



**ST. JOHN'S
2025
JEUX DU
CANADA
GAMES**

GOLDFINS AT THE GAMES

SHINING THE SPOTLIGHT ON GOLDFINS SWIMMERS
WHO WILL BE COMPETING AT THE
2025 JEUX DU CANADA GAMES
AUGUST 10 - 16, 2025

Landon Kennedy

TRAINING GROUP: G3N

HIGH SCHOOL: HOLY CROSS
HIGH SCHOOL

AGE: 15

CANADA GAMES EVENTS:

400M INDIVIDUAL MEDLEY
200M BREASTSTROKE
200M FREESTYLE
1500M FREESTYLE
200M INDIVIDUAL MEDLEY
3000M FREESTYLE

2024 - 2025 Season Highlights

- 165 Individual Points Contribution to the Goldfins 2025 March Man/SK Senior Provincial Top Overall Large Club Title
- Boys 14 - 15 Saskatchewan High Point Award (132 Points)- 2025 Man/SK LC - 07/10/2025
- Saskatchewan Summer Games - Gold Medalist - 50M & 100M Fly
- 8.7% Improvement 200M Fly - Bridge City Spring Classic - 04/10/2025
- 577 WA Points - 1500M Freestyle - 2025 Winter Whiteout - 01/31/2025

TOP TIMES (SCM):

| Event | Time | Date |
|------------------------|---------|--------------------------------|
| 1500M Freestyle | 16:5680 | Winter Whiteout - 01/31/2025 |
| 400M Freestyle | 4:19.85 | March SC Man/SK - 03/06/2025 |
| 400M Individual Medley | 4:53.47 | 2025 Blue VS Gold - 06/28/2025 |

TOP TIMES (LCM):

| Event | Time | Date |
|-----------------|----------|---|
| 1500M Freestyle | 17:33.49 | 2025 MAN/SK Prov Champs- 07/10/2025 |
| 400M Freestyle | 4:30.56 | 2025 MAN/SK Prov Champs- 07/10/2025 |
| 800M Freestyle | 9:21.00 | Bridge City Spring Classic - 04/10/2025 |

PERSONAL



FULL NAME: Landon Kennedy

PARENTS: Tracey & Todd Kennedy

GRADE: 11

SWIMMING EXPERIENCE: 7 Years

FAVORITE EVENT: 1500M Free/400M IM

MOST MEMORABLE SWIM EXPERIENCE:
2023 North American Indigenous Games

COMPETITION SUIT: Speedo

MOST RELAXING ACTIVITY: Playing Guitar

3 THINGS YOU NEED ON A DESERTED ISLAND: Phone, A Friend & Some Water

WHO DO YOU CONSIDER TO BE YOUR FABULOUS 5: Mom, Dad, Brother, Teammates, Coaches