



Friday, January 31 – Sunday, February 2, 2025

**STAFF:** Meet Managers: Kristi Williams  
Trish Campbell  
Entries: Chris Nelson [entries@eksc.com](mailto:entries@eksc.com)  
Advisory Referee: Jennifer Flowers

**DATES:** Entry Deadline: Tuesday, January 14, 2025 before 11:59pm  
Adjustments Deadline: Monday, January 27, 2025 before 11:59pm (fees refundable until here)  
Fees Due: Friday, January 31, 2025 – by start of session.

**TECHNICAL**

**MEETING:** Coaches' Technical meeting will be held on Friday, February 2, 2024, at 8:45am at the clerk of course.

**HOSTED BY:** Edmonton Keyano Swim Club

**FACILITY:** Kinsmen Sport Centre, 9100 Walterdale Hill NW, Edmonton, Alberta, T6E 2V3  
10-lane 50m with Omega Electronic Timing System with 6-lane x 25m warm up/cool down space.

**DECK ACCESS:** Only participating swimmers, coaches and officials will be permitted on the pool deck.

**RULES:** The meet will be conducted under published World Aquatics and/or IPC rules and regulations supplemented by published and approved Swimming Canada and Swim Alberta rules and regulations. In addition, this meet package shall outline all changes to and specific application of the published rules. Swim Alberta policies and procedures, where appropriate will also apply.

**DIVING:** Starts will be conducted from Starting Platforms as per World Aquatics FR 2.3 and SW 4.1. Starts will be conducted from the Deck or Bulkhead as per Canadian Facility Rule CFR 2.3.1 and CSW 4.1.1.

**SAFESPORT:** All interactions between an athlete and an individual who is in a position of trust should normally, and wherever possible, be in an environment or space that is both "open" and "observable" to others.

**SWIMWEAR AT**

**COMPETITION:** All swimmers are permitted to race with the swimwear of their choosing at all competitions sanctioned by Swim Alberta. It is not required to declare the choice of swimwear to the Referee if the fabric of the swimwear is a permeable open mesh textile and would not reasonably be seen to create a technical advantage in terms of speed, buoyancy, or endurance.

**ELIGIBILITY:** This competition is open to all swimmers currently registered with Swimming Canada or a World Aquatics affiliated club.

**PHOTOGRAPHY:** No photography is allowed from the pool deck without prior approval from the Meet Manager. To minimize risk, all photographs and video taken at Swimming Canada and Swim Alberta sanctioned competitions, whether taken by a professional photographer or videographer, spectator, team support staff or any other participant, must observe generally accepted standards of decency. Under no circumstances are cameras or other recording devices allowed in the area immediately behind the starting blocks during practice or competition starts, or in locker rooms, bathrooms, or any dressing area.

**ENTRY**

**PROCESS:** All entries must be submitted through the Swimming Canada online system.

Deck Entries may be permitted by Meet Management so long as entries include accurate Swimming Canada registration. Deck Entries must include proof that the swimmer is fully registered with Swimming Canada. Deck Entries will be accepted as exhibition swims, only if the entry does not create a new heat.

Any entries changes made before the adjustment deadline shall be made through the Swimming Canada entries verification. After the adjustment deadline passes, please follow the Scratch Deadline procedures and contact [entries@eksc.com](mailto:entries@eksc.com) for requests for late entry with extenuating circumstances.

**MEET LIMIT:** Maximum of 550 swimmers will be accepted (the meet will run with a minimum of 150 swimmers).

**ENTRY LIMIT:** Swimmers must meet the Edmonton Open entry standard.  
Swimmers may swim all events for which they qualify, plus up to 3 bonus events.

Examples:     1 Standard = Up to 4 entries (1 qualified entry + 3 bonus)  
                  2 Standards = Up to 5 entries (2 qualified entries + 3 bonus)  
                  ... etc.

There is no limit to the number of entries per swimmer that are under the entry standard.

No-time (NT) entries will not be accepted.

## **COURSE**

**CONVERSIONS:** For the purposes of qualifying, SCM times may be converted to LCM using the current Hytek conversion factor.

**ENTRY FEES:** Each Event:     \$16.00

Entry Fees are non-refundable after the adjustment deadline.

Deck Entries will be charged double the regular entry fee.

