



Policy updates:

Date	Description of changes	Board approval date
Jan 2017	Current document	
October 2019	Under review: - Add Purpose, Responsibilities	Jan 14, 2020
Jan 16, 2020	Website updated with revised policy	
March 24, 2024	Updates: - wording modified for inclusivity	
April 2025	Updates: - adjusted cell phone requirements - changed order of responsibilities section - added note re. non-fast swimmers under discipline procedures	April 16 th , 2025



FAST Team Travel Code of Conduct

Purpose

The purpose of this Code is to ensure:

1. A safe and positive environment during Team Travel, and
2. A positive image and reputation of FAST.

Responsibilities

This Code applies to anyone participating in FAST Team Travel, including but not limited to:

Head Coach
Coaches
Chaperones
Swimmers

Definitions

The following terms have these meanings in this Policy:

1. *“Individual”* – refers to the swimmer, chaperone, or parents/guardians/relatives.
2. *“Code”* – refers to the FAST Team Travel Code of Conduct.
3. *“Team Travel”* – refers to when a group of FAST swimmers’ (typically more than 5) travel together to a swim meet with coaches and chaperones.

Application of this Code

This Code applies to conduct during the course of FAST Team Travel, including but not limited to, en-route to and from the swim meet, during the swim meet, outings, and overnight when applicable.

Responsibilities

All individuals have a responsibility to:

1. Respect others. FAST representatives are expected to treat coaches, team staff, teammates, officials and athletes with respect at all times, including on social networks and mobile messaging. They shall refrain from comments or behaviours, which are offensive, abusive, racist, sexist, or discriminatory. Offensive language, inappropriate use of images and posting of personal information are not acceptable.
2. Be a positive role model. Appropriate behaviour is mandatory at all times on team trips. Examples of inappropriate behaviour include, but are not limited to:
 - a. Sexual activity
 - b. Harassment/Bullying
 - c. Running up and down hallways, door banging of any nature
 - d. Telephone abuse, playing loud music or TV
 - e. Fist fights and any kind of roughhousing



- f. Pranks of any nature which may result in property damage or injury
 - g. Failure to comply with stated rules and/or curfews as set out by the coaches and chaperones
 - h. Any behaviour in violation of the criminal code or willful acts of destruction to the property of others.
- 3. Keep a positive attitude. All team members are expected to respect each individual's needs for rest/study times, which vary from trip to trip. Teenaged athletes may be left alone in their hotel room at the discretion of the chaperone and coach. Curfews must be adhered to at all times.
- 4. Stay healthy. Swimmers will not be allowed to smoke, drink alcoholic beverages or use drugs other than those prescribed by a physician. Proper administration of prescribed drugs will be the responsibility of the swimmer. It is the responsibility of the swimmer to ensure information and any necessary instructions are communicated to the Coaches and Chaperones prior to the departure date.
- 5. Be proud. Swimmers, coaches and members are expected to represent FAST with Team clothing worn at all times on deck during the meet.
- 6. Swimmers who are not assigned to sharing rooms must, at no time, be in each other's rooms with the doors closed.
 - a. Athletes from other teams who are not traveling with FAST but are guests in the same hotel are not permitted in FAST Team Trip participating swimmer's hotel rooms, unless the coach or chaperone has given explicit approval.
- 7. All athletes are trusted to self-regulate cell phone and personal electronic device use in a positive and respectful manner that does not encroach on any other attending athletes team trip experience. Athletes who are found to be using personal electronic devices in a disruptive or irresponsible manner will have their personal devices taken by a parent chaperone at curfew, and returned to them at breakfast.
- 8. For swimmers of legal drinking age, the Club recognizes that the conditions described above may infringe on some of your legal rights and may limit the freedom you usually enjoy. However, for the sake of unity within the team, your cooperation is required and expected.
- 9. Any swimmer, who does not agree with all the conditions listed above, may elect to not participate in the team travel. A simple refusal to turn in a signed agreement will be sufficient to indicate the swimmer's desire to be excluded.



Discipline Policies and Procedures:

10. When the coaches, chaperones or accompanying staff deems the Code of Conduct has been breached, disciplinary action may include any or all of the following:
 - a. Swimmer's being scratched from the competition,
 - b. Immediate return home at the swimmer's expense,
 - c. A reimbursement to the Team by the swimmer, and
 - d. in extreme cases, outright dismissal from FAST.
11. Infractions will be dealt with on an individual basis and action may be taken immediately or after return to Fredericton.
12. At away meets, chaperones will have full authority off deck for swimmers, including the authority to send a swimmer home during a meet at the swimmer's expense. Such action will only be taken in consultation with the Coach and other chaperones and after the parents of the offending swimmer has been notified.
13. FAST will reimburse chaperones who assume on-the-spot payment for damage caused by a swimmer. The costs will be recovered from the swimmer and his/her family.
14. In the event of property damage or gross misconduct reflecting adversely on FAST's public image, the parents of the offending swimmer will be called before a standing committee to account for their child's behaviour. The swimmer may also attend the meeting. The Discipline Committee will be appointed by the Board of Directors and will make disciplinary recommendation to the Board. It is at the discretion of the Board of Directors as to what further disciplinary action will follow this meeting.
15. All unresolved grievances and complaints are to be submitted in writing to the Board of Directors who will have the responsibility to arrange meetings with those involved, to hear all sides and to make a decision about how to resolve the difference.
16. For participating swimmers from NB swim clubs outside of FAST, Discipline Policies and Procedures from this document will apply and be followed until the end of the Team Trip, at which time any follow up disciplinary action will be turned over to the participating club's administration and coaching team.



I have read and agree with the FAST Team Travel Code of Conduct.

Parent/Guardian Signature _____

Swimmer's Signature _____

Date _____