

## Summer Provincial Championships July 23-26, 2026

### Purpose

The pinnacle of provincial competitions where Alberta’s top swimmers compete for individual and club awards including swimmers in both the Olympic and Paralympic program.

Qualifying	January 1, 2025 to July 7, 2026
Entry Deadline*	July 7, 2026
Scratch Deadlines	Swim Alberta Scratch Rule (Appendix A)
<i>* Withdrawals will not be refunded after the entry deadline</i>	

### Facility

MNP Community and Sports Center, Calgary  
8 x 50-meter pool with warm-up and cool-down space available

	July 23	July 24	July 25	July 26
Preliminaries Warm-up / Start	7:30 / 8:30 am	7:30 / 8:30 am	7:30 / 8:30 am	7:30 / 8:30 am
Finals Warm-up / Start	3:30 / 4:30 pm	3:30 / 4:30 pm	3:30 / 4:30 pm	3:30 / 4:30 pm

### Sanction

This meet is sanctioned by Swim Alberta.

### Rules

The meet will be conducted under published World Aquatics and/or World Para Swimming rules and regulations, supplemented by published and approved Swimming Canada and Swim Alberta rules and regulations. In addition, this meet package shall outline all changes to and specific application of the published rules. Swim Alberta policies and procedures, where appropriate, will also apply.

### Hosts

Swim Alberta and University of Calgary Swim Club

Meet Manager	Josh Sadovnick, Tara Wong, Peter Lloyd	<a href="mailto:lloydswims@gmail.com">lloydswims@gmail.com</a>
Officials Chair	Kerstin Clark, Sherrl Miles	<a href="mailto:officials@calgaryswimming.com">officials@calgaryswimming.com</a>
Meet Referees	Jennifer Flowers	<a href="mailto:jflowers@cranky.ca">jflowers@cranky.ca</a>
	Norma Lachance	<a href="mailto:mathdva@gmail.com">mathdva@gmail.com</a>
Swim Alberta	Anna Naumova	<a href="mailto:anaumova@swimalberta.ca">anaumova@swimalberta.ca</a>

### Safe Sport

Swim Alberta provides a fun, healthy, inclusive, and safe environment. Swimming enriches the lives of everyone involved by ensuring that the training and competitive environment is one where athletes, coaches, officials, volunteers, and staff know they are safe, and are treated with respect and dignity. Swim Alberta believes that all members have the right to participate in a safe and inclusive training and competitive environment that is free of abuse, harassment, or discrimination. Swim Alberta further recommends that all interactions between an athlete and an individual who is in a position of trust should normally, and wherever possible, be in an environment or space that is both “open” and “observable” to others.

### Misconduct Rules

Effective **September 1, 2026**, **Rule C2.3.2.1 (Misconduct Provisions)** will be enforced. The rule, along with guidance on this rule for officials, can be found below and in the [Swimming Canada rulebook](#).

**2.3.2** The Starter shall report a swimmer to the Referee for delaying the start, for willfully disobeying an order or for any other misconduct taking place at the start, but only the Referee may disqualify a swimmer for such delay, willful disobedience or misconduct.

**C2.3.2.1** For the purposes of Rule II 2.3.2, “misconduct” shall include, but is not limited to:

- Deliberate or negligent acts such as spitting, spouting of water, or blowing the nose in the pool or on the pool deck immediately prior to the start may be considered misconduct.
- Deliberate kicking or striking of the starting platform, including the back plate prior to the start.
- Unsafe or uncontrolled entry into the pool immediately prior to the start of a race. All swimmers must enter the pool with a controlled, feet-first entry.

This update supports public health and facility hygiene standards as well as reducing facility/equipment damage and associated costs. Through August 31, 2026, officials will apply an education-first approach – using calm reminders and warnings and penalizing only clear, deliberate acts (not incidental spray, coughing, or normal block foot adjustments).

### Eligibility

This meet is open only to swimmers currently registered with a Swim Alberta-affiliated year-round club. Para swimmers must also have a Level 2, Level 3 or International classification on the Swimming Canada website.

