



**ST. JOHN'S  
2025  
JEUX DU  
CANADA  
GAMES**

# GOLDFINS AT THE GAMES

SHINING THE SPOTLIGHT ON GOLDFINS SWIMMERS  
WHO WILL BE COMPETING AT THE  
2025 JEUX DU CANADA GAMES  
AUGUST 10 - 16, 2025



## Nicole Godbout

**TRAINING GROUP:** G3N

**HIGH SCHOOL:** BISHOP JAMES  
MAHONEY

**AGE:** 16 HIGH SCHOOL

### CANADA GAMES EVENTS:

200M BACKSTROKE  
100M FLY  
50M BACKSTROKE  
200M FREESTYLE  
100M BACKSTROKE  
800M FREESTYLE

## 2024 - 2025 Season Highlights

- 58 Individual Points Contribution to the Goldfins 2025 March Man/SK Senior Provincial Top Overall Large Club Title
- Gold Medal - 800M Freestyle - 9:57.49 - Bridge City Spring Classic - 04/10/2025
- Bronze Medal - 1500M Freestyle - 18:54.54 - March Man/SK SC Championships - 03/06/2024
- Mel Zajac Qualifying Time Standard - 50M Backstroke - 31.50 - J.P. Fiset - 12/12/2024
- 3.3% Improvement - 400M Freestyle - 4:41.59 - March SC Man/SK - 03/06/2025

### TOP TIMES (SCM):

Event	Time	Date
200M Freestyle	2:14.14	March SC Man/SK - 03/06/2025
400M Freestyle	4:41.59	March SC Man/SK - 03/06/2025
100M Freestyle	1:01.37	Goldfins Winter Classic - 02/02/2024

### TOP TIMES (LCM):

Event	Time	Date
50M Backstroke	31.95	Man/SK LC Champs - 03/07/2024
100M Backstroke	1:08.87	Bridge City Spring Classic - 04/10/2025
200M Freestyle	2:15.56	2025 Mel Zajac JR International - 05/16/2025

## PERSONAL



**FULL NAME:** Nicole Godbout

**PARENTS:** Michelle & Rick Godbout

**GRADE:** 11

**SWIMMING EXPERIENCE:** 9 Years

**FAVORITE EVENTS:** 200M, 400M & 800M Freestyle, 50M & 100M Backstroke

**MOST MEMORABLE SWIM EXPERIENCE:**  
2025 Mel Zajac

**PLANS FOLLOWING GRADUATION:** Varsity swimming, and studying Environmental Science/Biology

**FUTURE COMPETITION GOALS:** OJI & Trials Qualifying Time Standards

**WHAT DO YOU HOPE TO SEE IN ST. JOHN'S:** The ocean and the colorful houses

**SKYDIVING OR SCUBA DIVING?** Scuba!