



# Edmonton Keyano Swim Club

Setting a new standard for swimming in Canada

#106-9100 Walterdale Hill NW  
Edmonton, AB T6E 2V3  
P: 780 777 9455  
Email: [generalmanager@eksc.com](mailto:generalmanager@eksc.com)  
[www.eksc.com](http://www.eksc.com)



## Technical Bulletin

Please read the meet package for the bulk of information regarding this competition.

### MEET INFORMATION

Go to:

<https://www.eksc.com/menu/eki>

Results and other relevant information will be posted on this page throughout the competition, including the meet package, session timeouts and psych sheets.

### OFFICIALS – TIMERS FOR RELAYS

#### How to Help: Non-Keyano volunteers

You all have some wonderful volunteers coming down, some of whom may be willing or interested in volunteering at EKI. We still have a handful of positions remaining and welcome volunteers from visiting clubs to contact our Officials Coordinator, Stephanie Slee, at [officials@eksc.com](mailto:officials@eksc.com) to ask about volunteering.

#### Relay Timers

We run official splits for all relays and therefore we need 20 additional timers from approx. 7-8pm every evening. We greatly appreciate you giving your team a heads up.

Relay volunteers may email ahead ([officials@eksc.com](mailto:officials@eksc.com)), which is appreciated, or report directly to the north deck entrance **at the start of the session** to let our officials' chair know that they are available.

### COACHES' MEETING

#### Coaches' Meeting Thursday at 7:15am by the Admin Desk

Please try to have your fees paid at or before this meeting.

Agenda Items for Coaches' Meeting:

- Para Swimmer declarations for Olympic Stream vs Para Stream Finals
- Online Scratch Form
- Contact phone for coaches for Admin Desk (helps to figure out Swim Offs, etc)
- Reminders as applicable



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## FACILITY ENTRY

### Entry through Door 4; Up Main Entrance Stairs – door to the right

Door 4 is the most convenient entrance as it avoids going through the cafeteria. It is up the main entry staircase to the Kinsmen but go to the right just before reaching the main entrance. There will be signage to help you find your way. **Use the main staircase and stay right.** Access to the pool deck will be from the North-West spectator's area, near the Kinette Room. A security volunteer will allow only coaches, swimmers and volunteers onto the pool deck area.

## PRE-MEET TRAINING

### Wednesday EKI pre-meet training

All EKI teams are welcome to train on Wednesday from 4-5:30pm at the Kinsmen. All normal training rules for a swim meet are in effect, including that all swimmers must have a registered coach on deck with them. Access to the pre-meet training will be the same as above. There are 10 x 50m long course lanes open for general warm-up use. There are no assigned lanes and no warm-up rules. Please use these lanes the same as any shared cool down space during the meet.

## FACILITY PARKING

### Overflow Parking; Carpool & Alternate Parking

There is a portion of the parking lot reserved for EKI participants, however it will likely not be enough parking for every swimmer, parent, coach, official & spectator. Please carpool or drop off whenever possible.

### Construction ongoing at Kinsmen

There is a construction project going on at the Kinsmen that has taken the East parking lot and roadway out of commission. This may cause some traffic congestion. Please allow yourself extra time to get in and out of the parking lot.

### Parking Guard & Parking Pass

A portion of the Kinsmen parking lot will be reserved for EKI participants. To access the parking lot you will need to show a parking pass on your phone (or paper if you print it out).

[Parking Passes are on the EKI webpage.](#) You can print these or present this on your mobile phone when you get to the Kinsmen. You will not need a pass on your dashboard; only for entry to the lot.

### Event Parking Map

Parking will be tight throughout the week so please carpool or drop off when possible.





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## FINALS & AWARDS

### Swimmers report to blocks

We will be running Finals efficiently in order to complete all of the Finals in a reasonable time. Our announcers will name swimmers after the start of the race; swimmers should be ready to race without delay in the event order laid out in the meet package.

### Awards from the podium

Medals, bell heats, and Currie Cup Awards will be presented at the podium / awards table.

## MEET FORMAT

### Start End for Racing Events

50m events will run from the East / Scoreboard end of the pool. All other events will start from the West / Deep Tank end of the pool.

### Positive Check-in Events

Please ensure you meet all positive check in deadlines as per the meet package. Check-in forms will be available at the Admin Desk at least 15min before warm-ups start, daily. 800m and 1500m races will include the option to swim in the morning session.

### Para Swimmers declaring to swim Olympic stream finals

Para Swimmers have the opportunity to declare themselves as Olympic stream athletes if they so wish. This may be done on an event-by-event basis, however, this decision must be declared prior to the session in which they swim each event. The Admin Desk will accept all declarations for Para Swimmers wishing to compete as Olympic stream athletes. Should a Para swimmer declare themselves as eligible for the Olympic stream final, they will be ineligible for the Para stream final for the same event.

## B FINALS – CLARIFICATION

### 30 entries after scratch deadline

B Finals will run for all 16&older 200m and shorter events if the number of entries to the event is 30 or more as of that session's scratch deadline. In other words, if there are 30 swimmers in the heat sheet then there will be a B Final, regardless of any further no shows, step-downs or incomplete swims.

## PARA LANES IN WARM-UPS

### Para swimmers will have 1 dedicated lane in warm-ups

We will designate one of the Dive / Pace lanes to be a Para-only lane at the coaches' meeting on Thursday morning. This lane will convert to an open Dive / Pace lane, as applicable.



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## MEET PACKAGE REMINDERS

### Scratch Deadlines

Please pay attention to deadlines:

- Up until Tuesday at 5pm, all scratches accepted by email to [entries@eksc.com](mailto:entries@eksc.com).
- After 5pm Tuesday, all scratches must use the Online Scratch Form and meet the applicable deadlines in the meet information.

## ONLINE SCRATCH FORM

### Scratches accepted online during the meet

An online scratch form will be emailed out once in-meet scratches are open. Please use the online form for scratches as of 5pm, Wednesday. All scratch deadlines remain in effect when using the online scratch form.

## HOSPITALITY

### Hospitality in Kinette Room (Coach & Volunteers)

The Kinette Room will be used for coach & volunteer hospitality throughout the week. This includes a breakfast-style snacks & lunch for prelim sessions and dinner for finals sessions. Coffee, tea and a light assortment of beverage options will also be available.

### Hospitality Night – Saturday BBQ (Coach, Volunteers & Swimmers)

Across the field from the pool we will be hosting a BBQ for all coaches, volunteers & swimmers on Saturday night. We welcome everyone to join us for an exceptional night so we may thank you for attending the 46<sup>th</sup> annual EKI.

EKI swimmers will receive a complimentary BBQ dinner and we will have some simple games around to keep any little ones entertained.

EKI coaches & officials will have a private VIP room with complimentary BBQ as well as a selection of beverages from Sea Change Brewing – you can't miss this!





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## EKI VENDORS

### **Team Aquatic Supplies**

See them on the concourse with a pop-up shop throughout the weekend. Sunday hours may be limited.

### **T-Shirt Guy**

Get a one-of-a-kind EKI hoodie, shorts, T-shirt or pants!

### **Photography!**

Renee Kardash will be at EKI providing her top-tier photography of swimmers in action. She does an amazing job of capturing nearly every swimmer at least a few times on Thursday-Saturday sessions.

Please drop by her booth on Sunday to browse through her collection of photos and purchase your favorites.