### Eligibility Exceptions

*Swim Alberta will permit entries from the Inconnu Swim Club as well as clubs within the Kootenay region of BC, including the Kootenay Swim Club, Cranbrook Tritons, Elk Valley Dolphins, and Columbia Valley Swim Club.*

*International swimmers who have attended the Swim Alberta Provincial Championships in the past may be permitted by contacting Swim Alberta.*

*After the meet entry deadline, if there is space available in the competition, Swim Alberta may permit entries from other provinces. Clubs who are interested in attending the Summer Provincial Championships can contact [competitions@swimalberta.ca](mailto:competitions@swimalberta.ca)*

### Qualifying

Swimmers may qualify for the Provincial Championships by achieving one (1) Provincial Championship time standard for their age category within the qualifying period or by winning an event at the Summer Provincial Trials. A swimmer's age is determined as of the first day of the competition. Para Swimmers must achieve one of the Provincial Para Swimming Minimum Entry Time (MET) standards within the qualifying period. Time standards are available on [www.swimalberta.ca](http://www.swimalberta.ca).

### New Qualifiers

Entries for swimmers who have qualified after the entry deadline will be accepted. Coaches must notify Swim Alberta by 11:59 p.m., Monday, July 20, 2026.

### Entries

Swimmers may enter a maximum of six (6) individual events. Swimmers may enter any 50m, 100m or 200m event. Swimmers who have achieved a Provincial Championship time standard in the 200 freestyle or 200 IM may enter the respective 400m event. Swimmers who have a Championship standard in the 400 freestyle, 800 freestyle, 1500 freestyle or 400 IM may enter any event 400m or longer. Swimmers who win an event at Provincial Trials in the 400 freestyle, 800 freestyle or 400 IM may enter any event 400m or longer.

Entries must be submitted online at [www.swimming.ca](http://www.swimming.ca). Deck entries will not be permitted.

### Entry Fees payable to Swim Alberta

Entry Fees are \$18.00 per individual event and \$22.75 per relay event. Entry fees include Splash Fees and are refundable prior to the entry deadline. The entry contact will receive an email from [competitions@swimalberta.ca](mailto:competitions@swimalberta.ca) to review their entries and invoice. The invoice payment link will be sent to the entry contact the week of the competition and must be paid prior to the competition.

### Entry Rules

Entries must be submitted using the athlete's best Long Course or Short Course time. Meet management will convert entry times. No-Time (NT) entries will not be accepted. Late entries of pre-qualified swimmers will be subject to a \$50.00 fine

per swimmer payable to Swim Alberta prior to the start of the competition. Any club submitting entries for non-qualified athletes will be subject to a \$100.00 fine per ineligible athlete payable to Swim Alberta.

**Scratches**

The Swim Alberta Scratch Rule will be in effect for this competition. Coaches are requested to submit any known scratches to the meet manager prior to the start of the meet (See Appendix A).

**Diving**

Starts will be conducted from Starting Platforms (blocks) as per World Aquatics FR 2.3, FR 2.7 and SW 4.1.

**Format**

All events, except where noted, will be separated by gender.

**Age Categories**

Age Group Events: 13 & Under, 14, 15, 16, Open\*

Para Events: Open Female, Open Male

Relay Events: 14 & Under, 15 & Over

**\*Open Events**

*Swimmers aged 17 & over will be entered in the open category, which will be identified as 17+ in Hy-Tek. Swimmers aged 16 and under may choose to enter Open Category in events in which they have achieved the Open time standard. These swimmers may swim some events in the Open category, and others in their Age Group. For example, a qualified 15-year-old swimmer may enter the Open 100 breaststroke and the Age Group 200 breaststroke. Open event entry requests must be submitted prior to the competition to [competitions@swimalberta.ca](mailto:competitions@swimalberta.ca).*

**Preliminaries**

All preliminary events will be swum regardless of the number of entries. All preliminary events will be senior seeded, fast to slow.

