

2025 ISC Bennett Cup - 2025-11-07 to 2025-11-09

Session Report

Session: 1W Friday - Mixed Relay & Timed Finals - GIRLS

Day of Meet: 1 Starts at 05:00 PM Heat Interval: 30 Seconds / Back +30 Seconds

Round	Event	Entries	Heats	Starts at	Actual
Finals	41 Mixed 200 Medley Relay	7	1 u	05:00 PM	NA
Finals	1 Girls 50 Butterfly	81	11 u	05:04 PM	NA
Finals	3 Girls 400 IM	34	5 u	05:16 PM	NA
	Break: 5 Minutes: Scheduled break				
Finals	5 Girls 50 Backstroke	82	11 u	05:54 PM	NA
Finals	7 Girls 50 Breaststroke	51	7 u	06:13 PM	NA
	Break: 5 Minutes: Bennett Memorial Awards				
Finals	9 Girls 400 Freestyle	60	8 u	06:27 PM	NA
	Swimmers Counts for Warm-ups: 158	====	====		
	Entry / Heat Totals:	315	43		
	Finish Time			07:15 PM	e07:15 PM

2025 ISC Bennett Cup - 2025-11-07 to 2025-11-09

Session Report

Session: 1E Friday - Timed Finals - BOYS

Day of Meet: 1 Starts at 05:10 PM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	Actual
Finals	2 Boys 50 Butterfly	80	10 u	05:10 PM	NA
Finals	4 Boys 400 IM	35	5 u	05:21 PM	NA
	Break: 5 Minutes: Scheduled break				
Finals	6 Boys 50 Backstroke	62	8 u	05:58 PM	NA
Finals	8 Boys 50 Breaststroke	60	8 u	06:09 PM	NA
	Break: 5 Minutes: Bennett Memorial Awards				
Finals	10 Boys 400 Freestyle	51	7 u	06:24 PM	NA
	Swimmers Counts for Warm-ups: 130	=====	=====		
	Entry / Heat Totals:	288	38		
	Finish Time			07:06 PM	e07:06 PM

2025 ISC Bennett Cup - 2025-11-07 to 2025-11-09
Session Report

Session: 2E Saturday - Prelims - GIRLS

Day of Meet: 2 Starts at 09:00 AM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	Actual
Prelims	11 Girls 200 Backstroke	51	7 u	09:00 AM	NA
Prelims	13 Girls 100 Butterfly	51	7 u	09:26 AM	NA
Prelims	15 Girls 200 IM	35	5 u	09:40 AM	NA
	Break: 5 Minutes: Scheduled break				
Prelims	17 Girls 100 Freestyle	90	12 u	10:02 AM	NA
Prelims	19 Girls 200 Breaststroke	35	5 u	10:24 AM	NA
Prelims	21 Girls 100 IM	38	5 u	10:43 AM	NA
	Break: 5 Minutes: Scheduled break				
Finals	23 Girls 800 Freestyle	43	6 u	10:59 AM	NA
	Swimmers Counts for Warm-ups: 147	=====	=====		
	Entry / Heat Totals:	343	47		
	Finish Time			12:12 PM	e12:12 PM

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Session: 2W Saturday - Prelims - BOYS

Day of Meet: 2 Starts at 09:00 AM Heat Interval: 30 Seconds / Back +30 Seconds

Round	Event	Entries	Heats	Starts at	Actual
Prelims	12 Boys 200 Backstroke	34	5 u	09:00 AM	NA
Prelims	14 Boys 100 Butterfly	54	7 u	09:18 AM	NA
Prelims	16 Boys 200 IM	28	4 u	09:31 AM	NA
	Break: 5 Minutes: Scheduled break				
Prelims	18 Boys 100 Freestyle	88	11 u	09:49 AM	NA
Prelims	20 Boys 200 Breaststroke	34	5 u	10:06 AM	NA
Prelims	22 Boys 100 IM	31	4 u	10:25 AM	NA
	Break: 5 Minutes: Scheduled break				
Finals	24 Boys 800 Freestyle	45	6 u	10:38 AM	NA
	Swimmers Counts for Warm-ups: 131	====	====		
	Entry / Heat Totals:	314	42		
	Finish Time			11:46 AM	e11:46 AM

