

### **RIDGE MEADOWS SWIM CLUB**

# PROVINCIAL DEVELOPMENT [1+]

13 to 16 Years Old



# Sept 10th/25 - July 26th/26 7 H20 + 2 Dryland + 1 Pilates

# **GROWTH - BOLDNESS - INTEGRITY COMMUNITY - COMPASSION**

# Program Fees

Yearly Group Training Fee \$4500.00

# **Group Description**

Swimmers in this group are working towards

Pay in 10 installments starting Sept. 15th OR pay in full on Sept.15th with a 5% discount.



performing at the Provincial Championships and working towards performing at invitational and national level competitions. Swimmers at this level are committed to the sport of swimming and making choices that will take them to the next level in the sport. Swimmers must hold an attendance record of 90% to remain in this group throughout the season.

Pre-requisite: 1 Swim BC Divisional. Must show commitment to the program, to the team and to their own continual improvement.

Selection into this group is at the discretion of

#### \$164.50

(per swimmer)

NON-REFUNDABLE. Charged on August 15<sup>th</sup> 2025,

the Head Coach. The coaching staff reserve the right to accept swimmers that meet some, but not all the requirements for the group

RMSC families with multiple athletes registered with the club will receive a 10% discount on the yearly training fees on each additional member registered with the club.

Please note fees cover all programming for the season, including any dryland sessions schedule for the program.



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## Team and Training Gear

#### **Speedo Team Gear**

(inc. with Swimmer Registration Fee)

- RMSC Speedo Pro Hoodie
- 2 x RMSC silicone cap
- RMSC Speedo Training Suit
- RMSC 25/26 Practice T-shirt
- RMSC 25/26 Competition T-shirt

#### **Suggested Equipment:**

## **Titans Club Service Program**

#### Hosted Competitions 2025/26

**Titans Fall Invitational** November 29th and 30th **Titans Medley Add-Up** March 7th **RMSC Spring Invitational** April 11th and 12th

#### RMSC Speedo Backpack

#### **Titans Gold Required Equipment**

- Goggles
- Water bottle
- Speedo Training Band
- Speedo Pull Buoy
- Speedo DMC Elite Flippers
- Arena or Speedo Finger Paddles
- Stroke Maker Paddles
- Speedo Snorkel
- Tempo Trainer Pro

#### More information on the

#### **Titans Club Service Program can be found in** the RMSC Policy Handbook.

For the 2025/26 season, each family will be responsible for completing an assigned number of shifts for each of the listed home meets above, based off the swimmer at the highest level within the program. If all shifts are not completed, then there will be a \$100.00 charge posted to your account for each missed shift upon reconciliation of the service hours. We are hoping that the new direction that we are taking as a club will build our community, our

- Hockey Puck
- RMSC Branded/Speedo Equipment Bag.

group of Swim BC officials, and make each hosted competition an RMSC family event.

## Are you timing or officiating at other meets hosted across the province?

During the 2025/26 season we are excited to offer our RMSC families a \$20.00 credit on your family account for each volunteer shift that is completed at another teams hosted meet.

**Credits for** Service

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# DRAFT 2025/26 Schedule

Μ	3:00-5:00pm
T	5:15 - 7:15am (w/ ND)
W	3:00-5:00pm
TH	5:15 - 7:15am 3:00-5:00pm

# Competitions 2025/26

The Provincial Development 1 group will be racing 1-2 times a month throughout the season, and will compete in all qualified National and Provincial level meets. Please note that the meet schedule for the LMR and Swim BC will not be finalized until closer to September 2025, when it will be sent out to the PD1 group.

F	3:00 - 4:30pm
S	5:15 - 7:00am
S	OFF

Please note that the schedule above does not include activation or dryland times, or Crossfit and Pilates sessions. The final group schedule will be sent out once all room bookings and session times are confirmed.

# **NO SHOW FEE**

# **Competition Declaration**

The expectation for the Provincial Development Development group is that all swimmers will attend ALL listed competitions on the group schedule. If for any reason your swimmer is unable to attend a meet, please follow the steps below: **1.Swimmer or parent speaks with group coach about not attending a competition and why. 2.Family needs to send an email to**

Please note that for the 2025/26 season swimmers who NO SHOW competitions will be charged an extra \$25.00 on top of the meet fees for the competition. Please note that swimmers are expected to attend all competitions as laid out on their group calendar. If you are unable to attend a competitions, please follow the steps listed under "Competition Declaration". competitions@rmsctitans.ca BEFORE the scratch deadline to declare the swimmer will not be attending the meet.
3. Any declarations done on TEAM SNAP or on TEAM WEBSITE will not be accepted and will be considered a NO SHOW.

Reminder that training fees for each program, cover the cost of the program as a whole, not the # of practices per week, etc. There will be no MAKE UP practices schedule, unless an opportunity is communicated by the coach.

