13TH ANNUAL



INVITATIONAL

Friday, December 11 to Sunday, December 13, 2026

Sanction Number: Pending

TF 50's on Friday

Broken IM Candy Cane Award

100's & 200's Heats and Finals

Daily Prize Draws – draw entry with any best time!

Meet Managers
Michelle Wheeler &
Jill Stetsko

Advisory Referee
Jenn Flowers &
Dave Schenk

Technical Director
Chris Nelson
entries@eksc.com

DATES:

Entry Deadline:	Monday, November 23, 2026 before 11:59pm
Entry Adjustments Deadline:	Monday, December 7, 2026 before 11:59pm (Fees final)
Scratch Deadline:	Thursday, December 10, 2026 before 5:00pm
Fees Due:	Friday, December 11, 2026 / before your club's first session

TECHNICAL MEETING: Coaches' Technical meeting will be held on Friday at 3:45pm by the Clerk of Course.

HOSTED BY: Edmonton Keyano Swim Club

FACILITY: Kinsmen Sport Centre, 9100 Walterdale Hill NW, Edmonton, Alberta, T6E 2V3
Two, 8 Lane, 25-metre pools with Omega Electronic Timing System with 6x25m cool down space.

SANCTION: This meet is sanctioned by Swim Alberta.

DECK ACCESS: Only participating swimmers, coaches and officials will be permitted on the pool deck and in the facility locker rooms. Access is via the Kinette Room checkpoint on the spectators' level of the Kinsmen.

RULES: The meet will be conducted under published World Aquatics and/or IPC rules and regulations supplemented by published and approved Swimming Canada and Swim Alberta rules and regulations. In addition, this meet package shall outline all changes to and specific application of the published rules. Swim Alberta policies and procedures, where appropriate will also apply.

WARM-UP Swimming Canada competition warm-up safety procedures will be in effect at this meet. The full details on the Competition Warm-Up can be found HERE.

DIVING: Starts will be conducted from Starting Platforms as per World Aquatics FR 16.1.4, 16.1.8 and Swimming Canada's swimming rule SW 4.1.

COMPETITION READINESS: Entry to competition is limited to participants who have passed Swim Alberta's Competition Swim Test. During competition, swimmers should dive at the Dive Readiness Progression skill level they have achieved.

SAFESPORT: All interactions between an athlete and an individual who is in a position of trust should normally, and wherever possible, be in an environment or space that is both "open" and "observable" to others.

ELIGIBILITY: Open to all swimmers currently registered with Swimming Canada or a World Aquatics affiliated club.

PHOTOS: Photographers will only be permitted on the pool deck at the discretion and approval of the Meet Manager. Photographer accreditation is required to access the pool deck.

To minimize risk, all photographs and video taken at Swimming Canada and Swim Alberta sanctioned competitions, whether taken by a professional photographer or videographer, spectator, team support staff or any other participant, must observe generally accepted standards of decency. Under no circumstances are cameras or other recording devices allowed in the area immediately behind the starting blocks during practice or competition starts, or in locker rooms, bathrooms, or any other dressing area.

The full details on the Event Photography and Videography Procedure can be found HERE.

SWIMWEAR: All swimmers are permitted to race in the swimwear of their choosing at all competitions sanctioned by Swim Alberta. It is not required to declare the choice of swimwear to the Referee if the fabric of the swimwear is a permeable open mesh textile and would not reasonably be seen to create a technical advantage in terms of speed, buoyancy, or endurance. All other items must follow the criteria set out in the Swim Alberta Competition Sanctioning Policy.

ENTRY PROCESS: All entries must be submitted through the Swimming Canada online system.

No-time (NT) entries will not be accepted; we encourage coaches to use appropriate custom times.

Deck Entries may be permitted by Meet Management. Deck Entries must include proof that the swimmer is fully registered with Swimming Canada. Deck Entries will be accepted as exhibition swims, only if the entry does not create a new heat.

Any entries changes made before the adjustment deadline shall be made through the Swimming Canada entries verification. After the adjustment deadline passes, please follow the Scratch Deadline procedures and contact entries@eksc.com for requests for late entry with extenuating circumstances.

MEET LIMIT: Maximum of 650 swimmers will be accepted (minimum 50 swimmers required to run a session).

ENTRY LIMIT: **50m events**: Swimmers must have a standard in every event in which they enter.
100m & 200m events: Swimmers with any 100m+ qualifying time may enter any 100m or 200m event.
400m events: Swimmers must have the standard in every 400m event in which they enter.

ENTRY STANDARD: The following entry standards are for all ages; there is no minimum or maximum age.

Female	Friday Events	Male
:55.00	50 Freestyle	:55.00
1:00.00	50 Backstroke	1:00.00
1:05.00	50 Breaststroke	1:05.00
1:00.00	50 Butterfly	1:00.00
The 50m events have a softer standard to allow more swimmers to compete in those events. Qualification in 50m events does not count towards entry into 100m+ events.		

