



Female 10 years & Under				Male 10 years & Under			
SHORT COURSE		LONG COURSE		SHORT COURSE		LONG COURSE	
TIME	NAME	DATE	TIME	TIME	NAME	DATE	TIME
31.70	Emma Zhang	Nov/22	32.11	33.21	Gurshaan Sangha	Nov/19	34.3
1:09.07	Emma Zhang	June/22	1:11.61	1:15.23	Chris Stevens	May/04	1:17.46
2:35.72	Emma Zhang	Dec/22	2:39.47	2:40.54	Jatinder Grewal	Dec/18	2:48.60
5:34.43	Kirra Trites	Feb/17	5:53.05	5:24.52	Jatinder Grewal	Dec/18	5:44.37
11:03.29	Emma Zhang	Dec/22	13:20.03	800 FREE	Jatinder Grewal	Dec/18	
23:57.79	Reema Paul	May/00		1500 FREE	Jatinder Grewal	Dec/18	24:04.83
37.03	Jennie Hall	Feb/06	36.45	50 BACK	Jason Streeter	Apr/90	39.27
1:20.19	Melissa Ibbotson	Jan/00	1:23.06	100 BACK	Cayden Dececco	01/12	1:28.50
2:49.79	Jennie Hall	Jan/06	2:54.70	200 BACK	Jatinder Grewal	Dec/18	5:14.15
43.05	Emma Zhang	Dec/22	45.17	50 BREAST	Gurshaan Sangha	Dec/19	46.06
1:34.40	Emma Zhang	Dec/22	1:38.23	100 BREAST	Gurshaan Sangha	Dec/19	1:40.29
3:23.06	Emma Zhang	Jul/22	3:26.09	200 BREAST	Gurshaan Sangha	Dec/19	3:28.54
34.97	Rebecca Soroke	Nov/19	37.01	50 FLY	Chris Stevens	Apr/94	38.69
1:21.96	Rebecca Soroke	Nov/19	1:27.69	100 FLY	Chris Stevens	Mar/94	1:27.67
3:06.87	Delphine Wang	Feb/15	3:17.72	200 FLY	Jatinder Grewal	Dec/18	3:27.63
1:22.37	Emma Zhang	Dec/22		100 I.M.	Harbir Grewal	Mar/15	
3:56.54	Jennie Hall	Jan/06	3:02.79	200 I.M.	Jatinder Grewal	Dec/18	3:12.60
5:59.62	Melissa Ibbotson	Dec/00	6:56.72	400 I.M.	Reece Landry	Apr/13	6:30.27
2:45.47	Delta 'A'	Nov/99	2:32.35	200 F.R.			2:50.82
2:57.60	Delta 'A'	Nov/99	2:56.27	200 M.R.			3:17.76
				800 F.R.			
Female 11-12 years				Male 11 - 14 years			
SHORT COURSE		LONG COURSE		SHORT COURSE		LONG COURSE	
TIME	NAME	DATE	TIME	TIME	NAME	DATE	TIME
28.79	Elena Penner	Feb/13	28.90	38.10	Daniel Wang	Feb/20	27.83
1:02.63	Elena Penner	Feb/13	1:03.79	100 FREE	Pat Gavigan	Dec/89	1:02.07
2:19.82	Emma Zhang	Dec/23	2:20.48	200 FREE	Marcus Vitoria	Feb/18	2:23.63
4:54.33	Emma Zhang	Feb/24	4:58.40	400 FREE	Theo Wong	Jun/26	4:52.81
10:15.16	Kirra Trites	Dec/18	10:30.94	800 FREE	Marcus Vitoria	Dec/18	12:10.81
19:17.13	Kirra Trites	Jan/19	20:13.60	1500 FREE	Marcus Vitoria	04/19	20:31.26
33.73	Emma Zhang	Feb/24	33.97	50 BACK	Marcus Vitoria	Dec/18	33.03
1:11.88	Francine Ling	Mar/96	1:15.51	100 BACK	Kevin McDonough	Mar/10	1:11.11
2:38.49	Logan Warkentin	Mar/12	2:42.44	200 BACK	Kevin McDonough	Mar/10	2:32.16
36.96	Gabrielle Wang	Feb/23	38.05	50 BREAST	Gurshaan Sangha	Nov/21	37.04
