



## **HELP! My child is on the Bluefins Swim Team! Now what?**

### **A Guide for Parents/Guardians of New Members of the Bluefins Swim Club**

#### **Expectations of Swimmers:**

- Keep your commitments - Swimmers are expected to attend all practices, if at all possible.
- Pay attention to the coaches - Disruptions are not fair to the other swimmers.
- Do *your* best - It is a lot more important than being *the* best.
- Demonstrate good sportsmanship at all times, win or lose.

MOST IMPORTANTLY HAVE FUN!!!

#### **Where you can find all of this and more information:**

- On the team website <https://www.gomotionapp.com/team/cancbsb/page/home>
- By emailing Head Coach Jason Warford
- Talking to any of the other swim team parents, guardians, or coaches

#### **THE BASICS:**

##### **Practices:**

Practices will be held at the CBS Pool Recreation Complex, schedules will be posted on the CBS Bluefins webpage under "About Us"

##### **Swimming Apparel and Gear:**

Swimmers should wear a swimsuit that does not restrict their movement in the water. Suits can be purchased through Universal Corporate Wear, Sportchek or numerous other retailers including those online. Be sure to check out the club equipment swap/sale at the beginning of the season.

Additional equipment includes goggles, swim caps, and water bottles.



## **Events**

The upcoming season will offer several opportunities for pre-competitive swimmers to participate in the Club's Blue vs. Gold events and/or skills competitions. These fun in-house events are designed to introduce pre-competitive swimmers to a competitive meet structure and environment in the comfort of their own home facility or in the case of the skills competition, help assess a swimmer's strengths and weaknesses in a variety of swim activities in a fun and engaging environment.