

Brief Meet Information

MEET NAME	OSAC Team Challenge Short Course Swim Meet
DATE(s):	November 15,16,17, 2024
HOSTED BY:	Owen Sound Aquatic Club (OSAC)
LOCATION:	Julie McArthur Regional Recreational Centre, 700 10 th St. East Owen Sound, Ontario N4K 0C6
FACILITY:	Owen Sound YMCA
PURPOSE & DESCRIPTION:	To promote and recognize individual and team racing accomplishments. This will be a 6 session 3-day event.
MEET PACKAGE:	The only meet package which will be considered as valid must be the most current version found on www.swimming.ca and the Swimming Canada Registration and Event Management System (REMS).
LAST UPDATE:	

Competition Organizing Committee

ROLE	NAME	EMAIL	LEVEL
COMPETITION COORDINATOR(S):	Brian O'Doherty	brian.m.odoherty@gmail.com	5
MEET MANAGER(S):	Scott Kocher	osacmeetmanager@gmail.com	
OFFICIALS COORDINATOR:	Scott Kocher	osacmeetmanager@gmail.com	

Safety at Competitions

Swimming Canada and Swim Ontario believes that athletes, coaches, officials, support staff and volunteers have the right to participate in a safe and inclusive sport environment that is free of abuse, harassment and discrimination.

Only Swimming Canada registered active participants (swimmers, officials, certified coaches and support staff for the meet), facility personnel and authorized Swim Ontario personnel are allowed on deck during the competition.

All participants in this event are reminded that they are bound by Swimming Canada and Swim Ontario Policies and Procedures, including but not limited, to Swimming Canada's General Code of Conduct, their Equity, Diversity and Inclusion Policy, their Harassment Policy and the [Swim Ontario Code of Conduct procedure](#) For more information regarding the [Swim Ontario Policies and Procedures](#) or Safe Sport please visit the Swim Ontario website <https://www.swimontario.com/sport-safety> or www.swimming.ca/safesport

The [Swim Ontario Concussion Management](#) & Swimming Canada Event Photography and Swim Ontario Event Photography procedures will be in effect. For complete details click [HERE](#).

Every club and its participants are responsible for ensuring all facility rules and requirements are followed.

Competition Rules

Sanctioned as an Age Group Swimming Invitational by Swim Ontario.

All current [Swimming Canada rules](#) will be followed.

All swimmers are permitted to race with the swimwear of their choosing at all competitions sanctioned by Swim Ontario provided the fabric of the swimwear is a permeable open mesh textile and would not reasonably be seen to create a technical advantage in terms of speed, buoyancy, or endurance.

Please note that [Swimming Canada Competition Warm-Up Safety Procedures](#) and Swim Ontario warm-up safety rules will be in effect. Details [HERE](#)

AGE UP DATE:	The competitor's age is as the first day of the competition : Friday November 15, 2024
DIVE STARTS:	As per the Facility Rules for Dive Starts, this competition Starts will be conducted as follows: <ol style="list-style-type: none"> A. from Starting Platforms (blocks) as per World Aquatics II.4.1 and II.16.1.4 from <ol style="list-style-type: none"> a. from deep end only
d/DEAF AND HARD OF HEARING ACCOMMODATION :	<p>This competition can provide the following accommodations for swimmers who are d/Deaf and Hard of hearing:</p> <ul style="list-style-type: none"> • non-verbal instruction provided by a support person from the swimmer's own club, who is registered in the REMS as support staff. <p>Clubs are to contact Meet Management by the <u>Entry Deadline</u> of the need for accommodations. Support Staff must be included in the submission of entries process.</p> <p>Support Staff must have active REMS registration and be included in the club's event entry. Those not listed in the entry submission will be denied deck access.</p>

Eligibility

All athletes must be registered as Competitive swimmers with Swimming Canada and possess a valid Swimming Canada registration number. Entries submitted without a valid registration number and active status in the Swimming Canada Registration and Event Management System (REMS) at the time of the competition will be denied entry. It is the responsibility of the swimmer's club to provide proof of active registration status in REMS.

