# 12<sup>TH</sup> ANNUAL



## INVITATIONAL

Friday, November 28th to Sunday, November 30th, 2025

Sanction Number: Pending

50's on Friday Night

Broken IM Candy
Cane Award

**Heats and Finals** 

Daily Prize Draws – draw entry with any best time!

**Meet Managers**Brittany Oliver
Michelle Wheeler

**Advisory Referee**Sue Buhler & Dave Schenk

Technical Director Chris Nelson entries@eksc.com **DATES:** Entry Deadline: Tuesday, November 11, 2025 before 11:59pm

Entry Adjustments Deadline: Monday, November 24, 2025 before 11:59pm (Fees final)

Scratch Deadline: Thursday, November 27, 2025 before 5:00pm

Fees Due: Friday, November 28, 2025 / before your club's first session

**TECHNICAL** 

**MEETING:** Coaches' Technical meeting will be held on Friday at 3:45pm by the Clerk of Course.

**HOSTED BY:** Edmonton Keyano Swim Club

**FACILITY:** Kinsmen Sport Centre, 9100 Walterdale Hill NW, Edmonton, Alberta, T6E 2V3

Two, 8 Lane, 25-metre pools with Omega Electronic Timing System with 6x25m cool down space.

**SANCTION:** This meet is sanctioned by Swim Alberta.

**DECK ACCESS:** Only participating swimmers, coaches and officials will be permitted on the pool deck and in the facility locker rooms. Access is via the Kinette Room checkpoint on the spectators' level of the Kinsmen.

**RULES:** The meet will be conducted under published World Aquatics and/or IPC rules and regulations

supplemented by published and approved Swimming Canada and Swim Alberta rules and regulations. In addition, this meet package shall outline all changes to and specific application of the published rules.

Swim Alberta policies and procedures, where appropriate will also apply.

**DIVING:** Starts will be conducted from Starting Platforms as per World Aquatics FR 16.1, 16.8 and Swimming

Canada's swimming rule SW 4.1.

**COMPETITION** 

**READINESS:** Entry to competition is limited to participants who have passed Swim Alberta's Competition Swim Test.

During competition, swimmers should dive at the Dive Readiness Progression skill level they have

achieved.

**SAFESPORT:** All interactions between an athlete and an individual who is in a position of trust should normally, and

wherever possible, be in an environment or space that is both "open" and "observable" to others.

**ELIGIBILITY:** This competition is open to all swimmers currently registered with Swimming Canada or a World Aquatics

affiliated club.

**PHOTOS:** Photographers will only be permitted on the pool deck at the discretion and approval of the Meet Manager.

Photographer accreditation is required to access the pool deck.

To minimize risk, all photographs and video taken at Swimming Canada and Swim Alberta sanctioned competitions, whether taken by a professional photographer or videographer, spectator, team support staff or any other participant, must observe generally accepted standards of decency. Under no circumstances are cameras or other recording devices allowed in the area immediately behind the starting blocks during

practice or competition starts, or in locker rooms, bathrooms, or any other dressing area.

**SWIMWEAR:** All swimmers are permitted to race in the swimwear of their choosing at all competitions sanctioned by

Swim Alberta. It is not required to declare the choice of swimwear to the Referee if the fabric of the swimwear is a permeable open mesh textile and would not reasonably be seen to create a technical

advantage in terms of speed, buoyancy, or endurance.

#### **ENTRY**

**PROCESS:** All entries must be submitted through the Swimming Canada online system.

No-time (NT) entries will not be accepted; we encourage coaches to use appropriate custom times.

Deck Entries may be permitted by Meet Management. Deck Entries must include proof that the swimmer is fully registered with Swimming Canada. Deck Entries will be accepted as exhibition swims, only if the entry does not create a new heat.

Any entries changes made before the adjustment deadline shall be made through the Swimming Canada entries verification. After the adjustment deadline passes, please follow the Scratch Deadline procedures and contact entries@eksc.com for requests for late entry with extenuating circumstances.

**MEET LIMIT:** Maximum of 650 swimmers will be accepted (minimum 50 swimmers required to run a session).

**ENTRY LIMIT:** 50m events: Swimmers must have a standard in every event in which they enter.

100m & 200m events: Swimmers with any 100m+ qualifying time may enter any 100m or 200m event.

**400m events**: Swimmers must have the standard in every 400m event in which they enter.

**ENTRY** 

**STANDARD:** The following entry standards are for all ages; there is no minimum or maximum age.

Female	Friday Events	Male
:55.00	50 Freestyle*	:55.00
1:00.00	50 Backstroke*	1:00.00
1:05.00	50 Breaststroke*	1:05.00
1:00.00	50 Butterfly*	1:00.00

The 50m events have a softer standard to allow more swimmers to compete in those events.

Qualification in 50m events does not count towards entry into 100m+ events.

