. RUSHCALL, MEYERS, THOMPSON			800 FR			

## SENIOR -

## 50 METER POOL

GIRLS NAME	TIME	YR	EVENT	YR	TIME	BOYS NAME
CATHY RUSHCALL	29.3	74	50 FREE	74	26.8	PAUL JEUNE
CAROLYN RUSHCALL	1:03.1	74	100 FREE	74	56.78	PAUL JEUNE
CAROLYN RUSHCALL	2:13.57	74	200 FREE	74	2:01.20	PAUL JEUNE
CAROLYN RUSHCALL	4:35.77	74	400 FREE	74	4:18.24	PAUL JEUNE
CAROLYN RUSHCALL	9:26.18	74	800 FREE	74	18:02.04	PAUL JEUNE
			1500 FREE	74	18:02.04	
JUDY THOMPSON / LORRIE COSBY	1:16.4	74/68	100 BACK	74	1:03.8	BILL MOLLARD
LORRIE COSBY	2:40.2	57	200 BACK	67	2:23.6	GRANT TRELOAR
MARG MEYERS	1:22.4	74	100 BRST	74	1:10.47	GREG STONE
MARG MEYERS	2:50.24	74	200 BRST	74	2:31.13	GREG STONE
KAREN RUSHCALL	1:09.42	74	100 FLY	67	1:03.7	MONTY HOLDING
KAREN RUSHCALL	2:24.25	74	200 FLY	66	2:24.5	MONTY HOLDING
MARG MEYERS	2:35.43	74	200 IM	74	2:17.4	KEN McDONALD
MARG MEYERS	5:29.5	74	400 IM	74	5:10.0	BILL MOLLARD
			200 MR			
THOMPSON, K. RUSHCALL, MEYERS, K. RUSHCALL	4:55.14	74	400 MR	74	4:12.98	{MOLLARD, STONE GRUNDISON, JEUNE
C. RUSHCALL, MEYERS, THOMPSON	1:58.67	74	200 FR	74	1:45.96	{JEUNE, STONE GRUNDISON, McDONALD
C. RUSHCALL, SHIPRUK, THOMPSON	4:16.30	74	400 FR	74	3:48.75	{JEUNE, MOLLARD GRUNDISON, McDONALD
C. RUSHCALL, MEYERS, THOMPSON	9:07.45	74	800 FR	74	8:15.95	{JEUNE, MOLLARD GRUNDISON, McDONALD

December 1974

Club Championships on December 18<sup>th</sup>.

## 1975/1976

In 1975 Dr. Rien Rapp was president and Pauline Mosterd was Secretary of the VASC while Monty Holding, an ex-competitive swimmer with the VASC, was the head coach along with coaches (ex-competitive swimmers) Grant Treloar (third year with the club) and Lloyd Minkler (third year with the club).

December 1975

Club Championships on December 13<sup>th</sup>.

## 1976/1977

December 1976

Club Championships on December 18<sup>th</sup>.

## 1977/1978

At the Vancouver Island Regional Short Course Championship in Nanaimo on the weekend of February 26<sup>th</sup> 1978 Wayne Kelly VASC, Blake Grealy VASC and Mike Paras Duncan shared the grand aggregate boys title for the meet while Sheryl Hennis and Linda Baxter both of the VASC shared the grand aggregate girls title for the meet. Twelve VIR records were broken at this meet, two by Wayne Kelly (13-14 200 IM, 100 Free), Lawrence Wright (800 Free), Janet Rushcall (1500 Free), Blake Grealy (11-12 200IM), Bruce Kelly (13-14 Breaststroke) and Simon Bricknell (8 and under 50 Free). The other records broken were in the relays.

# CITY SWIMMERS SCORE IN ISLAND CHAMPIONSHIP

NANAIMO — Swimmers from three Greater Victoria clubs claimed all of the aggregate titles at the Vancouver Island short-course swimming championship meet which finished here Sunday.

Rob Grundison of Victoria Amateur Swim Club captured senior boys' laurels with five firsts in the 200-metre individual medley, 100 breaststroke, 100 backstroke, 100 butterfly and 100 freestyle events.

Alison Noble of Victoria Flying "Y" topped senior girls with four firsts — 200 individual medley, 200 freestyle, 100 freestyle and 100 backstroke — and a second in the 100 butterfly.

Swimmers with the VASC picked up eight relay victories, Juan de Fuca Cohos won six and Victoria Flying "Y" won two. Other clubs in the competition were Saanich Swim Club, Duncan Aquatic Swim Team, Nanaimo Riptides, Tahsis and Comox Valley.

Other aggregate winners

### GIRLS

15-17: Karen Coult of Cohos (two 1sts and two 2nds) tied Karen Rainey of Cohos (one 1st, three 2nds and two 3rds).

13-14: Shelley Cuppage of VASC (five 1sts).

11-12: Jennifer Patton of Cohos (seven 1sts).

10 and under: Sheryl Hennis of VASC (four 1sts, two 2nds and one 3rd) tied Kelly Twordik of Cohos (two 1sts, four 2nds and one 3rd).

