

## Delta Sungod Swim Club

### Individual Top Times

Delta Sungod Swim Club [DELTA] Coach: Steven Hitchings

Number of Top Times: 10 Show Short Course Only

	Time	P/F/S	Name	Age/Yr		
<b>Female 10 &amp; Under 50 Free</b>						
1	31.70 S	P	Emma Zhang	10	2022-11-11	2022 Hyack Brad Reid Memorial Invitational
2	32.37 S	F	Rebecca Soroke	10	2019-12-13	Richmond Rapids FastSwim Classic 2019
3	32.92 S L	F	*I Reena Paul	10	2000-01-12	Richmond Rapids Fastswim Class
4	33.12 S	F	*I Jannat Bhangu	10	2019-07-27	Knights Summer Fest
5	33.21 S	P	*I Melissa Ibbotson	10	2000-01-12	Richmond Rapids Fastswim Class
6	33.43 S	P	Rachel Liu	10	2024-11-08	2024 Brad Reid Memorial
7	33.90 S	P	*I Jennifer Hall	10	2006-02-02	TAS BC Provincial Swimming Championship
8	34.13 S	F	*I Yi Han Wu	10	2005-10-15	PSW Fall Invitational 2005
9	35.11 S	F	*I Chantelle Boduel	10	2002-04-06	HANEY SPRING SPLASH CLASSIC 20
10	35.17 S	F	*I Faye Ling	10	1996-11-16	HYACK LMR
<b>Female 10 &amp; Under 100 Free</b>						
1	1:08.89 S	P	Emma Zhang	10	2022-12-15	FastSwim 2022
2	1:11.50 S	F	*I Jennifer Hall	10	2006-02-02	TAS BC Provincial Swimming Championship
3	1:12.08 S	P	*I Melissa Ibbotson	10	2000-01-12	Richmond Rapids Fastswim Class
4	1:13.89 S	F	Rebecca Soroke	10	2019-11-16	SFU-Gator LMR Swim Meet November 201
5	1:14.41 S	F	*I Delphine Wang	10	2015-07-25	2015 SKSC Summer Invitational
6	1:15.40 S	F	*I Jannat Bhangu	10	2019-07-27	Knights Summer Fest
7	1:15.98 S	F	Rachel Liu	10	2024-12-07	2024 Spartan Santa LMR
8	1:18.01 S	F	*I Hailey Penner	10	2013-03-09	SC LMR Championships
9	1:18.94 S	F	*I Kirra Trites	10	2017-01-28	Knights Winter Fest
10	1:20.04 S	F	Grace Bruneau	10	2020-02-08	LMR Champs East Feb 8/9, 2020
<b>Female 10 &amp; Under 200 Free</b>						
1	2:31.76 S	P	Emma Zhang	10	2022-12-15	FastSwim 2022
2	2:38.82 S	P	Rachel Liu	10	2024-11-08	2024 Brad Reid Memorial
3	2:39.64 S	F	*I Delphine Wang	10	2015-07-25	2015 SKSC Summer Invitational
4	2:42.78 S	F	Rebecca Soroke	10	2019-11-08	2019 Brad Reid Memorial Invitational
5	2:43.72 S	P	*I Jannat Bhangu	10	2019-06-21	2019 Summer Age Group Championships
6	2:45.53 S	P	*I Kirra Trites	10	2017-02-16	2017 Swim BC Short Course AA Champions
7	2:48.36 S	F	Grace Bruneau	10	2020-02-08	LMR Champs East Feb 8/9, 2020
8	2:49.46 S	F	Noelle Evans	10	2019-12-07	2019 Spartan Santa LMR
9	2:51.18 S	F	Mia Bruneau	10	2022-12-10	2022 Spartan Santa LMR
10	2:51.23 S	F	*I Logan Warkentin	10	2010-05-08	SFU-WVOSC May LMR Meet
<b>Female 10 &amp; Under 400 Free</b>						
1	5:34.43 S	F	*I Kirra Trites	10	2017-02-16	2017 Swim BC Short Course AA Champions
2	5:43.01 S	F	*I Jannat Bhangu	10	2019-07-27	Knights Summer Fest
3	5:44.10 S	F	*I Jennifer Hall	10	2006-01-20	LMR SC Championships
4	5:52.67 S	F	Grace Bruneau	10	2020-02-08	LMR Champs East Feb 8/9, 2020
5	5:55.57 S	F	Rachel Liu	10	2024-07-27	SKSC Summerfest 2024
6	5:58.88 S	F	*I Yi Han Wu	10	2005-11-19	LMR #8 Nov 19 & 20 2005
7	6:00.78 S	F	*I Reena Paul	10	2000-02-19	Leap Yr Swim Classic
8	6:00.83 S	F	*I Logan Warkentin	10	2010-03-13	Winskill Dolphins LMR Swim Meet
9	6:04.99 S	F	Rebecca Soroke	10	2019-07-27	Knights Summer Fest
10	6:09.62 S	F	Noelle Evans	10	2020-01-18	Winskill Dolphins LMR Meet
<b>Female 10 &amp; Under 800 Free</b>						
1	11:03.29 S	F	Emma Zhang	10	2022-12-04	Delta Distance LMR
2	11:33.33 S	F	*I Kirra Trites	10	2017-02-25	DSSC Time Trial
3	12:18.79 S	F	Harleen Rai	10	2019-04-13	2019 Spartan 11 and under and LMR Distar
4	12:23.53 S	F	*I Logan Warkentin	10	2010-05-08	SFU-WVOSC May LMR Meet
5	12:24.24 S	F	*I Yi Han Wu	10	2005-11-19	LMR #8 Nov 19 & 20 2005
6	12:28.94 S	F	*I Delphine Wang	10	2015-04-25	DSSC Distance Time Trial 3

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	Time	P/F/S	Name	Age/Yr		
7	12:40.72 S	F	*I Reena Paul	10	2000-05-13	DSSC Time Trial 2
8	12:43.61 S	F	*I Jannat Bhangu	10	2018-12-02	2018 DSSC LMR Distance Meet
9	12:53.44 S	F	*I Melissa Ibbotson	10	2000-05-13	DSSC Time Trial 2
10	12:57.59 S	F	Rebecca Soroke	10	2019-04-13	2019 Spartan 11 and under and LMR Distar
<b>Female 10 &amp; Under 1500 Free</b>						
1	23:57.74 S	F	*I Reena Paul	10	2000-05-13	DSSC Time Trial 2
2	24:10.39 S	F	*I Yi Han Wu	10	2005-10-22	Delta Distance Time Trial
3	24:25.90 S	F	*I Melissa Ibbotson	10	2000-05-13	DSSC Time Trial 2
4	25:09.77 S	F	*I Jennifer Hall	10	2006-03-04	Haney Spring Splash V
<b>Female 10 &amp; Under 50 Back</b>						
1	37.03 S L	F	*I Jennifer Hall	10	2006-02-02	TAS BC Provincial Swimming Championship
2	38.20 S	F	Rachel Liu	10	2024-11-08	2024 Brad Reid Memorial
3	39.84 S	F	Emma Zhang	10	2022-12-03	Delta December Fun Meet
4	39.90 S	F	Rebecca Soroke	10	2019-10-26	DSSC Halloween Fun Meet
5	40.23 S	F	*I Delphine Wang	10	2015-05-31	DSSC 10 & Under Meet
6	40.25 S	F	*I Yi Han Wu	10	2005-11-19	LMR #8 Nov 19 & 20 2005
7	41.34 S	F	*I Melissa Ibbotson	10	1999-11-20	LOWER MAINLAND REG
8	41.46 S	F	*I Logan Warkentin	10	2010-04-10	DELTA SUNGOD 2010 SPRINT CUP
9	42.36 S	F	*I Hailey Penner	10	2013-04-28	DSSC 10 and Under Sprint Cup
10	42.53 S	F	*I Nicole Boduel	10	1999-02-27	ROUNDUP A 99
<b>Female 10 &amp; Under 100 Back</b>						
1	1:20.19 S	P	*I Melissa Ibbotson	10	2000-01-12	Richmond Rapids Fastswim Class
2	1:21.64 S	P	*I Jennifer Hall	10	2006-02-02	TAS BC Provincial Swimming Championship
3	1:23.86 S	P	Rachel Liu	10	2024-12-19	FastSwim Classic 2024
4	1:24.83 S	F	*I Jannat Bhangu	10	2019-07-27	Knights Summer Fest
5	1:25.61 S	F	Emma Zhang	10	2022-05-29	DELTA 11 & Under Sprint Cup
6	1:26.77 S	F	*I Elena Penner	10	2011-02-26	LMR Championship 2011
7	1:26.87 S	F	*I Logan Warkentin	10	2010-05-08	SFU-WVOSC May LMR Meet
8	1:27.25 S	F	Rebecca Soroke	10	2019-10-19	PSW Fall Invitational 2019
9	1:27.88 S	F	*I Delphine Wang	10	2015-07-25	2015 SKSC Summer Invitational
10	1:28.65 S	P	*I Kirra Trites	10	2017-02-16	2017 Swim BC Short Course AA Champions
<b>Female 10 &amp; Under 200 Back</b>						
1	2:49.79 S	F	*I Jennifer Hall	10	2006-01-20	LMR SC Championships
2	2:51.62 S	P	*I Melissa Ibbotson	10	2000-01-12	Richmond Rapids Fastswim Class
3	2:54.00 S	F	Rachel Liu	10	2024-12-07	2024 Spartan Santa LMR
4	2:55.55 S	P	*I Reena Paul	10	2000-01-12	Richmond Rapids Fastswim Class
5	3:01.05 S	P	Rebecca Soroke	10	2019-11-08	2019 Brad Reid Memorial Invitational
6	3:02.17 S	F	Emma Zhang	10	2022-11-26	DELTA November Time Trial
7	3:02.46 S	F	*I Jannat Bhangu	10	2019-06-21	2019 Summer Age Group Championships
8	3:03.29 S	P	*I Kirra Trites	10	2017-02-16	2017 Swim BC Short Course AA Champions
9	3:04.01 S	F	*I Yi Han Wu	10	2005-11-19	LMR #8 Nov 19 & 20 2005
10	3:04.35 S	F	Harleen Rai	10	2019-02-22	2019 Winter Age Group Championships
<b>Female 10 &amp; Under 50 Breast</b>						
1	43.05 S	P	Emma Zhang	10	2022-12-15	FastSwim 2022
2	44.06 S	F	Noelle Evans	10	2019-11-08	2019 Brad Reid Memorial Invitational
3	44.53 S	F	Rebecca Soroke	10	2019-11-16	SFU-Gator LMR Swim Meet November 2019
4	47.09 S	F	Monica Paredes Troughton	10	2023-11-10	2023 Brad Reid Memorial
5	47.32 S	F	*I Delphine Wang	10	2015-05-31	DSSC 10 & Under Meet
6	47.54 S	F	*I Faye Ling	10	1996-11-16	HYACK LMR
7	47.91 S	F	*I Brittni Santos	10	2007-03-31	Team Sungod Spring Invitational 2007
8	48.12 S	F	Rachel Liu	10	2024-10-26	Winskill Dolphins LMR Meet
9	48.29 S	F	*I Isla Pike	10	2019-12-21	DSSC Xmas Fun Meet
10	48.77 S	F	Mia Bruneau	10	2022-11-11	2022 Hyack Brad Reid Memorial Invitational

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	Time	P/F/S	Name	Age/Yr		
<b>Female 10 &amp; Under 100 Breast</b>						
1	1:34.40	S	P	Emma Zhang	10	2022-12-15 FastSwim 2022
2	1:34.93	S	P	Noelle Evans	10	2019-11-08 2019 Brad Reid Memorial Invitational
3	1:36.69	S	P	*I Reena Paul	10	2000-01-12 Richmond Rapids Fastswim Class
4	1:37.03	S	F	*I Delphine Wang	10	2015-07-25 2015 SKSC Summer Invitational
5	1:37.47	S	F	*I Kayah Apanowicz	10	2017-05-13 SFA-SFU LMR Meet May 2017
6	1:38.07	S	F	Rebecca Soroke	10	2019-10-19 PSW Fall Invitational 2019
7	1:41.01	S	F	*I Jannat Bhangu	10	2019-07-27 Knights Summer Fest
8	1:41.40	S	F	Rachel Liu	10	2024-07-27 SKSC Summerfest 2024
9	1:42.11	S	F	*I Isla Pike	10	2020-02-21 2020 Winter Age Group Championships
10	1:42.99	S	P	Mia Bruneau	10	2022-11-11 2022 Hyack Brad Reid Memorial Invitational
<b>Female 10 &amp; Under 200 Breast</b>						
1	3:23.01	S	F	Emma Zhang	10	2022-07-29 SKSC Summer Splash
2	3:25.74	S	F	Noelle Evans	10	2020-01-18 Winskill Dolphins LMR Meet
3	3:26.09	S	P	Rebecca Soroke	10	2019-11-08 2019 Brad Reid Memorial Invitational
4	3:29.73	S	F	*I Isla Pike	10	2020-02-21 2020 Winter Age Group Championships
5	3:31.81	S	F	Mia Bruneau	10	2022-12-10 2022 Spartan Santa LMR
6*	3:35.28	S	P	*I Brittni Santos	10	2007-02-09 LMR CHAMPS
6*	3:35.28	S	F	Rachel Liu	10	2024-10-26 Winskill Dolphins LMR Meet
8	3:35.78	S	F	*I Yi Han Wu	10	2005-11-19 LMR #8 Nov 19 & 20 2005
9	3:38.54	S	F	Grace Bruneau	10	2020-02-08 LMR Champs East Feb 8/9, 2020
10	3:39.09	S	F	*I Reena Paul	10	2000-02-19 Leap Yr Swim Classic
<b>Female 10 &amp; Under 50 Fly</b>						
1	34.97	S	F	Rebecca Soroke	10	2019-11-08 2019 Brad Reid Memorial Invitational
2	36.38	S	F	Emma Zhang	10	2022-11-11 2022 Hyack Brad Reid Memorial Invitational
3	36.63	S	F	*I Delphine Wang	10	2015-07-25 2015 SKSC Summer Invitational
4	36.98	S	P	*I Jennifer Hall	10	2006-04-01 Team Sungod April Fool's Invitational 2006
5	40.10	S	F	Rachel Liu	10	2024-11-08 2024 Brad Reid Memorial
6	40.51	S	F	Noelle Evans	10	2019-11-08 2019 Brad Reid Memorial Invitational
7	40.65	S	F	*I Hailey Penner	10	2013-04-28 DSSC 10 and Under Sprint Cup
8	41.05	S	F	*I Chantelle Boduel	10	2002-01-26 Winskill Meet
9	41.25	S	F	*I Logan Warkentin	10	2010-04-10 DELTA SUNGOD 2010 SPRINT CUP
10	42.87	S	F	*I Isla Pike	10	2019-12-21 DSSC Xmas Fun Meet
<b>Female 10 &amp; Under 100 Fly</b>						
1	1:21.96	S	F	Rebecca Soroke	10	2019-11-08 2019 Brad Reid Memorial Invitational
2	1:25.84	S	F	*I Delphine Wang	10	2015-02-13 2015 Swim BC Short Course AA Champions
3	1:27.65	S	P	Emma Zhang	10	2022-12-15 FastSwim 2022
4	1:29.00	S	F	*I Jennifer Hall	10	2006-04-01 Team Sungod April Fool's Invitational 2006
5	1:29.34	S	F	*I Yi Han Wu	10	2005-11-19 LMR #8 Nov 19 & 20 2005
6	1:37.37	S	F	Mia Bruneau	10	2022-12-10 2022 Spartan Santa LMR
7	1:37.74	S	F	Noelle Evans	10	2019-07-27 Knights Summer Fest
8	1:38.24	S	F	*I Jannat Bhangu	10	2019-06-21 2019 Summer Age Group Championships
9	1:40.76	S	F	*I Logan Warkentin	10	2010-03-13 Winskill Dolphins LMR Swim Meet
10	1:42.06	S	F	*I Hailey Penner	10	2013-01-12 2013 Hyack Icebreaker Classic
<b>Female 10 &amp; Under 200 Fly</b>						
1	3:06.87	S	F	*I Delphine Wang	10	2015-02-13 2015 Swim BC Short Course AA Champions
2	3:10.71	S	F	Emma Zhang	10	2022-11-26 DELTA November Time Trial
3	3:13.44	S	F	*I Yi Han Wu	10	2005-10-15 PSW Fall Invitational 2005
4	3:13.69	S	F	Rebecca Soroke	10	2019-11-16 SFU-Gator LMR Swim Meet November 201
5	3:33.19	S	F	*I Jennifer Hall	10	2006-03-04 Haney Spring Splash V
6	3:37.78	S	F	*I Reena Paul	10	2000-01-22 January 2000 New Millenium Swi
7	3:41.58	S	F	Mia Bruneau	10	2022-11-26 DELTA November Time Trial
8	3:44.52	S	F	*I Melissa Ibbotson	10	2000-01-22 January 2000 New Millenium Swi

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Number of Top Times: 10 Show Short Course Only

	Time	P/F/S	Name	Age/Yr		
9	3:52.80 S	F	*I Chelsea Santos	10	2005-12-10	SFU-SFA LMR swim meet
10	3:55.11 S	F	*I Logan Warkentin	10	2010-01-16	2010 Hyack Icebreaker Classic
<b>Female 10 &amp; Under 100 IM</b>						
1	1:22.37 S	F	Emma Zhang	10	2022-12-03	Delta December Fun Meet
2	1:24.72 S	F	*I Yi Han Wu	10	2005-10-15	PSW Fall Invitational 2005
3	1:24.81 S	F	*I Jennifer Hall	10	2005-10-15	PSW Fall Invitational 2005
4	1:25.62 S	F	Rebecca Soroke	10	2019-10-26	DSSC Halloween Fun Meet
5	1:26.46 S	F	*I Delphine Wang	10	2015-05-31	DSSC 10 & Under Meet
6	1:29.04 S	F	*I Faye Ling	10	1996-11-16	HYACK LMR
7	1:29.07 S	F	Rachel Liu	10	2024-12-14	Delta December Fun Meet
8	1:29.18 S	F	*I Hailey Penner	10	2013-04-28	DSSC 10 and Under Sprint Cup
9	1:29.27 S	F	Noelle Evans	10	2019-12-21	DSSC Xmas Fun Meet
10	1:31.25 S	F	*I Jannat Bhangu	10	2019-06-29	DSSC June Fun Meet
<b>Female 10 &amp; Under 200 IM</b>						
1	2:56.54 S	F	*I Jennifer Hall	10	2006-01-20	LMR SC Championships
2	2:59.47 S	F	Rebecca Soroke	10	2019-11-08	2019 Brad Reid Memorial Invitational
3	3:01.78 S	F	Emma Zhang	10	2022-07-29	SKSC Summer Splash
4	3:07.92 S	F	Noelle Evans	10	2019-12-07	2019 Spartan Santa LMR
5	3:08.27 S	P	*I Isla Pike	10	2020-02-21	2020 Winter Age Group Championships
6	3:08.88 S	F	Rachel Liu	10	2024-11-08	2024 Brad Reid Memorial
7	3:09.60 S	F	*I Logan Warkentin	10	2010-05-08	SFU-WVOSC May LMR Meet
8	3:10.06 S	F	*I Yi Han Wu	10	2005-10-15	PSW Fall Invitational 2005
9	3:10.15 S	P	*I Jannat Bhangu	10	2019-06-21	2019 Summer Age Group Championships
10	3:10.19 S	P	Harleen Rai	10	2019-02-22	2019 Winter Age Group Championships
<b>Female 10 &amp; Under 400 IM</b>						
1	5:59.62 S	P	*I Melissa Ibbotson	10	2000-01-12	Richmond Rapids Fastswim Class
2	6:23.46 S	P	*I Reena Paul	10	2000-01-12	Richmond Rapids Fastswim Class
3	6:24.36 S	F	*I Delphine Wang	10	2015-07-25	2015 SKSC Summer Invitational
4	6:39.67 S	F	Rebecca Soroke	10	2019-11-16	SFU-Gator LMR Swim Meet November 201
5	6:49.57 S	F	Harleen Rai	10	2019-03-16	DSSC March LMR Meet
6	6:51.01 S	F	Rachel Liu	10	2024-10-26	Winskill Dolphins LMR Meet
7	7:00.23 S	F	*I Logan Warkentin	10	2010-03-13	Winskill Dolphins LMR Swim Meet
8	7:02.60 S	F	*I Chantelle Boduel	10	2002-01-26	Winskill Meet
9	7:03.54 S	F	Noelle Evans	10	2020-01-18	Winskill Dolphins LMR Meet
10	7:09.06 S	F	*I Jannat Bhangu	10	2019-03-16	DSSC March LMR Meet
<b>Female 11-12 50 Free</b>						
1	28.34 S	F	Emma Zhang	12	2024-11-08	2024 Brad Reid Memorial
2	28.79 S	F	*I Elena Penner	12	2013-02-28	SwimBC SC AAA Age Group Championship
3	29.42 S	F	*I Logan Warkentin	12	2011-12-02	Fastswim 2011
4	29.72 S	F	*I Sarah Morey	12	2015-01-10	2015 Hyack Icebreaker Classic
5	29.86 S	F	*I Melissa Ibbotson	12	2001-11-30	Richmond Rapids Fastswim Class
6	29.93 S S	F	*I Faye Ling	12	1999-03-04	BC S/C CHAMPS
7	29.99 S	F	Rebecca Soroke	12	2021-06-28	DSSC Season Wrap Up
8	30.12 S	F	*I Hailey Penner	12	2014-12-12	2014 FastSwim
9	30.15 S	F	*I Jannat Bhangu	12	2021-05-05	2021 Wave Maker Virtual Meet
10	30.44 S	P	Chloe Meredith Jensen	12	2018-12-14	2018 FastSwim
<b>Female 11-12 100 Free</b>						
1	1:02.31 S	P	Emma Zhang	12	2024-11-08	2024 Brad Reid Memorial
2	1:02.63 S	F	*I Elena Penner	12	2013-02-28	SwimBC SC AAA Age Group Championship
3	1:05.14 S	P	*I Hailey Penner	12	2015-03-05	2015 Swim BC SC AAA Age Group Champi
4	1:06.00 S S	F	*I Faye Ling	12	1999-03-04	BC S/C CHAMPS
5	1:06.15 S	P	*I Logan Warkentin	12	2012-03-01	2012 TAS BC AAA SC Championships
6	1:06.32 S	P	Chloe Meredith Jensen	12	2018-12-14	2018 FastSwim