Female	Saturday & Sunday Events	Male
1:45.00	100 Freestyle	1:45.00
3:45.00	200 Freestyle	3:45.00
7:30.00	400 Freestyle*	7:30.00
1:52.00	100 Backstroke	1:52.00
4:00.00	200 Backstroke	4:00.00
2:10.00	100 Breaststroke	2:10.00
2:10.00	100 Butterfly	2:10.00
4:00.00	200 IM	4:00.00
8:00.00	400 IM*	8:00.00

The 100m+ standards are more difficult than the 50m standards to ensure a viable meet for experienced swimmers who are on track to qualify for Alberta Festival and Provincial Trials standards.

Edmonton Keyano reserves the right to enter swimmers over the entry standard.

**ENTRY FEES:** 50m Events \$12.00

100m+ Events \$15.00 Relays \$18.00

Entry Fees are non-refundable after the entry adjustment deadline.

Deck Entries will be charged \$30 per entry.

**SCRATCH** 

**RULES:** The Swim Alberta Scratch rule will be in effect for this competition.

**SCRATCHES:** Scratches prior to the start of the competition will be accepted by email to <a href="mailto:entries@eksc.com">entries@eksc.com</a>.

• For Friday Prelims: Due Thursday at 5:00pm

- For Saturday & Sunday Prelims: Due immediately at the conclusion of the last event of the previous night.
- Saturday & Sunday Finals: Due 30min before the conclusion of the last event of prelims on the same day.

 As a courtesy, we request that coaches declare any known no-shows to the clerk of the course 30min prior to the start of each session. Please make your scratches to save us all time and empty lanes.

**NO SHOWS:** In Finals, no penalty for missed individual swims or relays, however, please make every effort to scratch

unnecessary finalists.

MEET

**FORMAT:** This is an open invitational competition.

**WARM-UP:** Dive lanes (4 lanes per competition pool, lanes 1,2,7,8) will be opened with 20min remaining in warm-ups.

There will be no dedicated pace lanes.

**PRELIMS:** Prelims for 50's will be swum 10&under then 11&over, senior seeded by gender.

All other prelim events will be swum senior seeded by gender.

**FINALS:** A Finals only.

Age Groups for 50's, 100's and Relays: 10&U, 11-12, 13-14, 15&O (same for girls and boys)

Age Groups for 200m+ events: 12&U, 13-14, 15&O (same for girls and boys)

**TIMED** 

**FINALS:** The 400m events are Timed Finals.

Individual Timed Final events will be swum senior seeded, slowest to fastest in preliminaries, with the exception of the 400 Freestyle that will run fastest to slowest and alternating gender (if applicable).

**RELAYS**: Relays will be swum as Timed Finals slowest to fastest in the Finals session.

Relay names are due 30 minutes before the conclusion of the preliminaries (same as finals scratch deadline). Name changes will be allowed up until 30 minutes prior to the start of relays and by meet

management's / referee's discretion within 30 minutes of relays.

**SESSION** 

**MANAGEMENT:** This meet will be swum in 2 pools for preliminaries. Meet management reserves the right to limit entries or

heats due to time constraints. Preliminary sessions may be divided in whole or in part into 1 or 2 pools depending on number of entries. Updates will be communicated to coaches in the technical bulletin.

**AWARDS:** Draw prizes for **best times** and times ending with **0.12**. Prize for Finals Winners.

**Broken Candy Cane Award:** Swimmers obtaining an eligible swim in all 4 events of 50m strokes (Breast, Free, Back and Fly) during Friday night prelims will be eligible to win the 50's add-up award. The **fastest add-up time per gender of all 4 events** in the following age groups will be awarded a prize: 8&U, 9, 10,

11, 12, 13, 14, 15&O.

#### **EVENT LIST**

### **Friday**

Prelims		
Warm-up Start	4:00pm 5:00pm	
50m Breaststroke*		
50m Freestyle*		
50m Backstroke*		
50m Butterfly*		
* E:  - f F0/ O-t  0 O   DN4		

## **Saturday**

Prelims	Finals
Warm-up 8:00am Start 9:00am	Warm-up 4:00pm Start 5:00pm
400m Individual Medley (TF)	4 x50m Medley Relay
100m Breaststroke	100m Breaststroke
200m Backstroke	50m Butterfly
100m Freestyle	200m Backstroke
200m Individual Medley	100m Freestyle
	50m Backstroke
	200m Individual Medley

## Sunday

Prelims	Finals
Warm-up 8:00am Start 9:00am	Warm-up 3:00pm Start 4:00pm
200 Freestyle	4x50m Free Relay
100m Butterfly	200m Freestyle
100m Backstroke	50m Breaststroke
400m Freestyle (TF)	100m Butterfly
	50m Freestyle
	100m Backstroke

<sup>\*</sup> Finals for 50's are on Saturday & Sunday PM.

\* Broken Candy Cane Award is based off of add-up results from 50's on Friday PM only.