

11TH ANNUAL



CANDY CANE

INVITATIONAL

Friday, December 6th to Sunday, December 8th, 2024

Sanction Number: Pending

50's on Friday Night

**Broken IM Candy
Cane Award**

Heats and Finals

**Daily Prize Draws –
draw entry with any
best time!**

Meet Managers

Brittany Oliver

Advisory Referee

Donna Cole

Meet Entries

Chris Nelson

entries@eksc.com

DATES: Entry Deadline: Tuesday, November 19, 2024 before 11:59pm
Entry Adjustments Deadline: Monday, December 2, 2024 before 11:59pm (Fees final)
Scratch Deadline: Thursday, December 5, 2024 before 5:00pm
Fees Due: Friday, December 6, 2024 / before your club's first session

TECHNICAL

MEETING: Coaches' Technical meeting will be held on Friday at 3:45pm by the Clerk of Course.

HOSTED BY: Edmonton Keyano Swim Club

FACILITY: Kinsmen Sport Centre, 9100 Waltherdale Hill NW, Edmonton, Alberta, T6E 2V3
Two, 8 Lane, 25-metre pools with Omega Electronic Timing System with 6x25m cool down space.

SANCTION: This meet is sanctioned by Swim Alberta.

DECK ACCESS: Only participating swimmers, coaches and officials will be permitted on the pool deck and in the facility locker rooms. Access is via the Kinette Room checkpoint on the spectators' level of the Kinsmen.

RULES: The meet will be conducted under published World Aquatics and/or IPC rules and regulations supplemented by published and approved Swimming Canada and Swim Alberta rules and regulations. In addition, this meet package shall outline all changes to and specific application of the published rules. Swim Alberta policies and procedures, where appropriate will also apply.

DIVING: Starts will be conducted from Starting Platforms as per World Aquatics FR 2.3 and SW 4.1. Starts will be conducted from the Deck or Bulkhead as per Canadian Facility Rule CFR 2.3.1 and CSW 4.1.1.

COMPETITION

READINESS: Entry to competition is limited to participants who have passed Swim Alberta's Competition Swim Test. During competition, swimmers should dive at the Dive Readiness Progression skill level they have achieved.

SAFESPORT: All interactions between an athlete and an individual who is in a position of trust should normally, and wherever possible, be in an environment or space that is both "open" and "observable" to others.

ELIGIBILITY: This competition is open to all swimmers currently registered with Swimming Canada or a World Aquatics affiliated club.

PHOTOS: Photographers will only be permitted on the pool deck at the discretion and approval of the Meet Manager. Photographer accreditation is required to access the pool deck.

To minimize risk, all photographs and video taken at Swimming Canada and Swim Alberta sanctioned competitions, whether taken by a professional photographer or videographer, spectator, team support staff or any other participant, must observe generally accepted standards of decency. Under no circumstances are cameras or other recording devices allowed in the area immediately behind the starting blocks during practice or competition starts, or in locker rooms, bathrooms, or any other dressing area.

SWIMWEAR: All swimmers are permitted to race in the swimwear of their choosing at all competitions sanctioned by Swim Alberta. It is not required to declare the choice of swimwear to the Referee if the fabric of the swimwear is a permeable open mesh textile and would not reasonably be seen to create a technical advantage in terms of speed, buoyancy, or endurance.

ENTRY

PROCESS: All entries must be submitted through the Swimming Canada online system.

No-time (NT) entries will not be accepted; we encourage coaches to use appropriate custom times.

Deck Entries may be permitted by Meet Management. Deck Entries must include proof that the swimmer is fully registered with Swimming Canada. Deck Entries will be accepted as exhibition swims, only if the entry does not create a new heat.

Any entries changes made before the adjustment deadline shall be made through the Swimming Canada entries verification. After the adjustment deadline passes, please follow the Scratch Deadline procedures and contact entries@eksc.com for requests for late entry with extenuating circumstances.

MEET LIMIT: Maximum of 600 swimmers will be accepted (minimum 50 swimmers required to run a session).

ENTRY LIMIT: **50m events:** Swimmers must have a standard in every event in which they enter.

100m & 200m events: Swimmers with any 100m+ qualifying time may enter any 100m or 200m event.

400m events: Swimmers must have the standard in every 400m event in which they enter.

ENTRY

STANDARD: The following entry standards are for all ages; there is no minimum or maximum age.

Female	Friday Events	Male
:55.00	50 Freestyle*	:55.00
1:00.00	50 Backstroke*	1:00.00
1:05.00	50 Breaststroke*	1:05.00
1:00.00	50 Butterfly*	1:00.00
The 50m events have a softer standard to allow more swimmers to compete in those events. Qualification in 50m events does not count towards entry into 100m+ events.		

