

2025 Vancouver Island Regional SC Championshi - 2025-01-31 to 2025-02-02

Session Report

Session: 1 Session 1

Day of Meet: 1 Starts at 11:00 AM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	Actual
Finals	101 Girls 800 Freestyle	20	3	11:00 AM	NA
Finals	102 Boys 800 Freestyle	16	3	11:39 AM	NA
Finals	103 Girls 1500 Freestyle	9	2	12:16 PM	NA
Finals	104 Boys 1500 Freestyle	11	2	01:03 PM	NA
	Swimmers Counts for Warm-ups: 56	====	====		
	Entry / Heat Totals:	56	10		
	Finish Time			01:47 PM	e01:47 PM
=====					
	Team - #Entries - #Athletes				
=====					
COMOX	Comox Valley Aquatic Club	5	5		
DST	Duncan Swim Team	11	11		
ISC	Island Swimming	3	3		
NRST	Nanaimo Riptides Swim Team	4	4		
UVPCS	Pacific Coast Swimming	32	32		
RAC	Ravensong Aquatic Club	1	1		

2025 Vancouver Island Regional SC Championshi - 2025-01-31 to 2025-02-02

Session Report

Session: 2 Session 2

Day of Meet: 1 Starts at 03:30 PM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	Actual
Finals	201 Girls 200 Freestyle Relay	17	3	03:30 PM	NA
Finals	202 Boys 200 Freestyle Relay	16	3	03:39 PM	NA
Finals	203 Girls 11 & Over 100 Freestyle	83	11	03:46 PM	NA
Finals	204 Boys 11 & Over 100 Freestyle	82	11	04:06 PM	NA
Finals	205 Girls 200 Backstroke	38	6	04:25 PM	NA
Finals	206 Boys 200 Backstroke	36	5	04:48 PM	NA
Finals	207 Girls 11 & Over 50 Butterfly	65	9	05:07 PM	NA
Finals	208 Boys 11 & Over 50 Butterfly	53	7	05:18 PM	NA
Finals	209 Girls 200 IM	47	6	05:26 PM	NA
Finals	210 Boys 200 IM	44	6	05:49 PM	NA
Finals	211 Girls 11 & Over 50 Breaststroke	33	5	06:11 PM	NA
Finals	212 Boys 11 & Over 50 Breaststroke	43	6	06:17 PM	NA
	Swimmers Counts for Warm-ups: 238	====	====		
	Entry / Heat Totals:	557	78		
	Finish Time			06:25 PM	e06:25 PM
	=====				
	Team - #Entries - #Athletes				
	=====				
COMOX	Comox Valley Aquatic Club	75	32		
CRKW	Crkw	35	14		
DST	Duncan Swim Team	62	25		
ISC	Island Swimming	87	43		
LCSC	Lcsc	8	4		
NRST	Nanaimo Riptides Swim Team	114	43		
UVPCS	Pacific Coast Swimming	155	68		
RAC	Ravensong Aquatic Club	13	6		
WIND	West Coast Wind Swim Club	8	3		