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	Time	P/F/S	Name	Age/Yr		
7	1:06.35 S	P	Mia Bruneau	12	2024-11-08	2024 Brad Reid Memorial
8	1:06.38 S	F *I	Sarah Morey	12	2015-01-10	2015 Hyack Icebreaker Classic
9	1:06.75 S	F	Grace Bruneau	12	2022-10-15	PSW Fall Invitational 2022
10	1:07.24 S	P *I	Yi Han Wu	12	2007-11-10	Spartan Invitational 2007
<b>Female 11-12 200 Free</b>						
1	2:13.42 S	F	Emma Zhang	12	2024-11-08	2024 Brad Reid Memorial
2	2:17.58 S	P	Mia Bruneau	12	2024-12-19	FastSwim Classic 2024
3	2:22.15 S	F *I	Hailey Penner	12	2014-12-12	2014 FastSwim
4	2:22.53 S	P *I	Kirra Trites	12	2019-02-22	2019 Winter Age Group Championships
5	2:24.27 S	F	Elena Penner	12	2013-02-16	Spalash and Dash ---AAA tune up
6	2:25.64 S	F *I	Yi Han Wu	12	2007-03-01	2007 TAS Provincial Short Course Champio
7	2:26.20 S	F *I	Jannat Bhangu	12	2021-05-05	2021 Wave Maker Virtual Meet
8	2:26.28 S	F	Grace Bruneau	12	2022-10-15	PSW Fall Invitational 2022
9	2:26.45 S	F	Madelyn Paredes Troughton	12	2022-06-24	2022 BC Summer Divisionals-Vancouver Cc
10	2:26.55 S	F	Chloe Meredith Jensen	12	2018-12-14	2018 FastSwim
<b>Female 11-12 400 Free</b>						
1	4:46.72 S	F	Emma Zhang	12	2024-11-08	2024 Brad Reid Memorial
2	4:50.63 S	F	Mia Bruneau	12	2024-12-19	FastSwim Classic 2024
3	4:56.96 S	F *I	Kirra Trites	12	2019-02-22	2019 Winter Age Group Championships
4	5:00.74 S	F *I	Yi Han Wu	12	2007-03-01	2007 TAS Provincial Short Course Champio
5	5:01.21 S	F *I	Hailey Penner	12	2014-11-08	2014 Hyack Fall Into Finals
6	5:08.39 S	P	Grace Bruneau	12	2022-03-10	BC Winter Provincials
7	5:09.01 S	F *I	Logan Warkentin	12	2011-12-02	Fastswim 2011
8	5:10.95 S S	F *I	Faye Ling	12	1999-03-04	BC S/C CHAMPS
9	5:12.05 S	P	Chloe Meredith Jensen	12	2018-11-09	2018 Brad Reid Memorial Invitational
10	5:13.09 S	P *I	Alexa Ibbotson	12	2000-03-02	Team Aquatic Supplies 2000 BC
<b>Female 11-12 800 Free</b>						
1	10:00.46 S S	F	Mia Bruneau	12	2024-12-19	FastSwim Classic 2024
2	10:01.22 S	F	Emma Zhang	12	2024-11-08	2024 Brad Reid Memorial
3	10:15.16 S	F *I	Kirra Trites	12	2018-12-14	2018 FastSwim
4	10:15.68 S	F *I	Hailey Penner	12	2015-04-25	DSSC Distance Time Trial 3
5	10:23.09 S	F *I	Yi Han Wu	12	2007-03-01	2007 TAS Provincial Short Course Champio
6	10:34.53 S	F	Grace Bruneau	12	2022-04-09	2022 Rubber Ducky and LMR Distance
7	10:46.77 S	F	Chloe Meredith Jensen	12	2018-12-02	2018 DSSC LMR Distance Meet
8	10:48.19 S	F *I	Reena Paul	12	2002-02-28	TAS B.C. SC Championships
9	11:00.24 S	F *I	Jannat Bhangu	12	2021-06-28	DSSC Season Wrap Up
10	11:05.37 S	F *I	Kayah Apanowicz	12	2018-12-02	2018 DSSC LMR Distance Meet
<b>Female 11-12 1500 Free</b>						
1	18:50.16 S	F	Mia Bruneau	12	2024-12-19	FastSwim Classic 2024
2	19:17.13 S	F *I	Kirra Trites	12	2019-01-26	Knights Winter Fest
3	19:33.26 S	F	Emma Zhang	12	2024-04-06	2024 Rubber Ducky and Distance
4	20:40.60 S	F *I	Yi Han Wu	12	2007-10-20	2007 SFU-SFA October LMR meet
5	21:13.58 S	F *I	Alexa Ibbotson	12	2000-01-22	January 2000 New Millenium Swi
6	21:17.52 S	F	Rebecca Soroke	12	2021-05-05	2021 Wave Maker Virtual Meet
7	21:43.73 S	F *I	Imelda Chan	12	2006-03-04	Haney Spring Splash V
8	22:00.91 S	F *I	Jessica Lee	12	2003-03-08	Delta LMR Meet
9	22:49.83 S	F *I	Chantelle Boduel	12	2004-05-08	Sungod - LMR Regional
10	22:59.62 S	F *I	Nicole Boduel	12	2000-04-14	DSSC Time Trial 1
<b>Female 11-12 50 Back</b>						
1	33.73 S	F	Emma Zhang	12	2024-02-23	2024 BC WinterDivisionals- VFD
2	34.66 S	F *I	Logan Warkentin	12	2012-04-14	April 2012 SFU-SFA LMR swim meet
3	34.74 S	F *I	Hailey Penner	12	2015-05-09	DSSC May LMR
4	34.94 S L	F *I	Nicole Boduel	12	2001-03-01	B.C. Provincial Championships

## Delta Sungod Swim Club

### Individual Top Times

Number of Top Times: 10 Show Short Course Only

	Time	P/F/S	Name	Age/Yr		
5	34.99 S L	F	Chloe Meredith Jensen	12	2018-12-14	2018 FastSwim
6	35.40 S	F	*I Sarah Morey	12	2015-01-10	2015 Hyack Icebreaker Classic
7	35.79 S	F	*I Chantelle Boduel	12	2004-04-17	17-04-04 Haney Regional
8	36.11 S	F	*I Elena Penner	12	2012-11-10	DSSSC Gotta Get Racing TT
9	36.28 S	P	*I Yi Han Wu	12	2007-03-31	Team Sungod Spring Invitational 2007
10	36.35 S	P	Kaia Hall	12	2024-06-28	2024 BC Summer Divisionals VFD
<b>Female 11-12 100 Back</b>						
1	1:13.15 S	F	Emma Zhang	12	2024-06-28	2024 BC Summer Divisionals VFD
2	1:14.90 S	F	*I Alexa Ibbotson	12	2000-03-02	Team Aquatic Supplies 2000 BC
3	1:15.79 S	P	Chloe Meredith Jensen	12	2018-11-09	2018 Brad Reid Memorial Invitational
4*	1:16.20 S	F	*I Yi Han Wu	12	2007-11-09	FV HS Meet - Nov 8
4*	1:16.20 S	P	*I Logan Warkentin	12	2011-12-02	Fastswim 2011
6	1:16.27 S S	F	*I Faye Ling	12	1999-03-04	BC S/C CHAMPS
7	1:16.34 S	F	*I Kirra Trites	12	2019-02-22	2019 Winter Age Group Championships
8	1:16.82 S	F	*I Louisa Chan	12	2002-11-29	Fastswim2002
9	1:16.87 S	P	*I Melissa Ibbotson	11	2001-03-01	B.C. Provincial Championships
10	1:16.94 S	F	*I Hailey Penner	12	2015-01-10	2015 Hyack Icebreaker Classic
<b>Female 11-12 200 Back</b>						
1	2:38.49 S	P	*I Logan Warkentin	12	2012-03-01	2012 TAS BC AAA SC Championships
2	2:38.82 S	P	Chloe Meredith Jensen	12	2018-11-09	2018 Brad Reid Memorial Invitational
3	2:39.75 S	F	*I Kirra Trites	12	2019-02-22	2019 Winter Age Group Championships
4	2:40.04 S	P	*I Nicole Boduel	12	2001-03-01	B.C. Provincial Championships
5	2:41.53 S S	F	*I Faye Ling	12	1999-03-04	BC S/C CHAMPS
6	2:41.60 S	F	*I Melissa Ibbotson	12	2001-11-02	HYACK FALL AA INVITATIONAL
7	2:42.82 S	F	*I Yi Han Wu	12	2006-12-01	Fastswim 2006
8	2:42.84 S	F	Emma Zhang	11	2023-06-23	2023 BC Summer Divisionals - VFD
9	2:44.86 S	F	*I Reena Paul	12	2001-11-30	Richmond Rapids Fastswim Class
10	2:45.06 S	P	*I Alexandra Lindsay	12	2005-02-03	2005 TAS AAA Championshipst
<b>Female 11-12 50 Breast</b>						
1	x36.96 S	P	Gabrielle Wang	12	2023-02-17	2023 BC Winter Divisionals - Van & Fraser
2	38.31 S	F	*I Kayah Apanowicz	12	2019-01-26	Knights Winter Fest
3	38.52 S	F	Emma Zhang	12	2024-06-28	2024 BC Summer Divisionals VFD
4	38.95 S	F	Mia Bruneau	12	2024-12-19	FastSwim Classic 2024
5	39.60 S	F	*I Hailey Penner	12	2015-05-09	DSSC May LMR
6	x39.67 S	P	Madelyn Paredes Troughton	12	2022-06-24	2022 BC Summer Divisionals-Vancouver Cc
7	39.81 S	F	Chloe Meredith Jensen	12	2018-12-14	2018 FastSwim
8	41.05 S	F	Noelle Evans	12	2021-11-12	2021 Hyack Brad Reid Memorial Invitational
9	41.37 S	F	*I Elena Penner	12	2012-11-10	DSSSC Gotta Get Racing TT
10	41.61 S	F	Grace Bruneau	12	2021-11-12	2021 Hyack Brad Reid Memorial Invitational
<b>Female 11-12 100 Breast</b>						
1	1:23.51 S	F	Gabrielle Wang	12	2023-02-17	2023 BC Winter Divisionals - Van & Fraser
2	1:23.52 S	P	Mia Bruneau	12	2024-12-19	FastSwim Classic 2024
3	1:24.81 S	F	Emma Zhang	12	2024-02-23	2024 BC WinterDivisionals- VFD
4	1:24.99 S	F	*I Kayah Apanowicz	12	2019-02-22	2019 Winter Age Group Championships
5	1:25.87 S	P	Chloe Meredith Jensen	12	2018-11-09	2018 Brad Reid Memorial Invitational
6	1:25.93 S	F	*I Hailey Penner	12	2015-01-10	2015 Hyack Icebreaker Classic
7	1:26.13 S	F	Madelyn Paredes Troughton	12	2022-10-15	PSW Fall Invitational 2022
8	1:27.33 S	P	Noelle Evans	12	2021-12-17	FastSwim 2021
9	1:27.63 S	F	Grace Bruneau	12	2022-10-15	PSW Fall Invitational 2022
10	1:28.45 S	F	*I Tia DeCecco	12	2008-12-05	Fastswim 2008
<b>Female 11-12 200 Breast</b>						
1	2:54.23 S	F	Mia Bruneau	12	2024-12-19	FastSwim Classic 2024
2	3:01.31 S	F	Emma Zhang	12	2024-02-23	2024 BC WinterDivisionals- VFD

## Delta Sungod Swim Club

### Individual Top Times

Number of Top Times: 10 Show Short Course Only

	Time	P/F/S	Name	Age/Yr		
3	3:03.06 S	F	Gabrielle Wang	12	2023-02-17	2023 BC Winter Divisionals - Van & Fraser
4	3:03.77 S	F	*I Kayah Apanowicz	12	2019-02-22	2019 Winter Age Group Championships
5	3:04.15 S	F	Madelyn Paredes Troughton	12	2022-02-25	2022 BC Winter Divisionals -Va
6	3:04.40 S	P	*I Emily Morris	12	2011-11-12	Fall into Finals 2011
7	3:05.80 S	F	Chloe Meredith Jensen	12	2018-12-14	2018 FastSwim
8	3:07.57 S	F	*I Tia DeCecco	12	2009-01-17	2009 Hyack Icebreaker Classic
9	3:07.61 S	P	*I Reena Paul	12	2002-02-28	TAS B.C. SC Championships
10	3:08.46 S	P	*I Yi Han Wu	12	2007-11-10	Spartan Invitational 2007
<b>Female 11-12 50 Fly</b>						
1	31.56 S	F	Emma Zhang	12	2024-12-19	FastSwim Classic 2024
2*	32.14 S	P	*I Hailey Penner	12	2015-03-05	2015 Swim BC SC AAA Age Group Champi
2*	32.14 S	F	*I Elena Penner	12	2012-11-30	Fastswim 2012
2*	32.14 S	F	Rebecca Soroke	12	2021-05-05	2021 Wave Maker Virtual Meet
5	33.68 S	F	Kaia Hall	12	2024-06-28	2024 BC Summer Divisionals VFD
6	33.81 S	P	Grace Bruneau	12	2022-03-10	BC Winter Provincials
7	35.01 S	P	*I Yi Han Wu	12	2007-11-10	Spartan Invitational 2007
8	35.02 S	P	*I Imelda Chan	12	2006-04-01	Team Sungod April Fool's Invitational 2006
9*	35.28 S	F	*I Kayah Apanowicz	12	2019-03-16	DSSC March LMR Meet
9*	35.28 S	F	Mia Bruneau	12	2024-11-08	2024 Brad Reid Memorial
<b>Female 11-12 100 Fly</b>						
1	1:08.24 S	F	Emma Zhang	12	2024-11-08	2024 Brad Reid Memorial
2	1:10.78 S	F	*I Hailey Penner	12	2015-03-05	2015 Swim BC SC AAA Age Group Champi
3	1:11.95 S	P	Rebecca Soroke	12	2021-11-12	2021 Hyack Brad Reid Memorial Invitational
4	1:15.64 S	F	*I Alexa Ibbotson	12	1999-12-03	FASTSWIM CLASSIC SC
5	1:15.86 S	F	*I Elena Penner	12	2013-01-26	VPSC Dash for Cash
6	1:17.19 S	F	Grace Bruneau	12	2022-10-15	PSW Fall Invitational 2022
7	1:19.01 S	F	*I Yi Han Wu	12	2007-10-13	PSW Invitational 2007
8	1:19.69 S	F	Mia Bruneau	12	2024-11-08	2024 Brad Reid Memorial
9	1:20.86 S	F	*I Kayah Apanowicz	12	2019-02-22	2019 Winter Age Group Championships
10	1:21.27 S	F	*I Kirra Trites	12	2019-01-26	Knights Winter Fest
<b>Female 11-12 200 Fly</b>						
1	2:34.00 S	F	Emma Zhang	12	2024-11-08	2024 Brad Reid Memorial
2	2:47.60 S	F	Rebecca Soroke	12	2021-07-17	COVID Cracker Dual
3	2:50.51 S	P	*I Alexa Ibbotson	12	2000-03-02	Team Aquatic Supplies 2000 BC
4	2:51.56 S	P	*I Hailey Penner	12	2014-11-08	2014 Hyack Fall Into Finals
5	2:54.10 S	F	Grace Bruneau	12	2021-12-17	FastSwim 2021
6*	2:56.09 S	F	*I Elena Penner	12	2012-12-15	Haney Holiday LMR
6*	2:56.09 S	F	*I Kirra Trites	12	2019-01-26	Knights Winter Fest
8	2:56.41 S	F	*I Yi Han Wu	12	2007-02-17	Rapids "AAA" Qualifier
9	x3:02.04 S	F	*I Alexandra Lindsay	12	2005-05-07	BOGDONOV PAO LMR SWIM MEET
10	3:02.46 S	F	*I Kayah Apanowicz	12	2019-02-22	2019 Winter Age Group Championships
<b>Female 11-12 100 IM</b>						
1	1:11.48 S	P	Emma Zhang	12	2024-12-19	FastSwim Classic 2024
2	1:17.25 S	F	Mia Bruneau	12	2024-12-14	Delta December Fun Meet
3	1:17.47 S	F	Grace Bruneau	12	2022-10-29	October Fun Meet
4	1:18.51 S	F	*I Yi Han Wu	11	2006-10-14	PSW 2006 Invitational
5	1:18.91 S	F	*I Melissa Ibbotson	12	2001-10-20	PSW-LMR #1
6	1:19.04 S	F	Rebecca Soroke	12	2021-10-30	October Fun Meet
7	1:20.16 S	F	*I Reena Paul	12	2001-10-20	PSW-LMR #1
8	1:20.58 S	F	*I Imelda Chan	12	2005-10-15	PSW Fall Invitational 2005
9	1:21.41 S	F	Gabrielle Wang	12	2023-02-25	DELTA February Fun Meet
10	1:21.44 S	F	*I Kayah Apanowicz	12	2019-04-20	April Fun Meet

## Delta Sungod Swim Club

### Individual Top Times

Number of Top Times: 10 Show Short Course Only

	Time	P/F/S	Name	Age/Yr		
<b>Female 11-12 200 IM</b>						
1	2:34.78 S	F	Emma Zhang	12	2024-12-19	FastSwim Classic 2024
2	2:36.39 S	P *I	Hailey Penner	12	2015-03-05	2015 Swim BC SC AAA Age Group Champi
3	2:40.68 S	F	Mia Bruneau	12	2024-06-28	2024 BC Summer Divisionals VFD
4	2:43.01 S	P	Grace Bruneau	12	2022-03-10	BC Winter Provincials
5	2:44.13 S	F *I	Yi Han Wu	12	2007-11-10	Spartan Invitational 2007
6	2:44.73 S	F	Chloe Meredith Jensen	12	2018-12-14	2018 FastSwim
7	2:45.22 S	F	Rebecca Soroke	12	2021-07-17	COVID Cracker Dual
8	2:45.42 S	F *I	Elena Penner	12	2012-11-30	Fastswim 2012
9	2:45.87 S	F	Madelyn Paredes Troughton	12	2022-06-24	2022 BC Summer Divisionals-Vancouver Cc
10	2:46.15 S	P *I	Kirra Trites	12	2019-02-22	2019 Winter Age Group Championships
<b>Female 11-12 400 IM</b>						
1	5:29.15 S	P *I	Hailey Penner	12	2015-03-05	2015 Swim BC SC AAA Age Group Champi
2	5:39.72 S	F	Mia Bruneau	12	2024-11-08	2024 Brad Reid Memorial
3	5:40.33 S	F	Emma Zhang	12	2024-10-26	Winskill Dolphins LMR Meet
4	5:44.25 S	F *I	Yi Han Wu	12	2007-03-01	2007 TAS Provincial Short Course Champio
5	5:46.81 S	F *I	Kirra Trites	12	2019-02-22	2019 Winter Age Group Championships
6	5:47.68 S	F *I	Alexa Ibbotson	12	1999-12-03	FASTSWIM CLASSIC SC
7	5:51.90 S	F *I	Melissa Ibbotson	12	2001-11-02	HYACK FALL AA INVITATIONAL
8	5:54.41 S	F *I	Reena Paul	12	2001-10-20	PSW-LMR #1
9	5:55.96 S	F *I	Elena Penner	12	2012-12-15	Haney Holiday LMR
10	5:56.24 S	P	Chloe Meredith Jensen	12	2018-11-09	2018 Brad Reid Memorial Invitational
<b>Female 13-14 50 Free</b>						
1	27.37 S	F	Rebecca Soroke	14	2023-11-10	2023 Brad Reid Memorial
2	27.71 S	P *I	Elena Penner	13	2014-02-13	2014 Speedo Western Canadian Champion
3	28.01 S	F *I	Faye Ling	14	2001-03-01	B.C. Provincial Championships
4	28.28 S	S *I	Chantelle Boduel	14	2006-02-02	TAS BC Provincial Swimming Championship
5	28.30 S	F *I	Hailey Penner	14	2016-12-09	2016 FastSwim
6	28.43 S L	F	Grace Bruneau	13	2023-06-23	2023 BC Summer Divisionals - VFD
7	28.73 S	F *I	Sarah Morey	13	2015-12-11	2015 FastSwim
8	28.92 S L	F	Chloe Meredith Jensen	13	2019-12-13	Richmond Rapids FastSwim Classic 2019
9	28.96 S	P *I	Logan Warkentin	14	2014-01-31	2014 Swim BC AAA Short Course Age Grou
10	29.09 S	P *I	Louisa Chan	14	2004-12-03	FASTSWIM2004
<b>Female 13-14 100 Free</b>						
1	59.14 S	F	Rebecca Soroke	14	2023-12-14	FastSwim Classic 2023
2	1:00.28 S	F *I	Elena Penner	13	2014-01-31	2014 Swim BC AAA Short Course Age Grou
3	1:00.64 S	P *I	Hailey Penner	14	2017-03-02	2017 Swim BC SC AAA Championships
4	1:00.91 S	P *I	Chantelle Boduel	14	2006-02-16	Western SC Champs 2006
5	1:01.63 S	F *I	Faye Ling	14	2000-11-10	Island Pacific Cup
6	x1:01.66 S	P	Grace Bruneau	14	2024-06-28	2024 BC Summer Divisionals VFD
7	1:02.15 S	P *I	Logan Warkentin	14	2014-01-31	2014 Swim BC AAA Short Course Age Grou
8	1:02.38 S	F	Madelyn Paredes Troughton	14	2024-02-23	2024 BC WinterDivisionals- VFD
9	1:03.35 S	F *I	Louisa Chan	14	2004-11-12	Island Pacific Cup
10	1:03.92 S	F	Chloe Meredith Jensen	13	2019-07-27	Knights Summer Fest
<b>Female 13-14 200 Free</b>						
1	2:12.70 S	F	Grace Bruneau	13	2023-06-23	2023 BC Summer Divisionals - VFD
2	2:14.29 S	F *I	Hailey Penner	14	2016-12-09	2016 FastSwim
3	2:15.44 S	F	Madelyn Paredes Troughton	14	2024-06-28	2024 BC Summer Divisionals VFD
4	2:15.83 S	P *I	Louisa Chan	14	2004-11-12	Island Pacific Cup
5	2:16.24 S	F *I	Elena Penner	13	2014-01-31	2014 Swim BC AAA Short Course Age Grou
6	2:17.56 S	F	Rebecca Soroke	14	2023-04-15	PSW Spring Invitational 2023
7	2:18.75 S	P *I	Logan Warkentin	14	2014-01-31	2014 Swim BC AAA Short Course Age Grou
8	2:19.17 S	F *I	Jenna-Sarah McDonald	14	2011-02-11	BC AAChampionships - Winter 2011

