

FastSwim 2025
Richmond BC, 18- - 21-12-2025

Schedule Session No. 1 - Thursday Prelims

2025-12-18 - 17:00

Warmup: 16:00 until 16:50

17:00	209.	50m Breaststroke	Women	Prelim	Open	0:19	15 Heats	120
17:19	210.	50m Breaststroke	Men	Prelim	Open	0:23	19 Heats	143
17:42	309.	50m Butterfly	Women	Prelim	Open	0:20	17 Heats	132
18:02	310.	50m Butterfly	Men	Prelim	Open	0:20	18 Heats	139
18:22	403.	50m Backstroke	Women	Prelim	Open	0:21	14 Heats	106
18:43	404.	50m Backstroke	Men	Prelim	Open	0:24	16 Heats	121
19:07	181.	4 x 50m Freestyle	Girls	Timed Final	- 12	0:08	3 Heats	21
19:15	182.	4 x 50m Freestyle	Boys	Timed Final	- 12	0:08	3 Heats	17
19:23	183.	4 x 50m Freestyle	Girls	Timed Final	13 - 14	0:05	2 Heats	16
19:28	184.	4 x 50m Freestyle	Boys	Timed Final	13 - 14	0:08	3 Heats	20
19:36	185.	4 x 50m Freestyle	Women	Timed Final	15 +	0:07	3 Heats	17
19:43	186.	4 x 50m Freestyle	Men	Timed Final	15 +	0:07	3 Heats	22
19:50	End of session				Total duration	2:50		

Schedule Session No. 2 - Friday Prelims

2025-12-19 - 8:25

Warmup: 7:00 until 8:30

8:25	201.	100m Medley	Women	Prelim	Open	0:24	14 Heats	112
8:49	202.	100m Medley	Men	Prelim	Open	0:23	12 Heats	89
9:12	203.	200m Breaststroke	Women	Prelim	Open	0:35	10 Heats	78
9:47	204.	200m Breaststroke	Men	Prelim	Open	0:47	14 Heats	104
10:34	205.	100m Freestyle	Women	Prelim	Open	0:35	22 Heats	168
11:09	206.	100m Freestyle	Men	Prelim	Open	0:33	23 Heats	177
11:42	207.	200m Backstroke	Women	Prelim	Open	0:45	13 Heats	101
12:27	208.	200m Backstroke	Men	Prelim	Open	0:40	12 Heats	95
13:07	211.	400m Freestyle	Women	Slower Heats	Open	0:17	3 Heats	24
13:24	212.	400m Freestyle	Men	Slower Heats	Open	0:27	5 Heats	40
13:51	End of session				Total duration	5:26		

Schedule Session No. 3 - Friday Finals

2025-12-19 - 17:30

Warmup: 16:00 until 17:15

17:30	201.	100m Medley	Women	Final	Open	0:09	5 Heats	-
17:39	202.	100m Medley	Men	Final	Open	0:10	4 Heats	-
17:49	203.	200m Breaststroke	Women	Final	Open	0:15	4 Heats	-
18:04	204.	200m Breaststroke	Men	Final	Open	0:17	5 Heats	-
18:21	205.	100m Freestyle	Women	Final	Open	0:09	5 Heats	-
18:30	206.	100m Freestyle	Men	Final	Open	0:08	5 Heats	-
18:38	207.	200m Backstroke	Women	Final	Open	0:14	4 Heats	-
18:52	208.	200m Backstroke	Men	Final	Open	0:18	5 Heats	-
19:10	209.	50m Breaststroke	Women	Final	Open	0:03	3 Heats	-
19:13	210.	50m Breaststroke	Men	Final	Open	0:06	5 Heats	-
19:19	211.	400m Freestyle	Women	Fastest Heat	Open	0:27	5 Heats	40
19:46	212.	400m Freestyle	Men	Fastest Heat	Open	0:26	5 Heats	40
20:12	End of session				Total duration	2:42		

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Schedule Session No. 4 - Saturday Prelims