### BOYS

15-17: Lawrence Wright of VASC (three 1sts and three 2nds).

13-14: Eric Bramble of VASC (two 1sts).

11-12: Wayne Bonsdorf of VASC (six 1sts and one 2nd).

10 and under: Robert Dyke of Cohos (six 1sts).

Hyack captured the team title at the BC Short Course Championships March 23rd - 26<sup>th</sup> 1978 held at the Crystal Pool. The VASC finished 5<sup>th</sup>, Juan de Fuca Cohos finished 13<sup>th</sup> out of fourteen teams entered. Outstanding swims for the VASC were; Janet Rushcall in the senior girls (1<sup>st</sup> in the 200 free, second in the 100 free and the 400 free) and Sheryl Hennis in the 10 and under (1<sup>st</sup> in the 50 fly).



## 1978/1979

In 1978 the Victoria Amateur Swim Club / Victoria Olympians developed a constitution and registered as a society.

November 1978

Club Championships on November 26<sup>th</sup>.

## Short Course Records 1979

### VICTORIA AMATEUR SWIMMING CLUB

#### CLUB RECORDS - Boys

200m	I.M	Senior	Rob Grundison	2:13.9
50m	Freestyle	10 & U	Stan Davis	34.1
50m	Freestyle	11 & 12	Stan Davis	30.3
50m	Freestyle	13 & 14	Wayne Bonsdorf	27.19
50m	Freestyle	15 & 16	Wayne Kelly	25.48
100m	Freestyle	Senior	Stan Davis	54.12
50m	Backstroke	10 & U	Scott Busfield	40.8
50m	Backstroke	11 & 12	Wayne Bonsdorf	37.7
100m	Backstroke	13 & 14	Grant Treloar	1:07.4
100m	Backstroke	15 & 16	Nick Borrelly	1:04.4
100m	Backstroke	Senior	Nick Borrelly	1:04.4
50m	Breaststroke	10 & U	Graham Carlow	43.9
100m	Breaststroke	11 & 12	Jim Gollmer	1:24.1
100m	Breaststroke	13 & 14	Wayne Bonsdorf	1:17.57
100m	Breaststroke	Senior	Rob Grundison	1:10.0
50m	Butterfly	10 & U	Blake Grealy	36.1
50m	Butterfly	11 & 12	Dean Lindal	36.12
100m	Butterfly	13 & 14	Jon Kelly	1:09.85
100m	Butterfly	Senior	Rob Grundison	59.5

## VICTORIA AMATEUR SWIMMING CLUB

### CLUB RECORDS - Girls

200m	I.M.	Senior	Karen Van Sacker	2:31.0
50m	Freestyle	10 & U	Sheryl Hennis	32.7
50m	Freestyle	11 & 12	Andrea Ranson	30.36
50m	Freestyle	13 & 14	Kim Rushcall	29.6
50m	Freestyle	15 & 16	Elaine Finck	29.6
100m	Freestyle	Senior	Cath Rushcall	1:02.3
50m	Backstroke	10 & U	Ellen Raap	42.0
50m	Backstroke	11 & 12	Andrea Ranson	38.8
100m	Backstroke	13 & 14	Janet Rushcall	1:17.6
			Barb Hastings	1:17.6 <i>TIED THE RECORD</i>
100m	Backstroke	15 & 16	Liz McDonald	1:12.0
100m	Backstroke	Senior	Liz McDonald	1:12.0
50m	Breaststroke	10 & U	Ellen Raap	44.3
100m	Breaststroke	11 & 12	Mary Pat Pumfrey	1:26.6
100m	Breaststroke	13 & 14	Lynda Kimmons	1:23.42
100m	Breaststroke	Senior	Karen Van Sacker	1:19.2
50m	Butterfly	10 & U	Sheryl Hennis	37.8
50m	Butterfly	11 & 12	Andrea Ranson	33.69
100m	Butterfly	13 & 14	Janet Rushcall	1:13.0
100m	Butterfly	Senior	Karen Rushcall	1:07.1

## **1979/1980**



In 1979/1980 R Verpoorte was President of the VASC, N Kelly was the Secretary and P Mosterd was the Past president. Mark Fellner was first hired as head coach for the VASC / Victoria Olympians. Other coaches were David Chisholm, Eric Grossman and Harry Wilson. The program starts September 17<sup>th</sup> 1979 at the Crystal Pool and finishes in early August 1980.

### **Mark Fellner, Head Coach**

At the Vancouver Island Regional Short Course Championship in Nanaimo on the weekend of February 24<sup>th</sup> 1979 Rob Grundison senior boys, Lawrence Wright 15-17, Eric Bramble 13-14, Wayne Bonsdorf 11-12, Shelley Chuppge 13-14 and Sheryl Hennis 10 and under all of the VASC captured their age group grand aggregate titles for the meet. VASC, Juan de Fuca Cohoes, Victoria Flying Y, Saanich Swim Club, Duncan Aquatic Swim Team, Nanaimo Riptides, Tahsis and Comox Valley took part in the meet.