

KSC Short Course Invitational

November 20 – 22, 2026

HOSTED BY: KILLARNEY SWIM CLUB
FACILITY: MNP Community & Sport Centre
2225 Macleod Trail SE, Calgary, AB
T2G 5B6



KILLARNEY SWIM CLUB

25m Short Course Format

- Meet Type: Level 3 – Heats & Finals
- Sanction Type: Open Invitational
- Two 8 Lane, 25m Competition Pools
- Electronic Timing System

Contacts

Meet Managers: Shae Frisby / Amanda Fursier
meetmanager@killarneyswimming.com

Officials Coordinators: Amy Rohof / Deanne Morgan / Heather Shedden
officials@killarneyswimming.com

Meet Referee: Peter Burke
peterburke@shaw.ca

Killarney Swim Club: 2225 Macleod Trail SW
Calgary, AB, T2G 5B6
(403) 244-9995 (phone)
www.killarneyswimming.com

Eligibility

- This competition is open to all swimmers currently registered with Swimming Canada or a World Aquatics-affiliated club.
- Entries will be limited to the first 550 swimmers. The minimum number of entries required to hold the event is 200 swimmers.
- There are no reserved spaces set aside for KSC swimmers; however, they will be given priority if the number of entries is high.

Schedule

Date	Preliminary Sessions		Finals Sessions	
	Warm-up	Heats	Warm-up	Finals
Friday, November 20, 2026	-	-	2:30 pm	3:30 pm
Saturday, November 21, 2026	7:30 am	8:30 am	3:30 pm	4:30 pm
Sunday, November 22, 2026	7:30 am	8:30 am	3:30 pm	4:30 pm

Meet Management reserves the right to alter, revise, limit enrolment, or otherwise modify the program to ensure maximum number of swims in a session of reasonable length. Coaches will be notified of any changes prior to the meet.

ENTRIES

Deadlines



Deadline for Team Estimate Numbers	5:00pm, Friday 25 Sept 2026
Entry Deadline	5:00 pm, Friday 6 Nov 2026
Scratch Deadline (no refunds for scratches after this date)	5:00 pm, Monday 16 Nov 2026
Fees Due	2:30 pm, Friday 20 Nov 2026
Positive check-in for 400 Freestyle	By 4:00 pm, Friday 20 Nov 2026
Positive check-in for 400 IM	By 10 am, Sunday 22 Nov 2026
Deck Entry Deadline	30 minutes prior to session start
Official Split Deadline	30 minutes prior to session start
Preliminary & Timed Finals Scratch Deadline	30 minutes prior to the start of each session
Finals Scratch Deadline	30 minutes after the conclusion of Preliminary Session
Late Scratch Deadline (Finals)	30 minutes prior to the start of the finals session
Relay Card Entry Deadline (with <u>complete</u> swimmer names / times) due to the Administration Desk	60 minutes prior to the posted start time of the first relay

Entry Process

- All entries must be submitted through the Swimming Canada online system (REMS).
- Swimmer Deck Entries may be permitted by Meet Management. Deck entries must include proof that the swimmer is fully registered with Swimming Canada.
- Clubs may be asked to limit the number of swimmers ahead of time. Clubs should send preliminary entry files early to avoid disappointment.
- Scratches may be emailed to the Meet Manager **prior to** the scratch deadline.
- Questions regarding entries can be directed to the Meet Manager.

Entry Fees



- Individual Timed Final Events: \$18.00
- Individual Preliminary/Heat Events: \$20.00
- Relays: \$28.00 per Relay
- Deck Entries: \$25.00
- Teams not entering 90% of their estimated number will be charged 50% of the entry fee for each swimmer not entered
- Entry fees are due by the start of the first session.
- Entry fees are payable to Killarney Swim Club via e-transfer to vpfinance@killarneyswimming.com.

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- Entry fees are non-refundable after the scratch deadline except with a medical note.

Age Groups

- Swimmer age is determined as of the first day of the swim meet (November 20, 2026).
- Event age groups will be:
 - Individual Female: 10 & Under, 11-12, 13-14, 15 & Over
 - Individual Male: 11 & Under, 12-13, 14-15, 16 & Over
 - Relays: 12 & Under, 13-14, 15-16, 17 & Over

Entry Rules



- No-time (NT) entries will not be accepted.
- Swimmers must enter a minimum of 5 events; fewer events will require Meet Manager approval
- Swimmers are limited to a maximum of seven (7) individual swims; a maximum of two (2) events in Session 1 and a maximum of three (3) in Sessions 2 and 4.
- There are no entry time standards.
- Relays must be submitted with swimmer names & times.

