



# SWIM ALBERTA PROVINCIAL SERIES FINALE:

**46<sup>TH</sup> ANNUAL  
EDMONTON  
KEYANO  
INTERNATIONAL  
JULY 6-9, 2023**

**3<sup>rd</sup> Annual Currie Cup**

**4 days of Heats and Finals!**

**For AB Summer Provincial  
Qualifiers**

**Famous BBQ night!**

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**Meet Managers**

Sara Pretzlaff  
Jennifer Flowers

**Advisory Referee**

Sue Buhler

**Meet Entries**

Chris Nelson  
[entries@eksc.com](mailto:entries@eksc.com)



**DATES:** Entry Deadline: Thursday, June 15, 2023 before 11:59pm  
Adjustment Deadline: Thursday, June 29, 2023 before 11:59pm (No refunds after this deadline)  
Fees Due: Thursday, July 6, 2023 before start of session

**TECHNICAL**

**MEETING:** Coaches' Technical meeting will be held on Thursday, July 6 at 7:15am by the Clerk of Course table.

**HOSTED BY:** Edmonton Keyano Swim Club

**FACILITY:** Kinsmen Sport Centre, 9100 Walterdale Hill NW, Edmonton, Alberta, T6E 2V3  
10 lanes x 50-metre pool; Omega Electronic Timing System; 3 lanes x 50m lane warm up/cool down.

**DECK ACCESS:** Only participating swimmers, coaches and officials will be permitted on the pool deck and in the facility locker rooms. Access will be through the northwest stairwell from the viewing level of the Kinsmen Sports Centre.

**PHOTOS:** Photographers will only be permitted on the pool deck at the discretion and approval of the Meet Manager. Photographer accreditation is required to access the pool deck.

**SANCTION:** This meet is sanctioned by Swim Alberta.

**RULES:** The meet will be conducted under published World Aquatics and/or IPC rules and regulations supplemented by published and approved Swimming Canada and Swim Alberta rules and regulations. In addition, this meet package shall outline all changes to and specific application of the published rules. Swim Alberta policies and procedures, where appropriate will also apply.

**DIVING:** Starts will be conducted from Starting Platforms (blocks) as per World Aquatics FR 2.3 and SW 4.1. Starts will be conducted from the Deck or Bulkhead as per Canadian Facility Rule CFR 2.3.1 and CSW 4.1.1.

Competition and Diving Readiness Standards - Entry to competition is limited to participants who have passed Swim Alberta's Competition Swim Test. During competition, swimmers should dive at the Dive Readiness Progression skill level they have achieved.

**SAFESPORT:** All interactions between an athlete and an individual who is in a position of trust should normally, and wherever possible, be in an environment or space that is both "open" and "observable" to others.

**MODESTY**

**WEAR:** All swimmers are permitted to race with modesty wear at all competitions sanctioned by Swim Alberta. It is not required to declare the use of modesty wear to the Referee. Modesty wear is considered additional body coverage using a fabric that is a permeable open mesh textile and would not reasonably be seen to be creating a technical advantage, meaning it does not aid buoyancy, strength, speed, or endurance.

**ELIGIBILITY:** This competition is open to all swimmers currently registered with Swimming Canada or a World Aquatics affiliated club.

**UPDATES:** Please check [www.eksc.com](http://www.eksc.com) for the meet updates, psych sheets, session reports, technical bulletin.





**FINALS:** Order of events in Finals will be all female heats for an event, followed by all male heats, youngest to oldest. A Finals will run before B Finals.

**AGE GROUPS: Age Groups for 50, 100, 200m events in Finals:**

Girls: 11 & under, 12 years old, 13 years old, 14 years old, 15 & older

Boys: 12 & under, 13 years old, 14 years old, 15 years old, 16 & older

Finals in 50, 100, 200m events will have A Finals for all age groups, except that the 15(f)/16(m) & older age groups will have A & B Finals.

**Age Groups for 400m events in Finals:**

Girls: 12&under, 13-14 years old, 15 & older

Boys: 13&under, 14-15 years old, 16 & older

Finals for 400m events will have A Finals only for each age group.

**Age Groups for 800, 1500 Freestyle and all Relay events (timed finals events):**

Girls: 12&under, 13-14 years old, 15 & older

Boys: 13&under, 14-15 years old, 16 & older

Mixed: 13&under. 14-15 years old, 16 & older

Results will be posted and awards based on the above age groups.

**RELAYS:** Relay Cards with swimmer names are to be submitted to the Lane Timers before the start of a relay team's heat. Relay swimmer names will be reflected when results are posted.

**SCRATCH**

**DEADLINES:** The Swim Alberta Scratch rule will be in effect for this competition with the following exceptions:

- All Finals: Due 30 minutes before the conclusion of of prelims on the same day.

**LATE**

**SCRATCHES:** Scratches prior to the start of the competition will be accepted by email to [entries@eksc.com](mailto:entries@eksc.com).