Cheques payable to the Edmonton Keyano Swim Club

E-Transfers accepted to [generalmanager@eksc.com](mailto:generalmanager@eksc.com) with password Keyano

**SCRATCHES:** The Swim Alberta Scratch rule will be in effect for this competition with the following exceptions:

- Scratches for Fri Prelims: Due Thu at 5:00pm (by email to [entries@eksc.com](mailto:entries@eksc.com)).
- Scratches for Sat & Sun Prelims: Due 10 minutes after the conclusion of the last event in the previous night's finals session.
- Scratches for Finals: Due 10 minutes after the conclusion of the last event of prelims on the same day.
- As a courtesy we request that coaches declare any known no-shows to the clerk of the course as soon as possible and at least 30 minutes prior to the start of the session.

**ENTRY  
STANDARDS:**

<b>GIRLS</b>		<b>EVENTS</b>	<b>BOYS</b>	
31.0	SC	50 Free	SC	28.5
31.6	LC		LC	29.1
1:07.5	SC	100 Free	SC	1:02.4
1:08.9	LC		LC	1:03.6
2:27.0	SC	200 Free	SC	2:17.7
2:30.0	LC		LC	2:20.4
5:15.6	SC	400 Free	SC	4:58.7
5:21.9	LC		LC	5:04.7
10:45.0	SC	800 Free	SC	10:24.0
10:57.9	LC		LC	10:36.5
20:09.4	SC	1500 Free	SC	19:30.0
20:33.6	LC		LC	19:53.5
35.5	SC	50 Back	SC	33.2
36.3	LC		LC	33.9
1:16.5	SC	100 Back	SC	1:11.2
1:18.0	LC		LC	1:12.6
2:45.6	SC	200 Back	SC	2:34.3
2:48.9	LC		LC	2:37.4
40.5	SC	50 Breast	SC	37.3
41.4	LC		LC	38.1
1:28.4	SC	100 Breast	SC	1:21.9
1:30.2	LC		LC	1:23.5
3:12.5	SC	200 Breast	SC	3:00.3
3:16.4	LC		LC	3:03.9
34.1	SC	50 Fly	SC	31.4
34.8	LC		LC	32.0
1:17.7	SC	100 Fly	SC	1:10.9
1:19.3	LC		LC	1:12.3
2:50.3	SC	200 Fly	SC	2:40.1
2:53.7	LC		LC	2:43.3
2:47.7	SC	200 IM	SC	2:35.6
2:51.0	LC		LC	2:38.7
5:56.3	SC	400 IM	SC	5:34.2
6:03.4	LC		LC	5:40.9

Edmonton Keyano reserves the right to enter swimmers under the entry standard.

**POSITIVE**

**CHECK-IN:** Swimmers in the 800 Free and 1500 Free must positively check-in at the Clerk of Course within 15min of the start of warm-ups. Swimmers will have 3 options: "swim as seeded", "swim in the AM only", or "scratch". Failure to check-in will be deemed a scratch. There is no penalty for swimmers who do not check-in.

Once checked-in a swimmer is not entitled to scratch the event. No shows, step downs and unexcused incomplete swims will result in the swimmer being scratched from all remaining events scheduled for that day.

**NO SHOWS,**

**STEP DOWNS:** In Finals and Timed Finals events, no shows, step downs & unexcused incomplete swims will be scratched from all remaining events for that day.

**WARM-UPS:** Two Dive and Two Pace lanes will open for the last 20 minutes of the posted warm-ups.

**MEET**

**FORMAT:** This is an open invitational competition.

**DISTANCE:** Distance events are the 800 and 1500 Freestyle and will be Timed Final.  
Distance events will be seeded fastest to slowest, alternating female and male.

**PRELIMS:** Prelims (excluding Timed Final events) will be swum senior seeded, by gender, slowest to fastest except for the 400 Freestyle, which will run fastest to slowest alternating gender after the circle seeded heats.

50's will be run from the East end of the pool.

