



# Duncan Swim Team Records: Female LCM

2007/08 & 2008/09	2015/16
2009/10 & 2010/11	2016/17
2011/12 & 2012/13	2017/18
2013/14 & 2014/15	2018 / 19 TBD

EVENT	8&Under	10&Under	11/12	13/14	15-17	Senior/Open	EVENT
50m Freestyle		Haley John :32.66 1988	Bridget Burton :28.92 06july2018	Veronica Reid :27.98 06july07	Tamara Garriock :27.73 09july10	Alison Sheppard :24.68 31mar03	50m Freestyle
100m Freestyle		Leanne Wilkinson 1:11.96 1986	Bridget Burton 1:03.74 07july2018	Kelsey Rush 1:01.17 01jun01	Natalia Garriock :59.83 06july13	Alison Sheppard :55.38 31mar03	100m Freestyle
200m Freestyle		Leanne Wilkinson 2:32.51 1986	Leanne Wilkinson 2:14.84 1988	Leanne Wilkinson 2:11.06 1989	Tamara Garriock 2:09.89 10july10	Tamara Garriock 2:09.89 10july10	200m Freestyle
400m Freestyle		Stephanie Ridenour 5:33.84 23may03	Leanne Wilkinson 4:41.79 1988	Leanne Wilkinson 4:34.80 1989	Tamara Garriock 4:29.59 11july10	Tamara Garriock 4:29.59 11july10	400m Freestyle
800m Freestyle		Stephanie Ridenour 11:15.71 18apr03	Leanne Wilkinson 9:37.02 1988	Leanne Wilkinson 9:19.34 1989	Amanda Leslie 9:27.28 19july01	Leanne Wilkinson 9:19.34 1989	800m Freestyle
1500m Freestyle			Brielle Woodruff 19:51.77 03jun16	Laura Kissack 19:00.11 12july12	Laura Kissack 18:45.28 06jun14	Laura Kissack 18:45.28 06jun14	1500m Freestyle
50m Backstroke		Haley John :37.91 1987	Bridget Burton :33.24 08july2018	Malia Prystupa :33.22 10july16	Malia Prystupa :32.52 03jun2018	Alison Sheppard :30.36 09dec00	50m Backstroke
100m Backstroke		Leanne Wilkinson 1:25.68 1986	Bridget Burton 1:11.81 02jun2018	Kelsey Rush 1:08.21 13july01	Amanda Leslie 1:06.66 19july01	Alison Sheppard 1:04.95 31may02	100m Backstroke
200m Backstroke		Leanne Wilkinson 2:55.81 1986	Leanne Wilkinson 2:37.00 1988	Kelsey Rush 2:25.75 19july01	Amanda Leslie 2:21.81 19july01	Amanda Leslie 2:21.81 19july01	200m Backstroke
50m Breaststroke		Jessica King :45.02 1990	Veronica Reid :36.43 21july05	Veronica Reid :35.84 20july06	Veronica Reid :33.72 21july10	Veronica Reid :33.72 21july10	50m Breaststroke
100m Breaststroke		Rachelle Ferguson 1:32.90 1993	Veronica Reid 1:22.33 07july05	McKinley Thomas - Perry 1:17.65 02jun2018	Veronica Reid 1:14.57 28may10	Alison Sheppard 1:13.94 05nov02	100m Breaststroke
200m Breaststroke		Malia Prystupa 3:36.86 26may12	Veronica Reid 2:55.96 07july05	Tamara Garriock 2:50.69 05july07	Savanah VanNieuwkerk 2:45.50 07july16	Tamara Garriock 2:45.43 04july13	200m Breaststroke
50m Butterfly		Leanne Wilkinson :36.14 1986	Bridget Burton :31.41 01jun2018	Samantha Jory :30.63 19july09	Natalia Garriock :28.62 28july13	Alison Sheppard :27.05 10apr01	50m Butterfly
100m Butterfly		Leanne Wilkinson 1:18.50 1986	Leanne Wilkinson 1:09.64 1988	Kelsey Rush 1:06.78 20july00	Natalia Garriock 1:04.87 07july13	Natalia Garriock 1:02.80 27may17	100m Butterfly
200m Butterfly		Meghan Griffiths 3:19.05 1996	Leanne Wilkinson 2:28.70 1988	Leanne Wilkinson 2:21.35 1989	Laura Kissack 2:32.81 04july14	Leanne Wilkinson 2:21.35 1989	200m Butterfly
100m Individual Medley		N/A	N/A	N/A	N/A	N/A	100m Individual Medley
200m Individual Medley		Leanne Wilkinson 2:54.60 1986	Leanne Wilkinson 2:31.40 1988	Leanne Wilkinson 2:27.96 1989	Tamara Garriock 2:23.64 03july09	Tamara Garriock 2:23.64 03july09	200m Individual Medley
400m Individual Medley		Stephanie Ridenour 6:36.70 10july03	Leanne Wilkinson 5:21.89 1988	Leanne Wilkinson 5:04.25 1989	Tamara Garriock 5:15.84 12jun10	Leanne Wilkinson 5:04.25 1989	400m Individual Medley
4 x 50m Freestyle Relay		A Leslie, C Smirl K Harris, R Ferguson 2:31.02 1993	K Rush, M Rush E Watson, A Govenlock 2:06.74 1994	C Ridenour, K Hayward T Garriock, V Reid 1:56.91 10jun07	S Jory, N Garriock T Garriock, V Reid 1:55.75 02july09	E Watson, A Sheppard A Leslie, K Martin 1:51.70 16apr99	4 x 50m Freestyle Relay
4 x 100m Freestyle Relay			K Rush, M Rush L Amour, M Kowark 4:52.55 1999	T Garriock, C Ridenour K Hayward, V Reid 4:20.60 21apr07	R Zinkan, S Paridaen Van Veen M Paridaen Van Veen, M Thomas-Perry 4:13.95 12apr2018	C Pimlott, K Martin E Watson, A Sheppard 4:03.24 1999	4 x 100m Freestyle Relay
4 x 200m Freestyle Relay		T Samson, C Ridenour T Garriock, S Ridenour 13:15.28 2002	S Ridenour, S Willow C Ridenour, T Garriock 10:38.85 15july04	L Kissack, R Reed D Ridenour, R Lee 10:55.79 03july11	R Zinkan, S Paridaen Van Veen M Paridaen Van Veen, M Thomas-Perry 9:25.86 12apr2018	V Reid, T Garriock A Leslie, C Ridenour 9:11.91 23may08	4 x 200m Freestyle Relay
4 x 50m Medley Relay		A Leslie, C Smirl R Ferguson, A Bauman 2:38.53 1993	C Pimlott, R Ferguson A Govenlock, E Watson 2:22.48 1994	B Burton, M Thomas-Perry M Paridaen Van Veen, C Battie 2:11.41 07july2018	Mal Prystupa, M Thomas-Perry J Kremer, S Paridaen Van Veen 2:08.07 01jun2018	C Winter, D Booroff H John, G Schlagg 2:07.78 1993	4 x 50m Medley Relay
4 x 100m Medley Relay				K Hayward, V Reid T Garriock, C Ridenour 4:54.43 22apr07	Mal Prystupa, S VanNieuwkerk R Zinkan, B Woodruff 4:44.17 10july16	Mal Prystupa, S VanNieuwkerk R Zinkan, B Woodruff 4:44.17 10july16	4 x 100m Medley Relay
EVENT	8&Under	10&Under	11/12	13/14	15-17	Senior/Open	EVENT