**400m Seeding**

The 400 freestyle and 400 IM will be senior seeded fast to slow with the fastest two heats circle seeded. The preliminaries of the 400 freestyle will be swum alternating gender.

**Finals**

There will be A finals for all categories in events 400m and shorter.

**Finals Order**

All Female Events then all Male Events in the following order:

13U > 14 > 15 > 16 > Open > Para

**Distance Events**

The 800 freestyle and 1500 freestyle events will be senior seeded, time final and require positive check-in. Positive check-in deadlines are listed below.

800 Free	July 23	8:30 AM
1500 Free	July 26	8:30 AM

All heats will be swum fastest to slowest, alternating gender and may be swum mixed gender at the discretion of Swim Alberta and the meet manager. The fastest heat of each gender will swim in finals.

**Relays**

Relay events are time final. Relays will be swum by category, youngest to oldest, all females then all males, and seeded slow to fast. Times for the fastest heat must be validated online or supported by proof of time.

Teams may enter one (1) or two (2) swimmers from a younger age group, these swimmers may swim in both their own age group relay as well as one or more older age group relays.

Teams may enter one (1) 'relay only' swimmer for the 'A' relay. 'Relay Only' entries must be submitted using Hy-Tek and Swim Alberta notified when entries are submitted. This is only permitted if the team has three (3) swimmers eligible for the relay who are entered in at least one individual event. Individual names must be submitted to the Administration Desk by 4:30 pm for each finals session. Relay names submitted through the entry file are considered confirmed.

### Para Swimming

Para Swimmers may enter any six (6) events. Para specific events are listed on the following chart. Entries in non-para events are permitted in events 100m or shorter. Para swimmers who have achieved the Provincial Championship time standard in events 200m or longer may swim those events. Para swimmers who have achieved the Provincial Championships time standard may choose to enter the respective age group or open event to be eligible to swim finals.

All preliminary events will be swum regardless of the number of entries. Qualification for finals and final ranking will be based on Swimming Canada's para points. All events will contribute to team points. Events with split distances by classification (e.g., 50/100 butterfly) are considered the same event, meaning para points will be combined for a final ranking.

50 Free	S1-14	Heats and Finals
100 Free	S1-14	Heats and Finals
200 Free	S1-S5, S14	Time Finals
400 Free	S6-S13	
50 Back*	S1-S5	Heats and Finals
100 Back	S6-S14	
50 Breast*	SB1-SB3	Heats and Finals
100 Breast	SB4-SB14	
50 Fly*	S1-S7	Heats and Finals
100 Fly	S8-S14	
150 IM*	SM1-SM4	Heats and Finals
200 IM	SM5-SM14	

*\*Swimmers will race together; classifications racing the shorter distance will start from the start end.*

### Time Final Para Events

The 200m freestyle and 400m freestyle will be a time final para specific event and swum during the preliminary session. The 200m and 400m events may be combined and/or run concurrently at the discretion of meet management.

### Para Awards

Medals will be awarded to the top three swimmers for each para event.

### Awards

Medals will be awarded to the top three swimmers or relay teams in all age categories for each event.

### Age Group High Point Awards

An award will be presented to the top female and male in each age group category based on the total World Aquatics Points\* of any four individual Olympic events. In the case of a tie, the swimmer's highest World Aquatics point score will be used until the tie is broken.

### **Open and Para High Point Awards**

An award and \$200 gift certificate will be presented to the Top Male & Top Female of any age in an Olympic Event, with the highest World Aquatics point score\* in an individual Olympic eligible event. An award and \$200 gift certificate will be presented to the Top Para Swimmer of any gender based on Swimming Canada's para points in any para specific event. In the case of a tie, the swimmer's next highest World Aquatics or para point score will be used until the tie is broken.

*\*The World Aquatics Points available in the meet management software will be used for scoring Age Group and Open High Point Awards.*

### **Team Awards**

Banners will be awarded to the top small, medium, and large club based on points earned during the competition. Team size will be based on each club's percentage of provincial competitive registrations, rounded to the nearest tenth, as of the entry deadline. The small team will be 1.9% and under, the medium team will be 2-4.9% and the large team will be 5% and over. Team Scoring will be 1<sup>st</sup> to 8<sup>th</sup> place as listed below.

