
Comox Valley Aquatic Club - SHARKS

P.O. Box 3542, Courtenay, V9N 6Z8 BC ✈ E-Mail: cvsharksheadcoach@gmail.com ✈ www.sharks.bc.ca



2021/22 Sharks Swim Season **Registration Information**

Welcome to the 2021/22 season of Sharks Swimming. We are excited to start the new season and thank everyone for their support and trust as we get ready to start a safe and exciting new season.

The 2020/21 season was unlike anything we have had to endure before. The Sharks swimmers and families did a fantastic job adapting and the club managed to grow, stay strong and stay active throughout the year. Great job by all the swimmers in staying motivated and excited to come to the pool everyday.

We are looking forward to returning to some normality this year with programming and competitions. Below are some of the changes you will see this year.

Programming Changes:

Squad 9 back to normal

Our Squad 9 program slowly evolved last season and this year will return to a twice per week program for the swimmers.

Mini Sharks

With the popularity of our Shark School in years past and private classes last year we will be re-introducing Mini Sharks this season. These small class size, once per week classes will be offered as a Friday lesson and allow swimmers to work on skills to enter Squad 9. Swimmers must be safe and comfortable in deep water and be able to swim at least 5m unassisted.

Saturday Training

We will be getting in the water Saturday mornings again this season. A little change however. The practices will be run out of the Aquatic Centre and will have more of a skill clinic theme as well as a start and turn element. Squad 1-6 swimmers will have Saturday AM practices and will alternate week, so groups will have around 2 Saturday AM's/month.

Competitions

Competitions should be returning to hopefully some sort of normality. What form they will exactly take is unknown but we are planning on having competitions once or twice per month for Squad 1-6 swimmers around the Island area.

Squad 4/5

In order to keep groups full and a quality dynamic our Squad 4 and Squad 5 groups will be run as one group together. Both groups will be charged at the Squad 5 fee price point. Once ready any swimmers ready for the next step will be able to swim one additional time per week with Squad 3 as you would with normal Squad 4 practice schedule.

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Training Schedule:

The training schedule is attached and with some of the changes as previously noted. All groups have similar days and regularity as last year and most groups have a little more time.

Training Fees and Payment:

Also attached is the 2021/22 fee schedule. We are happy to announce that we will be keeping fees the same this year with no groups seeing an increase.. Fees will be divided into 10 equal payments the first training fee payment will occur on September 1st or upon registration and then an additional 9 equal payments will be charged Oct 1 until June 1.

Fundraising Assessment:

Our fundraising will remain the same this year with Squads 1-6 assessed \$260 per swimmer and Squads 7-9, Shark Fit and Intro Sharks being assessed \$160.

- Only two highest assessed swimmers per family will be charged
- Swimmers raising \$100 over their assessed amount will be eligible for our fundraising prize pack to be awarded in June
- Families can have the option of retaining 75% of all proceeds raised after the assessed amount + \$100.

Help Build the Sharks:

We are always on the look for people that want to help the club grow and thrive in the community. We are currently looking for parents that want to take an active role in the club in our search for sponsors, community partners, fundraising and helping the club raise its community profile. If you feel you have the time and/or skills to help the club in any of these areas please talk to the head coach or a board member and we will be happy to try and find an area to help us in.

Starting Block Legacy Project

A big part of our drive for sponsors and additional fundraising this season will be towards purchasing of new starting block for the Aquatic Centre. Our current blocks are over 25 years old and will past what qualifies as an adequate starting block now. In the winter of 2023 we will be hosting the Vancouver Island Regional Championships and it is our hope to have new blocks in place for the event.

In total we are looking to raise over \$40,000 from donations, sponsorships and grants. Thanks to our great work last year we have the first \$10,000 put aside. We will be having a drive this Fall to secure the remaining funds so again will be looking for expertise in this area and help for families and businesses in the area.

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Sharks 2021/22 Fee Description

	Club Membership	Swim BC Registration	Annual Dues	
Squad 1	\$70		\$3350	
Squad 2			\$3000	
Squad 3			Age 15+: \$205	\$2550
Squad 4			Age 11-14: \$163	\$2100
Squad 5			Age 9-10: \$117	\$1650
Squad 6			Age 8&U: \$97	\$1200
Squad 7				\$800
Squad 8		\$47	\$800	
Squad 9		\$47	\$800	
Mini Sharks		\$47	\$600	
Shark Fit – N/C		\$47	\$1000	

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Sharks 2021/22 Squad Schedule

Squad 1

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
530-710 AM	700-800 AM Stronghearts	530-710 AM		530-710 AM	700-900 AM (twice/ month)
	445-645 PM	500-645 PM (twice/month)	445-645 PM	500-645 PM	

Squad 2 (7th practice added for swimmers on Fri AM for returning swimmers to Squad 2)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
530-710 AM	430-645 PM	530-710 AM	430-645 PM	500-645 PM	700-900 AM twice/month

Squad 3

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
500-645 PM	335-505 PM	530-710 AM	335-505 PM	500-645 PM	700-900 AM twice/month

Squad 4/5 (When ready swimmers will be invited to join in with a Squad 3 Tues practice)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
335-500 PM		335-445 PM		335-515 PM	700-900 AM twice/month

Squad 6

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
335-445 PM		335-500 PM			700-900 AM once/month

Shark Fit

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
A:430-545 PM B: 530-645 PM		A: 430-545 PM B: 530-645 PM			

Squad 7 (choose Schedule A, B, or C)

Schedule A:	Monday & Wednesday	4:35 – 5:35 PM
Schedule B:	Tuesday & Thursday	4:30 – 5:30 PM
Schedule C:	Monday & Wednesday	5:35 – 6:35 PM

Squad 8 (choose Schedule A, B, or C)

Schedule A:	Monday & Wednesday	5:45 – 6:45 PM
Schedule B:	Tuesday & Thursday	3:35 – 4:35 PM
Schedule C:	Wednesday 4:50 – 5:50 PM & Friday	3:35 – 4:35 PM

Squad 9 (choose Schedule A, B, or C)

Schedule A:	Tuesday & Thursday	3:35 – 4:30 PM
Schedule B:	Tuesday & Thursday	4:35 – 5:30 PM
Schedule C:	Wednesday 5:50 – 6:45 PM & Friday	4:20 – 5:15 PM

Mini Sharks (choose Schedule A, B or C)

Schedule A	Friday	3:40 – 4:20 PM
Schedule B	Friday	3:40 – 4:20 PM
Schedule C	Friday	4:25 – 5:05 PM
Schedule D	Friday	4:35 – 5:15 PM