## Delta Sungod Swim Club

### Individual Top Times

Number of Top Times: 10 Show Short Course Only

	Time	P/F/S	Name	Age/Yr		
9	2:19.28 S	F	*I Yi Han Wu	13	2008-11-08	Fall into Finals 2008
10	2:19.38 S	P	*I Alexandra Lindsay	14	2007-03-01	2007 TAS Provincial Short Course Champio
<b>Female 13-14 400 Free</b>						
1	4:45.27 S	F	Grace Bruneau	14	2024-06-28	2024 BC Summer Divisionals VFD
2	4:46.59 S	P	*I Hailey Penner	14	2016-12-09	2016 FastSwim
3	4:47.58 S	F	*I Yi Han Wu	14	2009-04-04	Team Sungod April Fool's Invitational 2009
4	4:47.76 S	P	*I Kirra Trites	13	2019-11-08	2019 Brad Reid Memorial Invitational
5	4:48.73 S	P	*I Louisa Chan	14	2004-11-12	Island Pacific Cup
6	4:49.88 S	F	Rebecca Soroke	14	2023-12-14	FastSwim Classic 2023
7	4:50.46 S	F	*I Alexandra Lindsay	14	2007-02-17	Rapids "AAA" Qualifier
8	4:51.18 S	F	*I Faye Ling	14	2001-01-19	Chena Groundhog Swim
9	4:51.85 S	F	*I Logan Warkentin	13	2012-11-30	Fastswim 2012
10	4:53.34 S	F	*I Francine Ling	13	1996-11-16	HYACK LMR
<b>Female 13-14 800 Free</b>						
1	9:50.39 S S	F	*I Hailey Penner	13	2016-03-03	2016 Swim BC SC AAA Championships
2	9:51.32 S	F	*I Yi Han Wu	14	2009-02-26	2009 TAS BC AAA SC Championships
3	9:52.55 S	F	*I Kirra Trites	14	2020-12-16	2020 DF Invitational
4	9:56.62 S	F	*I Alexandra Lindsay	14	2007-03-01	2007 TAS Provincial Short Course Champio
5	10:00.00 S	F	*I Louisa Chan	14	2004-05-08	Sungod - LMR Regional
6	10:01.75 S	F	*I Reena Paul	14	2004-02-05	BC Age Group Champs
7	10:06.77 S	F	Rebecca Soroke	14	2023-12-03	Delta Distance LMR
8	10:08.76 S	F	Grace Bruneau	14	2023-12-03	Delta Distance LMR
9	10:09.33 S	F	*I Faye Ling	14	2001-03-01	B.C. Provincial Championships
10	10:17.69 S	F	Harleen Rai	14	2022-11-11	2022 Hyack Brad Reid Memorial Invitational
<b>Female 13-14 1500 Free</b>						
1	18:43.39 S	F	Grace Bruneau	14	2024-06-28	2024 BC Summer Divisionals VFD
2	18:47.69 S	F	*I Yi Han Wu	13	2008-11-08	Fall into Finals 2008
3	19:07.13 S	F	*I Kirra Trites	13	2020-01-25	Knights Winter Fest
4	19:24.01 S	F	*I Chantelle Boduel	14	2005-12-10	SFU-SFA LMR swim meet
5	19:43.27 S	F	Harleen Rai	14	2023-02-17	2023 BC Winter Divisionals - Van & Fraser
6	20:01.81 S	F	*I Faye Ling	13	1999-11-20	LOWER MAINLAND REG
7	20:12.12 S	F	*I Kayah Apanowicz	14	2021-03-08	March End of Cycle Test Meet - Unofficial
8	20:19.23 S	F	*I Nicole Boduel	14	2002-10-26	2002 PSW LMR
9	20:32.40 S	F	*I Morgan Karkling	14	2004-04-17	17-04-04 Haney Regional
10	20:32.56 S	F	Chloe Meredith Jensen	13	2019-04-13	2019 Spartan 11 and under and LMR Distar
<b>Female 13-14 50 Back</b>						
1	31.52 S	F	*I Elena Penner	14	2015-03-05	2015 Swim BC SC AAA Age Group Champi
2	32.17 S L	F	Grace Bruneau	14	2024-06-28	2024 BC Summer Divisionals VFD
3	32.33 S	T	*I Logan Warkentin	14	2014-01-31	2014 Swim BC AAA Short Course Age Grou
4	32.42 S	F	Rebecca Soroke	13	2022-06-24	2022 BC Summer Divisionals-Vancouver Cc
5	32.62 S	F	*I Chantelle Boduel	14	2005-12-02	Fastswim 2005
6	33.47 S	F	Chloe Meredith Jensen	13	2019-12-13	Richmond Rapids FastSwim Classic 2019
7*	33.97 S L	F	*I Jenna-Sarah McDonald	14	2011-02-11	BC AACampionships - Winter 2011
7*	33.97 S	F	*I Louisa Chan	14	2004-12-03	FASTSWIM2004
9	34.42 S L	F	Reena Paul	14	2004-05-08	Sungod - LMR Regional
10	34.43 S	F	*I Sarveen Sangha	14	2017-12-15	2017 FastSwim
<b>Female 13-14 100 Back</b>						
1	1:05.29 S	F	*I Chantelle Boduel	14	2006-02-16	Western SC Champs 2006
2	1:08.98 S	F	Grace Bruneau	13	2023-06-23	2023 BC Summer Divisionals - VFD
3	1:09.44 S	F	Chloe Meredith Jensen	13	2019-12-13	Richmond Rapids FastSwim Classic 2019
4	1:10.98 S	F	*I Logan Warkentin	14	2013-12-13	Fastswim 2013
5	1:11.31 S	F	*I Faye Ling	14	2000-12-01	Richmond Rapids Fastswim Class
6	1:11.81 S	F	*I Louisa Chan	14	2004-12-03	FASTSWIM2004

## Delta Sungod Swim Club

### Individual Top Times

Number of Top Times: 10 Show Short Course Only

	Time	P/F/S	Name	Age/Yr		
7	1:12.94 S	F	*I Hailey Penner	14	2016-10-29	2016 VPSC Invitational
8	1:13.00 S	F	*I Jacelyn Wu	14	2017-06-17	Lower Mainland Regional Championships
9	1:13.21 S L	F	Rebecca Soroke	14	2023-06-23	2023 BC Summer Divisionals - VFD
10	1:13.50 S	F	*I Alexandra Lindsay	14	2007-02-17	Rapids "AAA" Qualifier
<b>Female 13-14 200 Back</b>						
1	2:23.71 S	F	*I Chantelle Boduel	14	2006-02-16	Western SC Champs 2006
2	2:29.81 S	F	Chloe Meredith Jensen	13	2019-11-08	2019 Brad Reid Memorial Invitational
3	2:31.33 S	F	*I Faye Ling	14	2001-03-01	B.C. Provincial Championships
4	2:31.52 S	F	*I Alexandra Lindsay	14	2007-02-17	Rapids "AAA" Qualifier
5	2:32.44 S	P	Logan Warkentin	14	2014-01-31	2014 Swim BC SC AAA Short Course Age Grou
6	2:33.04 S	P	*I Claudia Baxter	14	2015-03-05	2015 Swim BC SC AAA Age Group Champi
7	2:34.18 S	F	*I Louisa Chan	14	2004-12-03	FASTSWIM2004
8	2:35.27 S	P	*I Kirra Trites	13	2019-12-13	Richmond Rapids FastSwim Classic 2019
9	2:36.22 S	F	*I Reena Paul	14	2004-02-26	BC Winter Games 2004
10	2:36.32 S	P	*I Hailey Penner	13	2015-11-13	2015 Hyack Fall into Finals
<b>Female 13-14 50 Breast</b>						
1	34.19 S	F	Madelyn Paredes Troughton	14	2024-07-27	SKSC Summerfest 2024
2	35.39 S	F	*I Claudia Baxter	14	2015-03-05	2015 Swim BC SC AAA Age Group Champi
3	35.71 S	F	*I Kayah Apanowicz	14	2021-05-05	2021 Wave Maker Virtual Meet
4	37.31 S	F	Rebecca Soroke	14	2023-11-10	2023 Brad Reid Memorial
5	37.46 S	F	Chloe Meredith Jensen	13	2019-11-08	2019 Brad Reid Memorial Invitational
6	37.79 S	F	Noelle Evans	14	2023-12-14	FastSwim Classic 2023
7	38.08 S	P	Gabrielle Wang	14	2024-12-19	FastSwim Classic 2024
8	38.10 S	F	*I Elena Penner	14	2014-12-12	2014 FastSwim
9	38.24 S	F	Grace Bruneau	13	2023-03-11	DELTA March LMR Meet
10	38.37 S	F	*I Hailey Penner	13	2015-11-13	2015 Hyack Fall into Finals
<b>Female 13-14 100 Breast</b>						
1	1:16.17 S	F	Madelyn Paredes Troughton	14	2023-12-14	FastSwim Classic 2023
2	1:16.73 S	F	*I Claudia Baxter	14	2015-03-05	2015 Swim BC SC AAA Age Group Champi
3	1:17.24 S	F	*I Kayah Apanowicz	14	2020-12-16	2020 DF Invitational
4	1:20.36 S	P	Grace Bruneau	14	2024-06-28	2024 BC Summer Divisionals VFD
5	1:20.46 S	P	*I Hannah Milic	14	2015-12-11	2015 FastSwim
6	1:20.83 S	P	*I Emily Morris	14	2013-02-28	SwimBC SC AAA Age Group Championship
7	1:21.77 S	F	Rebecca Soroke	14	2023-10-28	Winskill LMR 2023
8	1:22.33 S	F	Noelle Evans	14	2023-12-14	FastSwim Classic 2023
9	1:22.44 S	F	Chloe Meredith Jensen	13	2019-06-01	LMR Championships June 1 & 2 2019
10	1:23.16 S	F	*I Hailey Penner	13	2015-10-17	PSW Fall Invitational
<b>Female 13-14 200 Breast</b>						
1	2:43.85 S	F	*I Claudia Baxter	14	2015-03-05	2015 Swim BC SC AAA Age Group Champi
2	2:44.00 S	F	Madelyn Paredes Troughton	14	2024-07-27	SKSC Summerfest 2024
3	2:49.07 S	F	Grace Bruneau	14	2024-02-23	2024 BC WinterDivisionals- VFD
4	2:50.94 S	F	*I Kayah Apanowicz	14	2021-03-08	March End of Cycle Test Meet - Unofficial
5	2:54.00 S	F	*I Francine Ling	13	1996-11-16	HYACK LMR
6	2:54.26 S	P	*I Hannah Milic	14	2015-12-11	2015 FastSwim
7	2:54.34 S	F	Chloe Meredith Jensen	13	2019-12-13	Richmond Rapids FastSwim Classic 2019
8	2:54.76 S	F	*I Hailey Penner	13	2015-11-13	2015 Hyack Fall into Finals
9	2:56.66 S	P	*I Emily Morris	14	2013-02-28	SwimBC SC AAA Age Group Championship
10	2:57.74 S	P	*I Tia DeCecco	14	2010-12-03	Fastswim 2010
<b>Female 13-14 50 Fly</b>						
1	28.54 S	F	Rebecca Soroke	14	2023-12-14	FastSwim Classic 2023
2	28.89 S	F	*I Elena Penner	14	2015-03-05	2015 Swim BC SC AAA Age Group Champi
3	30.20 S	F	*I Hailey Penner	13	2015-12-11	2015 FastSwim
4	30.70 S	F	*I Logan Warkentin	14	2013-12-13	Fastswim 2013

## Delta Sungod Swim Club

### Individual Top Times

Number of Top Times: 10 Show Short Course Only

	Time	P/F/S	Name	Age/Yr		
5	31.14 S	F	Grace Bruneau	13	2023-02-17	2023 BC Winter Divisionals - Van & Fraser
6	31.30 S	F	*I Francine Ling	13	1996-11-16	HYACK LMR
7	31.44 S	F	Madelyn Paredes Troughton	14	2024-02-23	2024 BC WinterDivisionals- VFD
8*	31.58 S	F	*I Kayah Apanowicz	14	2020-11-01	Race Simulation Nov 2020 - RAPIDS ONLY
8*	31.58 S	F	*I Chantelle Boduel	14	2006-02-16	Western SC Champs 2006
10	32.02 S	F	*I Hannah Milic	14	2016-02-12	2016 Swim BC Short Course AA Champions
<b>Female 13-14 100 Fly</b>						
1	1:04.45 S	F	Rebecca Soroke	14	2023-10-28	Winskill LMR 2023
2	1:05.62 S	F	*I Hailey Penner	14	2017-03-02	2017 Swim BC SC AAA Championships
3	1:06.75 S	F	*I Elena Penner	13	2014-01-31	2014 Swim BC AAA Short Course Age Grou
4	x1:08.06 S	P	Madelyn Paredes Troughton	14	2024-06-28	2024 BC Summer Divisionals VFD
5	1:08.09 S	F	Grace Bruneau	13	2023-06-23	2023 BC Summer Divisionals - VFD
6	1:10.03 S	P	*I Hannah Milic	14	2016-02-12	2016 Swim BC Short Course AA Champions
7	1:11.55 S	F	*I Chantelle Boduel	14	2006-02-23	Winter Games 06
8	1:11.74 S	F	*I Louisa Chan	14	2004-12-03	FASTSWIM2004
9	1:11.78 S	F	*I Kayah Apanowicz	14	2021-05-05	2021 Wave Maker Virtual Meet
10	1:11.97 S	P	*I Amaris Gutierrez Sandoval	14	2015-12-11	2015 FastSwim
<b>Female 13-14 200 Fly</b>						
1	2:24.61 S	F	Rebecca Soroke	14	2023-11-10	2023 Brad Reid Memorial
2	2:26.97 S	P	*I Hailey Penner	14	2017-03-02	2017 Swim BC SC AAA Championships
3	2:32.71 S	F	*I Hannah Milic	14	2016-02-12	2016 Swim BC Short Course AA Champions
4	2:33.74 S	F	Grace Bruneau	13	2023-06-23	2023 BC Summer Divisionals - VFD
5	2:38.56 S	F	*I Imelda Chan	14	2007-11-30	Fastswim 2007
6	2:38.65 S	F	*I Amaris Gutierrez Sandoval	14	2016-02-12	2016 Swim BC Short Course AA Champions
7	2:38.67 S	F	*I Elena Penner	13	2014-01-31	2014 Swim BC AAA Short Course Age Grou
8	2:39.23 S	F	*I Louisa Chan	14	2004-12-03	FASTSWIM2004
9	2:41.93 S	P	*I Alexandra Lindsay	14	2007-03-01	2007 TAS Provincial Short Course Champio
10	2:44.70 S	P	*I Tia DeCecco	13	2010-03-04	2010 TAS BC AAA SC Championships
<b>Female 13-14 100 IM</b>						
1	1:10.40 S	F	Rebecca Soroke	13	2022-07-22	2022 BC Summer Games
2	1:13.22 S	F	*I Kayah Apanowicz	14	2021-05-05	2021 Wave Maker Virtual Meet
3	1:13.25 S	F	*I Hailey Penner	14	2016-10-29	2016 VPSC Invitational
4	1:13.66 S	P	Grace Bruneau	14	2023-12-14	FastSwim Classic 2023
5	1:13.84 S	F	*I Faye Ling	14	2000-10-28	Octoboofest Classic
6	1:14.38 S	F	*I Chantelle Boduel	14	2005-10-15	PSW Fall Invitational 2005
7	1:14.45 S	P	Madelyn Paredes Troughton	14	2023-12-14	FastSwim Classic 2023
8	1:15.32 S	P	*I Alexandra Lindsay	14	2007-03-31	Team Sungod Spring Invitational 2007
9	1:15.62 S	F	*I Louisa Chan	14	2004-02-14	SFU-WVOSC February LMR
10	1:15.81 S	F	Chloe Meredith Jensen	13	2019-10-26	DSSC Halloween Fun Meet
<b>Female 13-14 200 IM</b>						
1	2:26.09 S	F	*I Hailey Penner	14	2017-03-02	2017 Swim BC SC AAA Championships
2	2:28.15 S	F	Grace Bruneau	14	2023-12-14	FastSwim Classic 2023
3	2:30.44 S	F	Madelyn Paredes Troughton	14	2024-02-23	2024 BC WinterDivisionals- VFD
4	2:33.58 S	F	Rebecca Soroke	14	2023-10-28	Winskill LMR 2023
5	2:33.82 S	F	*I Elena Penner	13	2014-01-31	2014 Swim BC AAA Short Course Age Grou
6	2:34.23 S	F	*I Hannah Milic	14	2016-02-12	2016 Swim BC Short Course AA Champions
7	2:34.95 S	P	*I Chantelle Boduel	14	2006-02-02	TAS BC Provincial Swimming Championship
8	2:37.14 S	P	*I Faye Ling	14	2001-03-01	B.C. Provincial Championships
9	2:37.73 S	F	*I Kayah Apanowicz	14	2021-03-08	March End of Cycle Test Meet - Unofficial
10	2:37.97 S	F	*I Francine Ling	13	1996-11-16	HYACK LMR
<b>Female 13-14 400 IM</b>						
1	5:13.37 S	F	Madelyn Paredes Troughton	14	2024-06-28	2024 BC Summer Divisionals VFD
2	5:13.90 S	P	*I Hailey Penner	14	2017-03-02	2017 Swim BC SC AAA Championships