Deck Entries

- Deck entries may be permitted if no new heats are created and the swimmer is already registered in the meet.
- Must be submitted 30 minutes before warm-ups end, and approval is at the discretion of Meet Management.
- Deck entries will be swum as exhibition and will not be eligible for finals or medals.

MEET INFORMATION

Meet Rules

- The meet will be conducted under published World Aquatics and/or World Para Swimming rules and regulations supplemented by published and approved Swimming Canada and Swim Alberta rules and regulations. In addition, this meet package shall outline all changes to and specific application of the published rules. Swim Alberta policies and procedures, where appropriate will also apply.

Meet Format

- Swimming Canada warm-up procedures will be in effect.
- Individual Preliminary heats for all age groups are senior-seeded by gender, slowest to fastest, and the top three heats are circled seeded.
- Individual Timed Finals for all age groups will run fastest to slowest.
- Sessions 1, 2, and 4 will be divided to best utilize the double-ended pool space.
- **Finals (Saturday & Sunday Events):**
 - Finals will be held during the evening sessions on Saturday and Sunday
 - A Final for All Age Groups
 - Order of swim is youngest to oldest age group
- Swim-offs will be held at the end of the preliminary session. If a swimmer does not show up for the swim-off, they will forfeit the race. Meet Management, in consultation with the Meet Referee, may change the time of the swim-off and will notify the affected coaches.
- Maximum 48 entries for the 400m Free and 400m IM events. Should the 400m events fill up, coaches will be notified and allowed to move swimmers into another event in the same session before the entry deadline.

Official Splits

- Must be requested prior to the start of the session and will only be considered for swimmers attempting a National-level qualifying time.

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Requirement for Time Trial Sanctions

- A Time Trial sanction is intended for a record attempt and is limited to one (1) event with one (1) swimmer or one (1) relay team. No entry fees are permitted for Time Trials.

Scratches

- Coaches are requested to email known scratches to meetmanager@killarneyswimming.com prior to the start of the meet.
- Any scratches that are not received by the published deadline will need to be submitted to the Administration Desk 30 minutes prior to session start.
- If a swimmer is a Late scratch for Finals, their **coach is responsible** for contacting the coach of the next alternate swimmer and the Meet Manager.
- The [Swim Alberta scratch rule](#) will be in effect for this competition.

Relays

- All relays will be Timed Finals, seeded by age, slowest to fastest
- The 4x50m freestyle relay will occur at the end of Session 1
- The 4x50m medley relay will occur at the end of Session 3
- Swim Clubs may enter a maximum of two relay teams per age category in each event prior to the entry deadline.

Warm-up / Cooldown

- Swimming Canada competition warm-up safety procedures will be in effect at this meet. The full details on the Competition Warm-Up can be found [HERE](#).
- Warm-ups will start at the scheduled time and end 5 minutes before the start of the session events.
- Warm-up lanes will be assigned to swim clubs based on the number of attendees and lanes available.

Warm Up		Cooldown	
Pool	# of lanes	Pool	# of lanes
North Competition Pool (25m)	8	Session 1 West Training Pool (25m)	2
South Competition Pool (25m)	8	Session 2 & 4 West Training Pool (25m)	4
West Training Pool (25)	8	Session 3 & 5 South Competition Pool (25m)	8

Heat Sheets

- Coaches will receive heat sheets.
- Heat sheets will be posted on the pool deck, and can also be viewed on the “Meet Mobile” app.

Prize Table

- Prize table will be available during sessions 1, 2 and 4. Swimmers will receive tokens/entries for each swim. Tokens can be used to enter for their choice of prize, with exciting new prizes being introduced each day.
- Winners will be announced during the Finals session each day, and prizes will be given to a club coach if the swimmer is not present.

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Awards

- Medals will be awarded during Sessions 3 and 5.
- Medals will be awarded to the top three placing males and females in each age group for the Timed Final events and A Final races.
- Medals will be awarded to the top three placing male and female teams in each age group for the Relay races.