**FINALS:** Finals will run female then male events in the order:  
Final Four, B, C D and Para Final (as applicable)

All events with Para finals	All other 200m and shorter events	All 400m events	All 800/1500m events
The Final Four: Top 4 race for prizes!	The Final Four: Top 4 race for prizes!	The Final Four: Top 4 race for prizes!	Timed Finals: Top 10 each Gender in Finals
B Final: Next 10 C Final: Next 10 D Final: Next 10 (15&u)* Para-Final: Para Final	B Final: Next 10 C Final: Next 10 D Final: Next 10 (15&u)*	B Final: Next 10 C Final: Next 10 (15&u)*	

\* D Finals for 200m and shorter, and C Finals for 400m events are 15&under.

## SESSION

**MANAGEMENT:** Meet management reserves the right to limit entries or heats due to time constraints. Preliminaries will be flighted if deemed necessary by meet management. Updates will be communicated to coaches in the technical bulletin.

**RELAYS:** There are no relays at this competition.

**AWARDS:** Prior to each of the “Final Four” finals, a prize wheel will be spun to decide the prizes for that particular “Final Four”. A new spin will occur prior to each “Final Four”.

Prior to each 800 Free & 1500 Free fastest heat, a prize wheel will be spun to decide the prizes for the entire event; all competitors in these events will be eligible for the prize. A new spin will occur prior to each fastest heat of the 800 Free & 1500 Free.

Prizes will include cash prizes and may be awarded anywhere from 1<sup>st</sup> to 4<sup>th</sup> place depending on the spin.

## PARA

**SWIMMING:** Para Swimmers with a level 2, level 3, or World Para Swimming (WPS) sport class or above may attend any provincial series competition, regardless of qualifying time. Para swimmers who have a level 1 sport class are eligible if they qualify based on age group qualifying times. Para specific events align with Swimming Canada and are offered at the Provincial Championships. Para swimmers may enter other non-Paralympic events as outlined in the meet information package.

## PARA

**EVENTS:** All events listed below are offered for Para Swimmers with level 2, level 3 or WPS sport classification:

50 Free	S1-14	Heats & Finals	50 Breast*	SB1-SB3	Heats & Finals
100 Free	S1-14	Heats & Finals	100 Breast	SB4-SB14	
200 Free	S1-S5, S14	Timed Finals	50 Fly*	S1-S7	Heats & Finals
400 Free	S6-S13		100 Fly	S8-S14	
50 Back*	S1-S5	Heats & Finals	150 IM*	SM1-SM4	Heats & Finals
100 Back	S6-S14		200 IM	SM5-SM14	

## PARA

**PRELIMS:** Para swimmers will be seeded with all other swimmers based on their age category and/or entry times; they will not be guaranteed to be seeded with other para swimmers. Events with split distances by classifications are considered the same event (e.g. 200/400 Free) and should follow the same event order as per the meet information package.

## PARA

**FINALS:** All paralympic events will be run as multi-class finals, meaning all para swimmers race and are ranked against each other, regardless of sport class.

If an event has less than 4 para swimmers per gender, the final will run as mixed gender.

If an event has more than 4 para swimmers per gender, the event will have a male and female final.

In non-para specific events, para swimmers participate as part of the Olympic stream as per the meet information package.

**EVENT LIST:**

<b>FRIDAY</b>	<b>SATURDAY</b>	<b>SUNDAY</b>
<b>PRELIMINARIES</b> 8:00am W-UP 9:30am START	<b>PRELIMINARIES</b> 8:00am W-UP 9:30am START	<b>PRELIMINARIES</b> 8:00am W-UP 9:30am START
100 BREAST 50 FREE 200 IM 100 FLY 200 BACK 800 FREE	100 FREE 400 IM 50 BACK 200 FLY 50 BREAST 400 FREE	200 BREAST 50 FLY 200 FREE 100 BACK 1500 FREE
<b>FINALS</b> 4:00pm W-UP 5:00pm START	<b>FINALS</b> 4:00pm W-UP 5:00pm START	<b>FINALS</b> 4:00pm W-UP 5:00pm START
800 FREE (Male Top 10) 100 BREAST 50 FREE 200 IM 100 FLY 200 BACK 800 FREE (Female Top 10)	100 FREE 400 IM 50 BACK 200 FLY 50 BREAST 400 FREE	1500 FREE (Female Top 10) 200 BREAST 50 FLY 200 FREE 100 BACK 1500 FREE (Male Top 10)

**FACILITY LAYOUT:**

