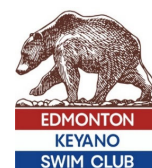




2023-24 Development Program Training Schedule

* Please Note that all Wed PM practices are at the Kinsmen Sport Centre.
Wednesdays start after Thanksgiving; First Wednesday practice is Wednesday, October 11.



BONNIE DOON							
	Monday	Tuesday	Wednesday*	Thursday	Friday	Saturday	Sunday
GOLD	5:00-6:30pm Kin	4:00-5:30pm		4:00-5:30pm	4:00-5:30pm	off	off
SILVER	off	4:00-5:15pm		4:00-5:15pm	4:00-5:15pm	off	off
BRONZE option 1	off	4:00-4:45pm		off	4:00-4:45pm	off	off
BRONZE option 2	off	4:45-5:30pm		off	4:45-5:30pm	off	off
BRONZE option 3	off	5:30-6:15pm		off	5:30-6:15pm	off	off

CONFEDERATION							
	Monday	Tuesday	Wednesday*	Thursday	Friday	Saturday	Sunday
GOLD	4:00-5:30pm	4:00-5:30pm		4:00-5:30pm	4:00-5:30pm	off	off
SILVER	4:00-5:15pm	off		4:00-5:15pm	5:30-7:15pm	off	off
BRONZE option 1	off	4:00-4:45pm		off	4:00-4:45pm	off	off
BRONZE option 2	off	4:45-5:30pm		off	4:45-5:30pm	off	off

JASPER PLACE							
	Monday	Tuesday	Wednesday*	Thursday	Friday	Saturday	Sunday
GOLD	4:00-5:30pm	4:00-5:30pm		off	4:00-5:30pm	11:00-12:30pm Kin	off
SILVER	off	4:15-5:30pm		4:15-5:30pm	4:15-5:30pm	off	off
BRONZE option 1	4:00-4:45pm	off		4:00-4:45pm	off	off	off
BRONZE option 2	4:45-5:30pm	off		4:45-5:30pm	off	off	off

KINSMEN							
	Monday	Tuesday	Wednesday*	Thursday	Friday	Saturday	Sunday
GOLD	5:00-6:30pm	6:30-8:00pm		6:00-7:30am	6:30-8:00pm	off	off

MEADOWS							
	Monday	Tuesday	Wednesday*	Thursday	Friday	Saturday	Sunday
GOLD	4:00-5:30pm	4:30-6:00pm		4:30-6:00pm	4:15-5:45pm	off	off
SILVER	off	4:30-5:45pm		4:30-5:45pm	4:15-5:30pm	off	off
BRONZE option 1	off	4:30-5:15pm		off	4:15-5:00pm	off	off
BRONZE option 2	off	5:15-6:00pm		off	5:00-5:45pm	off	off

ROYAL GLENORA							
	Monday	Tuesday	Wednesday*	Thursday	Friday	Saturday	Sunday
GOLD	4:00-5:30pm	4:00-5:30pm		4:00-5:30 pm	4:00-5:30pm	off	off
SILVER	4:15-5:30pm	off		4:15-5:30pm	4:15-5:30pm	off	off
BRONZE	5:30-6:15pm	off		off	5:30-6:15pm	off	off

TERWILLEGAR							
	Monday	Tuesday	Wednesday*	Thursday	Friday	Saturday	Sunday
SILVER option 1	4:00-5:15pm	4:00-5:15pm		off	off	off	1:00-2:15pm
SILVER option 2	off	5:15-6:30pm		off	4:00-5:15pm	off	2:15-3:30pm
BRONZE option 1	5:30-6:15pm	off		4:00-4:45pm	off	off	off
BRONZE option 2	6:15-7:00pm	off		4:00-4:45pm	off	off	off
BRONZE option 3	off	off		off	5:30-6:15pm	off	3:30-4:15pm
BRONZE option 4	off	off		off	6:15-7:00pm	off	4:15-5:00pm