Hospitality

- Hospitality will be available in the official's room during all sessions for all coaches, volunteers, and officials.

Competition & Diving Readiness

- Starts will be conducted from Starting Platforms (blocks) as per World Aquatics Facility Rule 16.1.4, 16.1.8, Swimming Canada's Swimming Rule 4.1.
- Entry to competition is limited to participants who have passed Swim Alberta's Competition Swim Test.
- During competition, swimmers should dive at the Dive Readiness Progression skill level they have achieved

Swimwear at Competitions

All swimmers are permitted to race with the swimwear of their choosing at all competitions sanctioned by Swim Alberta. It is not required to declare the choice of swimwear to the Referee if the fabric of the swimwear is a permeable open mesh textile and would not reasonably be seen to create a technical advantage in terms of speed, buoyancy, or endurance.

Taping

An Athlete will be permitted to use tape on one (1) or two (2) fingers or toes (including to bind together two fingers or toes) if use of the tape is required to treat or protect an injury to a finger or toe. This needs to be approved prior to each session by the Session Referee/Meet Referee

Misconduct Rule Provisions

Effective September 1, 2026, Rule C2.5.2.1 (was C2.3.2.1 in the previous rulebook) will be enforced.

Misconduct may include deliberate or negligent spitting, spouting water or blowing the nose in the pool or on deck immediately before the start; deliberately kicking or striking the starting platform or back plate; and unsafe or uncontrolled entry into the pool.

Post Session Team Area Clean-Up

As a courtesy to the host club, to avoid additional meet charges from the facility, we kindly ask swimmers to ensure all personal belongings, waste, and recyclable products are cleaned up from the seating areas before they leave deck at the end of the meet.

Safe Sport

All interactions between an athlete and an individual who is in a position of trust should normally, and wherever possible, be in an environment or space that is both "open" and "observable" to others.

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Photography/Videography

To minimize risk, all photographs and video taken at Swimming Canada and Swim Alberta sanctioned competitions, whether taken by a professional photographer or videographer, spectator, team support staff or any other participant, must observe generally accepted standards of decency. Under no circumstances are cameras or other recording devices allowed in the area immediately behind the starting blocks during practice or competition starts, or in locker rooms, bathrooms, or any other dressing area. The full details on the Event Photography and Videography Procedure can be found [HERE](#)

Session Schedule

Friday, November 20, 2026

Session 1: Warm-up Start: 2:30 PM Racing: 3:30 PM

FEMALES	EVENT	MALES	TYPE
1	200 Back	2	Timed Finals
3	200 Breast	4	Timed Finals
5	200 Fly	6	Timed Finals
7	400 Free	8	Timed Finals
101, 103, 105, 107	4x50 Free Relay	102, 104, 106, 108	Timed Finals

Saturday, November 21, 2026

Session 2: Warm-up Start: 7:30 AM Racing: 8:30 AM

FEMALES	EVENT	MALES	TYPE
9	100 Back	10	Preliminaries
11	50 Breast	12	Preliminaries
13	100 Free	14	Preliminaries
15	50 Fly	16	Preliminaries
17	200 IM	18	Preliminaries

Session 3: Warm-up Start: 3:30 PM Racing: 4:30 PM

FEMALES	EVENT	MALES	TYPE
9	100 Back	10	Finals
11	50 Breast	12	Finals
13	100 Free	14	Finals
15	50 Fly	16	Finals
17	200 IM	18	Finals
201, 203, 205, 207	4x50 Medley Relay	202, 204, 206, 208	Timed Finals

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Sunday, November 22, 2026

Session 4: Warm-up Start 7:30 AM Racing: 8:30 AM

FEMALES	EVENT	MALES	TYPE
19	200 Free	20	Preliminaries
21	50 Back	22	Preliminaries
23	100 Fly	24	Preliminaries
25	100 Breast	26	Preliminaries
27	50 Free	28	Preliminaries
29	400 IM	30	Timed Finals

Session 5: Warm-up Start 3:30 PM Racing: 4:30 PM

FEMALES	EVENT	MALES	TYPE
19	200 Free	20	Finals
21	50 Back	22	Finals
23	100 Fly	24	Finals
25	100 Breast	26	Finals
27	50 Free	28	Finals

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