ADDITIONAL ELIGIBILITY INFORMATION:	Meet Management reserves the right to further limit individual swims per session and to limit heats if necessary to keep session times to within 4.5 hours.
COACH & SUPPORT STAFF REGISTRATION:	<p>Meet management will cross reference the list of coaches submitted with entries at this competition with the Swim Ontario Compliance lists. If a coach is not on this list, meet management is obligated to enforce the Swimming Canada policy and not permit that coach to attend the meet. Meet management will forward Swim Ontario a list of coaches who they have found to be in non-compliance.</p> <p>Swimmers must have a coach or designated coach (coach representative) in attendance during the meet including warm-up sessions.</p>

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	Clubs needing Support Staff for Para or d/Deaf/Hard of Hearing swimmers must register them in the Swimming Canada Registration and Event Management System (REMS) to access the deck at competitions. Support Staff must have active REMS registration and be included in the club's event entry. Those not listed in the entry submission will be denied deck access.
FOREIGN TEAMS / COMPETITORS:	<p>The following applies to Teams and their competitors not affiliated with Swimming Canada. Swimmers registered as active with a Swimming Canada ID are considered domestic.</p> <p>A. Foreign Teams and their competitors are welcome, subject to the following provisions.</p> <ul style="list-style-type: none"> ○ Proof of TEAM Liability Insurance for a minimum of \$2,000,000 is required naming Swim Ontario on the Insurance certificate. ○ All foreign competitors must be registered with an amateur swimming organization recognized by World Aquatics. ○ All foreign competitors and coaches must be duly registered and residents of the governing body for which they are competing. ○ All competitors and coaches must be in good standing with their respective governing swim body. ○ All foreign competitors and coaches must have primary residence within the province /state or country for which they claim registration. Proof of residency may be green card, student ID, driver's license, college residence or other document as deemed acceptable by Swim Ontario and shall be submitted with the Proof of Residence and Registration Status form to Swim Ontario no later than 7 days prior to start of competition along with the insurance certificate. ○ Foreign Team entries are not to be accepted by the host club until Swim Ontario approval.

Entry Process

ENTRY SUBMISSIONS:	<p>Entries must be submitted through the Swimming Canada Registration and Events System (REMS) and must include all attending coaches and support staff. Meet management will:</p> <ul style="list-style-type: none"> ● not accept entries via email; ● notify clubs within 48 hours of the online entry deadline regarding any rejected entries or required changes to entries; ● notify clubs of any meet format changes or designated warm-up times at least 5 days (for TIER II sanctions) and 10 days (for TIER III & IV sanctions) prior to the start of the competition <p>Failure to inform meet management of a no-show / scratch prior to the deadline for changes to entries will result in loss of entry fees.</p> <p>Meet Management reserves the right to further limit individual swims per session and to limit heats if necessary to keep session times to within 4.5 hours.</p>
ENTRY DEADLINE:	<p>The online entry deadline is Tuesday October 29, 2024</p> <p>A. Changes to entries will be accepted until Tuesday November 5, 2024</p>
ENTRY FEE:	<p>The following fees will apply for this competition:</p> <p>A. Timed Finals: \$13.50</p> <p>B. Distance & Prelim/Finals: \$15.00</p> <p>C. Relay events: \$18.00</p>

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	<p>Payment Method: Please make cheques payable to Owen Sound Aquatic Club. Clubs may bring a cheque to the meet.</p> <p>Payment by e-transfer can be made to osactreasurer@gmail.com . If e-transfer, please transact by November 13 and note purpose on email.</p>
ENTRY LIMITS:	<p>The following limits are in place for this competition:</p> <p>7 individual swims plus relays. Note the following limits:</p> <p>Friday – one distance event and one 50m event plus the relay, or two 50m events plus the relay</p> <p>Saturday – 3 individual events plus the relay</p> <p>Sunday - 3 individual events plus the relay</p> <p>Session 1 Events 10 & 11 – 800 Relay - limit 2 teams per club</p>
RELAY ENTRIES:	<p>Teams may move up no more than two (2) swimmers from a younger age category to fill a relay. A mixed relay must have 2 girls and 2 boys. No other combination is allowed. The first leg of a mixed relay is not an official time. Requests for official splits are not allowed for mixed relays.</p> <p>A. Relay swimmers must be entered in a non-relay event in order to compete.</p>
ENTRY TIMES & CONVERSION:	<p>A. Entries can be submitted with No Time (NT).</p> <p>B. Entries must be submitted using provable times (not converted), recorded during the qualifying period. Please submit times in the course achieved.</p> <p>a. Times will not be converted by meet management.</p>

Schedule of Sessions

Session #	Date	Warm-up period	Start of session	Approx. Finish of session	Time Final/Heats /Finals
1	Nov 15/24	3:30 PM – 4:15 PM	4:20 PM	8:15 PM	11 & O Timed Finals
2	Nov 16/24	7:30 AM – 8:25 AM	8:30 AM	11:15 AM	13 & O Prelim Heats & Timed Finals
3	Nov 16/24	12:00 PM – 12:55 PM	1:00 PM	4:00 PM	12 & U Timed Finals
4	Nov 16/24	4:30 PM – 5:25 PM	5:30 PM	7:45 PM	13 & O Finals
5	Nov 17/24	7:30 AM – 8:25 AM	8:30 AM	11:00 AM	13 & O Timed Finals
6	Nov 17/24	11:30 AM – 12:55 PM	12:30 PM	3:15 PM	12 & U Timed Finals

