



FAST Swimmer/Coach Support Strategies

Date: _____

Name of Swimmer: _____

Swimmers Group: _____

Parent/Guardian: _____

Coach: _____

Head Coach: _____

While FAST is not obligated to accept all individuals into its swimming team, all reasonable efforts, within the resources and facilities of the club, will be made to implement strategies to support your swimmer joining and/or remaining in the club. FAST must consider what is in the best interest of all its swimmers as well as an individual.

To help achieve this, we need to ensure very clear communication, and full disclosure and agreement of expectations of the swimmer, their Parent/Guardian, and coaching staff.

If we are unable to identify any strategies to aid us in working with your swimmer, a Personal Management Plan will be implemented.

We want to see every swimmer achieve success in our club, and appreciate your efforts in working with us to help your swimmer.

Identified Issues:

Coach Expectations:

Parent/Guardian Expectations:

Mutually Agreed Upon Support Strategies:

Comments/Recommendations:

Additional Resources (if required) paid for by the parent/guardian:

All appropriate coaching staff will be updated and guided to implement the strategies outlined above. Should the coaching staff not see improvement in the aforementioned issues after the strategies are implemented for 2 weeks, another meeting with the parents and coaching staff will be required. During this meeting a Personal Management Plan will be outlined.

Signature Parent/Guardian: _____

Signature Coach: _____

Signature Head Coach: _____