



Jan-Mar Alternate Kinsmen Schedule (due to Event Conflicts on weekends)

| | MONDAY Feb 17 | TUESDAY Feb 18 | WEDNESDAY Feb 19 | THURSDAY Feb 20 | FRIDAY Feb 21 | SATURDAY Feb 22 | SUNDAY Feb 23 |
|---------------|--|---|---|---|---|---|---|
| | Family Day (Holiday Schedule) | Training unaffected by events refer to coach for group-specific information Otherwise follow normal training schedule | Training unaffected by events refer to coach for group-specific information Otherwise follow normal training schedule | Training unaffected by events refer to coach for group-specific information Otherwise follow normal training schedule | Event Cancelled! | Event Cancelled! | Event Cancelled! |
| Sr National | 8:00-10:00am Kin 3:00-5:00pm Kin | | | | Normal Training schedules for all Kinsmen | Normal Training schedules for all Kinsmen | Normal Training schedules for all Kinsmen |
| Jr National | 8:00-10:00am Kin 3:00-5:00pm Kin | | | | | | |
| Sr Provincial | 5:00-6:30pm Kin | | | | | | |
| Jr Provincial | 10:00-noon Kin | | | | | | |
| Gold | 10:00-noon Kin | | | | | | |

| | MONDAY Feb 24 | TUESDAY Feb 25 | WEDNESDAY Feb 26 | THURSDAY Feb 27 | FRIDAY Feb 28 | SATURDAY Mar 1 | SUNDAY Mar 2 |
|---------------|---|---|---|---|--------------------------------|-------------------------------|-------------------------------|
| | Training unaffected by events refer to coach for group-specific information Otherwise follow normal training schedule | Training unaffected by events refer to coach for group-specific information Otherwise follow normal training schedule | Training unaffected by events refer to coach for group-specific information Otherwise follow normal training schedule | Training unaffected by events refer to coach for group-specific information Otherwise follow normal training schedule | Water Polo (Nationals) | Water Polo (Nationals) | Water Polo (Nationals) |
| Sr National | | | | | refer to Paul refer to Paul | 6:45-8:45am | |
| Jr National | | | | | 4:00-5:30pm | 6:45-8:45am | |
| Sr Provincial | | | | | 7:00-8:30pm | 2:00-4:00pm | |
| Jr Provincial | | | | | 5:30-7:00pm | 7:00-9:00am @ YMCA | |
| Gold | | | | | 4:00-5:30pm @ BD | 10:45-12:45pm | |