Meet Format & Administration

MIXED-GENDER:	<p>An exemption from the requirement to swim events in gender separated events due to limited time, developmental opportunities or facility requirements and/or due to a missed swim, where on an exception basis, a referee agrees to have the swimmer swim with a heat of an opposite gender event.</p> <p>In spite of these exemptions, any swimmer who achieves a record time at a competition that recognizes records at any level (regional, provincial, national etc, whether age group or open) will not be recognized for that record unless the coach has advised the referee prior to the start of the session that there is a possibility of the record being broken, and the referee ensures that the swimmer competes with competitors of the same gender for his/her heat.</p>
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	In the event that mixed gender swims are permitted; the results must still be posted separately by gender of swimmers.
SEEDING:	<p>After all times are converted as pursuant to the conversion process:</p> <ul style="list-style-type: none"> A. Seeding for Timed Final events will be in order of entry times, slowest to fastest. Swimmers entered with NT (no time) will be seeded last. <ul style="list-style-type: none"> a. with the exception of Distance Events which will be seeded fastest to slowest. B. Seeding for Preliminary events will be as per Section II 3.1 with fastest 3 heats circle seeded. C. Senior Preliminary events will be seeded according to time, regardless of age, and swum slowest to fastest unless otherwise noted. Senior Finals events will be A final only, for each gender and each of the 4 age groups. D. All events of 400m or longer will be swum as Timed Finals. The 800m and 1500m events will be seeded fastest to slowest. E. The Junior events will be swum as Timed Finals and seeded slowest to fastest regardless of age. F. All relays will be swum as Timed Finals seeded slowest to fastest.
DECK ENTRIES:	<p>All accepted Deck Entries are Exhibition Only and are not eligible for scoring or awards. No new heats will be created for deck entries (only empty lanes, if available). The following are the Deck Entry Rules for this competition:</p> <ul style="list-style-type: none"> A. No Deck Entries are permitted.
RELAY NAME SUBMISSION:	<p>Relay Cards or Forms must be returned to the Admin Desk.</p> <ul style="list-style-type: none"> A. Relay Cards are available at the Admin desk. B. The Relay Name submission deadline is 30 mins after the start of the session.
SCRATCHES & POSITIVE CHECK IN RULES:	<p>The following are the Scratch deadlines for this competition.</p> <ul style="list-style-type: none"> A. There is a scratch deadline for: <ul style="list-style-type: none"> a. All events b. Scratches are to be made at the Admin Desk 30 minutes prior to the start of each session. B. A scratch deadline will apply for finals events: <ul style="list-style-type: none"> a. 30 minutes following the posting of results of last preliminary event in that session <p>The following are the Positive Check-in deadlines for this competition.</p> <ul style="list-style-type: none"> A. There is a positive check-in 30 minutes before the start of the session at the Admin Desk for the following events: 400m, 800m, and 1500m distance events B. All swimmers are required to check-in with the Admin Desk 30 minutes prior to each <u>finals</u> session.
PENALTIES:	<ul style="list-style-type: none"> A. Failure to participate in an event with a scratch or positive check-in deadline for Final events will result in the following penalty: <ul style="list-style-type: none"> a. the swimmer being removed from all remaining events in that session.
OFFICIAL SPLIT TIMES:	<p>Meet management requires that any coach wishing to rely on a time achieved by the swimmer for an interval shorter than the total distance of the event shall so advise the Referee at least 30 minutes prior to the commencement of the session in which the event will take place.</p> <ul style="list-style-type: none"> A. Official Split Forms are available at the Admin Desk. B. Not all Official Split requests can be accommodated.
SWIM OFFS:	<p>This competition offers preliminary events.</p> <ul style="list-style-type: none"> • All swim-offs are to be run during or at the end of the session in which the tie occurred at a time mutually agreed upon by coaches and officials.