1:19.77	Francine Ling	Mar/96	1:22.46	100 BREAST	Pat Gavigan	Jan/90	1:17.64
2:52.58	Francine Ling	Mar/96	2:59.69	200 BREAST	Pat Gavigan	Jan/90	2:48.43
32.14	Elena Penner	Dec/12	32.22	50 FLY	Marcus Vitoria	Jan/19	32.79
1:09.01	Francine Ling	Mar/96	1:11.85	100 FLY	Marcus Vitoria	Feb/18	1:11.48
2:39.06	Emma Zhang	Jul/22	2:44.18	200 FLY	Kevin McDonough	Mar/10	2:41.67
1:15.48	Rachel Liu	Jul/26		100 I.M.	Theo Wong	Jul/26	
3:34.06	Francine Ling	Mar/96	3:36.03	200 I.M.	Marcus Vitoria	Feb/19	3:36.91
5:29.15	Hailey Penner	Mar/15	5:32.74	400 I.M.	Marcus Vitoria	Mar/18	5:33.31
2:05.65	E. Zhang, M. Bruneau, K. Hall, R. Liu	Nov/24	2:06.31	200 F.R.	T. Bullock, K. McDonough, D. Su, A. Lu	Dec/09, Jun/26	2:09.90
2:21.03	E. Zhang, M. Bruneau, K. Hall, R. Liu	Nov/24	2:26.35	200 M.R.	T. Wong, E. Chen, T. Dadwal, W. Eiben	Jun/26	2:23.25
4:45.82	M. Ibbotson, A. O'Grady, R. Paul, N. Boduel	Mar/01	5:02.66	400 F.R.			5:32.92
10:54.96	I. Chan, J. Hall, J. Hall, Y. Wu	Feb/06	6:30.00	800 F.R.			
Female 13-14 years				Male 13 - 14 years			
SHORT COURSE		LONG COURSE		SHORT COURSE		LONG COURSE	
TIME	NAME	DATE	TIME	TIME	NAME	DATE	TIME
27.37	Rebecca Soroke	Nov/23	27.53	38.27	Jason Streeter	Mar/94	26.11
59.14	Rebecca Soroke	Dec/21	02.04	100 FREE	Jackson Wang	Mar/02	57.81
2:11.85	Jessica Perkins	Mar/90	2:15.50	200 FREE	Max Zha	Mar/22	2:07.76
4:37.21	Mia Bruneau	Dec/25	4:41.50	400 FREE	Kevin McDonough	Mar/12	4:31.06
9:34.03	Mia Bruneau	Nov/25	9:56.22	800 FREE	Max Zha	Dec/21	9:33.17
18:11.61	Mia Bruneau	Dec/25	19:11.07	1500 FREE	Greg Hamm	Mar/91	20:22.55
31.52	Elena Penner	Mar/15	32.56	50 BACK	Kevin McDonough	Dec/11	29.56
1:05.29	Chantelle Boduel	Feb/06	1:09.24	100 BACK	Kevin McDonough	Mar/12	1:03.35
2:23.71	Chantelle Boduel	Feb/06	2:30.10	200 BACK	Kevin McDonough	Dec/11	2:20.18
3:44.67	Madelyn Paredes Troughton	Dec/23	3:43.85	50 BREAST	Daniel Wang	Jan/22	33.43
1:14.86	Francine Ling	Feb/98	1:16.56	100 BREAST	Jason Streeter	Mar/94	1:11.13
2:42.57	Francine Ling	Feb/98	2:52.04	200 BREAST	Jason Streeter	Mar/94	2:44.81
28.54	Rebecca Soroke	Dec/23	28.19	50 FLY	Jackson Wang	Oct/01	29.12
1:04.45	Rebecca Soroke	Nov/23	1:05.30	100 FLY	Max Zha	Mar/22	1:02.86
2:24.61	Rebecca Soroke	Nov/23	2:31.77	200 FLY	Shingo Kido	Nov/11	2:23.33
1:10.10	Rebecca Soroke	Jul/22		100 I.M.	Max Zha	Mar/22	
2:26.09	Hailey Penner	Mar/17	2:31.96	200 I.M.	Max Zha	Jan/22	2:24.61
5:08.14	Francine Ling	Feb/98	5:22.13	400 I.M.	Max Zha	Mar/22	5:05.77
1:55.55	R. Soroke, M. Paredes Troughton, G. Bruneau, E. Zhang	Feb/23	1:55.62	200 F.R.	D. Wang, M. Zha, G. Sangha, M. Johal	Mar/22	1:58.00
