

September 2026

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	1	2	3	4	5	6
7 Labour Day Holiday	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25 SWIM @ ORC C1 230-330 PM C2-5 230-400 PM	26 SWIM @ ORC C1 1130-1230 C2-5 1130-1:00	27
28	29 DRYLAND & Team Building C1-5 @ BSRC 400-530 PM	30	All swimmers should have the following equipment for their first practices: Swim: goggles, training swim suit Dryland: clean running shoes, stretchy / comfortable clothing			

Interim Friday practices are available to all swimmers who are not in school those afternoons. Our FSD38 students are not expected to attend, but are welcome to if they have the afternoon off of school at any time.