

STAFF: Meet Managers: Jill Edwards competitions@eksc.com

Cathy Shepherd-Finlin

Entries: Chris Nelson entries@eksc.com

Advisory Referee: Jennifer Flowers

**DATES:** Entry Deadline: Tuesday, January 17, 2023 before 11:59pm

Adjustments Deadline: Monday, January 30, 2023 before 11:59pm (fees refundable until here)

Fees Due: Friday, February 3, 2023 – by start of session

**TECHNICAL** 

**MEETING:** Coaches' Technical meeting will be held on Friday, February 4, 2022 at 8:45am at the clerk of

course.

**HOSTED BY:** Edmonton Keyano Swim Club

**FACILITY:** Kinsmen Sport Centre, 9100 Walterdale Hill NW, Edmonton, Alberta, T6E 2V3

10-lane 50m with Omega Electronic Timing System with 6-lane x 25m warm up/cool down space.

DECK ACCESS: Only participating swimmers, coaches and officials will be permitted on the pool deck and in the

facility locker rooms. Access will be through the northwest stairwell from the viewing level of the Kinsmen Sports Centre. Photographers will only be permitted on the pool deck at the discretion and

approval of the Meet Manager.

**SANCTION:** This meet is sanctioned by Swim Alberta.

**RULES:** The meet will be conducted under published FINA and/or IPC rules and regulations supplemented

by published and approved Swimming Canada and Swim Alberta rules and regulations. In addition, this meet package shall outline all changes to and specific application of the published rules. Swim

Alberta policies and procedures, where appropriate will also apply.

**DIVING:** Starts will be conducted from Starting Platforms (blocks) as per FINA FR 2.3 and SW 4.1. Starts

will be conducted from the Deck or Bulkhead as per Canadian Facility Rule CFR 2.3.1 and CSW

4.1.1.

**SAFESPORT:** All interactions between an athlete and an individual who is in a position of trust should normally,

and wherever possible, be in an environment or space that is both "open" and "observable" to

others.

**MODESTY** 

**WEAR:** All swimmers are permitted to race with modesty wear at all competitions sanctioned by Swim

Alberta. It is not required to declare the use of modesty wear to the Referee. Modesty wear is considered additional body coverage using a fabric that is a permeable open mesh textile and would not reasonably be seen to be creating a technical advantage, meaning it does not aid

buoyancy, strength, speed, or endurance.

**ELIGIBILITY:** This competition is open to all swimmers currently registered with Swimming Canada or a FINA

affiliated club.

**MEET LIMIT:** Maximum of 500 swimmers will be accepted (the meet will run with a minimum of 150 swimmers).

**ENTRY** 

**PROCESS:** All entries must be submitted through the Swimming Canada online system.

Deck Entries may be permitted by Meet Management so long as entries include accurate Swimming Canada registration information. Deck Entries must include proof that the swimmer is fully registered with Swimming Canada. Deck Entries will be accepted as exhibition swims, only if the entry does not create a new heat.

**ENTRY LIMIT:** Swimmers must meet the Edmonton Open entry standard.

Swimmers may swim all events for which they qualify, plus up to 3 bonus events.

Examples: 1 Standard = Up to 4 entries (1 qualified entry + 3 bonus)

2 Standards = Up to 5 entries (2 qualified entries + 3 bonus)

... etc

There is no limit to the number of entries per swimmer that are under the entry standard. Bonus swims will be seeded last, regardless of SCM conversions that supersede LCM entries.

**BONUS** 

**ENTRIES:** No-time (NT) entries will not be accepted. Please provide an estimated entry time if needed.

Bonus events must be marked "Bonus" in the entry file.

COURSE

**CONVERSIONS:** For the purposes of qualifying, SC times may be converted to LCM using the current Hytek conversion factor.

**ENTRY FEES:** Each Event: \$15.00

Entry Fees are non-refundable after the adjustment deadline. Deck Entries will be charged double the regular entry fee.

Cheques payable to the Edmonton Keyano Swim Club

**SCRATCH** 

**DEADLINES:** The Swim Alberta Scratch rule will be in effect for this competition with the following exceptions:

• Scratches for Finals: Due at the conclusion of the last event of the prelims on the same day.

**SCRATCHES:** Scratches prior to the start of the competition will be accepted by email to <a href="mailto:entries@eksc.com">entries@eksc.com</a> until the deadline as described below.

- Scratches for Fri Prelims: Due Thu at 5:00pm (by email to entries@eksc.com).
- Scratches for Sat & Sun Prelims: Due at the conclusion of the last event in the previous night's finals session.
- As a courtesy we request that coaches declare any known no-shows to the clerk of the course as soon as possible and at least 30 minutes prior to the start of the session.