2025 Vancouver Island Regional SC Championshi - 2025-01-31 to 2025-02-02

Session Report

Session: 3 Session 3

Day of Meet: 2 Starts at 09:30 AM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	Actual
Finals	301 Girls 12 & Under 200 Medley Relay	19	3	09:30 AM	NA
Finals	302 Boys 12 & Under 200 Medley Relay	13	3	09:42 AM	NA
Finals	303 Girls 10 & Under 100 Freestyle	43	6	09:53 AM	NA
Finals	304 Boys 10 & Under 100 Freestyle	24	3	10:06 AM	NA
Finals	305 Girls 11-12 200 Freestyle	52	7	10:13 AM	NA
Finals	306 Boys 11-12 200 Freestyle	28	4	10:38 AM	NA
Finals	307 Girls 10 & Under 100 Butterfly	6	1	10:52 AM	NA
Finals	308 Boys 10 & Under 100 Butterfly	5	1	10:55 AM	NA
Finals	309 Girls 11-12 100 Butterfly	12	2	10:57 AM	NA
Finals	310 Boys 11-12 100 Butterfly	11	2	11:02 AM	NA
Finals	311 Girls 10 & Under 50 Breaststroke	33	5	11:07 AM	NA
Finals	312 Boys 10 & Under 50 Breaststroke	17	3	11:14 AM	NA
Finals	313 Girls 11-12 200 Breaststroke	20	3	11:19 AM	NA
Finals	314 Boys 11-12 200 Breaststroke	14	2	11:32 AM	NA
Finals	315 Girls 10 & Under 50 Backstroke	27	4	11:40 AM	NA
Finals	316 Boys 10 & Under 50 Backstroke	21	3	11:47 AM	NA
Finals	317 Girls 11-12 50 Backstroke	48	6	11:52 AM	NA
Finals	318 Boys 11-12 50 Backstroke	26	4	12:01 PM	NA
Finals	319 Girls 10 & Under 200 IM	21	3	12:07 PM	NA
Finals	320 Boys 10 & Under 200 IM	14	2	12:21 PM	NA
Finals	321 Girls 11-12 400 IM	11	2	12:30 PM	NA
Finals	322 Boys 11-12 400 IM	7	1	12:44 PM	NA
Finals	323 Girls 12 & Under 400 Freestyle Relay	12	2	12:52 PM	NA
Finals	324 Boys 12 & Under 400 Freestyle Relay	8	1	01:04 PM	NA
	Swimmers Counts for Warm-ups: 179	====	====		
	Entry / Heat Totals:	492	73		
	Finish Time			01:11 PM	e01:11 PM
	=====				
	Team - #Entries - #Athletes				
	=====				
COMOX	Comox Valley Aquatic Club	72	25		
CRKW	Crkw	51	19		
DST	Duncan Swim Team	42	15		
ISC	Island Swimming	72	27		
LCSC	Lcsc	5	2		
NRST	Nanaimo Riptides Swim Team	77	27		
UVPCS	Pacific Coast Swimming	150	55		
RAC	Ravensong Aquatic Club	9	3		
WIND	West Coast Wind Swim Club	14	6		

2025 Vancouver Island Regional SC Championshi - 2025-01-31 to 2025-02-02

Session Report

Session: 4 Session 4

Day of Meet: 2 Starts at 03:30 PM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	Actual
Finals	401 Girls 13 & Over 400 Freestyle Relay	7	1	03:30 PM	NA
Finals	402 Boys 13 & Over 400 Freestyle Relay	12	2	03:36 PM	NA
Finals	403 Girls 13 & Over 200 Freestyle	39	5	03:46 PM	NA
Finals	404 Boys 13 & Over 200 Freestyle	45	6	04:01 PM	NA
Finals	405 Girls 13 & Over 100 Butterfly	32	4	04:19 PM	NA
Finals	406 Boys 13 & Over 100 Butterfly	35	5	04:27 PM	NA
Finals	407 Girls 13 & Over 200 Breaststroke	16	3	04:36 PM	NA
Finals	408 Boys 13 & Over 200 Breaststroke	24	3	04:48 PM	NA
Finals	409 Girls 13 & Over 50 Backstroke	40	5	04:59 PM	NA
Finals	410 Boys 13 & Over 50 Backstroke	44	6	05:06 PM	NA
Finals	411 Girls 13 & Over 400 IM	8	2	05:14 PM	NA
Finals	412 Boys 13 & Over 400 IM	9	2	05:26 PM	NA
Finals	413 Girls 13 & Over 200 Medley Relay	9	2	05:40 PM	NA
Finals	414 Boys 13 & Over 200 Medley Relay	12	2	05:46 PM	NA
	Swimmers Counts for Warm-ups: 131	====	====		
	Entry / Heat Totals:	332	48		
	Finish Time			05:52 PM	e05:52 PM
	=====				
	Team - #Entries - #Athletes				
	=====				
COMOX	Comox Valley Aquatic Club	39	16		
CRKW	Crkw	12	4		
DST	Duncan Swim Team	34	13		
ISC	Island Swimming	62	26		
LCSC	Lcsc	6	3		
NRST	Nanaimo Riptides Swim Team	73	30		
UVPCS	Pacific Coast Swimming	93	33		
RAC	Ravensong Aquatic Club	9	4		
WIND	West Coast Wind Swim Club	4	2		