## Delta Sungod Swim Club

### Individual Top Times

Number of Top Times: 10 Show Short Course Only

	Time	P/F/S	Name	Age/Yr		
3	5:15.47 S	F	Grace Bruneau	14	2023-12-14	FastSwim Classic 2023
4	5:24.60 S	P *I	Hannah Milic	14	2016-02-12	2016 Swim BC Short Course AA Champions
5	5:30.54 S	P *I	Reena Paul	14	2004-02-05	BC Age Group Champs
6	5:31.14 S	F *I	Louisa Chan	14	2004-12-03	FASTSWIM2004
7	5:31.71 S	P *I	Alexandra Lindsay	14	2007-03-31	Team Sungod Spring Invitational 2007
8	5:33.17 S	F	Kayah Apanowicz	14	2021-03-08	March End of Cycle Test Meet - Unofficial
9	5:33.63 S	P *I	Faye Ling	14	2001-02-03	2001 B.C. Senior Champs.
10	5:37.47 S	F *I	Kirra Trites	13	2019-06-01	LMR Championships June 1 & 2 2019
<b>Female 15 &amp; Over 50 Free</b>						
1	27.01 S	P *I	Francine Ling	16	1999-12-03	FASTSWIM CLASSIC SC
2*	27.57 S	F *I	Elena Penner	15	2015-07-09	NRST July Time Trial
2*	27.57 S	P *I	Faye Ling	17	2003-11-28	Fastswim Classic 2003
4	27.71 S	F *I	Louisa Chan	17	2007-11-09	FV HS Meet - Nov 8
5	27.82 S	F	Chloe Meredith Jensen	17	2023-12-14	FastSwim Classic 2023
6	28.04 S	F *I	Hailey Penner	15	2018-06-23	DSSC Time Trial 1
7	28.15 S	P *I	Nora Kennich	16	2023-11-10	2023 Brad Reid Memorial
8	28.21 S	F *I	Aurora Zheng	16	2018-12-14	2018 FastSwim
9	28.23 S	F *I	Kayah Apanowicz	17	2024-02-23	2024 BC WinterDivisionals- VFD
10	28.29 S	P *I	Chantelle Boduel	15	2007-02-15	Western Canadian Nationals
<b>Female 15 &amp; Over 100 Free</b>						
1	58.69 S	F *I	Francine Ling	18	2001-12-01	Fastswim 2001
2	59.67 S	P *I	Faye Ling	16	2003-02-20	Western Canadian Championships
3	59.88 S	F	Chloe Meredith Jensen	17	2023-12-14	FastSwim Classic 2023
4	1:00.16 S	P *I	Louisa Chan	18	2008-02-14	2008 Speedo Western Canadian Champion
5	1:00.70 S	P *I	Chantelle Boduel	15	2007-02-15	Western Canadian Nationals
6	1:00.93 S	P *I	Elena Penner	15	2016-03-03	2016 Swim BC SC AAA Championships
7	1:00.98 S	F *I	Kayah Apanowicz	17	2023-12-14	FastSwim Classic 2023
8	1:01.66 S	F *I	Aurora Zheng	16	2018-06-23	DSSC Time Trial 1
9	1:01.70 S	F	Rebecca Soroke	15	2024-01-27	SKSC Winterfest 2024
10*	1:02.33 S	F	Grace Bruneau	15	2024-11-08	2024 Brad Reid Memorial
10*	1:02.33 S	F *I	Nora Kennich	16	2023-11-10	2023 Brad Reid Memorial
<b>Female 15 &amp; Over 200 Free</b>						
1	2:07.05 S	F *I	Francine Ling	17	2001-03-01	B.C. Provincial Championships
2	2:09.38 S	P *I	Faye Ling	17	2004-02-19	2004 Western Canadian Championships
3	2:09.73 S	F *I	Louisa Chan	17	2007-03-01	2007 TAS Provincial Short Course Champio
4	2:11.32 S	F *I	Chantelle Boduel	15	2007-01-20	Hyack Icebreaker
5	2:11.99 S	P *I	Alexandra Lindsay	16	2009-02-26	2009 TAS BC AAA SC Championships
6	2:12.61 S	F	Chloe Meredith Jensen	18	2024-02-23	2024 BC WinterDivisionals- VFD
7	2:13.88 S	P *I	Nicole Boduel	15	2004-02-19	2004 Western Canadian Championships
8	2:14.40 S	F *I	Laina Steeple	17	2001-01-19	Chena Groundhog Swim
9	2:15.16 S	F *I	Aurora Zheng	16	2018-06-16	LMR Championships June 16,17, 2018
10	2:15.38 S	P	Madelyn Paredes Troughton	15	2024-12-19	FastSwim Classic 2024
<b>Female 15 &amp; Over 400 Free</b>						
1	4:30.42 S	P *I	Francine Ling	17	2000-11-10	Island Pacific Cup
2	4:33.47 S	P *I	Louisa Chan	18	2008-02-14	2008 Speedo Western Canadian Champion
3	4:35.71 S	P *I	Alexandra Lindsay	16	2009-02-26	2009 TAS BC AAA SC Championships
4	4:39.87 S	F *I	Faye Ling	16	2003-04-12	Haney "Spring Splash" Classic
5	4:41.29 S	F	Chloe Meredith Jensen	18	2024-02-23	2024 BC WinterDivisionals- VFD
6	4:42.25 S	P *I	Laina Steeple	17	2000-11-10	Island Pacific Cup
7	4:44.05 S	F	Grace Bruneau	15	2024-12-19	FastSwim Classic 2024
8	4:45.42 S	F *I	Kirra Trites	15	2021-06-28	DSSC Season Wrap Up
9	4:46.71 S	P *I	Aurora Zheng	16	2018-12-14	2018 FastSwim
10	4:47.02 S	P *I	Morgan Karkling	17	2007-03-01	2007 TAS Provincial Short Course Champio

## Delta Sungod Swim Club

### Individual Top Times

Number of Top Times: 10 Show Short Course Only

Time	P/F/S	Name	Age/Yr		
<b>Female 15 &amp; Over 800 Free</b>					
1	9:25.06 S	F *I Alexandra Lindsay	16	2009-02-26	2009 TAS BC AAA SC Championships
2	9:28.58 S	F *I Francine Ling	17	2000-12-01	Richmond Rapids Fastswim Class
3	x9:34.57 S	F *I Louisa Chan	16	2006-12-09	SFU-SFA December LMR swim meet
4	9:40.18 S	F *I Kirra Trites	15	2021-05-22	Spartan CSI Carded Meet
5	9:42.53 S	F *I Faye Ling	16	2003-04-12	Haney "Spring Splash" Classic
6	9:45.17 S	F *I Laina Steeple	17	2000-11-11	DSSC LMR November, 2000
7	9:53.08 S	F *I Nicole Boduel	15	2004-02-05	BC Age Group Champs
8	9:54.51 S	F *I Hailey Penner	15	2017-12-03	DSSC Distance LMR
9	9:54.67 S	F *I Courtney Briggs	15	2004-02-05	BC Age Group Champs
10	9:55.35 S	F *I Morgan Karkling	17	2007-03-01	2007 TAS Provincial Short Course Champio
<b>Female 15 &amp; Over 1500 Free</b>					
1	18:32.45 S	F *I Faye Ling	16	2003-04-12	Haney "Spring Splash" Classic
2	18:34.16 S	F *I Francine Ling	15	1999-01-09	DSSC TIMETRIAL II
3	18:34.46 S	F *I Kirra Trites	15	2021-12-05	DELTA Distance LMR
4	18:55.28 S	F *I Louisa Chan	15	2005-04-16	Haney Spring Splash Classic IV
5	19:02.81 S	F *I Laina Steeple	15	1998-11-21	DSSC TIMETRIAL I
6	19:27.02 S	F *I Hailey Penner	16	2019-04-13	2019 Spartan 11 and under and LMR Distar
7	19:28.95 S	F *I Courtney Briggs	15	2003-04-12	Haney "Spring Splash" Classic
8	19:31.90 S	F Chloe Meredith Jensen	15	2021-03-08	March End of Cycle Test Meet - Unofficial
9	19:40.30 S	F *I Kayah Apanowicz	15	2022-04-09	2022 Rubber Ducky and LMR Distance
10	19:49.76 S	F *I Jada Evans	17	2022-02-05	LMR Champs East
<b>Female 15 &amp; Over 50 Back</b>					
1	30.80 S	F *I Elena Penner	15	2015-12-11	2015 FastSwim
2	30.95 S	P *I Chantelle Boduel	15	2007-02-15	Western Canadian Nationals
3	31.47 S	F Rebecca Soroke	15	2024-02-23	2024 BC WinterDivisionals- VFD
4	31.54 S	P Chloe Meredith Jensen	16	2022-03-10	BC Winter Provincials
5	31.84 S L	F *I Nicole Boduel	16	2005-02-03	2005 TAS AAA Championshipst
6	32.34 S	F *I Reena Paul	16	2006-02-16	Western SC Champs 2006
7	32.37 S	P *I Faye Ling	17	2004-02-19	2004 Western Canadian Championships
8	x32.51 S	F Annalena Bayer	15	2024-11-08	2024 Brad Reid Memorial
9	32.76 S	P *I Logan Warkentin	15	2015-03-05	2015 Swim BC SC AAA Age Group Champi
10	32.79 S	F *I Louisa Chan	18	2008-01-26	New Years Invitational 2008
<b>Female 15 &amp; Over 100 Back</b>					
1	1:05.14 S	F *I Chantelle Boduel	15	2007-02-15	Western Canadian Nationals
2	1:05.95 S	P *I Francine Ling	18	2001-12-01	Fastswim 2001
3	1:06.29 S	F *I Elena Penner	15	2016-03-03	2016 Swim BC SC AAA Championships
4	1:07.54 S	F *I Nicole Boduel	15	2004-02-19	2004 Western Canadian Championships
5	1:07.71 S	F Chloe Meredith Jensen	15	2021-12-17	FastSwim 2021
6	1:07.84 S	P *I Faye Ling	17	2004-02-19	2004 Western Canadian Championships
7	1:08.50 S	F *I Louisa Chan	16	2006-11-09	Fraser valley HS A
8	1:09.43 S	F *I Claudia Baxter	15	2015-12-11	2015 FastSwim
9	x1:09.50 S	F *I Reena Paul	15	2005-05-07	BOGDONOV PAO LMR SWIM MEET
10	1:09.60 S	F *I Laina Steeple	17	2000-11-11	DSSC LMR November, 2000
<b>Female 15 &amp; Over 200 Back</b>					
1	2:21.95 S	F *I Chantelle Boduel	15	2007-03-01	2007 TAS Provincial Short Course Champio
2	2:24.04 S	F Chloe Meredith Jensen	15	2021-12-17	FastSwim 2021
3	2:26.19 S	P *I Faye Ling	17	2004-02-19	2004 Western Canadian Championships
4	2:26.53 S	F *I Francine Ling	17	2001-01-19	Chena Groundhog Swim
5	2:27.13 S	F *I Alexandra Lindsay	17	2010-01-16	2010 Hyack Icebreaker Classic
6	2:27.42 S	P *I Hailey Penner	16	2018-12-14	2018 FastSwim
7	2:27.43 S	P *I Louisa Chan	17	2007-02-15	Western Canadian Nationals
8	2:27.53 S	F *I Nicole Boduel	15	2004-02-19	2004 Western Canadian Championships

## Delta Sungod Swim Club

### Individual Top Times

Number of Top Times: 10 Show Short Course Only

	Time	P/F/S	Name	Age/Yr		
9	x2:27.65 S	F	*I Reena Paul	15	2005-05-07	BOGDONOV PAO LMR SWIM MEET
10	2:28.98 S	P	*I Laina Steeple	17	2001-03-01	B.C. Provincial Championships
<b>Female 15 &amp; Over 50 Breast</b>						
1	34.02 S	F	*I Francine Ling	18	2002-02-22	2002 CIS Swimming Championship
2	34.26 S	F	Madelyn Paredes Troughton	15	2024-12-19	FastSwim Classic 2024
3	34.71 S	P	*I Kayah Apanowicz	15	2021-12-17	FastSwim 2021
4	35.15 S	F	*I Claudia Baxter	16	2016-12-09	2016 FastSwim
5	35.68 S	F	Chloe Meredith Jensen	17	2023-02-17	2023 BC Winter Divisionals - Van & Fraser
6	36.86 S	P	*I Aurora Zheng	16	2018-12-14	2018 FastSwim
7	37.17 S	P	*I Alix Main	16	2013-12-13	Fastswim 2013
8*	37.29 S	P	Noelle Evans	15	2024-12-19	FastSwim Classic 2024
8*	37.29 S	F	*I Faye Ling	16	2003-04-12	Haney "Spring Splash" Classic
10	37.97 S	F	*I Hannah Milic	17	2018-12-14	2018 FastSwim
<b>Female 15 &amp; Over 100 Breast</b>						
1	1:13.57 S	P	*I Francine Ling	16	1999-12-03	FASTSWIM CLASSIC SC
2	1:14.38 S	F	Madelyn Paredes Troughton	15	2024-12-19	FastSwim Classic 2024
3	1:14.72 S	P	*I Claudia Baxter	16	2017-03-02	2017 Swim BC SC AAA Championships
4	1:15.85 S	F	*I Kayah Apanowicz	17	2023-06-23	2023 BC Summer Divisionals - VFD
5	1:18.16 S	F	*I Hailey Penner	16	2018-12-14	2018 FastSwim
6	1:18.24 S	F	*I Louisa Chan	17	2007-03-01	2007 TAS Provincial Short Course Champio
7	1:18.34 S	F	Chloe Meredith Jensen	16	2022-06-24	2022 BC Summer Divisionals-Vancouver Cc
8	1:19.01 S	F	*I Alix Main	16	2014-02-28	2014 Swim BC Short Course AA Champions
9	1:19.38 S	F	Noelle Evans	15	2024-12-19	FastSwim Classic 2024
10	1:20.11 S	P	*I Hannah Milic	15	2016-03-03	2016 Swim BC SC AAA Championships
<b>Female 15 &amp; Over 200 Breast</b>						
1	2:39.49 S S	F	*I Francine Ling	15	1999-03-04	BC S/C CHAMPS
2	2:42.16 S	F	*I Claudia Baxter	16	2017-03-02	2017 Swim BC SC AAA Championships
3	2:44.19 S	F	Madelyn Paredes Troughton	15	2024-12-19	FastSwim Classic 2024
4	2:45.25 S	F	Chloe Meredith Jensen	17	2023-06-23	2023 BC Summer Divisionals - VFD
5	2:47.63 S	F	*I Hailey Penner	16	2018-12-14	2018 FastSwim
6	2:48.70 S	F	*I Kayah Apanowicz	15	2022-01-22	DSSC January Time Trial
7	2:51.14 S	P	*I Courtney Briggs	16	2005-02-03	2005 TAS AAA Championshipst
8	2:51.29 S	F	Grace Bruneau	15	2024-11-08	2024 Brad Reid Memorial
9	2:51.76 S	F	*I Aurora Zheng	16	2018-06-16	LMR Championships June 16,17, 2018
10	2:52.05 S	F	Noelle Evans	15	2024-02-23	2024 BC WinterDivisionals- VFD
<b>Female 15 &amp; Over 50 Fly</b>						
1	29.03 S	F	*I Francine Ling	16	2000-02-18	JR\Youth Nationals
2	29.19 S	F	*I Claudia Baxter	16	2016-12-09	2016 FastSwim
3	29.21 S	F	*I Elena Penner	15	2016-03-03	2016 Swim BC SC AAA Championships
4	29.44 S	F	Rebecca Soroke	15	2024-01-27	SKSC Winterfest 2024
5	30.16 S	F	*I Kayah Apanowicz	17	2023-06-30	DELTA June Time Trial
6*	30.49 S	P	*I Louisa Chan	18	2008-02-14	2008 Speedo Western Canadian Champion
6*	30.49 S	P	*I Hailey Penner	16	2018-12-14	2018 FastSwim
8	30.61 S	P	Grace Bruneau	15	2024-12-19	FastSwim Classic 2024
9	30.64 S	P	*I Logan Warkentin	15	2015-03-05	2015 Swim BC SC AAA Age Group Champi
10	30.95 S	F	Annalena Bayer	15	2024-12-19	FastSwim Classic 2024
<b>Female 15 &amp; Over 100 Fly</b>						
1	1:04.54 S	F	*I Francine Ling	18	2002-02-22	2002 CIS Swimming Championship
2	1:05.67 S	F	Rebecca Soroke	15	2024-01-27	SKSC Winterfest 2024
3	1:05.92 S	F	*I Claudia Baxter	16	2016-12-09	2016 FastSwim
4	1:06.02 S	P	*I Louisa Chan	18	2008-02-14	2008 Speedo Western Canadian Champion
5	1:06.05 S	F	*I Hailey Penner	16	2018-12-14	2018 FastSwim
6	1:07.35 S	P	*I Elena Penner	15	2016-03-03	2016 Swim BC SC AAA Championships

## Delta Sungod Swim Club

### Individual Top Times

Number of Top Times: 10 Show Short Course Only

	Time	P/F/S	Name	Age/Yr		
7	1:07.37 S	F	*I Kayah Apanowicz	17	2023-11-10	2023 Brad Reid Memorial
8	1:07.71 S	F	Grace Bruneau	15	2024-12-19	FastSwim Classic 2024
9	1:09.51 S	F	*I Alexandra Lindsay	16	2009-04-04	Team Sungod April Fool's Invitational 2009
10	1:10.32 S	F	*I Imelda Chan	16	2009-12-04	Fastswim 2009
<b>Female 15 &amp; Over 200 Fly</b>						
1	2:22.34 S	F	*I Louisa Chan	18	2008-02-14	2008 Speedo Western Canadian Champion
2	2:23.93 S	F	*I Hailey Penner	16	2018-12-14	2018 FastSwim
3	2:27.12 S	F	Rebecca Soroke	15	2024-01-27	SKSC Winterfest 2024
4	2:28.47 S	F	Grace Bruneau	15	2024-12-19	FastSwim Classic 2024
5	2:28.77 S	F	*I Francine Ling	17	2001-01-19	Chena Groundhog Swim
6	2:30.70 S	F	*I Alexandra Lindsay	16	2009-04-04	Team Sungod April Fool's Invitational 2009
7	x2:31.72 S	F	*I Courtney Briggs	16	2004-11-20	Spartan LMR November 2004
8	2:32.57 S	F	*I Imelda Chan	16	2009-12-04	Fastswim 2009
9	2:35.10 S	F	*I Hannah Milic	17	2018-12-14	2018 FastSwim
10	2:41.97 S	F	*I Kirra Trites	15	2021-06-28	DSSC Season Wrap Up
<b>Female 15 &amp; Over 100 IM</b>						
1	1:08.42 S	F	*I Kayah Apanowicz	16	2022-12-15	FastSwim 2022
2	1:09.57 S	P	Chloe Meredith Jensen	16	2022-12-15	FastSwim 2022
3	1:09.84 S	P	*I Louisa Chan	16	2006-10-14	PSW 2006 Invitational
4	1:10.58 S	F	Rebecca Soroke	15	2024-06-15	DELTA June Fun Meet
5	1:11.37 S	F	*I Hailey Penner	16	2019-06-29	DSSC June Fun Meet
6	1:11.46 S	F	*I Faye Ling	17	2003-10-25	PSW LMR 2003
7	1:13.28 S	F	Grace Bruneau	15	2024-12-14	Delta December Fun Meet
8	1:13.38 S	F	*I Reena Paul	15	2005-03-05	Team Sungod Regional Meet
9	1:14.07 S	F	Madelyn Paredes Troughton	15	2024-12-14	Delta December Fun Meet
10	1:14.21 S	F	*I Elena Penner	16	2016-10-29	2016 VPSC Invitational
<b>Female 15 &amp; Over 200 IM</b>						
1	2:20.51 S	F	*I Francine Ling	18	2002-02-22	2002 CIS Swimming Championship
2	2:25.13 S	F	*I Hailey Penner	16	2018-12-14	2018 FastSwim
3	2:25.34 S	F	*I Louisa Chan	17	2007-02-15	Western Canadian Nationals
4	2:26.68 S	F	Chloe Meredith Jensen	17	2023-02-17	2023 BC Winter Divisionals - Van & Fraser
5	2:28.43 S	F	*I Kayah Apanowicz	16	2023-02-17	2023 BC Winter Divisionals - Van & Fraser
6	2:30.59 S	F	*I Alexandra Lindsay	16	2009-04-04	Team Sungod April Fool's Invitational 2009
7	2:30.90 S	F	Grace Bruneau	15	2024-11-08	2024 Brad Reid Memorial
8	2:31.41 S	P	*I Faye Ling	17	2003-11-07	Island Pacific Cup
9	2:31.47 S	P	*I Chantelle Boduel	15	2007-03-01	2007 TAS Provincial Short Course Champio
10	2:31.89 S	P	*I Laina Steeple	17	2001-01-19	Chena Groundhog Swim
<b>Female 15 &amp; Over 400 IM</b>						
1	5:02.66 S	P	*I Francine Ling	16	1999-12-03	FASTSWIM CLASSIC SC
2	5:08.35 S	F	*I Louisa Chan	17	2007-03-01	2007 TAS Provincial Short Course Champio
3	5:12.68 S	P	*I Alexandra Lindsay	16	2009-02-26	2009 TAS BC AAA SC Championships
4	5:15.22 S	F	Grace Bruneau	15	2024-12-19	FastSwim Classic 2024
5	5:17.26 S	P	*I Hailey Penner	15	2017-11-10	2017 Hyack Fall into Finals
6	5:17.65 S	P	*I Laina Steeple	17	2001-03-01	B.C. Provincial Championships
7	5:22.51 S	F	*I Hannah Milic	17	2018-12-14	2018 FastSwim
8	5:23.91 S	F	*I Kayah Apanowicz	17	2023-11-10	2023 Brad Reid Memorial
9	5:24.09 S	F	Chloe Meredith Jensen	17	2023-12-14	FastSwim Classic 2023
10	5:24.63 S	P	*I Courtney Briggs	16	2005-02-03	2005 TAS AAA Championshipst
<b>Male 10 &amp; Under 50 Free</b>						
1	29.76 S	P	*I Shane Pawluk	1	1999-12-11	WVOSC LMR Champs
2	33.21 S	P	Gurshaan Sangha	10	2019-12-13	Richmond Rapids FastSwim Classic 2019
3	35.05 S	F	*I Jonaas Landry	10	2020-01-18	Winskill Dolphins LMR Meet
4	35.44 S	F	*I Harbir Grewal	10	2015-05-31	DSSC 10 & Under Meet