Female	Saturday & Sunday Events	Male
1:45.00	100 Freestyle	1:45.00
3:45.00	200 Freestyle	3:45.00
7:30.00	400 Freestyle*	7:30.00
1:52.00	100 Backstroke	1:52.00
4:00.00	200 Backstroke	4:00.00
2:10.00	100 Breaststroke	2:10.00
2:10.00	100 Butterfly	2:10.00
4:00.00	200 IM	4:00.00
8:00.00	400 IM*	8:00.00

The 100m+ standards are more difficult than the 50m standards to ensure a viable meet for experienced swimmers who are on track to qualify for Alberta Festival and Provincial Trials standards.

Edmonton Keyano reserves the right to enter swimmers over the entry standard.

ENTRY FEES: 50m Events \$12.00
100m+ Events \$14.00
Relays \$16.00

Entry Fees are non-refundable after the entry adjustment deadline.

Deck Entries will be charged \$25 per entry.

SCRATCH

RULES: The Swim Alberta Scratch rule will be in effect for this competition.

SCRATCHES: Scratches prior to the start of the competition will be accepted by email to entries@eksc.com.

- For Friday Prelims: Due Thursday at 5:00pm
- For Saturday & Sunday Prelims: Due immediately following the conclusion of the last event of the previous night.
- Saturday & Sunday Finals: Due 30 minutes before the conclusion of the last event of the prelims on the same day.
- As a courtesy, we request that coaches declare any known no-shows to the clerk of the course 30 minutes prior to the start of each session. Please make your scratches to save us all time and empty lanes.

NO SHOWS: In Finals, no penalty for missed individual swims or relays, however, please make every effort to scratch unnecessary finalists.

MEET

FORMAT: This is an open invitational competition.

WARM-UP: Dive lanes (4 lanes per competition pool, lanes 1,2,7,8) will be opened with 20min remaining in warm-ups. There will be no dedicated pace lanes.

PRELIMS: Prelims for 50's will be swum 10&under then 11&over, senior seeded by gender. All other prelim events will be swum senior seeded by gender.

FINALS: A Finals only.
Age Groups for 50's, 100's and Relays: 10&U, 11-12, 13-14, 15&O (same for girls and boys)
Age Groups for 200m+ events: 12&U, 13-14, 15&O (same for girls and boys)

TIMED

FINALS: The 400m events are Timed Finals.
Individual Timed Final events will be swum slowest to fastest in preliminaries, with the exception of the 400 Freestyle that will run fastest to slowest and alternating gender (if applicable).

RELAYS: Relays will be swum as Timed Finals slowest to fastest in the Finals session.

Relay cards will be provided to coaches during the preliminaries for all relays entered. Relay names are due 30 minutes before the conclusion of the preliminaries (same as finals scratch deadline). Name changes will be allowed up until 30 minutes prior to the start of relays.

SESSION

MANAGEMENT: This meet will be swum in 2 pools for preliminaries. Meet management reserves the right to limit entries or heats due to time constraints. Preliminary sessions may be divided in whole or in part into 1 or 2 pools depending on number of entries. Updates will be communicated to coaches in the technical bulletin.

AWARDS: Draw prizes for **best times** and times ending with **0.11**. Prize for Finals Winners.

Broken Candy Cane Award: Swimmers obtaining an eligible swim in all 4 events of 50m strokes (Breast, Free, Back and Fly) during Friday night prelims will be eligible to win the 50's add-up award. The **fastest add-up time per gender of all 4 events** in the following age groups will be awarded a prize: 8&U, 9, 10, 11, 12, 13, 14, 15&O.

EVENT LIST

Friday

Prelims	
Warm-up	4:00pm
Start	5:00pm
50m Breaststroke*	
50m Freestyle*	
50m Backstroke*	
50m Butterfly*	
<p>* Finals for 50's are on Saturday & Sunday PM. * Broken Candy Cane Award is based off of add-up results from 50's on Friday PM only.</p>	

Saturday

Prelims		Finals	
Warm-up	8:00am	Warm-up	4:00pm
Start	9:00am	Start	5:00pm
400m Individual Medley (TF)		4 x50m Medley Relay	
100m Breaststroke		100m Breaststroke	
200m Backstroke		50m Butterfly	
100m Freestyle		200m Backstroke	
200m Individual Medley		100m Freestyle	
		50m Backstroke	
		200m Individual Medley	

Sunday

Prelims		Finals	
Warm-up	8:00am	Warm-up	3:00pm
Start	9:00am	Start	4:00pm
200 Freestyle		4x50m Free Relay	
100m Butterfly		200m Freestyle	
100m Backstroke		50m Breaststroke	
400m Freestyle (TF)		100m Butterfly	
		50m Freestyle	
		100m Backstroke	