2:11.37	G. Bruneau, R. Soroke, M. Paredes Troughton, E. Zhang	Feb/23	2:09.25	200 M.R.	M. Johal, G. Sangha, M. Zha, D. Wang	Jan/22	2:11.61
			2:54.63	400 F.R.	D. Wang, M. Zha, M. Johal, G. Sangha		4:49.94
			4:48.39	400 M.R.			5:16.82
			10:11.18	800 F.R.	D. Wang, G. Sangha, M. Johal, M. Zha	Mar/22	
Female 15 years & Over				Male 15 years & Over			
SHORT COURSE		LONG COURSE		SHORT COURSE		LONG COURSE	
TIME	NAME	DATE	TIME	TIME	NAME	DATE	TIME
26.96	Francine Ling	Dec/98	27.49	33.64	Graham Duthie	Feb/02	23.59
58.39	Francine Ling	Feb/00	1:00.23	100 FREE	Jackson Wang	Feb/05	52.68
2:07.05	Francine Ling	Mar/01	2:10.36	200 FREE	Greg Hamm	Mar/95	1:55.31
4:30.42	Francine Ling	Nov/00	4:35.66	400 FREE	Greg Hamm	Mar/95	4:08.16
9:25.06	Alexandra Lindsay	Feb/09	9:46.34	800 FREE	Max Zha	Nov/24	8:55.30
18:32.45	Faye Ling	Apr/03	19:24.50	1500 FREE	Max Zha	Dec/23	16:59.34
30.8	Elena Penner	Dec/15	31.97	50 BACK	Jackson Wang	Dec/04	28.8
1:05.14	Chantelle Boduel	Feb/07	1:07.89	100 BACK	Greg Hamm	Mar/95	59.25
2:21.95	Chantelle Boduel	Mar/07	2:26.48	200 BACK	Greg Hamm	Mar/95	2:04.92
32.86	Madelyn Paredes Troughton	Mar/26	34.04	50 BREAST	Daniel Wang	Jan/24	32.21
1:11.66	Madelyn Paredes Troughton	Mar/26	1:14.35	100 BREAST	Jason Streeter	Nov/96	1:07.53
2:39.49	Francine Ling	Feb/99	2:43.97	200 BREAST	Jason Streeter	Nov/96	2:28.50
29.03	Francine Ling	Feb/00	28.09	50 FLY	Jackson Wang	Feb/04	26.35
1:04.54	Louisa Chan	Apr/02	1:03.37	100 FLY	Jackson Wang	Feb/05	58.19
2:22.34	Louisa Chan	Feb/08	2:26.65	200 FLY	Max Zha	Nov/23	2:12.92
1:08.42	Kayah Apunowicz	Dec/22		100 I.M.	Nicky You	Jan/11	
3:22.08	Francine Ling	Feb/00	3:24.30	200 I.M.	Max Zha	Feb/25	3:17.19
5:02.66	Francine Ling	Dec/99	5:05.66	400 I.M.	Max Zha	Feb/24	4:52.67
1:51.35	C. Meredith Jensen, K. Apunowicz, N. Kemich, R. Soroke	Nov/23	1:55.57	200 F.R.	Delta 'A'	Dec/97	1:41.43
2:04.18	C. Meredith Jensen, K. Apunowicz, R. Soroke, N. Kemich	Nov/23	2:09.23	200 M.R.	M. Johal, D. Wang, M. Zha, A. Sharma	Nov/23	1:57.49
4:09.65	I. Chan, C. Boduel, A. Lindsay, M. Karkling	Mar/07	4:22.98	400 F.R.	S. Hanna, S. Riggs, J. Tetrauli, N. Hou	Mar/07	4:40.14
4:35.90	E. Penner, C. Baxter, H. Milic, H. Penner	Mar/16	4:51.78	C. Boduel, L. Chan, A. Lindsay, M. Karkling	K. McDonough, A. Lu, T. Bullock, C. Warkentin	Mar/12	
9:12.29	I. Chan, R. Paul, C. Boduel, M. Karkling	Feb/06	9:21.00	800 F.R.	M. Milic, H. Hernandez, N. Kidd, C. Warkentin	Jan/14	

Updated July 18, 2025