## Delta Sungod Swim Club

### Individual Top Times

Number of Top Times: 10 Show Short Course Only

	Time	P/F/S	Name	Age/Yr		
5	35.78 S	F	*I Cayden Dececco	10	2012-05-12	May 2012 SFU-SFA LMR swim meet
6	35.80 S	F	*I Jatinder Grewal	10	2018-10-13	PSW Fall Invitational
7	35.92 S	F	*I Matthew Li	1	2002-09-03	2002 March Dynamo-SFU LMR
8*	36.01 S	F	*I Trevor Pearson	10	2006-04-01	Team Sungod April Fool's Invitational 2006
8*	36.01 S	F	*I Mateo Pecotic	10	2022-10-29	October Fun Meet
10*	36.21 S	F	*I Reece Landry	10	2013-04-28	DSSC 10 and Under Sprint Cup
10*	36.21 S	F	*I Martin Klein Viloría	10	2020-01-18	Winskill Dolphins LMR Meet
<b>Male 10 &amp; Under 100 Free</b>						
1	1:16.45 S	F	*I Cayden Dececco	10	2012-05-12	May 2012 SFU-SFA LMR swim meet
2	1:17.24 S	F	*I Jatinder Grewal	10	2018-11-17	SFU-Gator LMR Swim Meet November 201
3	1:18.60 S	F	*I Reece Landry	10	2013-04-20	2013 Spartan Spring LMR
4	1:18.78 S	P	*I Harbir Grewal	10	2014-12-12	2014 FastSwim
5	1:19.09 S	F	*I Shane Pawluk	1	1998-03-08	SPARTANS LMR '98
6	1:19.45 S	F	Gurshaan Sangha	10	2019-12-07	2019 Spartan Santa LMR
7	1:20.80 S	F	*I Marcus Hugo Viloría	10	2017-03-11	DSSC March LMR
8	1:21.43 S	F	*I Martin Klein Viloría	10	2020-02-08	LMR Champs East Feb 8/9, 2020
9	1:22.20 S	F	*I Wilson Liu	10	2016-01-16	DSSC January LMR
10	1:23.11 S	F	*I Matthew Li	1	2002-09-03	2002 March Dynamo-SFU LMR
<b>Male 10 &amp; Under 200 Free</b>						
1	2:29.72 S	F	*I Shane Pawluk	1	1999-10-23	Richmond Rapids LMR
2	2:40.54 S	P	*I Jatinder Grewal	10	2018-12-14	2018 FastSwim
3	2:43.91 S	F	*I Harbir Grewal	10	2015-05-09	DSSC May LMR
4	2:44.13 S	F	*I Cayden Dececco	10	2012-05-12	May 2012 SFU-SFA LMR swim meet
5	2:44.30 S	F	*I Reece Landry	10	2013-03-09	SC LMR Championships
6	2:50.68 S	F	Gurshaan Sangha	10	2019-12-07	2019 Spartan Santa LMR
7	2:57.94 S	P	*I Trevor Pearson	10	2006-04-01	Team Sungod April Fool's Invitational 2006
8	2:58.00 S	F	*I Jonaas Landry	9	2019-12-08	PASS Meet 2
9	2:59.33 S	F	*I Arwin Khangura	10	2022-12-10	2022 Spartan Santa LMR
10	3:00.16 S	F	*I Kevin McDonough	10	2008-05-10	Surrey Knights LMR
<b>Male 10 &amp; Under 400 Free</b>						
1	5:06.30 S	F	*I Shane Pawluk	1	2000-01-22	January 2000 New Millenium Swi
2	5:24.52 S	P	*I Jatinder Grewal	10	2018-12-14	2018 FastSwim
3	5:39.79 S	F	*I Reece Landry	10	2013-03-09	SC LMR Championships
4	5:49.03 S	F	*I Cayden Dececco	10	2012-05-12	May 2012 SFU-SFA LMR swim meet
5	6:06.84 S	F	Gurshaan Sangha	10	2019-12-01	DSSC Distance LMR Meet
6	6:17.69 S	F	*I Yuvraj Rai	10	2017-12-03	DSSC Distance LMR
7	6:20.16 S	F	*I Kevin McDonough	10	2008-05-10	Surrey Knights LMR
8	6:25.91 S	F	*I Noah Landry	10	2010-11-20	Winskill Dolphins LMR
9	6:26.00 S	F	*I Colton DeCecco	10	2003-11-22	Delta Time Trial
10	6:27.93 S	F	*I Cory Bullock	10	2011-05-14	May 2011 SFA-SFU LMR meet
<b>Male 10 &amp; Under 800 Free</b>						
1	11:25.77 S	F	*I Jatinder Grewal	10	2018-12-02	2018 DSSC LMR Distance Meet
2	11:43.15 S	F	*I Harbir Grewal	10	2015-03-05	2015 Swim BC SC AAA Age Group Champi
3	13:09.13 S	F	*I Wilson Liu	10	2015-11-07	DSSC Distance Time Trial #1
4	13:38.78 S	F	*I Shane Pawluk	1	1996-11-23	DSSC TIME TRIAL 1196
5	13:59.37 S	F	*I Akashvir Bhangu	10	2014-11-29	DSSC Distance Time Trial
6	14:07.49 S	F	*I Trevor Pearson	10	2006-05-27	SFU-SFA - Official Split
7	14:58.53 S	F	*I Aaron Zhou	10	2014-03-15	DSSC Distance Time Trial #2
<b>Male 10 &amp; Under 1500 Free</b>						
1	20:08.76 S	F	*I Shane Pawluk	1	2000-04-01	Chena April Fools Meet
2	21:36.77 S	F	*I Jatinder Grewal	10	2018-12-02	2018 DSSC LMR Distance Meet
3	22:54.51 S	F	*I Reece Landry	10	2013-03-09	SC LMR Championships
4	24:03.22 S	F	*I Cayden Dececco	10	2011-11-26	DSSC November LMR Meet 2011

## Delta Sungod Swim Club

### Individual Top Times

Number of Top Times: 10 Show Short Course Only

	Time	P/F/S	Name	Age/Yr		
5	25:30.46 S	F	*I Noah Landry	10	2010-12-11	Haney Holiday LMR
6	27:03.49 S	F	*I Trevor Pearson	10	2006-05-27	SFU-SFA May 2006 LMR meet
<b>Male 10 &amp; Under 50 Back</b>						
1	29.08 S L	F	*I Matthew Li	1	2002-09-03	2002 March Dynamo-SFU LMR
2	39.24 S	F	*I Shane Pawluk	1	1999-10-23	Richmond Rapids LMR
3	40.59 S L	F	*I Wilson Liu	10	2016-01-16	DSSC January LMR
4	41.20 S	F	Theo Wong	10	2024-07-27	SKSC Summerfest 2024
5	41.61 S	P	*I Jatinder Grewal	10	2018-12-14	2018 FastSwim
6	42.21 S	F	*I Reece Landry	10	2013-04-28	DSSC 10 and Under Sprint Cup
7	42.87 S	F	*I Harbir Grewal	10	2015-04-25	2015 10 & Under Spartan Spring Sprint
8	43.74 S	F	*I Cayden Dececco	10	2011-11-26	DSSC November LMR Meet 2011
9	44.88 S	F	*I Aaron Zhou	10	2014-05-24	DSSC 10 & Under Sprint Cup
10	45.09 S	F	*I Mateo Pecotic	10	2022-11-11	2022 Hyack Brad Reid Memorial Invitational
<b>Male 10 &amp; Under 100 Back</b>						
1	1:26.06 S S	F	*I Shane Pawluk	1	1999-03-27	CHENA L.M.R. MEET
2	1:27.86 S	F	Theo Wong	10	2024-10-05	2024 Spartan Sprint Starter
3	1:28.42 S	F	*I Harbir Grewal	10	2015-05-09	DSSC May LMR
4	1:29.12 S	P	*I Cayden Dececco	10	2011-11-12	Fall into Finals 2011
5	1:29.35 S	F	*I Reece Landry	10	2013-04-20	2013 Spartan Spring LMR
6	1:30.62 S	F	*I Jatinder Grewal	10	2018-11-17	SFU-Gator LMR Swim Meet November 201
7	1:33.45 S	F	Gurshaan Sangha	10	2019-12-07	2019 Spartan Santa LMR
8	1:33.91 S	P	*I Noah Landry	10	2011-02-11	BC AAChampionships - Winter 2011
9	1:35.85 S	F	*I Cory Bullock	10	2011-10-15	PSW Fall Invitational 2011
10	1:36.11 S	F	*I Wilson Liu	10	2015-10-17	PSW Fall Invitational
<b>Male 10 &amp; Under 200 Back</b>						
1	2:53.29 S	P	*I Shane Pawluk	1	1999-12-11	WVOSC LMR Champs
2	3:03.95 S	P	*I Jatinder Grewal	10	2018-12-14	2018 FastSwim
3	3:05.33 S	F	*I Kevin McDonough	10	2008-04-12	SFU - GATORS LMR
4	3:06.54 S	F	*I Harbir Grewal	10	2015-01-10	2015 Hyack Icebreaker Classic
5	3:08.59 S	F	*I Reece Landry	10	2013-03-09	SC LMR Championships
6	3:11.86 S	F	*I Cayden Dececco	10	2012-04-14	April 2012 SFU-SFA LMR swim meet
7	3:22.37 S	F	Theo Wong	10	2024-06-22	Delta June Time Trial
8	3:23.71 S	F	*I Kyle Chapieski	10	2018-01-20	Winskill Dolphins LMR Meet
9	3:23.75 S	F	Gurshaan Sangha	10	2019-12-07	2019 Spartan Santa LMR
10	3:25.69 S	F	*I Colton DeCecco	10	2004-01-17	Winskill Dolphin Swim Club
<b>Male 10 &amp; Under 50 Breast</b>						
1	38.17 S	F	Gurshaan Sangha	10	2019-12-13	Richmond Rapids FastSwim Classic 2019
2	40.98 S	F	*I Shane Pawluk	1	2000-04-01	Chena April Fools Meet
3	44.71 S	F	*I Harbir Grewal	10	2015-05-31	DSSC 10 & Under Meet
4	46.58 S	F	*I Reece Landry	10	2013-04-28	DSSC 10 and Under Sprint Cup
5	47.75 S	P	*I Jatinder Grewal	10	2018-12-14	2018 FastSwim
6	49.55 S	F	*I Cayden Dececco	10	2012-04-22	DSSC 10 & Under Challenge
7	50.57 S	F	*I Martin Klein Vilorio	10	2020-01-18	Winskill Dolphins LMR Meet
8	51.02 S	F	Gino Wenxuan Tang	10	2024-01-27	SKSC Winterfest 2024
9	52.55 S	F	Oliver Lee	10	2023-10-28	Winskill LMR 2023
10	52.90 S	F	*I Arwin Khangura	10	2022-12-03	Delta December Fun Meet
<b>Male 10 &amp; Under 100 Breast</b>						
1	1:26.92 S	F	Gurshaan Sangha	10	2019-12-13	Richmond Rapids FastSwim Classic 2019
2	1:36.56 S	P	*I Harbir Grewal	10	2015-03-05	2015 Swim BC SC AAA Age Group Champi
3	1:38.34 S	F	*I Reece Landry	10	2013-02-08	2013 Swim BC Short Course AA Champions
4	1:40.43 S	F	*I Shane Pawluk	1	1998-03-08	SPARTANS LMR '98
5	1:44.16 S	F	*I Noah Landry	10	2011-02-11	BC AAChampionships - Winter 2011
6	1:45.66 S	F	*I Jatinder Grewal	10	2018-11-17	SFU-Gator LMR Swim Meet November 201

## Delta Sungod Swim Club

### Individual Top Times

Number of Top Times: 10 Show Short Course Only

	Time	P/F/S	Name	Age/Yr		
7	1:48.16 S	F	Theo Wong	10	2024-10-05	2024 Spartan Sprint Starter
8	1:51.31 S	F	Oliver Lee	10	2023-10-28	Winskill LMR 2023
9	1:51.76 S	F	*I Jonaas Landry	10	2020-01-18	Winskill Dolphins LMR Meet
10	1:52.42 S	F	*I Amrit Zhawar	10	2019-05-26	DSSC 11 & Under Sprint Cup
<b>Male 10 &amp; Under 200 Breast</b>						
1	3:02.87 S	F	*I Shane Pawluk	1	2000-04-01	Chena April Fools Meet
2	3:13.04 S	F	Gurshaan Sangha	10	2019-12-07	2019 Spartan Santa LMR
3	3:21.52 S	P	*I Harbir Grewal	10	2015-03-05	2015 Swim BC SC AAA Age Group Champi
4	3:32.11 S	P	*I Reece Landry	10	2013-02-08	2013 Swim BC Short Course AA Champions
5	3:34.68 S	P	*I Noah Landry	10	2011-02-11	BC AAC Championships - Winter 2011
6	3:38.78 S	F	*I Cayden Dececco	10	2012-04-14	April 2012 SFU-SFA LMR swim meet
7	3:46.55 S	F	*I Mateo Pecotic	10	2023-01-28	SKSC Winterfest 2023
8	3:50.44 S	F	*I Arwin Khangura	10	2022-12-10	2022 Spartan Santa LMR
9	3:55.98 S	F	Gino Wenxuan Tang	10	2024-03-16	DELTA March LMR
10	3:57.83 S	F	*I Colton DeCecco	10	2004-01-17	Winskill Dolphin Swim Club
<b>Male 10 &amp; Under 50 Fly</b>						
1	35.67 S	F	*I Shane Pawluk	1	1999-11-20	LOWER MAINLAND REG
2	40.39 S	F	*I Harbir Grewal	10	2015-05-31	DSSC 10 & Under Meet
3	42.01 S	F	*I Reece Landry	10	2013-04-28	DSSC 10 and Under Sprint Cup
4	43.61 S	F	Gurshaan Sangha	10	2019-07-27	Knights Summer Fest
5	44.26 S	F	*I Cayden Dececco	10	2012-04-22	DSSC 10 & Under Challenge
6	44.33 S	F	*I Wilson Liu	10	2015-11-21	Spartan Fall LMR
7	44.34 S	F	*I Kevin McDonough	10	2007-12-08	Team Sungod LMR Meet Dec 2007
8	44.74 S	F	*I Trevor Pearson	10	2006-05-27	SFU-SFA May 2006 LMR meet
9	46.04 S	F	*I Marcus Hugo Viloría	10	2017-02-18	2017 LMR Championship
10	46.16 S	F	*I Mateo Pecotic	10	2023-02-25	DELTA February Fun Meet
<b>Male 10 &amp; Under 100 Fly</b>						
1	1:26.83 S	F	*I Shane Pawluk	1	1998-12-12	LMR CHAMPIONSHIPS
2	1:32.75 S	F	*I Jatinder Grewal	10	2018-11-17	SFU-Gator LMR Swim Meet November 201
3	1:34.44 S	F	*I Harbir Grewal	10	2015-05-09	DSSC May LMR
4	1:34.72 S	F	*I Reece Landry	10	2013-02-08	2013 Swim BC Short Course AA Champions
5	1:40.17 S	F	Gino Wenxuan Tang	10	2024-03-16	DELTA March LMR
6	1:42.42 S	F	*I Wilson Liu	10	2015-10-17	PSW Fall Invitational
7	1:42.43 S	P	*I Noah Landry	10	2010-11-13	Fall into Finals 2010
8	1:43.96 S	F	Gurshaan Sangha	10	2019-05-11	SFA-SFU LMR Meet May 2019
9	1:45.08 S	F	*I Arwin Khangura	10	2022-12-10	2022 Spartan Santa LMR
10	1:46.69 S	P	*I Cayden Dececco	10	2011-11-12	Fall into Finals 2011
<b>Male 10 &amp; Under 200 Fly</b>						
1	2:58.72 S	F	*I Shane Pawluk	1	1999-11-20	LOWER MAINLAND REG
2	3:11.16 S	P	*I Jatinder Grewal	10	2018-12-14	2018 FastSwim
3	3:30.90 S	F	*I Harbir Grewal	10	2015-05-09	DSSC May LMR
4	3:35.88 S	F	*I Kevin McDonough	10	2008-05-10	Surrey Knights LMR
5	3:36.18 S	F	*I Cayden Dececco	10	2012-01-14	2012 Hyack Icebreaker Classic
6	3:38.36 S	F	*I Reece Landry	10	2012-12-15	Haney Holiday LMR
7	3:48.67 S	F	*I Wilson Liu	10	2016-01-16	DSSC January LMR
8	4:07.63 S	F	*I Arwin Khangura	10	2022-11-26	DELTA November Time Trial
9	4:43.84 S	F	Theo Wong	10	2024-06-22	Delta June Time Trial
<b>Male 10 &amp; Under 100 IM</b>						
1	1:17.15 S	F	*I Shane Pawluk	1	2000-01-22	January 2000 New Millenium Swi
2	1:25.22 S	F	*I Harbir Grewal	10	2015-05-31	DSSC 10 & Under Meet
3	1:28.42 S	F	*I Reece Landry	10	2013-04-28	DSSC 10 and Under Sprint Cup
4	1:31.34 S	F	*I Cayden Dececco	10	2012-05-12	May 2012 SFU-SFA LMR swim meet
5	1:32.00 S	F	Gurshaan Sangha	10	2019-10-26	DSSC Halloween Fun Meet

## Delta Sungod Swim Club

### Individual Top Times

Number of Top Times: 10 Show Short Course Only

	Time	P/F/S	Name	Age/Yr		
6	1:32.81 S	F	*I Jatinder Grewal	10	2018-10-26	DSSC Halloween Fun Meet
7	1:34.47 S	F	Gino Wenxuan Tang	10	2024-04-13	DELTA April Fun Meet
8	1:36.85 S	F	*I Mateo Pecotic	10	2023-02-25	DELTA February Fun Meet
9	1:37.44 S	F	Theo Wong	10	2024-10-12	DELTA October Fun Meet
10	1:38.31 S	F	*I Trevor Pearson	10	2006-05-27	SFU-SFA May 2006 LMR meet
<b>Male 10 &amp; Under 200 IM</b>						
1	2:40.91 S	F	*I Shane Pawluk	1	2000-04-01	Chena April Fools Meet
2	3:02.01 S	F	*I Jatinder Grewal	10	2018-12-08	2018 Spartan Santa LMR
3	x3:02.84 S	P	Gurshaan Sangha	10	2019-12-13	Richmond Rapids FastSwim Classic 2019
4	3:06.16 S	F	*I Harbir Grewal	10	2015-04-25	2015 10 & Under Spartan Spring Sprint
5	3:08.06 S	F	*I Reece Landry	10	2013-04-20	2013 Spartan Spring LMR
6	3:09.21 S	F	*I Cayden Dececco	10	2012-05-12	May 2012 SFU-SFA LMR swim meet
7	3:11.58 S	F	*I Noah Landry	10	2011-02-11	BC AAChampionships - Winter 2011
8	3:22.60 S	F	*I Matthew Li	1	2002-09-03	2002 March Dynamo-SFU LMR
9	3:24.60 S	F	*I Kevin McDonough	10	2008-04-12	SFU - GATORS LMR
10	3:26.16 S	P	*I Trevor Pearson	10	2006-01-20	LMR SC Championships
<b>Male 10 &amp; Under 400 IM</b>						
1	5:48.11 S	F	*I Shane Pawluk	1	1999-12-11	WVOSC LMR Champs
2	6:17.32 S	F	*I Reece Landry	10	2013-04-20	2013 Spartan Spring LMR
3	6:24.32 S	P	*I Jatinder Grewal	10	2018-12-14	2018 FastSwim
4	6:29.99 S	F	*I Harbir Grewal	10	2015-05-09	DSSC May LMR
5	7:27.31 S	F	*I Cayden Dececco	9	2011-05-14	May 2011 SFA-SFU LMR meet
6	7:27.81 S	F	*I Wilson Liu	10	2016-01-16	DSSC January LMR
7	7:43.63 S	F	*I Cory Bullock	10	2011-05-14	May 2011 SFA-SFU LMR meet
<b>Male 11-12 50 Free</b>						
1	26.66 S	F	*I Jackson Wang	12	2000-01-12	Richmond Rapids Fastswim Class
2	28.10 S	F	*I Daniel Wang	12	2020-02-21	2020 Winter Age Group Championships
3	28.31 S	P	Gurshaan Sangha	12	2021-12-17	FastSwim 2021
4	28.86 S	F	*I Gurman Atkar	12	2021-06-28	DSSC Season Wrap Up
5	29.03 S L	F	*I Marcus Hugo Vioria	12	2019-02-22	2019 Winter Age Group Championships
6	29.70 S	P	*I Alan Lu	12	2010-03-04	2010 TAS BC AAA SC Championships
7	30.57 S	F	*I David Su	12	2010-12-03	Fastswim 2010
8	30.85 S	F	*I Cayden Dececco	12	2013-11-16	7th Annual Langley Olympians Short Course
9	31.08 S	F	Manraj Johal	12	2020-02-21	2020 Winter Age Group Championships
10	31.28 S	F	*I Akashvir Bhangu	12	2017-01-14	Winskill Dolphins LMR Meet
<b>Male 11-12 100 Free</b>						
1	58.84 S	P	*I Jackson Wang	12	2000-01-12	Richmond Rapids Fastswim Class
2	1:02.36 S	F	*I Marcus Hugo Vioria	12	2019-03-16	DSSC March LMR Meet
3	1:02.68 S	P	Gurshaan Sangha	12	2021-12-17	FastSwim 2021
4	1:04.15 S	F	*I Daniel Wang	12	2020-02-21	2020 Winter Age Group Championships
5	1:05.45 S	F	*I Gurman Atkar	12	2021-06-28	DSSC Season Wrap Up
6	x1:07.84 S	F	*I Cayden Dececco	12	2013-10-19	PSW Fall Invit. 2013
7	1:08.06 S	F	*I Alan Lu	12	2010-01-16	2010 Hyack Icebreaker Classic
8	1:09.05 S	F	*I Akashvir Bhangu	12	2017-01-14	Winskill Dolphins LMR Meet
9	1:09.31 S	F	*I David Su	12	2010-12-03	Fastswim 2010
10	1:09.75 S	P	*I Yuvraj Rai	12	2020-02-08	LMR Champs East Feb 8/9, 2020
<b>Male 11-12 200 Free</b>						
1	2:14.68 S	P	*I Jackson Wang	12	2000-01-12	Richmond Rapids Fastswim Class
2	2:15.31 S	F	*I Marcus Hugo Vioria	12	2019-03-16	DSSC March LMR Meet
3	2:20.15 S	P	Gurshaan Sangha	12	2021-11-12	2021 Hyack Brad Reid Memorial Invitational
4	2:21.60 S	P	*I Daniel Wang	12	2020-02-21	2020 Winter Age Group Championships
5	2:24.09 S	P	*I Kevin McDonough	12	2010-03-04	2010 TAS BC AAA SC Championships
6	2:24.24 S	P	*I Reece Landry	12	2014-12-12	2014 FastSwim

