

#106-9100 Walterdale Hill NW Edmonton, AB T6E 2V3 P: 780 777 9455 Email: generalmanager@eksc.com WWW.eksc.com



Please read the meet package for the bulk of information regarding this competition.

CHANGE TO POSITIVE CHECK IN

Positive check-in for Distance events has been moved up to the start of warm-ups on Friday PM so that we have enough time to print and distribute heat sheets. Please make sure you declare your positive check-in status as soon as possible on Friday so that we can get the session moving right on time.

COACHES' MEETING

Coaches' Meeting is at 3:15pm on Friday by the Clerk of Course.

POOL ASSIGNMENTS FOR PRELIMINARIES

FRIDAY DISTANCE	WEST POOL: Girls' 1500 Freestyle, then All 11&over 400m Freestyle EAST POOL: All 800 Freestyle events, then Boys' 1500 Freestyle
SATURDAY	WEST POOL: All 11&O Girls' events EAST POOL: All 10&U Girls' and All Boys' events
SUNDAY	WEST POOL: All 10&U Girls' and All Boys' events EAST POOL: All 11&O Girls' events

* Subject to change if the meet management deems it important to improving the overall running of the competition.

ENTRIES & PSYCH SHEETS

Due to the complications of not having an active REMS we have extended a chance for a few final swimmers to adjust their entries to be compliant with the meet standards. For this reason the psych sheets for Blue Bears will be posted on Thursday morning rather than Tuesday before the meet as we normally would do.



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AWARDS

Teddy Bears will be awarded to bell heat winner throughout the sessions, including some great looking and cuddly Blue Bears.

Best time tickets will also be awarded and can be traded in at the awards desk for a small prize.

WARM UPS

Dive and Pace Lanes

On Friday only, there will only be pace lanes in lanes 1 & 8. On the weekend, dive lanes will be announced 20min before the end of warm-ups in lanes 1 & 8. There are no designated pace lanes on Saturday and Sunday.

Clear the pool

We will begin clearing the pool 10min before the start of the session. Please clear the pool completely by 5 minutes before the start of the meet so we can start racing promptly on time.

Cool Down lanes

There will be 4 cool down lanes on Friday, and 6 cool down lanes on Saturday and Sunday throughout the racing session.

HOSPITALITY

Hospitality will be offered in the Kinette Room for Officials and Coaches.

FACILITY ACCESS

Parking:

Parking attendants will be present on Saturday and Sunday to designate a section of the parking lot to public patrons. The majority of the parking lot and an overflow area will be available for parking for the event.

Entry:

Please use the main entrance of the building and go through to the pool spectator area. Swimmers and coaches will access the pool by the Kinette Room. Officials will check in at the Kinette Room.