Individual events: 9-7-6-5-4-3-2-1

Relay Events: 18-14-12-10-8-6-4-2

### **Proof of Time**

Swim Alberta will validate times using Swimming Canada's time validation feature for the fastest heat of time-final events swum during finals. A slower official time will be accepted if submitted with entries. Swim Alberta may request proof of time for any entry.

Clubs will have 48 hours to provide proof of time. If a Club is unable to prove an entry time the entry may be removed (events 400m or longer) or seeded last (events 200m or shorter).

### **Time Trials**

Swim Alberta and meet management must both approve a time trial, which will only be held in exceptional circumstances.

### **Official Split Requests**

Official splits must be requested 30 minutes prior to the start of the session. Coaches may be required to supply timers for Official Split requests.

### **Psych Sheets**

To be published Tuesday prior to the meet. Changes will not be permitted once the psych sheet is published.

### **Accreditation**

Clubs will be provided one accreditation per swimmer registered in the competition. Clubs will receive one coach accreditation per 10 swimmers entered. Additional coach accreditations may be requested prior to the competition.

### **Media**

Club photographers are not permitted.

### **Swimwear at Competitions**

All swimmers are permitted to race in the swimwear of their choosing at all competitions sanctioned by Swim Alberta. It is not required to declare the choice of swimwear to the Referee if the fabric of the swimwear is a permeable open mesh textile and would not reasonably be seen to create a technical advantage in terms of speed, buoyancy, or endurance.

### **Competition Warm-Up**

Swimming Canada competition warm-up safety procedures will be in effect at this meet.

### **Photography/Videography**

To minimize risk, all photographs and video taken at Swimming Canada and Swim Alberta sanctioned competitions, whether taken by a professional photographer or videographer, spectator, team support staff

or any other participant, must observe generally accepted standards of decency. Under no circumstances are cameras or other recording devices allowed in the area immediately behind the starting blocks during practice or competition starts, or in locker rooms, bathrooms, or any other dressing area.

The full details on the Event Photography and Videography Procedure can be found [HERE](#).

Thursday July 23	
<b>Preliminaries</b> Warm-up: 7:30 am / Start: 8:30 am 100 Butterfly 50/100 Butterfly Para 200 Breaststroke 50 Backstroke 1500 Freestyle (slower heats)	<b>Finals</b> Warm-up: 3:30 pm / Start: 4:30 pm 100 Butterfly 50/100 Butterfly Para 200 Breaststroke 50 Backstroke 1500 Freestyle (fastest heat per gender) 4x200 Free Relay
Friday July 24	
<b>Preliminaries</b> Warm-up: 7:30 am / Start: 8:30 am 200 Backstroke 50 Freestyle 50 Freestyle Para 100 Breaststroke 50/100 Breaststroke Para 400 Freestyle	<b>Finals</b> Warm-up: 3:30 pm / Start: 4:30 pm 200 Backstroke 50 Freestyle 50 Freestyle Para 100 Breaststroke 50/100 Breaststroke Para 400 Freestyle 4x100 Free Relay
Saturday July 25	
<b>Preliminaries</b> Warm-up: 7:30 am / Start: 8:30 am 200 Butterfly 50 Breaststroke 200 Freestyle 200/400 Freestyle Para 100 Backstroke 50/100 Backstroke Para 400 IM	<b>Finals</b> Warm-up: 3:30 pm / Start: 4:30 pm 200 Butterfly 50 Breaststroke 200 Freestyle 100 Backstroke 50/100 Backstroke Para 400 IM
Sunday July 26	
<b>Preliminaries</b> Warm-up: 7:30 am / Start: 8:30 am 100 Freestyle 100 Freestyle Para 200 IM 150 / 200 IM Para 50 Butterfly 800 Freestyle (slower heats)	<b>Finals</b> Warm-up: 3:30 pm / Start: 4:30 pm 100 Freestyle 100 Freestyle Para 200 IM 150 / 200 IM Para 50 Butterfly 800 Freestyle (fastest heat per gender) 4x100 Medley Relay

Alberta provincial meets will use the [Swim Alberta Scratch Rule](#).