## Delta Sungod Swim Club

### Individual Top Times

Number of Top Times: 10 Show Short Course Only

	Time	P/F/S	Name	Age/Yr		
7	2:25.55 S	P	*I Cayden Dececco	12	2013-11-16	7th Annual Langley Olympians Short Course
8	2:26.05 S	P	*I Yuvraj Rai	12	2019-12-13	Richmond Rapids FastSwim Classic 2019
9	2:28.14 S	F	*I Gurman Atkar	12	2021-06-28	DSSC Season Wrap Up
10	2:29.41 S	F	*I Alan Lu	12	2010-04-10	DELTA SUNGOD 2010 SPRINT CUP
<b>Male 11-12 400 Free</b>						
1	4:54.60 S	F	*I Marcus Hugo Vloria	12	2018-11-09	2018 Brad Reid Memorial Invitational
2	4:56.29 S	P	*I Cayden Dececco	12	2013-12-13	Fastswim 2013
3	4:58.84 S	F	*I Yuvraj Rai	12	2020-02-08	LMR Champs East Feb 8/9, 2020
4	5:00.45 S	F	*I Harbir Grewal	12	2017-02-16	2017 Swim BC Short Course AA Champions
5	5:08.79 S	P	*I Reece Landry	12	2014-12-12	2014 FastSwim
6	5:11.93 S	F	Gurshaan Sangha	12	2021-12-05	DELTA Distance LMR
7	5:14.24 S	F	Max Zha	12	2019-12-01	DSSC Distance LMR Meet
8	5:16.66 S	F	*I Jackson Wang	12	2000-01-22	January 2000 New Millenium Swi
9	5:17.10 S	F	*I Kevin McDonough	12	2009-12-12	Team Sungod Candy Cane LMR
10	5:18.68 S	P	*I Taylor Bullock	12	2010-03-04	2010 TAS BC AAA SC Championships
<b>Male 11-12 800 Free</b>						
1	10:07.85 S	F	*I Marcus Hugo Vloria	12	2018-12-02	2018 DSSC LMR Distance Meet
2	10:31.77 S	F	*I Yuvraj Rai	12	2019-12-01	DSSC Distance LMR Meet
3	10:49.49 S	F	*I Harbir Grewal	11	2016-03-03	2016 Swim BC SC AAA Championships
4	11:00.96 S	F	*I Jackson Wang	12	2000-02-19	SFU February LMR
5	11:09.25 S	F	*I Jatinder Grewal	11	2019-12-01	DSSC Distance LMR Meet
6	11:30.68 S	F	Gurshaan Sangha	12	2021-03-08	March End of Cycle Test Meet - Unofficial
7	11:45.18 S	F	*I Brandan Royer	12	2003-02-15	Spartan Swim Club LMR Meet
8	11:50.42 S	F	*I Colton DeCecco	12	2005-11-19	LMR #8 Nov 19 & 20 2005
9	12:07.80 S	F	*I Arwin Khangura	11	2023-12-03	Delta Distance LMR
10	12:11.47 S	F	Yujun Du	12	2023-12-03	Delta Distance LMR
<b>Male 11-12 1500 Free</b>						
1	19:19.08 S	F	*I Marcus Hugo Vloria	12	2019-04-13	2019 Spartan 11 and under and LMR Distar
2	19:33.68 S	F	*I Harbir Grewal	12	2017-02-25	DSSC Time Trial
3	19:34.61 S	F	*I Reece Landry	12	2014-12-12	2014 FastSwim
4	19:41.93 S	F	*I Cayden Dececco	12	2013-12-13	Fastswim 2013
5	20:50.05 S	F	*I Jackson Wang	12	2000-01-22	January 2000 New Millenium Swi
6	21:04.85 S	F	*I Yuvraj Rai	12	2019-04-13	2019 Spartan 11 and under and LMR Distar
7	21:51.94 S	F	*I Kevin McDonough	12	2009-12-12	Team Sungod Candy Cane LMR
8	21:52.53 S	F	*I Noah Landry	12	2012-11-24	DSSC LMR Meet Nov 2012
9	22:12.11 S	F	*I Taylor Bullock	12	2009-12-12	Team Sungod Candy Cane LMR
10	22:19.35 S	F	*I Brandan Royer	12	2003-02-15	Spartan Swim Club LMR Meet
<b>Male 11-12 50 Back</b>						
1	32.25 S	F	*I Marcus Hugo Vloria	12	2019-03-16	DSSC March LMR Meet
2	33.19 S	F	*I Kevin McDonough	12	2010-04-10	DELTA SUNGOD 2010 SPRINT CUP
3	35.65 S	F	*I Daniel Wang	12	2019-11-08	2019 Brad Reid Memorial Invitational
4	36.98 S	F	Manraj Johal	11	2019-12-13	Richmond Rapids FastSwim Classic 2019
5	36.99 S	F	*I Gurman Atkar	12	2021-05-05	2021 Wave Maker Virtual Meet
6	37.06 S	F	*I Jackson Wang	12	1999-10-23	Richmond Rapids LMR
7	37.23 S	F	*I Cayden Dececco	12	2014-01-18	Sungod LMR
8	37.50 S	F	Gurshaan Sangha	12	2021-05-05	2021 Wave Maker Virtual Meet
9	37.66 S L	F	*I Scott Hanna	12	2004-05-08	Sungod - LMR Regional
10	37.73 S	F	*I Yuvraj Rai	12	2019-12-13	Richmond Rapids FastSwim Classic 2019
<b>Male 11-12 100 Back</b>						
1	1:08.01 S	F	*I Kevin McDonough	12	2010-03-04	2010 TAS BC AAA SC Championships
2	1:08.06 S	F	*I Marcus Hugo Vloria	12	2019-03-16	DSSC March LMR Meet
3	1:08.17 S	F	*I Jackson Wang	12	2000-01-12	Richmond Rapids Fastswim Class
4	1:15.94 S	F	*I Daniel Wang	12	2020-02-21	2020 Winter Age Group Championships

## Delta Sungod Swim Club

### Individual Top Times

Number of Top Times: 10 Show Short Course Only

	Time	P/F/S	Name	Age/Yr		
5	1:16.34 S	F	Gurshaan Sangha	12	2021-07-17	COVID Cracker Dual
6	1:17.41 S	F	Max Zha	12	2020-02-21	2020 Winter Age Group Championships
7	1:17.47 S	F	*I Cayden Dececco	12	2014-01-18	Sungod LMR
8	1:18.32 S	P	*I Harbir Grewal	12	2017-02-16	2017 Swim BC Short Course AA Champions
9	1:19.11 S	F	*I Akashvir Bhangu	12	2017-01-14	Winskill Dolphins LMR Meet
10	1:19.59 S	F	*I Victor Lucy	12	2014-05-10	May 2014 SFU-Gator LMR swim meet
<b>Male 11-12 200 Back</b>						
1	2:26.37 S	F	*I Kevin McDonough	12	2010-03-04	2010 TAS BC AAA SC Championships
2	2:29.35 S	F	*I Marcus Hugo Vioria	12	2019-02-22	2019 Winter Age Group Championships
3	2:39.98 S	F	Daniel Wang	12	2020-02-21	2020 Winter Age Group Championships
4	2:44.31 S	P	*I Cayden Dececco	12	2013-12-13	Fastswim 2013
5	2:44.79 S	F	Max Zha	12	2020-01-18	Winskill Dolphins LMR Meet
6	2:46.09 S	P	*I Harbir Grewal	12	2017-03-02	2017 Swim BC SC AAA Championships
7	2:47.66 S	F	*I Jackson Wang	12	2000-01-22	January 2000 New Millenium Swi
8	2:47.82 S	P	*I Yuvraj Rai	12	2019-12-13	Richmond Rapids FastSwim Classic 2019
9	2:52.20 S	F	*I Victor Lucy	12	2014-05-10	May 2014 SFU-Gator LMR swim meet
10	2:52.89 S	F	*I Noah Landry	12	2012-11-24	DSSC LMR Meet Nov 2012
<b>Male 11-12 50 Breast</b>						
1	35.57 S	F	Gurshaan Sangha	12	2021-11-12	2021 Hyack Brad Reid Memorial Invitational
2	38.43 S	F	*I Alan Lu	12	2010-04-10	DELTA SUNGOD 2010 SPRINT CUP
3	40.59 S	F	Yujun Du	12	2023-11-25	DELTA November Fun Meet
4	40.86 S	P	Max Zha	12	2019-12-13	Richmond Rapids FastSwim Classic 2019
5*	41.00 S	F	*I Reece Landry	12	2015-01-10	2015 Hyack Icebreaker Classic
5*	41.00 S	F	Aaron Alby	12	2023-06-23	2023 BC Summer Divisionals - VFD
7	41.09 S	P	*I Albert Yu	12	2013-12-13	Fastswim 2013
8	41.11 S	F	*I Gurman Atkar	12	2021-05-05	2021 Wave Maker Virtual Meet
9	41.26 S	F	*I Harbir Grewal	12	2016-11-26	SFU-Gator LMR Swim Meet
10	41.52 S	F	*I Taylor Bullock	12	2009-12-04	Fastswim 2009
<b>Male 11-12 100 Breast</b>						
1	1:15.87 S	F	Gurshaan Sangha	12	2021-12-17	FastSwim 2021
2	1:22.84 S	F	*I Harbir Grewal	12	2017-02-16	2017 Swim BC Short Course AA Champions
3	1:24.26 S	F	*I Albert Yu	12	2014-03-08	SKSC Spring Invitational
4	1:25.17 S	F	*I Alan Lu	12	2010-03-04	2010 TAS BC AAA SC Championships
5	1:26.87 S	P	*I Reece Landry	12	2015-03-05	2015 Swim BC SC AAA Age Group Champi
6	1:27.29 S	F	*I Marcus Hugo Vioria	12	2019-01-26	Knights Winter Fest
7	1:27.32 S	F	Max Zha	12	2020-02-21	2020 Winter Age Group Championships
8	1:27.68 S	F	*I Lucas Zhang	12	2018-06-16	LMR Championships June 16,17, 2018
9	1:28.33 S	P	*I Taylor Bullock	12	2010-03-04	2010 TAS BC AAA SC Championships
10	1:29.85 S	F	*I David Su	12	2010-12-03	Fastswim 2010
<b>Male 11-12 200 Breast</b>						
1	2:49.87 S	P	Gurshaan Sangha	12	2021-12-17	FastSwim 2021
2	2:53.78 S	F	*I Harbir Grewal	12	2017-02-16	2017 Swim BC Short Course AA Champions
3	2:55.58 S	F	*I Albert Yu	12	2014-03-08	SKSC Spring Invitational
4	3:01.59 S	P	*I Reece Landry	12	2014-12-12	2014 FastSwim
5	3:04.37 S	F	*I Alan Lu	12	2010-03-04	2010 TAS BC AAA SC Championships
6	3:05.99 S	F	*I Cayden Dececco	12	2014-01-11	2014 Hyack Icebreaker Classic
7	3:06.21 S	P	Max Zha	12	2019-11-08	2019 Brad Reid Memorial Invitational
8	3:06.80 S	P	*I Taylor Bullock	12	2010-03-04	2010 TAS BC AAA SC Championships
9	3:09.45 S	F	Aaron Alby	12	2023-06-23	2023 BC Summer Divisionals - VFD
10	3:10.96 S	P	*I Marcus Hugo Vioria	12	2018-11-09	2018 Brad Reid Memorial Invitational
<b>Male 11-12 50 Fly</b>						
1	31.73 S	F	*I Marcus Hugo Vioria	12	2019-01-26	Knights Winter Fest
2	32.20 S	F	*I Jackson Wang	12	2000-02-19	SFU February LMR

### Delta Sungod Swim Club

#### Individual Top Times

Number of Top Times: 10 Show Short Course Only

	Time	P/F/S	Name	Age/Yr		
3	32.82 S	F	*I Kevin McDonough	12	2010-04-10	DELTA SUNGOD 2010 SPRINT CUP
4	33.52 S	F	*I David Su	12	2011-01-21	2011 CDSC New Years Invitational
5	34.19 S	F	Gurshaan Sangha	12	2021-10-30	October Fun Meet
6	34.70 S	F	Max Zha	12	2019-12-13	Richmond Rapids FastSwim Classic 2019
7	34.74 S	F	*I Gurman Atkar	12	2021-06-28	DSSC Season Wrap Up
8	35.28 S	F	*I Cayden Dececco	12	2014-01-18	Sungod LMR
9	35.66 S	F	*I Reece Landry	12	2015-01-10	2015 Hyack Icebreaker Classic
10	35.89 S	F	Yujun Du	12	2023-11-10	2023 Brad Reid Memorial
<b>Male 11-12 100 Fly</b>						
1	1:08.54 S	F	*I Marcus Hugo Vioria	12	2019-02-22	2019 Winter Age Group Championships
2	1:11.50 S	F	*I Jackson Wang	12	2000-03-02	Team Aquatic Supplies 2000 BC
3	1:12.18 S	F	*I Kevin McDonough	12	2010-03-04	2010 TAS BC AAA SC Championships
4	1:14.06 S	F	Max Zha	12	2020-02-21	2020 Winter Age Group Championships
5	1:15.82 S	F	Gurshaan Sangha	12	2021-11-12	2021 Hyack Brad Reid Memorial Invitational
6	1:18.78 S	F	*I David Su	12	2010-12-03	Fastswim 2010
7	1:20.03 S	F	*I Qinjia Yang	12	2018-10-13	PSW Fall Invitational
8	1:20.73 S	P	*I Jatinder Grewal	11	2019-12-13	Richmond Rapids FastSwim Classic 2019
9	1:20.77 S	F	*I Cayden Dececco	12	2014-01-11	2014 Hyack Icebreaker Classic
10	1:21.17 S	F	*I Harbir Grewal	12	2016-12-10	Haney Holiday LMR 2016
<b>Male 11-12 200 Fly</b>						
1	2:43.85 S	F	*I Kevin McDonough	12	2010-03-04	2010 TAS BC AAA SC Championships
2	2:45.04 S	F	Max Zha	12	2020-02-21	2020 Winter Age Group Championships
3	2:51.13 S	F	*I Marcus Hugo Vioria	12	2018-07-28	Knights Summer Fest
4	2:52.34 S	F	*I Jackson Wang	12	1999-12-03	FASTSWIM CLASSIC SC
5	2:55.66 S	F	*I Jatinder Grewal	12	2020-02-21	2020 Winter Age Group Championships
6	x2:55.89 S	F	*I Noah Landry	12	2012-12-15	Haney Holiday LMR
7	2:56.12 S	P	*I Harbir Grewal	12	2017-02-16	2017 Swim BC Short Course AA Champions
8	2:57.83 S	F	*I Cayden Dececco	12	2014-01-11	2014 Hyack Icebreaker Classic
9	3:01.08 S	P	*I Alan Lu	12	2010-03-04	2010 TAS BC AAA SC Championships
10	3:06.46 S	F	*I Qinjia Yang	12	2018-03-17	DSSC March LMR 2018
<b>Male 11-12 100 IM</b>						
1	1:13.19 S	F	Gurshaan Sangha	12	2021-10-30	October Fun Meet
2	1:14.38 S	F	*I Marcus Hugo Vioria	12	2019-02-02	February Fun Meet
3	1:16.66 S	F	*I Jackson Wang	12	2000-01-22	January 2000 New Millenium Swi
4	1:18.53 S	F	*I Daniel Wang	12	2019-10-26	DSSC Halloween Fun Meet
5	1:20.06 S	F	Max Zha	12	2019-12-21	DSSC Xmas Fun Meet
6	1:20.94 S	F	Yujun Du	12	2023-11-25	DELTA November Fun Meet
7	1:22.41 S	F	*I Harbir Grewal	12	2016-10-29	2016 VPSC Invitational
8	1:22.72 S	F	Aaron Alby	12	2023-06-17	Delta June Year End Fun Meet
9	1:23.85 S	F	Manraj Johal	11	2019-12-21	DSSC Xmas Fun Meet
10	1:25.87 S	P	*I Noah Landry	12	2013-01-26	VPSC Dash for Cash
<b>Male 11-12 200 IM</b>						
1	2:33.91 S	P	*I Marcus Hugo Vioria	12	2019-02-22	2019 Winter Age Group Championships
2	2:33.97 S	F	*I Jackson Wang	12	2000-01-12	Richmond Rapids Fastswim Class
3	2:34.97 S	F	Gurshaan Sangha	12	2021-12-17	FastSwim 2021
4	2:39.44 S	P	*I Kevin McDonough	12	2010-03-04	2010 TAS BC AAA SC Championships
5	2:39.72 S	F	*I Harbir Grewal	12	2017-02-16	2017 Swim BC Short Course AA Champions
6	2:39.79 S	P	Max Zha	12	2020-02-21	2020 Winter Age Group Championships
7	2:41.56 S	P	*I Daniel Wang	12	2020-02-21	2020 Winter Age Group Championships
8	2:43.49 S	F	*I Gurman Atkar	12	2021-06-28	DSSC Season Wrap Up
9	2:47.14 S	P	*I Reece Landry	12	2014-12-12	2014 FastSwim
10	2:51.48 S	P	*I Jatinder Grewal	12	2020-02-21	2020 Winter Age Group Championships