2025 ISC Bennett Cup - 2025-11-07 to 2025-11-09**Session Report**

Session: 3 Saturday - Finals

Day of Meet: 2 Starts at 05:00 PM Heat Interval: 45 Seconds / Back +30 Seconds

Round	Event	Entries	Heats	Starts at	Actual
Finals	37 Girls 200 Freestyle Relay	16	2 u	05:00 PM	NA
Finals	38 Boys 200 Freestyle Relay	14	2 u	05:06 PM	NA
Finals	11 Girls 200 Backstroke	32	4 u	05:11 PM	NA
Finals	12 Boys 200 Backstroke	32	4 u	05:27 PM	NA
Finals	13 Girls 100 Butterfly	32	4 u	05:42 PM	NA
Finals	14 Boys 100 Butterfly	32	4 u	05:50 PM	NA
Finals	15 Girls 200 IM	32	4 u	05:57 PM	NA
Finals	16 Boys 200 IM	28	4 u	06:12 PM	NA
Finals	17 Girls 100 Freestyle	32	4 u	06:25 PM	NA
Finals	18 Boys 100 Freestyle	32	4 u	06:32 PM	NA
Finals	19 Girls 200 Breaststroke	32	4 u	06:39 PM	NA
Finals	20 Boys 200 Breaststroke	32	4 u	06:55 PM	NA
Finals	21 Girls 100 IM	32	4 u	07:10 PM	NA
Finals	22 Boys 100 IM	31	4 u	07:19 PM	NA
	Swimmers Counts for Warm-ups: 236	====	====		
	Entry / Heat Totals:	409	52		
	Finish Time			07:27 PM	e07:27 PM

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Session Report

Session: 4E Sunday - Prelims - BOYS

Day of Meet: 3 Starts at 09:00 AM Heat Interval: 30 Seconds / Back +30 Seconds

Round	Event	Entries	Heats	Starts at	Actual
Prelims	26 Boys 100 Backstroke	57	8 u	09:00 AM	NA
Prelims	28 Boys 200 Freestyle	52	7 u	09:19 AM	NA
	Break: 5 Minutes: Scheduled break				
Prelims	30 Boys 100 Breaststroke	49	7 u	09:43 AM	NA
Prelims	32 Boys 200 Butterfly	23	3 u	09:57 AM	NA
	Break: 5 Minutes: Scheduled break				
Prelims	34 Boys 50 Freestyle	69	9 u	10:11 AM	NA
Finals	36 Boys 1500 Freestyle	6	1 u	10:20 AM	NA
	Swimmers Counts for Warm-ups: 112	====	====		
	Entry / Heat Totals:	256	35		
	Finish Time			10:44 AM	e10:44 AM

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Session Report

Session: 4W Sunday - Prelims - GIRLS

Day of Meet: 3 Starts at 09:00 AM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	Actual
Prelims	25 Girls 100 Backstroke	76	10 u	09:00 AM	NA
Prelims	27 Girls 200 Freestyle	69	9 u	09:23 AM	NA
	Break: 5 Minutes: Scheduled break				
Prelims	29 Girls 100 Breaststroke	65	9 u	09:57 AM	NA
Prelims	31 Girls 200 Butterfly	17	3 u	10:16 AM	NA
	Break: 5 Minutes: Scheduled break				
Prelims	33 Girls 50 Freestyle	84	11 u	10:32 AM	NA
Finals	35 Girls 1500 Freestyle	10	2 u	10:44 AM	NA
	Swimmers Counts for Warm-ups: 134	====	====		
	Entry / Heat Totals:	321	44		
	Finish Time			11:31 AM	e11:31 AM

2025 ISC Bennett Cup - 2025-11-07 to 2025-11-09**Session Report**

Session: 5 Sunday - Finals

Day of Meet: 3 Starts at 03:30 PM Heat Interval: 45 Seconds / Back +30 Seconds

Round	Event	Entries	Heats	Starts at	Actual
Finals	39 Girls 200 Medley Relay	17	3 u	03:30 PM	NA
Finals	40 Boys 200 Medley Relay	16	2 u	03:41 PM	NA
Finals	25 Girls 100 Backstroke	32	4 u	03:48 PM	NA
Finals	26 Boys 100 Backstroke	32	4 u	03:58 PM	NA
Finals	27 Girls 200 Freestyle	32	4 u	04:07 PM	NA
Finals	28 Boys 200 Freestyle	32	4 u	04:19 PM	NA
Finals	29 Girls 100 Breaststroke	32	4 u	04:31 PM	NA
Finals	30 Boys 100 Breaststroke	32	4 u	04:40 PM	NA
Finals	31 Girls 200 Butterfly	17	4 u	04:48 PM	NA
Finals	32 Boys 200 Butterfly	23	4 u	05:02 PM	NA
Finals	33 Girls 50 Freestyle	32	4 u	05:15 PM	NA
Finals	34 Boys 50 Freestyle	32	4 u	05:20 PM	NA
	Swimmers Counts for Warm-ups: 195	====	====		
	Entry / Heat Totals:	329	45		
	Finish Time			05:25 PM	e05:25 PM