2026 ISC Bennett Cup - 2026-11-06 to 2026-11-08

Session Report

Session: 1E EAST POOL - Friday Prelims

Day of Meet: 1 Starts at 09:00 AM Heat Interval: 30 Seconds / Back +30 Seconds

Round		Event	Entries	Heats	Starts at	
Prelims	101	Girls 200 Backstroke	26	4	09:00 AM	_____
Prelims	102	Boys 200 Backstroke	23	3	09:17 AM	_____
Prelims	103	Girls 100 Butterfly	44	6	09:29 AM	_____
Prelims	104	Boys 100 Butterfly	37	5	09:42 AM	_____
Prelims	105	Girls 200 IM	27	4	09:52 AM	_____
Prelims	106	Boys 200 IM	25	4	10:07 AM	_____
Prelims	107	Girls 100 Freestyle	49	7	10:21 AM	_____
Prelims	108	Boys 100 Freestyle	64	8	10:33 AM	_____
Prelims	109	Girls 200 Breaststroke	25	4	10:46 AM	_____
Prelims	110	Boys 200 Breaststroke	14	2	11:01 AM	_____
Prelims	111	Girls 100 IM	15	2	11:09 AM	_____
Prelims	112	Boys 100 IM	23	3	11:13 AM	_____
Finals	113	Girls 800 Freestyle	14	2	11:20 AM	_____
Finals	114	Boys 800 Freestyle	11	2	11:43 AM	_____
		Swimmers Counts for Warm-ups: 164	====	====		
		Entry / Heat Totals:	397	56		
		Finish Time			12:07 PM	_____

2026 ISC Bennett Cup - 2026-11-06 to 2026-11-08

Session Report

Session: 1W WEST POOL - Friday Prelims

Day of Meet: 1 Starts at 09:00 AM Heat Interval: 30 Seconds / Back +30 Seconds

Round		Event	Entries	Heats	Starts at	
Prelims	1	Girls 200 Backstroke	32	4	09:00 AM	_____
Prelims	2	Boys 200 Backstroke	27	4	09:18 AM	_____
Prelims	3	Girls 100 Butterfly	27	4	09:37 AM	_____
Prelims	4	Boys 100 Butterfly	23	3	09:45 AM	_____
Prelims	5	Girls 200 IM	24	3	09:51 AM	_____
Prelims	6	Boys 200 IM	16	2	10:03 AM	_____
Prelims	7	Girls 100 Freestyle	55	7	10:11 AM	_____
Prelims	8	Boys 100 Freestyle	51	7	10:24 AM	_____
Prelims	9	Girls 200 Breaststroke	23	3	10:36 AM	_____
Prelims	10	Boys 200 Breaststroke	14	2	10:49 AM	_____
Prelims	11	Girls 100 IM	26	4	10:58 AM	_____
Prelims	12	Boys 100 IM	20	3	11:08 AM	_____
Finals	13	Girls 800 Freestyle	15	2	11:16 AM	_____
Finals	14	Boys 800 Freestyle	9	2	11:40 AM	_____
		Swimmers Counts for Warm-ups: 165	====	====		
		Entry / Heat Totals:	362	50		
		Finish Time			12:02 PM	_____

2026 ISC Bennett Cup - 2026-11-06 to 2026-11-08

Session Report

Session: 2 FRIDAY FINALS

Day of Meet: 1 Starts at 05:00 PM Heat Interval: 60 Seconds / Back +30 Seconds

Round		Event	Entries	Heats		Starts at	
Finals	37	Girls 200 Freestyle Relay	28	4		05:00 PM	_____
Finals	38	Boys 200 Freestyle Relay	24	3		05:14 PM	_____
Finals	1	Girls 200 Backstroke	32	4	u	05:23 PM	_____
Finals	2	Boys 200 Backstroke	27	4	u	05:41 PM	_____
Finals	3	Girls 100 Butterfly	27	4	u	05:58 PM	_____
Finals	4	Boys 100 Butterfly	23	4	u	06:07 PM	_____
Finals	5	Girls 200 IM	24	4	u	06:16 PM	_____
Finals	6	Boys 200 IM	16	4	u	06:32 PM	_____
Finals	7	Girls 100 Freestyle	32	4	u	06:47 PM	_____
Finals	8	Boys 100 Freestyle	32	4	u	06:55 PM	_____
Finals	9	Girls 200 Breaststroke	23	4	u	07:03 PM	_____
Finals	10	Boys 200 Breaststroke	14	4	u	07:20 PM	_____
Finals	11	Girls 100 IM	26	4	u	07:36 PM	_____
Finals	12	Boys 100 IM	20	4	u	07:46 PM	_____
		Swimmers Counts for Warm-ups: 222	====	====			
		Entry / Heat Totals:	348	55			
		Finish Time				07:56 PM	_____

