

Hello FAST families!

As part of the Make Waves Again campaign, aquatics users are being asked to provide testimonials around their participation in aquatics activities.

FAST will be collecting swimmer testimonials during dryland sessions the week of March 9th, however swimmers are welcome to create their testimonial at home and send it in.

Criteria for testimonials:

- Easy to read and understand in 20 seconds
- Easy to write: we suggest 4 lines or approximately 50 words (or less)
- Include a photo or graphic if possible.
- Graphic can be a drawing

If you can send it as a Word or PowerPoint file, that's great. If not, just type your testimonial into the body of an email, including any photo or graphic as attached files. The testimonials will be used as flags at the event, a powerpoint presentation that will be shown at the event and will be collected in a binder for delivery to council after the election in May.

Please return to smapoolrally@gmail.com and copy fastswimmingoffice@gmail.com by **March 13th**