

Call for Expression of Interest

Board of Directors, FAST

The governance of FAST requires energetic and enthusiastic individuals who are able to dedicate their time and expertise to help provide direction, objectivity and stability to the organization.

FAST's Board of Directors is composed of eight voting members with diverse backgrounds in community, sport, business, finance, leadership, communications and other areas critical to its operations.

Board members are elected by FAST's membership at an Annual General Meeting. A Director's term of office is typically one (1) to two (2) years.

The Board concentrates its efforts towards organizational strategy, policy, performance, risk, people, and resources. This includes:

- Setting organizational boundaries and guidelines;
- Appointing, compensating, and evaluating the Head Coach and (any) Administrative Staff;
- Monitoring how effective FAST's policies are and updating or adapting them as necessary
- Helping determine where the organization is heading & where it is compared to planning;
- Identifying obstacles and opportunities the organization might face & monitoring how to mitigate risks & act on opportunities;
- Helping to determine who does what & monitoring performance; and;
- Helping to resource the organization's efforts & determining how well FAST is doing financially compared to the budget

Directors are nominated based upon their demonstrated ability to contribute to the governance of FAST and to help fulfill the Board's fiduciary responsibility. The specific characteristics and competencies deemed suitable for the board at any given time will complement the overall body of knowledge and skills possessed by the Board and its Directors as a whole, to effectively govern FAST and its operations.

On average, FAST has twelve (12) Board Meetings per year either in person or via video conference (up to 2 hours each). Specific roles are designated for directors, including chairing or liaising with FAST Committee(s) as required. Committees are hands-on working committees, not just providing advice and guidance.

FAST collects expression of interest in director positions on an ongoing basis for recruitment as positions become available. If interested, please use the link below to submit your expression of interest to the Nomination Committee.

The nomination process considers competencies, skill-sets and Board diversity.

[BODs Form for Expression of Interest](#)