## Delta Sungod Swim Club

### Individual Top Times

Number of Top Times: 10 Show Short Course Only

	Time	P/F/S	Name	Age/Yr		
<b>Male 11-12 400 IM</b>						
1	5:28.32 S	F	*I Marcus Hugo Vioria	12	2019-03-16	DSSC March LMR Meet
2	5:32.16 S	F	*I Harbir Grewal	12	2017-02-16	2017 Swim BC Short Course AA Champions
3	5:48.02 S	F	Max Zha	12	2020-01-18	Winskill Dolphins LMR Meet
4	5:48.41 S	F	*I Cayden Dececco	12	2014-01-11	2014 Hyack Icebreaker Classic
5	5:50.15 S	P	*I Jackson Wang	12	2000-03-02	Team Aquatic Supplies 2000 BC
6	5:50.33 S	F	*I Reece Landry	12	2015-01-10	2015 Hyack Icebreaker Classic
7	5:54.29 S	P	*I Kevin McDonough	12	2009-12-04	Fastswim 2009
8	6:00.63 S	P	*I Noah Landry	12	2012-11-30	Fastswim 2012
9	6:01.63 S	P	*I Taylor Bullock	12	2010-03-04	2010 TAS BC AAA SC Championships
10	6:09.79 S	F	*I Colton DeCecco	12	2006-01-14	Hyack Icebreaker Jan 14-15, 2006
<b>Male 13-14 50 Free</b>						
1	25.42 S	F	*I Jackson Wang	14	2001-11-02	HYACK FALL AA INVITATIONAL
2	25.55 S	P	*I Daniel Wang	14	2022-03-10	BC Winter Provincials
3*	26.80 S	P	*I Alan Lu	14	2012-03-01	2012 TAS BC AAA SC Championships
3*	26.80 S	P	*I Nicky Hou	14	2008-02-28	2008 TAS BC Provincial SC Championships
5	26.86 S	P	*I Jason Steeple	14	2000-01-12	Richmond Rapids Fastswim Class
6	27.01 S L	F	Gurshaan Sangha	14	2023-06-23	2023 BC Summer Divisionals - VFD
7	27.11 S	F	*I Marcus Hugo Vioria	13	2020-02-21	2020 Winter Age Group Championships
8	27.16 S	F	Manraj Johal	14	2022-06-24	2022 BC Summer Divisionals-Vancouver Cc
9	27.19 S	P	*I Akashvir Bhangu	14	2018-12-14	2018 FastSwim
10	27.38 S	P	Sarvesh Arunmala	14	2023-02-17	2023 BC Winter Divisionals - Van & Fraser
<b>Male 13-14 100 Free</b>						
1	56.17 S	F	*I Jackson Wang	14	2002-02-28	TAS B.C. SC Championships
2	56.78 S	P	*I Daniel Wang	14	2021-12-17	FastSwim 2021
3	58.45 S	P	Max Zha	14	2022-03-10	BC Winter Provincials
4	58.63 S	F	*I Martin Klein Vioria	13	2023-02-17	2023 BC Winter Divisionals - Van & Fraser
5	59.18 S	P	*I Kevin McDonough	14	2011-11-12	Fall into Finals 2011
6	59.30 S	F	Marcus Hugo Vioria	13	2020-02-21	2020 Winter Age Group Championships
7	59.53 S	P	*I Jason Steeple	14	2000-01-12	Richmond Rapids Fastswim Class
8	1:00.07 S	F	Gurshaan Sangha	14	2023-04-15	PSW Spring Invitational 2023
9	1:00.31 S	P	*I Nicky Hou	14	2008-02-28	2008 TAS BC Provincial SC Championships
10	1:00.36 S	P	*I Alan Lu	14	2011-11-12	Fall into Finals 2011
<b>Male 13-14 200 Free</b>						
1	2:04.39 S	P	Max Zha	14	2022-03-10	BC Winter Provincials
2	2:06.93 S	P	*I Daniel Wang	14	2022-03-10	BC Winter Provincials
3	2:07.33 S	P	*I Martin Klein Vioria	13	2023-02-17	2023 BC Winter Divisionals - Van & Fraser
4	2:07.59 S	F	*I Marcus Hugo Vioria	13	2020-02-21	2020 Winter Age Group Championships
5	2:10.41 S	P	Gurshaan Sangha	14	2023-06-23	2023 BC Summer Divisionals - VFD
6	2:10.61 S	P	*I Jason Steeple	14	2000-03-02	Team Aquatic Supplies 2000 BC
7	2:11.10 S	F	*I Kevin McDonough	14	2012-01-14	2012 Hyack Icebreaker Classic
8	2:12.05 S	F	*I Akashvir Bhangu	14	2018-12-07	Richmond Rapids December Time Trials 20
9	2:12.37 S	P	*I Alan Lu	14	2012-03-01	2012 TAS BC AAA SC Championships
10	2:12.41 S	P	*I Jackson Wang	13	2001-03-01	B.C. Provincial Championships
<b>Male 13-14 400 Free</b>						
1	4:26.04 S	P	*I Kevin McDonough	14	2012-03-01	2012 TAS BC AAA SC Championships
2	4:27.60 S	F	Max Zha	14	2021-12-17	FastSwim 2021
3	4:29.11 S	F	*I Michael Milic	14	2013-02-28	SwimBC SC AAA Age Group Championship
4	4:34.08 S	F	*I Marcus Hugo Vioria	13	2019-11-08	2019 Brad Reid Memorial Invitational
5	4:38.14 S	F	Gurshaan Sangha	14	2023-06-23	2023 BC Summer Divisionals - VFD
6	4:39.73 S	P	*I Harbir Grewal	14	2018-11-09	2018 Brad Reid Memorial Invitational
7	4:40.34 S	P	*I Shingo Kido	14	2000-01-12	Richmond Rapids Fastswim Class
8	4:43.43 S	F	*I Young Ye	14	2015-02-14	2015 LMR Championships

## Delta Sungod Swim Club

### Individual Top Times

Number of Top Times: 10 Show Short Course Only

	Time	P/F/S	Name	Age/Yr		
9	4:44.67 S	F	*I Victor Lucy	14	2016-02-20	2016 LMR Championship
10	4:44.77 S	P	*I Jason Steeple	14	2000-01-12	Richmond Rapids Fastswim Class
<b>Male 13-14 800 Free</b>						
1	9:15.34 S	F	Max Zha	14	2021-12-05	DELTA Distance LMR
2	9:35.40 S	F	*I Marcus Hugo Viloría	13	2019-12-01	DSSC Distance LMR Meet
3	9:45.16 S	F	*I Harbir Grewal	14	2019-01-26	Knights Winter Fest
4	9:53.63 S	F	Gurshaan Sangha	13	2022-11-11	2022 Hyack Brad Reid Memorial Invitational
5	9:54.30 S	F	*I Michael Milic	14	2012-12-15	Haney Holiday LMR
6	9:59.19 S	F	*I Yuvraj Rai	14	2021-06-28	DSSC Season Wrap Up
7	9:59.24 S	F	*I Akashvir Bhangu	14	2018-12-02	2018 DSSC LMR Distance Meet
8	10:01.24 S	F	*I Jason Steeple	14	2000-02-19	SFU February LMR
9	10:02.33 S	F	*I Eldon Shen	14	2019-12-01	DSSC Distance LMR Meet
10	10:02.59 S	F	*I Shingo Kido	14	2000-02-19	SFU February LMR
<b>Male 13-14 1500 Free</b>						
1	18:43.49 S	F	*I Noah Landry	14	2015-01-31	DSSC Distance Time Trial
2	18:50.87 S	F	*I Jason Steeple	14	2000-01-22	January 2000 New Millenium Swi
3	18:52.46 S	F	Max Zha	13	2021-03-08	March End of Cycle Test Meet - Unofficial
4	18:53.96 S	F	*I Harbir Grewal	14	2019-04-13	2019 Spartan 11 and under and LMR Distar
5	19:09.05 S	F	*I Albert Yu	14	2015-11-07	DSSC Distance Time Trial #1
6	19:13.24 S	F	*I Yuvraj Rai	13	2021-03-08	March End of Cycle Test Meet - Unofficial
7	19:18.35 S	F	*I Victor Lucy	14	2016-07-22	2016 BC Summer Games Abbotsford
8	19:22.86 S	F	*I Young Ye	14	2015-03-07	Winskill Dolphins LMR Meet
9	19:27.22 S	F	*I Reece Landry	13	2016-01-23	DSSC Distance Time Trial 2
10	19:29.00 S	F	Gurshaan Sangha	13	2022-12-04	Delta Distance LMR
<b>Male 13-14 50 Back</b>						
1	29.38 S	P	*I Kevin McDonough	14	2011-12-02	Fastswim 2011
2	29.88 S	F	*I Marcus Hugo Viloría	13	2019-12-13	Richmond Rapids FastSwim Classic 2019
3	30.52 S	F	Manraj Johal	14	2022-12-15	FastSwim 2022
4	30.70 S	F	*I Jackson Wang	14	2001-10-20	PSW-LMR #1
5	31.26 S	F	*I Martin Klein Viloría	13	2023-02-17	2023 BC Winter Divisionals - Van & Fraser
6	31.54 S	F	*I Michael Milic	14	2013-03-01	2013 SwimBC 50m Time Trials
7	31.95 S	F	*I Stephen Riggs	14	2007-11-30	Fastswim 2007
8	32.00 S	P	*I Nicky Hou	14	2007-11-10	Spartan Invitational 2007
9	32.07 S	F	*I Akashvir Bhangu	14	2018-12-14	2018 FastSwim
10	32.76 S L	F	*I Qinjia Yang	14	2020-02-08	LMR Champs East Feb 8/9, 2020
<b>Male 13-14 100 Back</b>						
1	1:00.90 S	F	*I Kevin McDonough	14	2012-03-01	2012 TAS BC AAA SC Championships
2	1:04.95 S	F	*I Jackson Wang	14	2001-11-02	HYACK FALL AA INVITATIONAL
3	1:05.38 S	F	*I Marcus Hugo Viloría	13	2020-02-21	2020 Winter Age Group Championships
4	1:06.49 S	F	Manraj Johal	14	2022-12-15	FastSwim 2022
5	1:07.49 S	P	*I Scott Hanna	14	2006-04-01	Team Sungod April Fool's Invitational 2006
6	1:07.99 S	P	*I Eldon Shen	14	2019-12-13	Richmond Rapids FastSwim Classic 2019
7	1:08.41 S	F	*I Michael Milic	14	2013-01-12	2013 Hyack Icebreaker Classic
8	1:08.97 S	P	*I Nicky Hou	14	2008-02-28	2008 TAS BC Provincial SC Championships
9	1:09.09 S	P	*I Martin Klein Viloría	13	2023-02-17	2023 BC Winter Divisionals - Van & Fraser
10	1:09.29 S	F	*I Cory Bullock	14	2015-06-06	LMR Champs
<b>Male 13-14 200 Back</b>						
1	2:11.28 S	F	*I Kevin McDonough	14	2012-03-01	2012 TAS BC AAA SC Championships
2	2:19.55 S	F	*I Marcus Hugo Viloría	13	2019-12-13	Richmond Rapids FastSwim Classic 2019
3	2:21.72 S	P	*I Michael Milic	14	2013-02-28	SwimBC SC AAA Age Group Championship
4	2:24.21 S	P	*I Eldon Shen	14	2019-11-08	2019 Brad Reid Memorial Invitational
5	2:25.13 S	P	*I Noah Landry	14	2015-02-13	2015 Swim BC Short Course AA Champions
6	2:26.46 S	F	Max Zha	14	2021-06-28	DSSC Season Wrap Up

## Delta Sungod Swim Club

### Individual Top Times

Number of Top Times: 10 Show Short Course Only

	Time	P/F/S	Name	Age/Yr		
7	2:26.57 S	P	*I Jackson Wang	13	2001-03-01	B.C. Provincial Championships
8	2:26.87 S	P	*I Nicky Hou	14	2008-02-28	2008 TAS BC Provincial SC Championships
9	2:27.41 S	F	*I Akashvir Bhangu	14	2018-11-09	2018 Brad Reid Memorial Invitational
10	2:27.76 S	F	Manraj Johal	14	2022-02-25	2022 BC Winter Divisionals -Va
<b>Male 13-14 50 Breast</b>						
1	31.85 S	F	*I Daniel Wang	14	2022-01-22	DSSC January Time Trial
2	x32.86 S	P	Gurshaan Sangha	14	2023-02-17	2023 BC Winter Divisionals - Van & Fraser
3	33.92 S	F	*I Lucas Zhang	14	2019-12-13	Richmond Rapids FastSwim Classic 2019
4	33.96 S	F	*I Martin Klein Viloría	13	2023-02-17	2023 BC Winter Divisionals - Van & Fraser
5	34.51 S	F	*I Michael Milic	14	2013-03-01	2013 SwimBC 50m Time Trials
6	34.60 S	F	*I Alan Lu	14	2011-12-02	Fastswim 2011
7	35.00 S	P	Yujun Du	14	2024-12-19	FastSwim Classic 2024
8	35.09 S	F	*I Kevin Ge	14	2007-11-10	Spartan Invitational 2007
9	35.28 S	P	Sarvesh Arunmala	14	2023-02-17	2023 BC Winter Divisionals - Van & Fraser
10	35.44 S	F	Max Zha	14	2022-03-26	March Fun Meet
<b>Male 13-14 100 Breast</b>						
1	1:11.20 S	P	*I Daniel Wang	14	2022-03-10	BC Winter Provincials
2	1:12.62 S	P	Gurshaan Sangha	13	2022-12-15	FastSwim 2022
3	1:13.27 S	P	Max Zha	14	2022-03-10	BC Winter Provincials
4	1:13.95 S	F	*I Lucas Zhang	14	2019-12-13	Richmond Rapids FastSwim Classic 2019
5	1:14.77 S	F	*I Alan Lu	14	2012-03-01	2012 TAS BC AAA SC Championships
6	1:15.61 S	P	*I Albert Yu	14	2015-12-11	2015 FastSwim
7	1:16.00 S	F	*I Nicky Hou	14	2008-02-28	2008 TAS BC Provincial SC Championships
8	1:16.87 S	F	*I Martin Klein Viloría	13	2023-02-17	2023 BC Winter Divisionals - Van & Fraser
9	1:17.43 S	F	Yujun Du	13	2024-06-28	2024 BC Summer Divisionals VFD
10	1:17.50 S	P	*I Kevin Ge	14	2008-02-28	2008 TAS BC Provincial SC Championships
<b>Male 13-14 200 Breast</b>						
1	2:36.64 S	F	*I Michael Milic	14	2013-02-28	SwimBC SC AAA Age Group Championship
2	2:38.10 S	F	*I Lucas Zhang	14	2019-12-13	Richmond Rapids FastSwim Classic 2019
3	x2:38.64 S	P	Gurshaan Sangha	14	2023-02-17	2023 BC Winter Divisionals - Van & Fraser
4	2:39.29 S	P	Max Zha	14	2021-11-12	2021 Hyack Brad Reid Memorial Invitational
5	2:40.05 S	F	*I Albert Yu	13	2015-03-05	2015 Swim BC SC AAA Age Group Champi
6	2:42.21 S	P	*I Daniel Wang	14	2022-03-10	BC Winter Provincials
7	2:45.01 S	P	*I Nicky Hou	14	2008-02-28	2008 TAS BC Provincial SC Championships
8	2:46.20 S	F	*I Kevin McDonough	14	2011-11-12	Fall into Finals 2011
9	2:47.12 S	F	*I Kevin Ge	14	2008-02-28	2008 TAS BC Provincial SC Championships
10	2:48.16 S S	S	*I Reece Landry	13	2016-03-03	2016 Swim BC SC AAA Championships
<b>Male 13-14 50 Fly</b>						
1	28.09 S	F	*I Jackson Wang	14	2001-10-20	PSW-LMR #1
2	29.11 S	P	Manraj Johal	14	2022-07-22	2022 BC Summer Games
3	29.25 S	F	Gurshaan Sangha	14	2023-11-10	2023 Brad Reid Memorial
4	29.49 S	F	*I Qinjia Yang	14	2020-11-01	Race Simulation Nov 2020 - RAPIDS ONLY
5	29.84 S	F	Max Zha	14	2021-06-28	DSSC Season Wrap Up
6	29.90 S	F	*I Marcus Hugo Viloría	13	2020-01-25	Knights Winter Fest
7	30.11 S	F	*I Abdulrahman Alhassan	14	2023-06-23	2023 BC Summer Divisionals - VFD
8	30.34 S	F	*I Jason Steeple	14	2000-02-19	SFU February LMR
9	30.51 S	P	*I Martin Klein Viloría	13	2023-02-17	2023 BC Winter Divisionals - Van & Fraser
10	30.89 S	F	*I Kevin McDonough	13	2011-05-14	May 2011 SFA-SFU LMR meet
<b>Male 13-14 100 Fly</b>						
1	1:02.20 S	P	Max Zha	14	2022-03-10	BC Winter Provincials
2	1:03.29 S	F	*I Kevin McDonough	14	2012-03-01	2012 TAS BC AAA SC Championships
3	1:04.08 S	F	*I Shingo Kido	14	2000-01-12	Richmond Rapids Fastswim Class
4	1:05.08 S	F	*I Marcus Hugo Viloría	13	2020-02-21	2020 Winter Age Group Championships

## Delta Sungod Swim Club

### Individual Top Times

Number of Top Times: 10 Show Short Course Only

	Time	P/F/S	Name	Age/Yr		
5	1:06.61 S	F	Gurshaan Sangha	14	2023-06-30	DELTA June Time Trial
6	1:07.73 S	P *I	Victor Lucy	14	2016-07-22	2016 BC Summer Games Abbotsford
7	1:07.90 S	F *I	Jackson Wang	13	2001-02-17	AAA Champs Warm-up Meet
8	1:08.13 S	P *I	Arnav Sharma	14	2021-12-17	FastSwim 2021
9	1:08.53 S	F *I	Noah Landry	14	2015-02-13	2015 Swim BC Short Course AA Champions
10	1:08.84 S	P	Sarvesh Arunmala	14	2022-11-11	2022 Hyack Brad Reid Memorial Invitational
<b>Male 13-14 200 Fly</b>						
1	2:18.04 S	P *I	Kevin McDonough	14	2011-11-12	Fall into Finals 2011
2	2:18.13 S	P	Max Zha	14	2022-03-10	BC Winter Provincials
3	2:20.81 S	F *I	Shingo Kido	14	2000-01-12	Richmond Rapids Fastswim Class
4	2:28.13 S	P *I	Noah Landry	14	2015-02-13	2015 Swim BC Short Course AA Champions
5	2:29.89 S	F *I	Harbir Grewal	14	2018-12-14	2018 FastSwim
6	2:33.00 S	F *I	Jackson Wang	13	2001-01-19	Chena Groundhog Swim
7	2:33.07 S	P *I	Marcus Hugo Vioria	13	2019-11-08	2019 Brad Reid Memorial Invitational
8	2:33.76 S	F *I	Victor Lucy	14	2016-07-22	2016 BC Summer Games Abbotsford
9	2:35.14 S	P *I	Arnav Sharma	14	2021-11-12	2021 Hyack Brad Reid Memorial Invitational
10	2:35.67 S	F	Gurshaan Sangha	14	2023-10-28	Winskill LMR 2023
<b>Male 13-14 100 IM</b>						
1	1:06.57 S	F	Max Zha	14	2022-03-26	March Fun Meet
2	1:07.93 S	F *I	Marcus Hugo Vioria	13	2019-10-26	DSSC Halloween Fun Meet
3	1:08.56 S	P	Gurshaan Sangha	13	2022-12-15	FastSwim 2022
4	1:08.65 S	P	Manraj Johal	14	2022-07-22	2022 BC Summer Games
5	1:09.86 S	F *I	Kevin McDonough	13	2011-01-30	VPSC Dash for Cash
6*	1:10.47 S	F	Sarvesh Arunmala	14	2023-02-25	DELTA February Fun Meet
6*	1:10.47 S	F *I	Jackson Wang	13	2000-10-28	Octofoofest Classic
8	1:10.77 S	P	Yujun Du	14	2024-12-19	FastSwim Classic 2024
9	1:10.86 S	F *I	Daniel Wang	14	2021-10-30	October Fun Meet
10	1:11.08 S	F *I	Lucas Zhang	14	2019-12-21	DSSC Xmas Fun Meet
<b>Male 13-14 200 IM</b>						
1	2:19.24 S	F	Max Zha	14	2022-01-22	DSSC January Time Trial
2	2:20.75 S	F *I	Kevin McDonough	14	2012-03-01	2012 TAS BC AAA SC Championships
3	2:22.35 S	P *I	Michael Milic	14	2013-02-28	SwimBC SC AAA Age Group Championship
4	2:22.81 S	F	Gurshaan Sangha	14	2023-06-23	2023 BC Summer Divisionals - VFD
5	2:23.32 S	F *I	Marcus Hugo Vioria	13	2020-01-25	Knights Winter Fest
6	2:24.77 S	P *I	Daniel Wang	14	2022-03-10	BC Winter Provincials
7	2:27.35 S	P *I	Shingo Kido	14	2000-01-12	Richmond Rapids Fastswim Class
8	2:28.48 S	P *I	Martin Klein Vioria	13	2023-02-17	2023 BC Winter Divisionals - Van & Fraser
9	2:29.00 S	P *I	Lucas Zhang	14	2020-02-08	LMR Champs East Feb 8/9, 2020
10	2:31.11 S	P *I	Kevin Ge	14	2008-02-28	2008 TAS BC Provincial SC Championships
<b>Male 13-14 400 IM</b>						
1	4:52.41 S	P	Max Zha	14	2022-03-10	BC Winter Provincials
2	5:00.64 S	F *I	Kevin McDonough	14	2011-11-12	Fall into Finals 2011
3	5:00.93 S	F *I	Michael Milic	14	2013-02-28	SwimBC SC AAA Age Group Championship
4	5:06.29 S	F *I	Noah Landry	14	2015-02-13	2015 Swim BC Short Course AA Champions
5	5:07.96 S	F *I	Marcus Hugo Vioria	13	2019-12-13	Richmond Rapids FastSwim Classic 2019
6	5:11.66 S	P *I	Harbir Grewal	14	2018-12-14	2018 FastSwim
7	5:15.17 S	P *I	Shingo Kido	14	2000-01-12	Richmond Rapids Fastswim Class
8	5:19.74 S	P *I	Eldon Shen	14	2019-11-08	2019 Brad Reid Memorial Invitational
9	5:20.96 S	P *I	Jason Steeple	14	2000-03-02	Team Aquatic Supplies 2000 BC
10	5:25.09 S	F *I	Daniel Wang	14	2021-11-12	2021 Hyack Brad Reid Memorial Invitational
<b>Male 15 &amp; Over 50 Free</b>						
1	24.14 S	F *I	Jackson Wang	17	2005-02-17	2005 Western Canadian Championships
2	24.77 S	P *I	Maxime Maréchal-McCoy	29	2017-12-15	2017 FastSwim