- Thursday Prelims: Due Wednesday at 5:00pm (by email to [entries@eksc.com](mailto:entries@eksc.com)).
- Friday, Saturday & Sunday Prelims: Due 5 minutes after the previous Finals session.
- As a courtesy, we request that coaches declare any known no-shows to the clerk of the course 30 minutes prior to the start of each session. Please make your scratches to save us all time and empty lanes.

**POSITIVE**

**CHECK-IN:** Swimmers in the 800 Free and 1500 Free must positively check-in at the Clerk of Course no later than 15 minutes into the start of warm-ups for the session in which the event is scheduled. There is no penalty for swimmers who do not check-in. Failure to check-in will be deemed a scratch.

Once checked-in a swimmer is not entitled to scratch the event. No shows, step downs and unexcused incomplete swims will result in the swimmer being scratched from all remaining events, except relays, scheduled for that day.

**NO SHOWS,**

**STEP DOWNS:** There is no penalty for no shows in prelims, though we ask that you notify the referee as a courtesy.

In Finals, no shows, step downs & unexcused incomplete swims will be scratched from all remaining events for the session except relay swims. There is no penalty for missed relays, however, please make every effort to scratch unnecessary relay entries.



## ***The Currie Cup!!***

**THE CUP:** The Currie Cup is an award dedicated to one of Edmonton Keyano Swim Club's dearest founding members, **Ollie Currie**, who over the course of 5 decades supported Alberta's swimmers at the local, provincial, and national levels. She was a member of Team Canada's national team staff throughout the 1980's and helped to bring the Pan Pacific Games and FINA World Cup to Edmonton. She proudly supported all local swimming events - Special Olympics, age group events and Masters events, International Games - with the enthusiasm and respect for all that guide's Keyano's philosophy to this day.

**WINNERS:** **The Highest FINA Point score for any swimmer's top swim in Finals, awarded each day.**

**TROPHY:** The Currie Cup trophy will be on display throughout the weekend.  
Winners' names will be engraved on the Cup for display at future EKI meets.

**OTHER AWARDS:** Medals will be presented to the top three finishers of the A final in all events, including relays.

Bell heats will be rung in preliminaries. Winners of a Bell heat will receive a prize ticket to be redeemed at the Awards table.

**EKI 2023 Qualifying Times**

Girls					Event	Boys				
EKI Qualifying Time (LCM)						EKI Qualifying Time (LCM)				
11&U	12yo	13 yo	14 yo	15&O		12&U	13yo	14 yo	15 yo	16&O
36.00	34.70	33.60	32.60	32.20	50 Freestyle	34.00	32.70	31.80	30.10	28.80
1:21.20	1:16.30	1:13.20	1:10.90	1:09.30	100 Freestyle	1:15.20	1:11.90	1:08.80	1:05.60	1:02.40
2:54.00	2:47.30	2:40.70	2:34.00	2:29.90	200 Freestyle	2:43.90	2:37.70	2:31.50	2:24.40	2:17.20
5:57.70	5:57.70	5:43.50	5:43.50	5:19.50	400 Freestyle	5:38.70	5:38.70	5:22.90	5:22.90	4:58.70
12:00.70	12:00.70	11:30.60	11:30.60	10:52.80	800 Freestyle	11:26.90	11:26.90	10:48.50	10:48.50	10:23.30
21:00.00	21:00.00	20:30.00	20:30.00	20:00.00	1500 Freestyle	20:15.00	20:15.00	19:30.00	19:30.00	18:45.00
41.90	40.10	38.50	37.30	36.70	50 Backstroke	39.60	38.10	36.50	34.90	32.90
1:29.30	1:26.60	1:22.40	1:20.00	1:18.00	100 Backstroke	1:25.50	1:22.00	1:18.60	1:14.60	1:10.50
3:13.70	3:06.90	2:58.90	2:52.90	2:48.60	200 Backstroke	3:06.10	2:58.10	2:50.00	2:41.40	2:35.00
46.80	45.50	43.90	42.40	40.60	50 Breaststroke	44.20	42.90	41.40	39.10	36.20
1:42.10	1:39.10	1:36.60	1:32.20	1:28.80	100 Breaststroke	1:36.80	1:33.40	1:29.90	1:25.50	1:19.10
3:39.00	3:35.50	3:27.70	3:20.40	3:13.60	200 Breaststroke	3:29.80	3:23.70	3:16.80	3:07.90	2:54.30
39.90	38.60	37.10	35.80	34.30	50 Butterfly	38.50	36.40	34.80	33.00	30.80
1:33.30	1:29.90	1:25.50	1:21.30	1:15.70	100 Butterfly	1:27.10	1:23.50	1:19.10	1:14.30	1:08.50
3:25.00	3:18.50	3:09.00	2:57.70	2:45.50	200 Butterfly	3:17.10	3:08.00	2:57.30	2:47.30	2:34.00
3:15.00	3:09.20	3:02.00	2:55.00	2:50.70	200 Individual Medley	3:05.40	2:58.00	2:50.20	2:42.70	2:36.40
6:41.50	6:41.50	6:26.30	6:26.30	6:02.30	400 Individual Medley	6:21.80	6:21.80	6:00.70	6:00.70	5:35.40

\* Qualifying Times are noted in the table above and in the Hytek entry file.