2026 ISC Bennett Cup - 2026-11-06 to 2026-11-08

Session Report

Session: 3E EAST POOL - Saturday Prelims

Day of Meet: 2 Starts at 09:00 AM Heat Interval: 30 Seconds / Back +30 Seconds

Round		Event	Entries	Heats	Starts at	
Prelims	115	Girls 100 Backstroke	64	8	09:00 AM	_____
Prelims	116	Boys 100 Backstroke	43	6	09:21 AM	_____
Prelims	117	Girls 200 Freestyle	48	6	09:36 AM	_____
Prelims	118	Boys 200 Freestyle	34	5	09:56 AM	_____
Prelims	119	Girls 100 Breaststroke	56	7	10:15 AM	_____
Prelims	120	Boys 100 Breaststroke	38	5	10:30 AM	_____
Prelims	121	Girls 200 Butterfly	10	2	10:42 AM	_____
Prelims	122	Boys 200 Butterfly	13	2	10:50 AM	_____
Prelims	123	Girls 50 Freestyle	67	9	10:57 AM	_____
Prelims	124	Boys 50 Freestyle	48	6	11:07 AM	_____
Finals	125	Girls 1500 Freestyle	3	1	11:14 AM	_____
Finals	126	Boys 1500 Freestyle	3	1	11:34 AM	_____
		Swimmers Counts for Warm-ups: 174	====	====		
		Entry / Heat Totals:	427	58		
		Finish Time			11:54 AM	_____

2026 ISC Bennett Cup - 2026-11-06 to 2026-11-08

Session Report

Session: 3W WEST POOL - Saturday Prelims

Day of Meet: 2 Starts at 09:00 AM Heat Interval: 30 Seconds / Back +30 Seconds

Round		Event	Entries	Heats	Starts at	
Prelims	15	Girls 100 Backstroke	47	6	09:00 AM	_____
Prelims	16	Boys 100 Backstroke	42	6	09:15 AM	_____
Prelims	17	Girls 200 Freestyle	38	5	09:29 AM	_____
Prelims	18	Boys 200 Freestyle	43	6	09:44 AM	_____
Prelims	19	Girls 100 Breaststroke	34	5	10:02 AM	_____
Prelims	20	Boys 100 Breaststroke	35	5	10:12 AM	_____
Prelims	21	Girls 200 Butterfly	15	2	10:22 AM	_____
Prelims	22	Boys 200 Butterfly	11	2	10:30 AM	_____
Prelims	23	Girls 50 Freestyle	61	8	10:38 AM	_____
Prelims	24	Boys 50 Freestyle	68	9	10:46 AM	_____
Finals	25	Girls 1500 Freestyle	6	1	10:55 AM	_____
Finals	26	Boys 1500 Freestyle	6	1	11:19 AM	_____
		Swimmers Counts for Warm-ups: 173	====	====		
		Entry / Heat Totals:	406	56		
		Finish Time			11:44 AM	_____

2026 ISC Bennett Cup - 2026-11-06 to 2026-11-08

Session Report

Session: 4 SATURDAY FINALS

Day of Meet: 2 Starts at 05:00 PM Heat Interval: 60 Seconds / Back +30 Seconds

Round		Event	Entries	Heats		Starts at	
Finals	39	Girls 200 Medley Relay	29	4		05:00 PM	_____
Finals	40	Boys 200 Medley Relay	23	3		05:17 PM	_____
Finals	15	Girls 100 Backstroke	32	4	u	05:29 PM	_____
Finals	16	Boys 100 Backstroke	32	4	u	05:40 PM	_____
Finals	17	Girls 200 Freestyle	32	4	u	05:50 PM	_____
Finals	18	Boys 200 Freestyle	32	4	u	06:04 PM	_____
Finals	19	Girls 100 Breaststroke	32	4	u	06:16 PM	_____
Finals	20	Boys 100 Breaststroke	32	4	u	06:26 PM	_____
Finals	21	Girls 200 Butterfly	15	4	u	06:35 PM	_____
Finals	22	Boys 200 Butterfly	11	4	u	06:50 PM	_____
Finals	23	Girls 50 Freestyle	32	4	u	07:05 PM	_____
Finals	24	Boys 50 Freestyle	32	4	u	07:11 PM	_____
Finals	42	Mixed 8x50 Freestyle Relay CLUB Relay	0	0		07:17 PM	_____
		Swimmers Counts for Warm-ups: 291	====	====			
		Entry / Heat Totals:	334	47			
		Finish Time				07:17 PM	_____

2026 ISC Bennett Cup - 2026-11-06 to 2026-11-08

Session Report

Session: 5 SUNDAY - TIMED FINALS

Day of Meet: 3 Starts at 09:00 AM Heat Interval: 30 Seconds / Back +30 Seconds

Round		Event	Entries	Heats	Starts at	
Finals	41	Mixed 200 Medley Relay	29	4	09:00 AM	_____
Finals	27	Girls 50 Butterfly	102	13	09:14 AM	_____
Finals	28	Boys 50 Butterfly	106	14	09:29 AM	_____
Finals	29	Girls 400 IM	39	5	09:45 AM	_____
Finals	30	Boys 400 IM	38	5	10:18 AM	_____
Finals	31	Girls 50 Backstroke	96	12	10:49 AM	_____
Finals	32	Boys 50 Backstroke	83	11	11:10 AM	_____
Finals	33	Girls 50 Breaststroke	79	10	11:28 AM	_____
Finals	34	Boys 50 Breaststroke	83	11	11:41 AM	_____
Finals	35	Girls 400 Freestyle	60	8	11:55 AM	_____
Finals	36	Boys 400 Freestyle	38	5	12:44 PM	_____
		Swimmers Counts for Warm-ups: 318	====	====		
		Entry / Heat Totals:	753	98		
		Finish Time			01:14 PM	_____