## Delta Sungod Swim Club

### Individual Top Times

Number of Top Times: 10 Show Short Course Only

	Time	P/F/S	Name	Age/Yr		
3	25.35 S	P *I	Nicky Hou	17	2010-12-03	Fastswim 2010
4	25.47 S	P *I	Daniel Wang	15	2022-12-15	FastSwim 2022
5	25.84 S	P *I	Joseph Kidd	17	2012-11-30	Fastswim 2012
6	25.86 S	F	Manraj Johal	16	2024-11-08	2024 Brad Reid Memorial
7	25.87 S	F *I	Akashvir Bhangu	17	2021-03-08	March End of Cycle Test Meet - Unofficial
8	26.01 S	P *I	Arnav Sharma	17	2024-02-23	2024 BC WinterDivisionals- VFD
9	26.21 S	F *I	Kevin Ge	17	2010-12-03	Fastswim 2010
10	26.28 S	F	Max Zha	17	2024-10-12	DELTA October Fun Meet
<b>Male 15 &amp; Over 100 Free</b>						
1	51.51 S	F *I	Jackson Wang	17	2005-02-17	2005 Western Canadian Championships
2	55.16 S	F *I	Nicky Hou	17	2011-08-05	SFU Grand Prix 2011
3	55.36 S	F *I	Maxime Maréchal-McCoy	29	2017-12-15	2017 FastSwim
4	x55.49 S	P	Max Zha	16	2024-02-23	2024 BC WinterDivisionals- VFD
5	55.96 S	P *I	Daniel Wang	16	2023-11-10	2023 Brad Reid Memorial
6	56.15 S	F *I	Marcus Hugo Vioria	16	2022-11-11	2022 Hyack Brad Reid Memorial Invitational
7	56.76 S	P *I	Arnav Sharma	17	2024-02-23	2024 BC WinterDivisionals- VFD
8	57.26 S	P *I	Akashvir Bhangu	19	2023-02-17	2023 BC Winter Divisionals - Van & Fraser
9	57.61 S	P *I	Shingo Kido	17	2003-02-27	TAS BC Open Age Group Champion
10	57.84 S	P *I	Jason Steeple	15	2001-03-01	B.C. Provincial Championships
<b>Male 15 &amp; Over 200 Free</b>						
1	1:52.73 S	F *I	Jackson Wang	17	2005-02-17	2005 Western Canadian Championships
2	1:56.58 S	F	Max Zha	17	2024-11-08	2024 Brad Reid Memorial
3	2:00.56 S	P *I	Marcus Hugo Vioria	16	2022-11-11	2022 Hyack Brad Reid Memorial Invitational
4	2:01.80 S	P *I	Nicky Hou	17	2011-03-03	2011 TAS BC AAA SC Age Group Champion
5	2:03.24 S	P *I	Kevin Ge	17	2011-03-03	2011 TAS BC AAA SC Age Group Champion
6	2:03.61 S	P *I	Daniel Wang	16	2023-06-23	2023 BC Summer Divisionals - VFD
7	2:05.57 S L	F *I	Michael Milic	15	2014-01-31	2014 Swim BC AAA Short Course Age Group
8	2:05.63 S	P *I	Akashvir Bhangu	19	2023-02-17	2023 BC Winter Divisionals - Van & Fraser
9	2:07.06 S	P *I	Nicholas Kidd	18	2016-03-03	2016 Swim BC SC AAA Championships
10	2:07.19 S	P *I	Maxime Maréchal-McCoy	29	2017-12-15	2017 FastSwim
<b>Male 15 &amp; Over 400 Free</b>						
1	4:04.89 S	F	Max Zha	17	2024-12-19	FastSwim Classic 2024
2	4:17.91 S	P *I	Jackson Wang	17	2004-11-12	Island Pacific Cup
3	4:21.28 S	P *I	Michael Milic	17	2016-03-03	2016 Swim BC SC AAA Championships
4	4:22.47 S	P *I	Nicholas Kidd	18	2016-03-03	2016 Swim BC SC AAA Championships
5	4:27.62 S	P *I	Shingo Kido	17	2003-02-27	TAS BC Open Age Group Champion
6	4:29.95 S	F *I	Nicky Hou	16	2009-11-07	Fall into Finals 2009
7	4:32.91 S	F *I	Akashvir Bhangu	17	2021-06-28	DSSC Season Wrap Up
8	4:32.97 S	F *I	Daniel Wang	16	2023-11-10	2023 Brad Reid Memorial
9	4:36.18 S	P *I	Stephen Riggs	17	2011-03-03	2011 TAS BC AAA SC Age Group Champion
10	4:37.29 S	F	Gurshaan Sangha	15	2024-11-08	2024 Brad Reid Memorial
<b>Male 15 &amp; Over 800 Free</b>						
1	8:29.44 S	F	Max Zha	17	2024-11-08	2024 Brad Reid Memorial
2	9:08.45 S	F *I	Jackson Wang	16	2003-10-25	PSW LMR 2003
3	9:28.58 S	F *I	Shingo Kido	17	2003-04-12	Haney "Spring Splash" Classic
4	9:28.82 S	F *I	Akashvir Bhangu	18	2022-02-25	2022 BC Winter Divisionals -Va
5	9:39.79 S	F *I	Nicholas Kidd	17	2015-04-25	DSSC Distance Time Trial 3
6	9:43.22 S	F *I	Jason Steeple	15	2000-10-28	Octoboofest Classic
7	9:46.70 S	F *I	Daniel Wang	15	2022-12-04	Delta Distance LMR
8	9:49.32 S	F *I	Arnav Sharma	16	2023-10-28	Winskill LMR 2023
9	9:55.35 S	F *I	Eldon Shen	16	2021-06-28	DSSC Season Wrap Up
10	10:16.71 S	F	Manraj Johal	15	2023-12-03	Delta Distance LMR

## Delta Sungod Swim Club

### Individual Top Times

Number of Top Times: 10 Show Short Course Only

	Time	P/F/S	Name	Age/Yr		
<b>Male 15 &amp; Over 1500 Free</b>						
1	16:23.27 S	F	Max Zha	17	2024-12-19	FastSwim Classic 2024
2	17:09.70 S S	F	*I Nicholas Kidd	18	2016-03-03	2016 Swim BC SC AAA Championships
3	17:30.41 S	F	*I Jackson Wang	15	2003-04-12	Haney "Spring Splash" Classic
4	17:32.59 S	F	*I Michael Milic	16	2015-01-31	DSSC Distance Time Trial
5	18:01.49 S	F	*I Stephen Riggs	16	2010-03-04	2010 TAS BC AAA SC Championships
6	18:03.58 S	F	*I Nicky Hou	16	2009-12-12	Team Sungod Candy Cane LMR
7	18:21.02 S	F	*I Akashvir Bhangu	17	2021-03-08	March End of Cycle Test Meet - Unofficial
8	18:25.62 S	F	*I Noah Landry	15	2015-11-07	DSSC Distance Time Trial #1
9	18:30.19 S	F	*I Hector Rodriguez Hernandez	16	2014-03-15	DSSC Distance Time Trial #2
10	18:33.90 S	F	*I Colton DeCecco	16	2009-12-12	Team Sungod Candy Cane LMR
<b>Male 15 &amp; Over 50 Back</b>						
1	28.53 S	F	*I Jackson Wang	17	2004-12-03	FASTSWIM2004
2	29.19 S L	F	*I Scott Hanna	17	2008-12-05	Fastswim 2008
3	29.22 S	F	*I Nicky Hou	17	2011-08-05	SFU Grand Prix 2011
4	29.36 S	F	*I Eldon Shen	16	2021-06-28	DSSC Season Wrap Up
5	30.05 S	P	Manraj Johal	15	2023-06-23	2023 BC Summer Divisionals - VFD
6	30.06 S	F	*I Shingo Kido	20	2006-02-10	Ontario University Champs
7	30.27 S L	F	*I Nicholas Kidd	18	2016-03-03	2016 Swim BC SC AAA Championships
8	30.33 S	F	*I Akashvir Bhangu	17	2021-06-28	DSSC Season Wrap Up
9	30.79 S	F	*I Michael Milic	16	2014-12-12	2014 FastSwim
10	31.01 S	P	*I Daniel Wang	16	2023-06-23	2023 BC Summer Divisionals - VFD
<b>Male 15 &amp; Over 100 Back</b>						
1	59.69 S	F	*I Jackson Wang	17	2004-12-03	FASTSWIM2004
2	1:02.66 S	F	*I Nicky Hou	17	2011-05-14	May 2011 SFA-SFU LMR meet
3	1:03.10 S	F	*I Eldon Shen	16	2021-06-28	DSSC Season Wrap Up
4	1:03.77 S	F	*I Scott Hanna	17	2008-10-18	Team Sungod LMR Regional Meet #1
5	1:03.97 S	P	*I Michael Milic	15	2014-01-31	2014 Swim BC AAA Short Course Age Grou
6	1:04.26 S	P	*I Nicholas Kidd	18	2016-03-03	2016 Swim BC SC AAA Championships
7	1:04.37 S	F	*I Qinjia Yang	15	2021-11-12	2021 Hyack Brad Reid Memorial Invitational
8	1:04.38 S	F	*I Daniel Wang	16	2024-01-27	SKSC Winterfest 2024
9	1:04.79 S	P	*I Marcus Hugo Vloria	16	2022-11-11	2022 Hyack Brad Reid Memorial Invitational
10	1:05.66 S	P	*I Hector Rodriguez Hernandez	15	2013-12-13	Fastswim 2013
<b>Male 15 &amp; Over 200 Back</b>						
1	2:13.81 S	F	*I Michael Milic	17	2016-03-03	2016 Swim BC SC AAA Championships
2	2:14.93 S	P	*I Jackson Wang	17	2005-02-03	2005 TAS AAA Championshipst
3	2:16.16 S	F	*I Noah Landry	15	2015-12-11	2015 FastSwim
4	2:16.32 S	P	*I Marcus Hugo Vloria	16	2022-11-11	2022 Hyack Brad Reid Memorial Invitational
5	2:17.35 S	F	*I Eldon Shen	16	2021-06-28	DSSC Season Wrap Up
6	x2:17.43 S	F	*I Nicky Hou	17	2011-05-14	May 2011 SFA-SFU LMR meet
7	2:17.67 S	P	*I Nicholas Kidd	18	2016-03-03	2016 Swim BC SC AAA Championships
8	2:22.12 S	F	Max Zha	16	2023-06-23	2023 BC Summer Divisionals - VFD
9	2:22.87 S	F	*I Hector Rodriguez Hernandez	15	2013-12-13	Fastswim 2013
10	2:23.14 S	P	*I Scott Hanna	15	2007-03-01	2007 TAS Provincial Short Course Champio
<b>Male 15 &amp; Over 50 Breast</b>						
1	31.32 S	F	*I Daniel Wang	16	2024-01-27	SKSC Winterfest 2024
2	32.56 S	F	*I Nicky Hou	15	2009-04-04	Team Sungod April Fool's Invitational 2009
3	32.66 S	T	*I Michael Milic	15	2014-01-31	2014 Swim BC AAA Short Course Age Grou
4	x32.80 S	P	Gurshaan Sangha	15	2024-06-28	2024 BC Summer Divisionals VFD
5	33.06 S	F	*I Connor Warkentin	17	2014-03-08	SKSC Spring Invitational
6	33.17 S	P	*I Maxime Maréchal-McCoy	29	2017-12-15	2017 FastSwim
7	33.30 S	F	*I Kevin Ge	17	2010-12-03	Fastswim 2010
8	33.58 S	F	*I Alan Lu	15	2012-08-03	2012 SFU Grand Prix swim meet

## Delta Sungod Swim Club

### Individual Top Times

Number of Top Times: 10 Show Short Course Only

	Time	P/F/S	Name	Age/Yr		
9	33.90 S	F	Max Zha	16	2024-04-13	DELTA April Fun Meet
10	33.96 S	F	Sarvesh Arunmala	16	2024-12-14	Delta December Fun Meet
<b>Male 15 &amp; Over 100 Breast</b>						
1	1:08.69 S	F	*I Daniel Wang	16	2023-10-28	Winskill LMR 2023
2	1:10.05 S	F	*I Kevin Ge	17	2010-12-03	Fastswim 2010
3	1:10.36 S	F	Gurshaan Sangha	15	2024-06-28	2024 BC Summer Divisionals VFD
4	1:10.37 S	P	*I Michael Milic	15	2014-02-13	2014 Speedo Western Canadian Champion
5	1:10.60 S	P	Max Zha	16	2024-02-23	2024 BC WinterDivisionals- VFD
6	1:10.86 S	P	*I Connor Warkentin	17	2014-01-31	2014 Swim BC AAA Short Course Age Grou
7	1:10.96 S	F	*I Nicky Hou	15	2009-04-04	Team Sungod April Fool's Invitational 2009
8	1:12.76 S	F	*I Alan Lu	15	2012-08-03	2012 SFU Grand Prix swim meet
9	1:13.71 S	F	*I Jagdeesh Uppal	18	2013-11-16	7th Annual Langley Olympians Short Course
10	1:14.62 S	P	*I Marcus Hugo Vloria	16	2022-11-11	2022 Hyack Brad Reid Memorial Invitational
<b>Male 15 &amp; Over 200 Breast</b>						
1	2:32.49 S	P	*I Daniel Wang	16	2023-06-23	2023 BC Summer Divisionals - VFD
2	2:32.88 S	F	*I Connor Warkentin	17	2013-11-16	7th Annual Langley Olympians Short Course
3	2:33.41 S	F	Gurshaan Sangha	15	2024-02-23	2024 BC WinterDivisionals- VFD
4	2:33.54 S	F	*I Michael Milic	15	2014-01-31	2014 Swim BC AAA Short Course Age Grou
5	2:33.58 S	F	Max Zha	16	2023-06-23	2023 BC Summer Divisionals - VFD
6	2:35.27 S	P	*I Kevin Ge	17	2011-03-03	2011 TAS BC AAA SC Age Group Champion
7	2:36.49 S	P	*I Nicky Hou	16	2009-11-07	Fall into Finals 2009
8	2:41.70 S	P	*I Jagdeesh Uppal	18	2013-11-16	7th Annual Langley Olympians Short Course
9	2:45.64 S	P	*I Justin Tetrault	16	2008-02-28	2008 TAS BC Provincial SC Championships
10	2:45.72 S	P	*I Noah Landry	15	2015-11-13	2015 Hyack Fall into Finals
<b>Male 15 &amp; Over 50 Fly</b>						
1	26.29 S	F	*I Jackson Wang	16	2004-02-19	2004 Western Canadian Championships
2	27.37 S	P	Manraj Johal	16	2024-12-19	FastSwim Classic 2024
3	27.61 S	F	Max Zha	16	2023-11-10	2023 Brad Reid Memorial
4	28.00 S	F	*I Shingo Kido	20	2006-02-10	Ontario University Champs
5	28.33 S	P	Gurshaan Sangha	15	2024-06-28	2024 BC Summer Divisionals VFD
6	28.37 S	F	*I Arnav Sharma	16	2023-06-30	DELTA June Time Trial
7	28.48 S	F	*I Daniel Wang	16	2023-06-30	DELTA June Time Trial
8	28.67 S	P	*I Akashvir Bhangu	19	2023-02-17	2023 BC Winter Divisionals - Van & Fraser
9	28.82 S	F	*I Torin Bateman	17	2002-10-26	2002 PSW LMR
10	28.93 S	P	*I Joseph Kidd	17	2012-11-30	Fastswim 2012
<b>Male 15 &amp; Over 100 Fly</b>						
1	56.41 S	P	*I Jackson Wang	17	2005-02-17	2005 Western Canadian Championships
2	59.15 S	F	Max Zha	17	2024-12-19	FastSwim Classic 2024
3	1:00.78 S	F	*I Shingo Kido	20	2006-02-10	Ontario University Champs
4	1:01.39 S	F	*I Marcus Hugo Vloria	16	2022-11-11	2022 Hyack Brad Reid Memorial Invitational
5	1:01.71 S	P	Manraj Johal	16	2024-12-19	FastSwim Classic 2024
6	1:03.07 S	P	*I Arnav Sharma	17	2024-02-23	2024 BC WinterDivisionals- VFD
7	1:03.32 S	F	*I Qinjia Yang	15	2021-06-28	DSSC Season Wrap Up
8	1:03.87 S	F	*I Akashvir Bhangu	17	2021-06-28	DSSC Season Wrap Up
9	1:04.60 S	P	Gurshaan Sangha	15	2024-02-23	2024 BC WinterDivisionals- VFD
10	1:04.62 S	F	*I Hector Rodriguez Hernandez	15	2013-12-13	Fastswim 2013
<b>Male 15 &amp; Over 200 Fly</b>						
1	2:08.90 S	F	Max Zha	17	2024-11-08	2024 Brad Reid Memorial
2	2:13.36 S	F	*I Marcus Hugo Vloria	16	2022-11-11	2022 Hyack Brad Reid Memorial Invitational
3	2:14.20 S	F	*I Shingo Kido	20	2006-02-10	Ontario University Champs
4	2:15.82 S	F	*I Jackson Wang	16	2003-11-28	Fastswim Classic 2003
5	2:19.86 S	F	*I Noah Landry	15	2015-12-11	2015 FastSwim
6	2:20.92 S	P	*I Arnav Sharma	17	2024-02-23	2024 BC WinterDivisionals- VFD

## Delta Sungod Swim Club

### Individual Top Times

Number of Top Times: 10 Show Short Course Only

	Time	P/F/S	Name	Age/Yr		
7	2:24.82 S	P	*I Hector Rodriguez Hernandez	15	2014-01-31	2014 Swim BC AAA Short Course Age Grou
8	2:25.55 S	F	*I Qinjia Yang	15	2021-06-28	DSSC Season Wrap Up
9	2:28.64 S	P	*I Akashvir Bhangu	15	2019-11-08	2019 Brad Reid Memorial Invitational
10	2:28.98 S	F	*I Victor Lucy	15	2017-02-16	2017 Swim BC Short Course AA Champions
<b>Male 15 &amp; Over 100 IM</b>						
1	1:03.46 S	F	*I Jackson Wang	15	2003-04-12	Haney "Spring Splash" Classic
2	1:04.03 S	F	*I Nicky Hou	17	2011-05-14	May 2011 SFA-SFU LMR meet
3	1:04.28 S	F	Max Zha	16	2024-04-13	DELTA April Fun Meet
4	1:04.62 S	F	*I Daniel Wang	16	2023-05-13	DELTA May Fun Meet
5	1:07.34 S	F	*I Shingo Kido	17	2002-10-26	2002 PSW LMR
6	1:07.72 S	F	Gurshaan Sangha	15	2024-02-17	DELTA February Fun Meet
7	1:08.03 S	F	*I Akashvir Bhangu	19	2023-10-14	DELTA October Fun Meet
8	1:08.37 S	F	*I Arnav Sharma	16	2023-11-25	DELTA November Fun Meet
9	1:08.78 S	F	*I Ciro Golden	16	2006-03-04	Haney Spring Splash V
10	1:08.89 S	F	*I Scott Hanna	17	2008-10-18	Team Sungod LMR Regional Meet #1
<b>Male 15 &amp; Over 200 IM</b>						
1	2:15.56 S	F	Max Zha	17	2024-10-26	Winskill Dolphins LMR Meet
2	2:16.41 S	P	*I Michael Milic	17	2016-03-03	2016 Swim BC SC AAA Championships
3	2:17.08 S	P	*I Nicky Hou	17	2011-03-03	2011 TAS BC AAA SC Age Group Champion
4	2:18.63 S	F	*I Daniel Wang	16	2024-01-27	SKSC Winterfest 2024
5	2:20.96 S	F	*I Noah Landry	15	2015-12-11	2015 FastSwim
6	2:21.99 S	P	*I Jackson Wang	17	2004-11-12	Island Pacific Cup
7	2:23.23 S	P	Gurshaan Sangha	15	2024-06-28	2024 BC Summer Divisionals VFD
8	2:23.24 S	F	*I Shingo Kido	17	2003-04-12	Haney "Spring Splash" Classic
9	2:25.33 S	F	*I Eldon Shen	16	2021-06-28	DSSC Season Wrap Up
10	2:25.98 S	P	*I Arnav Sharma	17	2024-02-23	2024 BC WinterDivisionals- VFD
<b>Male 15 &amp; Over 400 IM</b>						
1	x4:42.93 S	F	Max Zha	16	2024-02-23	2024 BC WinterDivisionals- VFD
2	4:44.88 S	P	*I Michael Milic	17	2016-03-03	2016 Swim BC SC AAA Championships
3	4:47.89 S	P	*I Noah Landry	16	2016-03-03	2016 Swim BC SC AAA Championships
4	4:54.46 S	F	*I Marcus Hugo Vilorio	16	2022-11-11	2022 Hyack Brad Reid Memorial Invitational
5	4:54.93 S	F	*I Daniel Wang	16	2024-02-23	2024 BC WinterDivisionals- VFD
6	5:04.25 S	P	*I Nicky Hou	16	2009-12-04	Fastswim 2009
7	5:12.33 S	F	*I Eldon Shen	16	2021-06-28	DSSC Season Wrap Up
8	5:12.81 S	P	*I Jackson Wang	16	2003-11-07	Island Pacific Cup
9	5:13.04 S	F	*I Qinjia Yang	15	2021-06-28	DSSC Season Wrap Up
10	5:13.47 S	F	*I Nicholas Kidd	17	2015-11-13	2015 Hyack Fall into Finals