

	October to mid-January	Mid-January to April (BSRC open)
C1	Tuesday 4:30 - 5:30 PM (BSRC dryland) Friday 2:00 - 3:00 PM (ORC swim) Saturday 10:15 - 11:15 AM (ORC swim) Sunday 10:00 - 11:00 AM (ORC swim)	Monday 5:00 - 6:00 PM (BSRC swim) Wednesday 5:00 - 6:00 PM (BSRC swim) <i>* Will have option to swim at ORC 1 Sunday / month (dates TBC)</i>
C2	Tuesday 4:30 - 5:30 PM (BSRC dryland) Friday 2:00 - 3:00 PM (ORC swim) Saturday 10:15 - 11:15 AM (ORC swim) Sunday 10:00 - 11:30 AM (ORC swim)	Tuesday 5:00 - 6:00 PM (BSRC swim) Thursday 5:00 - 6:00 PM (BSRC swim) Sunday 8:30 - 9:30 AM (ORC swim)
C3	Tuesday 4:00 - 5:30 PM (BSRC dryland) Friday 3:00 - 4:00 PM (ORC swim) Saturday 10:15 - 11:15 AM (ORC swim) Sunday 10:00 - 11:30 AM (ORC swim)	Monday 5:00 - 6:00 PM (BSRC swim) Wednesday 5:00 - 6:00 PM (BSRC swim) Friday 3:00 - 4:00 PM (ORC swim) <i>If unable to attend Friday afternoon: Sunday 8:30 - 9:30 AM (ORC swim)</i>
C4	Monday 6:00 - 7:30 AM (Seton Y swim) Tuesday 4:00 - 5:30 PM (BSRC dryland) Thursday 4:00 - 5:00 PM (BSRC dryland) Friday 3:00 - 4:00 PM (ORC swim) Saturday 10:15 AM - 12:00 PM (ORC swim) <i>If unable to attend Friday afternoon: Sunday 10:00 - 11:30 AM (ORC swim)</i>	Monday 6:00 - 7:30 AM (Seton Y swim) Tuesday 4:00 - 5:00 PM (BSRC swim) Friday 2:00 - 3:00 PM (ORC swim) Saturday 10:30 AM - 12:00 PM (ORC swim) <i>If unable to attend Friday afternoon: Sunday 8:30 - 9:30 AM (ORC swim)</i>
C5	Monday 6:00 - 7:30 AM (Seton Y swim) Tuesday 4:00 - 5:30 PM (BSRC dryland) Thursday 4:00 - 5:00 PM (BSRC dryland) Friday 2:30 - 4:00 PM (ORC swim) Saturday 10:15 AM - 12:00 PM (ORC swim)	Monday 6:00 - 7:30 AM (Seton Y swim) Tuesday 4:00 - 5:00 PM (BSRC swim) Thursday 4:00 - 6:00 PM (BSRC dryland + swim) Friday 2:00 - 4:00 PM (ORC swim) Saturday 10:30 AM - 12:00 PM (ORC swim)

ALL groups will swim at Okotoks (team practice) 2:00 – 3:00 PM on the following dates (all Sundays):

Nov 02 (TBC), Jan 25, Feb 04, Mar 15 *this will replace the Sunday morning practices for those groups who usually swim those days

Our HOME HOSTED swim meet will take place on Saturday, February 14 @ Okotoks (C1-3 competing, C4-5 to swim in the morning, then volunteer at the meet)