# ENTRY STANDARDS:

GIRLS		EVENTS		BOYS
31.0	SC	50 Free	SC	28.5
31.6	LC		LC	29.1
1:07.5	SC	100 Free	SC	1:02.4
1:08.9	LC		LC	1:03.6
2:27.0	SC	200 Free	SC	2:17.7
2:30.0	LC		LC	2:20.4
5:15.6	SC	400 Free	SC	4:58.7
5:21.9	LC		LC	5:04.7
10:45.0	SC	800 Free	SC	10:24.0
10:57.9	LC		LC	10:36.5
20:09.4	SC	1500 Free	SC	19:30.0
20:33.6	LC		LC	19:53.5
35.5	SC	50 Back	SC	33.2
36.3	LC		LC	33.9
1:16.5	SC	100 Back	SC	1:11.2
1:18.0	LC		LC	1:12.6
2:45.6	SC	200 Back	SC	2:34.3
2:48.9	LC		LC	2:37.4
40.5	SC	50 Breast	SC	37.3
41.4	LC		LC	38.1
1:28.4	SC	100 Breast	SC	1:21.9
1:30.2	LC		LC	1:23.5
3:12.5	SC	200 Breast	SC	3:00.3
3:16.4	LC		LC	3:03.9
34.1	SC	50 Fly	SC	31.4
34.8	LC		LC	32.0
1:17.7	SC	100 Fly	SC	1:10.9
1:19.3	LC		LC	1:12.3
2:50.3	SC	200 Fly	SC	2:40.1
2:53.7	LC		LC	2:43.3
2:47.7	SC	200 IM	SC	2:35.6
2:51.0	LC		LC	2:38.7
5:56.3	SC	400 IM	SC	5:34.2
6:03.4	LC		LC	5:40.9

Edmonton Keyano reserves the right to enter swimmers under the entry standard

### **POSITIVE**

## CHECK-IN:

Swimmers in the 800 Free and 1500 Free must positively check-in at the Clerk of Course before 15min following the start of warm-ups for the session in which the event is scheduled. Swimmers will have 3 options: "swim as seeded", "swim in the AM only", or "scratch". There is no penalty for swimmers who do not check-in. Failure to check-in will be deemed a scratch.

Once checked-in a swimmer is not entitled to scratch the event. No shows, step downs and unexcused incomplete swims will result in the swimmer being scratched from all remaining events scheduled for that day.

#### NO SHOWS.

**STEP DOWNS:** In Finals and Timed Finals events, no shows, step downs & unexcused incomplete swims will be scratched from all remaining events for that day.

**WARM-UPS:** Two Dive and Two Pace lanes will open for the last 20 minutes of the posted warm-ups.

**MEET** 

**FORMAT:** This is an open invitational competition.

**DISTANCE:** Distance events are the 800 and 1500 Freestyle and will be Timed Final.

Distance events will be seeded fastest to slowest, alternating female and male.

**PRELIMS:** Prelims (excluding Timed Final events) will be swum senior seeded, by gender, slowest to fastest

with the exception of the 400 Freestyle, which will run fastest to slowest alternating gender after the

circle seeded heats.

**FINALS:** Finals will run female then male events in the order:

Final Four, A, B, C Final (as applicable)

All 200m and under Events	All 400m Events	All 800/1500m Events
The Final Four:	The Final Four:	Timed Finals:
Top 4 race for prizes!	Top 4 race for prizes!	Top 10 each Gender in Finals
A Final: Next 10	A Final: Next 10	
B Final: Next 10	B Final: Next 10 (15&u)*	
C Final: Next 10 (15&u)*		

<sup>\*</sup> C Finals for 200m and under, and B Finals for 400m events are 15&under.

<sup>\*</sup> C finals must have a minimum of 5 swimmers seeded to run the C final.

## **SESSION**

**MANAGEMENT:** Meet management reserves the right to limit entries or heats due to time constraints.

Preliminaries will be flighted if deemed necessary by meet management. Updates will be

communicated to coaches in the technical bulletin.

**RELAYS**: There are no relays at this competition.

**AWARDS:** Prior to each of the "Final Four" finals, a prize wheel will be spun to decide the prizes for that

particular "Final Four". A new spin will occur prior to each "Final Four".

Prior to each 800 Free & 1500 Free fastest heat, a prize wheel will be spun to decide the prizes for the entire event; all competitors in these events will be eligible for the prize. A new spin will occur prior to each fastest heat of the 800 Free & 1500 Free.

Prizes will include cash prizes and may be awarded anywhere from 1st to 4th place depending on the spin. 1st Place winners are guaranteed a cash prize.

#### **EVENT LIST:**

FRIDAY	SATURDAY	SUNDAY
PRELIMINARIES	PRELIMINARIES	PRELIMINARIES
8:30am W-UP	8:30am W-UP	8:30am W-UP
10:00am START	10:00am START	10:00am START
100 BREAST	100 FREE	200 BREAST
50 FREE	400 IM	50 FLY
200 IM	50 BACK	200 FREE
100 FLY	200 FLY	100 BACK
200 BACK	50 BREAST	1500 FREE
800 FREE	400 FREE	
FINALS	FINALS	FINALS
5:00pm W-UP	5:00pm W-UP	5:00pm W-UP
6:00pm START	6:00pm START	6:00pm START
800 FREE (Male Top 10)	100 FREE	1500 FREE (Female Top 10)
100 BREAST	400 IM	200 BREAST
50 FREE	50 BACK	50 FLY
200 IM	200 FLY	200 FREE
100 FLY	50 BREAST	100 BACK
200 BACK	400 FREE	1500 FREE (Male Top 10)
800 FREE (Female Top 10)		,

