



When is registration?

Dssc has ongoing registration throughout the regular season from September to June. You can contact us at 604-345-5912 or email headcoach@teamsungod.ca

What skill level does my child need?

Swimmers must be comfortable in deep water. Your child may need to be assessed based on their age or skill level. Swimmers aged 6 & under will most likely be placed into the learn to compete program. Bring your suit, bathing cap or goggles (if you have them) and a towel to keep warm after.

What does my swimmer need when attending practices?

All swimmers need a navy blue training suit, goggles, Cap (if hair is long) and fins. Other equipment required is based on each individual group and specific equipment requirements can be found at www.teamsungod.ca

Where do I sign up?

Once your child has been assessed by a coach you will be given the group to register for. You can visit www.teamsungod.ca . Registration is all done online. Your swimmer will begin the first day of the following month.

What if I need to withdraw a swimmer before the end of the season?

If your swimmer needs to withdraw at any point during the season. You can email headcoach@teamsungod.ca. We require 30 days notice.

What if my child can only attend some of their practices? Can they attend different days with other groups?

If your child is having conflicting schedules and swims in regional or learn to compete groups first speak with your child's coach to see if we can come up with a solution. All other groups have set practice times with space to accommodate only swimmers in that group and cannot accommodate any other swimmers.

My swimmer doesn't like to swim in the morning... Can we not attend those practices?

Getting up early in the morning can be a challenge! Throughout a swimmer's career morning practices increase.. at DSSC we feel it is important to introduce morning swims to our younger athletes and increase the amount per week (if Necessary) as the swimmer moves throughout the club.

Will my child be required to compete?

Swimmers are strongly encouraged to attend meets on a regular basis throughout the season. We offer meets for all skill levels so swimmers have many opportunities to try out racing!

How often do swim meets occur? Where do I sign up to attend?

Swim meets for all groups happen every 4-6 weeks. Swimmers are required to sign up on the team website in advance under the "events" tab.

When will my swimmer move groups?

DSSC coaches closely monitor the effort and progress of all our swimmers and make the decision when to move them based on when it's best for the athlete. These decisions are on a swimmer to swimmer basis taking into account the most successful move for the athlete and the new group they will be joining.