Female	Saturday & Sunday Events	Male
1:45.00	100 Freestyle	1:45.00
3:45.00	200 Freestyle	3:45.00
7:30.00	400 Freestyle	7:30.00
1:52.00	100 Backstroke	1:52.00
4:00.00	200 Backstroke	4:00.00
2:10.00	100 Breaststroke	2:10.00
2:10.00	100 Butterfly	2:10.00
4:00.00	200 IM	4:00.00
8:00.00	400 IM	8:00.00

The 100m+ standards are more difficult than the 50m standards to ensure a viable meet for experienced swimmers who are on track to qualify for Alberta Festival and Provincial Trials standards.

Edmonton Keyano reserves the right to enter swimmers over the entry standard.

ENTRY FEES:
50m Events $12.00
100m+ Events $16.00
Relays $20.00
Entry Fees are non-refundable after the entry adjustment deadline.
Deck Entries will be charged $30 per entry.

MEET FORMAT: This is an open invitational competition.

SCRATCHES The Swim Alberta Scratch rule will be in effect for this competition.

Scratches up to the first scratch deadline will be accepted by email to entries@eksc.com. All subsequent scratches must be delivered directly to the Admin Desk at the competition.

- For Friday Prelims: Due Thursday at 5:00pm (via email).
- For Saturday & Sunday Prelims: Due immediately at the conclusion of the last event of the previous night.
- Saturday & Sunday Finals: Due 30min before the end of the preliminary session as per posted session timeline.
- As a courtesy, we request that coaches declare any known no-shows to the clerk of the course 30min prior to the start of each session. Please make your scratches to save us all time and empty lanes.

NO SHOWS: No penalty for missed swims or relays, however, please make every effort to scratch unnecessary finalists.

WARM-UP: Dive lanes (lanes 1,2,7,8) will be opened with 20min remaining in warm-ups. One lane will be designated a Para-only warm-up lane, as applicable, until dives open. There will be no dedicated pace lanes.

PRELIMS: All 100m & 200m prelim events will be swum senior seeded by gender.

FINALS: A & B Finals for all 100m events; A Finals only for 200m events.
Age Groups for 100's and Relays: 10&U, 11-12, 13-14, 15&O
Age Groups for 200m+ events: 12&U, 13-14, 15&O

TIMED FINALS: The 50m events are Timed Finals. They will be swum in 10&U and 11&O categories by gender, slowest to fastest in the Friday session. Results will be broken into 8&U, 9, 10, 11, 12, 13, 14, and 15&O ages.

The 400m events are Timed Finals. They will be swum senior seeded by gender, fastest to slowest in preliminaries. The 400m Freestyle will further alternate female & male heats.

RELAYS: Relays will be swum as Timed Finals slowest to fastest in the Finals session.

Relay names are due at the finals scratch deadline. Name changes will be allowed up until 30 minutes prior to the start of relays and by meet management's / referee's discretion within 30 minutes of relays.

SESSION MANAGEMENT: This meet will be swum in 2 pools for preliminaries. Meet management reserves the right to limit entries or heats due to time constraints. Preliminary sessions may be divided in whole or in part into 1 or 2 pools depending on number of entries. Updates will be communicated to coaches in the technical bulletin.

AWARDS: Draw prizes for **best times** and times ending with **0.13.** Prize for Finals Winners.

Broken Candy Cane Award: Swimmers obtaining an eligible swim in all four 50m events during Friday night prelims will be eligible to win the 50's add-up award. The **fastest add-up time per gender of all 4 events** in the following age groups will be awarded a prize: 8&U, 9, 10, 11, 12, 13, 14, 15&O.

TECHNICAL DECISIONS: Any discrepancies between this meet package and the operation of the meet are the responsibility of the Technical Director & Meet Manager(s) with the assistance of the advisory referee when applicable. All material changes, as defined by the Technical Director, are to be made at the sole discretion of the Technical Director & Meet Manager(s).

EVENT LIST

Friday

Prelims Warm-up 4:00pm Start 5:00pm
50m Breaststroke*
50m Freestyle*
50m Backstroke*
50m Butterfly*
* 50's are Timed Finals. * Broken Candy Cane Award is based off of add-up results from 50's on Friday PM only.

Saturday

Prelims Warm-up 8:00am Start 9:00am	Finals Warm-up 4:00pm Start 5:00pm
400m Individual Medley (TF)	4 x50m Medley Relay
100m Breaststroke	100m Breaststroke
200m Backstroke	200m Backstroke
100m Freestyle	100m Freestyle
200m Individual Medley	200m Individual Medley

Sunday

Prelims Warm-up 8:00am Start 9:00am	Finals Warm-up 3:00pm Start 4:00pm
200 Freestyle	4x50m Free Relay
100m Butterfly	200m Freestyle
100m Backstroke	100m Butterfly
400m Freestyle (TF)	100m Backstroke