2025 Vancouver Island Regional SC Championshi - 2025-01-31 to 2025-02-02

Session Report

Session: 5 Session 5

Day of Meet: 3 Starts at 09:30 AM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	Actual
Finals	501 Girls 12 & Under 200 Freestyle Relay	20	3	09:30 AM	NA
Finals	502 Boys 12 & Under 200 Freestyle Relay	14	3	09:40 AM	NA
Finals	503 Girls 10 & Under 50 Butterfly	17	3	09:49 AM	NA
Finals	504 Boys 10 & Under 50 Butterfly	13	2	09:54 AM	NA
Finals	505 Girls 11-12 200 Butterfly	4	1	09:57 AM	NA
Finals	506 Boys 11-12 200 Butterfly	5	1	10:01 AM	NA
Finals	507 Girls 10 & Under 50 Freestyle	33	5	10:05 AM	NA
Finals	508 Boys 10 & Under 50 Freestyle	23	3	10:12 AM	NA
Finals	509 Girls 11-12 50 Freestyle	54	7	10:15 AM	NA
Finals	510 Boys 11-12 50 Freestyle	36	5	10:23 AM	NA
Finals	511 Girls 10 & Under 100 Breaststroke	22	3	10:29 AM	NA
Finals	512 Boys 10 & Under 100 Breaststroke	11	2	10:37 AM	NA
Finals	513 Girls 11-12 100 Breaststroke	38	5	10:42 AM	NA
Finals	514 Boys 11-12 100 Breaststroke	19	3	10:53 AM	NA
Finals	515 Girls 10 & Under 100 Backstroke	27	4	11:01 AM	NA
Finals	516 Boys 10 & Under 100 Backstroke	17	3	11:12 AM	NA
Finals	517 Girls 11-12 100 Backstroke	46	6	11:20 AM	NA
Finals	518 Boys 11-12 100 Backstroke	23	3	11:35 AM	NA
Finals	519 Girls 10 & Under 200 Freestyle	25	4	11:42 AM	NA
Finals	520 Boys 10 & Under 200 Freestyle	17	3	11:59 AM	NA
Finals	521 Girls 11-12 400 Freestyle	16	2	12:11 PM	NA
Finals	522 Boys 11-12 400 Freestyle	16	2	12:24 PM	NA
Finals	523 Girls 12 & Under 400 Medley Relay	10	2	12:37 PM	NA
Finals	524 Boys 12 & Under 400 Medley Relay	9	2	12:53 PM	NA
	Swimmers Counts for Warm-ups: 177	====	====		
	Entry / Heat Totals:	515	77		
	Finish Time			01:08 PM	e01:08 PM
	=====				
	Team - #Entries - #Athletes				
	=====				
COMOX	Comox Valley Aquatic Club	72	25		
CRKW	Crkw	50	17		
DST	Duncan Swim Team	43	15		
ISC	Island Swimming	70	27		
LCSC	Lcsc	5	2		
NRST	Nanaimo Riptides Swim Team	72	25		
UVPCS	Pacific Coast Swimming	171	55		
RAC	Ravensong Aquatic Club	13	5		
WIND	West Coast Wind Swim Club	19	6		

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Session Report

Session: 6 Session 6

Day of Meet: 3 Starts at 03:30 PM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	Actual
Finals	601 Girls 13 & Over 400 Medley Relay	9	2	03:30 PM	NA
Finals	602 Boys 13 & Over 400 Medley Relay	13	2	03:43 PM	NA
Finals	603 Girls 13 & Over 200 Butterfly	7	1	03:54 PM	NA
Finals	604 Boys 13 & Over 200 Butterfly	10	2	03:58 PM	NA
Finals	605 Girls 13 & Over 50 Freestyle	51	7	04:05 PM	NA
Finals	606 Boys 13 & Over 50 Freestyle	51	7	04:13 PM	NA
Finals	607 Girls 13 & Over 100 Breaststroke	22	3	04:20 PM	NA
Finals	608 Boys 13 & Over 100 Breaststroke	28	4	04:26 PM	NA
Finals	609 Girls 13 & Over 100 Backstroke	37	5	04:34 PM	NA
Finals	610 Boys 13 & Over 100 Backstroke	35	5	04:45 PM	NA
Finals	611 Girls 13 & Over 400 Freestyle	26	4	04:56 PM	NA
Finals	612 Boys 13 & Over 400 Freestyle	27	4	05:19 PM	NA
	Swimmers Counts for Warm-ups: 132	====	====		
	Entry / Heat Totals:	316	46		
	Finish Time			05:43 PM	e05:43 PM
	=====				
	Team - #Entries - #Athletes				
	=====				
COMOX	Comox Valley Aquatic Club	36	16		
CRKW	Crkw	8	3		
DST	Duncan Swim Team	32	13		
ISC	Island Swimming	66	28		
LCSC	Lcsc	6	3		
NRST	Nanaimo Riptides Swim Team	75	30		
UVPCS	Pacific Coast Swimming	82	33		
RAC	Ravensong Aquatic Club	7	4		
WIND	West Coast Wind Swim Club	4	2		