\* EKSC reserves the right to enter swimmers over the qualifying time.

\* Alberta swimmers who qualify in the Top 20 rankings for Alberta Summer Championships will be considered qualified in their top 20-ranked events, even if their personal best is not faster than the above standards.

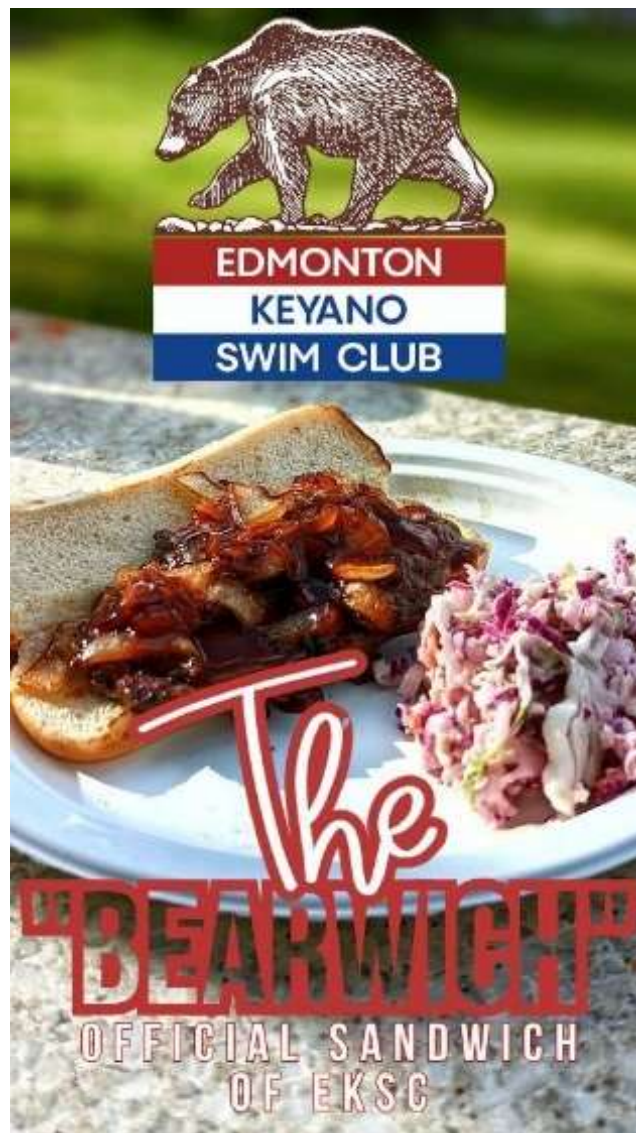
**EKI**

**HOSPITALITY:** We are moving the traditional BBQ event to **Saturday evening's Finals session.**

Swimmers, coaches and volunteers will receive a ticket for 1 free meal from the Keyano BBQ event – more information to come!

Hospitality for coaches and officials for all other sessions will be available in the Kinette Room, just upstairs from the pool deck.

The return of Keyano's official sandwich is almost here... (available Saturday night only!)





Thursday, July 6	
Session 1: Thursday Prelims Warm-up 7:30-8:20am; Start 8:30am	Session 2: Thursday Finals Warm-up 4:00-5:00pm; Start 5:00pm
50 Butterfly	4x50 Free Relay
200 Freestyle	800 Freestyle
100 Breaststroke	50 Butterfly
50 Backstroke	200 Freestyle
800 Freestyle	100 Breaststroke
	50 Backstroke

Friday, July 7	
Session 3: Friday Prelims Warm-up 7:30-8:20am; Start 8:30am	Session 4: Friday Finals Warm-up 4:00-5:00pm; Start 5:00pm
100 Freestyle	4x50 Medley Relay
200 Breaststroke	100 Freestyle
400 IM	200 Breaststroke
100 Butterfly	400 IM
	100 Butterfly

Saturday, July 8	
Session 5: Saturday Prelims Warm-up 7:30-8:20am; Start 8:30am	Session 6: Saturday Finals Warm-up 4:00-5:00pm; Start 5:00pm
200 Butterfly	4x50 Mixed Free Relay
100 Backstroke	200 Butterfly
50 Breaststroke	100 Backstroke
400 Freestyle	50 Breaststroke
	400 Freestyle

Sunday, July 9	
Session 7: Sunday Prelims Warm-up 7:30-8:20am; Start 8:30am	Session 8: Sunday Finals Warm-up 4:00-5:00pm; Start 5:00pm
200 Backstroke	4x50 Mixed Medley Relay
50 Freestyle	1500 Freestyle
200 IM	200 Backstroke
1500 Freestyle	50 Freestyle
	200 IM