



HOSTED BY: Okotoks Mavericks Swimming

FACILITY: Brookfield Residential YMCA at Seton; 4995 Market Street SE, Calgary Alberta T3M 2P9

CONTACTS:

Meet Manager	Name: Kylie Jones/ Mindy Flora	Email: meetmanager@okotoksmavericks.com	Phone: 4038187040
Officials Chair	Name: Geoff Hurd	Email: officials@okotoksmavericks.com	Phone (Optional)
Referee	Name: Terry Trofimuk@gmail.com	Email	Phone (Optional)

DATE & TIME:

Date November 14, 2026	Warm-up: 10:00 am	Start: 10:45 am	Estimated Finish: 2:45 pm
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COMPETITION FOCUS

The Fundamentals Circuit is a series of early development competitions based on the Fundamentals stage of Swimming Canada's Athlete Development Model. The target age group is 11 and under. However, swimmers aged 12 and over who are truly beginners may also enter these competitions within the first 3 months of joining the sport, to set initial times and gain race experience. Coaches should use their judgment when entering swimmers aged 12 and over.

Swimmers of any age who are registered with the Dolphin Swim Club or are classified as a para athlete are welcome to attend regardless of age.

SANCTION

This meet is sanctioned by Swim Alberta.

SAFE SPORT

Okotoks Mavericks in alignment with Swim Alberta provides a fun, healthy, inclusive, and safe environment. Swimming enriches the lives of everyone involved by ensuring that the training and competitive environment is one where athletes, coaches, officials, volunteers, and staff know they are safe, and are treated with respect and dignity. Okotoks Mavericks in alignment with Swim Alberta believes that all members have the right to participate in a safe and inclusive training and competitive environment that is free of abuse, harassment, or discrimination. Okotoks Mavericks in alignment with Swim Alberta further recommends that all interactions between an athlete and an individual who is in a position of trust should normally, and wherever possible, be in an environment or space that is both "open" and "observable" to others.



DECK ACCESS

ONLY Athletes, Coaches and Officials in the Session are permitted on the pool deck. No spectators are permitted on the pool deck unless expressly permitted by the Meet Manager in advance.

RULES

The meet will follow published World Aquatics and/or WPS rules, along with approved Swimming Canada and Swim Alberta rules. This meet package will describe any changes or specific applications of these rules. Swim Alberta policies and procedures will also apply where appropriate.

Competition and Diving Readiness Standards Entry for the competition is limited to participants who have passed Swim Alberta's Competition Swim Test. During the competition, swimmers should dive at the Dive Readiness Progression skill level they have achieved.

DIVING RULES

1. Starts will be from starting platforms (blocks) as required by World Aquatics Facility Rule 16.1.4, 16.1.8 and Swimming Canada's Swimming Rule 4.1.
2. Starts will be from the deck or bulkhead as required by Canadian Facility Rule C16.1.4.1 and Swimming Canada's Swimming Rule 4.1.1.

WARM UP RULES

Competition Warm -Up Swimming Canada competition warm -up safety procedures will be in effect at this meet. The full details on the Competition Warm -Up can be found [HERE](https://www.swimming.ca/rules-and-forms):
<https://www.swimming.ca/rules-and-forms>

MISCONDUCT RULES

Effective September 1, 2026, Rule c.2.3.2.1 (Misconduct Provisions) will be enforced. The rule, along with guidance on this rule for officials can be found below.

2.3.2 The Starter shall report a swimmer to the referee for delaying the start, for willfully disobeying an order or for any other misconduct taking place at the start, but only the referee may disqualify a swimmer for such delay, willful disobedience or misconduct.

C2.3.2.1 For the purposes of Rule II 2.3.2, "misconduct" shall include, but is not limited to:



- Deliberate or negligent acts such as spitting, spouting of water, or blowing the nose in the pool or on the pool deck immediately prior to the start may be considered misconduct.
- Deliberate kicking or striking of the starting platform, including the back plate prior to the start.
- Unsafe or uncontrolled entry into the pool immediately prior to the start of a race. All swimmers must enter the pool with a controlled, feet-first entry.

This update supports public health and facility hygiene standards as well as reducing facility/equipment damage and associated costs. From now through August 31, 2026, officials will apply an education-first approach – using calm reminders and warnings and penalizing only clear, deliberate acts (not incidental spray, coughing, or normal block foot adjustments).