## SWIM ALBERTA SCRATCH RULE

### Heats & Finals Competitions including Swim Alberta Festivals, Provincial Trials, and Provincial Championships

Coaches are requested to submit any known scratches to the meet manager prior to the start of the meet. The meet information package should clearly state the deadline for receiving scratches by the meet manager after the entry deadline. Any scratches that are not received by the published deadline will need to be submitted to the Administration Desk according to the information detailed below:

#### *Scratch Deadline and Penalties for Preliminaries:*

- Scratches are to be submitted to the Administration Desk 30 minutes after the start of the previous night's finals, or before 3:00 pm the day prior to the start of the meet, in order that the preliminary session can be seeded.
- Late Scratches may be received by the Administration Desk 30 minutes prior to the start of each session. No re-seeding will occur, without the approval of the Referee.
- There will be no penalty for scratching from preliminary events. No-shows, step-downs, and unexcused incomplete swims will have no penalty assessed.

#### *Scratch Deadline for Time Final Events (including relays):*

- Scratches are to be submitted to the Administration Desk by the start of the previous night's finals, or before 3:00 pm the day prior to the start of the meet, in order that the session can be seeded.
- Late Scratches may be received by the Administration Desk 30 minutes prior to the start of each session in which a Time Final Event is scheduled. No re-seeding will occur, without the approval of the Referee.
- Scratches received after the late scratch deadline, no-shows, step-downs and unexcused incomplete swims will result in the swimmer(s) being scratched from all remaining finals, including relays, scheduled for that session.

#### *Scratch Deadline and Penalties for Time Final Events utilizing Positive Check-in*

- The deadline for Positive Check-in shall be clearly communicated in the meet package and communicated to coaches at the technical meeting.
- Failure to check-in by the deadline will be deemed a scratch and the swimmer will be removed from the event. There is no penalty for swimmers who fail to check-in.
- Once checked-in a swimmer is not entitled to scratch from the event. No-shows, step-downs and unexcused incomplete swims will result in the swimmer being scratched from all remaining events, including relays, scheduled for that day.

#### *Scratch Deadline and Penalties for Finals:*

- Scratches are to be submitted to the Administration Desk 30 minutes after conclusion of the preliminary session. The conclusion of the preliminary session will be the completion

of the final preliminary race of the session. Time final events that run at the end of the session will not be considered part of the preliminary session.

- The Late Scratch Deadline shall be 30 minutes prior to the start of the finals session. However, there shall be no re-seeding to include scratches made after the initial scratch deadline.
- The Late Scratch Deadline only applies if the coach of the late scratch swimmer notifies the Referee and the coach of the alternate. The alternate is under no obligation to swim. Should the alternate decline to swim the coach of the late scratch swimmer must contact the coach of the 2nd alternate.
- Scratches received after the late scratch deadline, no-shows, step-downs and unexcused incomplete swims will result in the swimmer(s) being scratched from all remaining events, including relays, scheduled for that day.
- Although alternates are not required to swim, all swimmers not intending to swim finals should scratch by the scratch deadline. This will ensure that those swimmers, who would be intent on swimming in a final, would be provided the opportunity.

#### **Deadlines for Relays**

1. **Name Submissions:** The deadline for relay name submissions shall be clearly communicated in the meet information package, in the coaches meeting or in the technical bulletin.
2. **Name Changes:** Name changes will be permitted for extenuating circumstances at the discretion of the Meet Manager or the Meet Management Team (Meet Manager, Meet Referee and/or Swim Alberta) and may be accepted no later than 30 minutes prior to the first relay event based on session timeouts, regardless of which event (age or gender) the team is entered in.