



**ST. JOHN'S  
2025  
JEUX DU  
CANADA  
GAMES**

# GOLDFINS AT THE GAMES

SHINING THE SPOTLIGHT ON GOLDFINS SWIMMERS  
WHO WILL BE COMPETING AT THE  
2025 JEUX DU CANADA GAMES  
AUGUST 10 - 16, 2025

## Kasey Biberdorf

**TRAINING GROUP:** G2

**HIGH SCHOOL:  
GRADE 9**

**AGE:** 14

**CANADA GAMES  
TEAM MEMBER:**

FEMALE ALTERNATE

## 2024 - 2025 Season Highlights

- 50 Individual Points Contribution to the Goldfins 2025 March Man/SK Senior Provincial Top Overall Large Club Title
- 2nd Place - 1500M Freestyle - 20:50.89 - 48<sup>th</sup> Goldfins Invitational - 11/01/2024
- Silver Medal - 1500M Freestyle - 19:08.37 - 2025 Man/SK LC Championships - 07/10/2025
- 16.0% Improvement - 200M Breaststroke - 3:27.66 - 48<sup>th</sup> Goldfins Invitational - 11/01/2024
- 22.4% Improvement - 100M Fly - 1:33.31 - RODS Winter Classic - 01/17/2025
- 6 NEW Senior Provincial Qualifying Time Standards

### TOP TIMES (SCM):

| Event          | Time     | Date                              |
|----------------|----------|-----------------------------------|
| 400M Freestyle | 4:54.37  | 2025 Blue VS Gold - 06/28/2025    |
| 200M Freestyle | 2:23.88  | March SC Man/SK - 03/06/2025      |
| 800M Freestyle | 10:31.99 | 2025 Winter Whiteout - 01/31/2025 |

### TOP TIMES (LCM):

| Event           | Time     | Date                                 |
|-----------------|----------|--------------------------------------|
| 1500M Freestyle | 19:08.37 | Man/SK LC Champs - 03/07/2024        |
| 400M Freestyle  | 4:55.40  | Man/SK LC Champs - 03/07/2024        |
| 800M Freestyle  | 10:14.15 | Saturday Night Showdown - 06/14/2025 |

## PERSONAL



**FULL NAME:** Kasey Biberdorf

**PARENTS:** Lisa Hynes & Ron Biberdorf

**GRADE:** 9

**SWIMMING EXPERIENCE:** 8 Years

**FAVORITE EVENTS:** 1500M Freestyle

**MOST RELAXING ACTIVITY AWAY FROM THE POOL:** Travel to Florida

**FAVORITE RECOVERY MEAL:** Pasta

**MOST MEMORABLE SWIM MEET EXPERIENCE:** Any team travel swim meet

**FAVORITE COMPETITION VENUE:** Pan Am Pool - Winnipeg, MB

**FAVORITE SMOOTHIE:** Berry

**CARDIO OR WEIGHTS:** Cardio