ELIGIBILITY

The following swimmers may compete in Fundamentals Circuit competitions:

- a) This competition is open to all swimmers registered with a Swimming Canada affiliated club that is participating in the Fundamentals Circuit.
- b) Swimmers registered as pre-competitive can enter and compete in ONE sanctioned competition per swim season. Swimmers who want to enter more competitions must upgrade to a competitive registration.
- c) Swimmers are not allowed to enter any event in which they have achieved an 11-year-old Festival time standard. Swimmers who have achieved a 10-and-under Festival time may still enter those events, but it is not recommended. This allows swimmers who age up during the season to have opportunities to achieve an 11-and-under standard.
- d) OR
- e) Swimmers with a festival qualifying time are not allowed to enter this competition (Only allowed to apply for December and January 2026 meets due to the scheduling of the festival meet in January for those athletes)

CLUBS INVITED:

Okotoks Mavericks
Killarney Swim Club
Bow Valley Riptides
Airdrie Phoenix Swim Club
Glencoe Gators
Highwood Current
Calgary Winer Club
Strathcona Silver Sharks Swim Club
Canadian Badlands Aquatic Club
Nose Creek Swim Club



ENTRIES*

Swimmers are limited to a maximum of four (4) individual swims.

- Swimmers are limited to a maximum of one (1) 100m events per session.

** The meet is expected to have a maximum of 350 swimmers and will run with a minimum of 200 swimmers.*

ENTRY PROCESS

Entries must be submitted online at www.swimming.ca. No emailed entries will be permitted.

MAXIMUM FOUR (4) INDIVIDUAL EVENTS PER SWIMMER

Entry Deadline is November 2 @ 5pm

Deck entries are permitted, subject to the discretion of the Meet Manager and Meet Referee, only for empty or scratched lanes as exhibition swims, provided the swimmer is already registered in the meet and satisfies the requirements or limitations outlined in the Meet Package (e.g., does not exceed the maximum amount of individual events).

The fee for deck entries will be \$10.00

SWIMWEAR

All swimmers may race in the swimwear of their choice at any competition sanctioned by Swim Alberta. Swimmers do not need to declare their swimwear choice to the Referee if the fabric is a permeable open mesh textile that would not reasonably give a technical advantage in terms of speed, buoyancy, or endurance.

PHOTOGRAPHY/VIDEOGRAPHY

1. To reduce risk, all photographs and video taken at Swimming Canada/PSO sanctioned competitions must meet generally accepted standards of decency. This applies whether the photos or video are taken by a professional photographer or videographer, a spectator, team support staff, or any other participant. Cameras or other recording devices are not allowed directly behind the starting blocks during practice or competition starts, or in locker rooms, bathrooms, or any other changing area.
2. The full details on the Event Photography and Videography Procedure can be found [HERE](#)



ENTRY FEES – select one as below

- FLAT Fee \$40 Participant

E-transfer: treasurer@okotoksmavericks.com

ENTRY TIMES

Entry times are required for all entries to help with meet timing. No Time (NT) entries will not be accepted. If a time is not available, coaches must use their best estimate for each swimmer based on age, stroke, and ability. If you are unsure how to estimate, use the table below as a guide.

Distance	7 & U	9 & U	10 & O
25 meter races	45.0	35.0	30.0
50 meter races	1:30.0	1:15.0	1:00.0
100 meter races	3:00.0	2:30.0	2:15.0

MEET FORMAT

Meet Format: The competition will be Time Final.

Seeding: The competition will be swum as mixed gender, open, seeded slow to fast. Results will be split by age category for ranking.

Age Categories: 8 & under, 9, 10, 11 & Over

SCRATCHES

The [Swim Alberta Scratch Rule](#) will apply to this competition. After the entry deadline, coaches are encouraged to send scratches to the meet manager before the first session [starts](#). Each session, a scratch sheet with the club name, swimmer name, and event number(s) must be handed to the Administration Desk no later than 30 minutes before the meet starts.

Scratch Deadline is November 9th @ 5pm



Schedule of Events

October & February	November & March	December, January & April
50 Back	50 Back	50 Back
25 Back	25 Back	25 Back
50 Fly	50 Fly	50 Fly
25 Fly	25 Fly	25 Fly
50 Free	50 Free	50 Free
25 Free	25 Free	25 Free
50 Breast	50 Breast	50 Breast
25 Breast	25 Breast	25 Breast
100 IM	100 Back	100 Back
100 BR	100 Free	100 Free
Email: 200 CH (IM, FR, BR, BK)		100 Breast
		100 IM
		Email: 200 CH (IM, FR, BR, BK)