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	<ul style="list-style-type: none"> Coaches are to report to the Admin Desk when a swim-off is announced.
RECORDS:	<p>A. Swim times achieved at this competition will NOT be used for applications of provincial and national records.</p>
MEET RESULTS:	<p>Official Results will be posted within 48 hours of completion of the meet to www.swimming.ca</p> <p>A. Unofficial Results will be posted at the meet. B. Unofficial mobile applications results will be available. C. Unofficial Live Results will be available.</p>
SCORING:	<p>The following scoring will be applied:</p> <p>A. Point scoring for individual events will be based on “Final” and “Timed final” results. B. Points are not awarded for “Preliminary” results. C. Points will be awarded for each individual event by gender and age group as follows: 10 and under, 11-12, 13, 14, 15, 16 and over. D. Points will be awarded for each relay event by gender and age group as follows: 10 and under, 11-12, 13-14, and 15 and over. E. Point scoring for individual events from 1st place to 8th place will be 20, 17, 16, 15, 14, 13, 12, 11. F. Point scoring for relays from 1st place to 8th place will be 40, 34, 32, 30, 28, 26, 24, 22.</p>
AWARDS:	<p>The following will be awarded: FREE \$\$\$</p> <p>A. \$100 Team awards for Free relay winners. Session 1 - Heats 10 & 11 Session 5 - Heats 51,52,53,54 Session 6 - Heats 66 & 67</p> <p>\$25 individual awards (per age group) for 50M Free winners. Session 4 – Heats 20 & 21 Session 6 – Heats 61 & 62</p>
ADDITIONAL INFORMATION:	<p>Warm-up Protocols</p> <p>There will be one warm up period. Lane 1 may be reserved for Para swimmers and the Orangeville Team.</p> <p>Dive starts off the blocks will be permitted in lanes 3-7, and backstroke ledge starts will be permitted in lanes 2 and 8 for the last 10 minutes of each warm up period. One-way swimming only in dive lanes and swimmers must swim the entire length and exit only at the turn end. Lane 1 will be open for two-way swimming.</p> <p>Distance events: 400m, 800m, 1500m</p> <p>Viewing area upstairs will be available – no food or drink allowed upstairs.</p> <p>OFFICIALS:</p> <p>We appreciate the support of both our visiting and home officials! If you can volunteer during this meet, please sign up online on Signup Genius. https://www.signupgenius.com/go/10C0F48A4A923A1FDC25-50583876-osac</p> <p>An updated official's grid will be posted in the official's room each morning. Please arrive 1 hour before the session starts. Marshall's must arrive 15 minutes prior to the warmup. Senior officials' briefing will be 1 hour prior to the start of each session. General briefing will be 45 min prior to the start of each session.</p> <p>Suggested attire: Timers (including Chief Timer) – white tops with black bottoms and shoes. All other officials – red tops with black bottoms and shoes.</p>

Schedule of Events

Session 1 11 & Over Timed Finals Friday November 15, 2024 Warm-up: 3:30 PM -- Start: 4:20 PM		
Women		Men
1	1500 Free (Mixed)	1
2	800 Free (Mixed)	2
3	50 Back (13&O)	4
5	50 Breast (13&O)	6
7	50 Fly (13&O)	8
9	400 IM (Mixed)	9
10	800 Free Relay	11

Session 2 13 & Over Prelims & Timed Finals Saturday November 16, 2024 Warm-up: 7:30 AM -- Start: 8:30 AM		
Women		Men
12	200 Free	13
14	100 Back	15
16	100 Fly	17
18	200 Breast	19
20	50 Free	21
22	200 IM	23
24	200 Medley Relay Mixed (13-14)	24
25	200 Medley Relay Mixed (15&O)	25

Session 3 12 & Under Timed Finals Saturday November 16, 2024 Warm-up: 12:00 PM -- Start: 1:00 PM		
Women		Men
26	200 Free	27
28	50 Breast	29
30	200 Back	31
32	100 Fly	33
34	50 Back	35
36	100 Breast	37
38	200 IM	39
40	200 Medley Relay Mixed (10&U)	40
41	200 Medley Relay Mixed (11-12)	41

Session 4 13 & Over Finals Saturday November 16, 2024 Warm-up: 4:30 PM -- Start: 5:30 PM		
Women		Men
12	200 Free	13
14	100 Back	15
16	100 Fly	17
18	200 Breast	19
20	50 Free	21
22	200 IM	23

Session 5 13 & Over Timed Finals Sunday November 17, 2024 Warm-up: 7:30 AM -- Start: 8:30 AM		
Women		Men
42	100 Free	43
44	200 Back	45
46	200 Fly	47
48	100 Breast	49
50	400 Free Mixed	50
51	200 Free Relay (13-14)	52
53	200 Free Relay (15&O)	54

Session 6 12 & Under Timed Finals Sunday November 16, 2024 Warm-up: 11:30 AM -- Start: 12:30 PM		
Women		Men
55	100 Free	56
57	100 Back	58
59	50 Fly	60
61	50 Free	62
63	200 Breast	64
65	400 Free Mixed	65
66	200 Free Relay Mixed (10&U)	66
67	200 Free Relay Mixed (11-12)	67