

Racing with the 'Rays - VIR Level Up #4 - 2025-06-15
Session Report

Session: 1 Level UP Session 1

Day of Meet: 1 Starts at 01:30 PM Heat Interval: 60 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Mixed 100 Breaststroke Level Up 3	1	1 u	01:30 PM	_____
Finals	2 Mixed 50 Breaststroke Level Up 2	7	2 u	01:33 PM	_____
Finals	3 Mixed 25 Breaststroke Level Up 1	6	1 u	01:37 PM	_____
	Break: 10 Minutes:				
Finals	4 Mixed 100 Butterfly Level Up 3	0	0	01:48 PM	_____
Finals	5 Mixed 50 Butterfly Level Up 2	7	2 u	01:48 PM	_____
Finals	6 Mixed 25 Butterfly Level Up 1	7	2 u	01:52 PM	_____
	Break: 10 Minutes:				
Finals	7 Mixed 100 Backstroke Level Up 3	0	0	02:05 PM	_____
Finals	8 Mixed 50 Backstroke Level Up 2	7	2 u	02:05 PM	_____
Finals	9 Mixed 25 Backstroke Level Up 1	7	2 u	02:09 PM	_____
	Break: 10 Minutes:				
Finals	10 Mixed 200 IM Level Up 3	1	1 u	02:22 PM	_____
Finals	11 Mixed 100 IM Level Up 2	7	2 u	02:26 PM	_____
Finals	12 Mixed 100 IM Level Up 1	4	1 u	02:31 PM	_____
	Break: 10 Minutes:				
Finals	13 Mixed 100 Freestyle Level Up 3	0	0	02:44 PM	_____
Finals	14 Mixed 50 Freestyle Level Up 2	7	2 u	02:44 PM	_____
Finals	15 Mixed 25 Freestyle Level Up 1	7	2 u	02:47 PM	_____
	Break: 10 Minutes:				
Finals	16 Mixed 100 Fly Kick Level Up 3	0	0	03:00 PM	_____
Finals	17 Mixed 50 Fly Kick Level Up 2	5	1 u	03:00 PM	_____
Finals	18 Mixed 25 Fly Kick Level Up 1	8	2 u	03:02 PM	_____
	Swimmers Counts for Warm-ups: 14	=====	=====		
	Entry / Heat Totals:	81	23		
	Finish Time			03:05 PM	_____
	=====				
	Team - #Entries - #Athletes				
	=====				
DST	Duncan Swim Team	31	6		
RAC	Ravensong Aquatic Club	50	8		