2025-12-20 - 8:25

8:25	301.	200m Freestyle	Women	Prelim	Open	0:48	17 Heats	132
9:13	302.	200m Freestyle	Men	Prelim	Open	0:49	18 Heats	138
10:02	303.	100m Breaststroke	Women	Prelim	Open	0:36	19 Heats	148
10:38	304.	100m Breaststroke	Men	Prelim	Open	0:37	20 Heats	160
11:15	305.	200m Butterfly	Women	Prelim	Open	0:15	5 Heats	36
11:30	306.	200m Butterfly	Men	Prelim	Open	0:22	7 Heats	52
11:52	307.	100m Backstroke	Women	Prelim	Open	0:47	23 Heats	182
12:39	308.	100m Backstroke	Men	Prelim	Open	0:40	20 Heats	149
13:19	311.	400m Medley	Women	Slower Heats	Open	0:20	3 Heats	18
13:39	312.	400m Medley	Men	Slower Heats	Open	0:18	3 Heats	24
13:57	End of session				Total duration	5:32		

Schedule Session No. 5 - Saturday Finals

2025-12-20 - 17:30

17:30	1201.	100m Medley	Women	Time Trial	Open		3 Heats	-
17:30	1202.	100m Medley	Men	Time Trial	Open		3 Heats	-
17:30	301.	200m Freestyle	Women	Final	Open	0:15	5 Heats	-
17:45	302.	200m Freestyle	Men	Final	Open	0:14	5 Heats	-
17:59	303.	100m Breaststroke	Women	Final	Open	0:10	5 Heats	-
18:09	304.	100m Breaststroke	Men	Final	Open	0:11	5 Heats	-
18:20	305.	200m Butterfly	Women	Final	Open	0:10	3 Heats	-
18:30	306.	200m Butterfly	Men	Final	Open	0:13	4 Heats	-
18:43	307.	100m Backstroke	Women	Final	Open	0:11	5 Heats	-
18:54	308.	100m Backstroke	Men	Final	Open	0:10	5 Heats	-
19:04	309.	50m Butterfly	Women	Final	Open	0:05	5 Heats	-
19:09	310.	50m Butterfly	Men	Final	Open	0:06	5 Heats	-
19:15	311.	400m Medley	Women	Fastest Heat	Open	0:30	5 Heats	40
19:45	312.	400m Medley	Men	Fastest Heat	Open	0:30	5 Heats	40
20:15	End of session				Total duration	2:45		

Schedule Session No. 6 - Sunday Prelims

2025-12-21 - 8:25

8:25	401.	100m Butterfly	Women	Prelim	Open	0:20	12 Heats	95
8:45	402.	100m Butterfly	Men	Prelim	Open	0:23	15 Heats	116
9:08	405.	50m Freestyle	Women	Prelim	Open	0:21	22 Heats	168
9:29	406.	50m Freestyle	Men	Prelim	Open	0:21	23 Heats	177
9:50	407.	200m Medley	Women	Prelim	Open	0:51	16 Heats	122
10:41	408.	200m Medley	Men	Prelim	Open	0:41	13 Heats	104
11:22	409.	1500m Freestyle	Women	Timed Final	Open	0:39	2 Heats	12
12:01	410.	1500m Freestyle	Men	Timed Final	Open	0:58	3 Heats	20
12:59	End of session				Total duration	4:34		

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Schedule Session No. 7 - Sunday Finals

2025-12-21 - 17:30

17:30	2201.	100m Medley	Women	Time Trial	Open	0:09	3 Heats	-
17:39	2202.	100m Medley	Men	Time Trial	Open	0:09	3 Heats	-
17:48	401.	100m Butterfly	Women	Final	Open	0:08	4 Heats	-
17:56	402.	100m Butterfly	Men	Final	Open	0:09	5 Heats	-
18:05	403.	50m Backstroke	Women	Final	Open	0:04	3 Heats	-
18:09	404.	50m Backstroke	Men	Final	Open	0:06	4 Heats	-
18:15	405.	50m Freestyle	Women	Final	Open	0:06	5 Heats	-
18:21	406.	50m Freestyle	Men	Final	Open	0:05	5 Heats	-
18:26	407.	200m Medley	Women	Final	Open	0:16	5 Heats	-
18:42	408.	200m Medley	Men	Final	Open	0:16	4 Heats	-
18:58	End of session				Total duration	1:28		