

Document Number: HHAC 0002 Rev 1

Document Name: Swim Ontario

Regulations

Date: February 2025

Swim Ontario Regulations

Code of Conduct and Ethics

HHAC follows the Swim Ontario Code of Conduct and Ethics for all Participants including Parents/Guardian: Code of Conduct And Ethics For All Participants Including Parents/Guardian

Photography, Videography and Cellphone Use

HHAC follows the procedure of Swim Ontario to minimize risk: Swim Ontario Photography, Videography and Cellphone procedure

Complaint Procedure

HHAC administers the Swim Ontario <u>Complaint, Dispute Resolution, Discipline and Appeal Procedure</u>. All Code of Conduct complaints need to be submitted to Swim Ontario using this <u>Complaints Process</u>.

Rowan's Law Concussion Reporting

Concussion Reporting Procedure with HHAC registrants (Swimmers, Coaches, and Officials) for occurrences OUTSIDE of club related activities:

- 1. It is the responsibility of the athlete and or parents/guardians and is imperative to inform coaches if a concussion or suspected concussion has occurred.
- Once coaches are aware, they will share this information with HHAC's President and Swim Ontario. Athlete's are required to refrain from swimming until they have been seen by a physician or nurse practitioner. This is for the safety of the athlete and for HHAC to comply with Rowan's Law.
- 3. HHAC will wait for a medical note from the athlete's physician or nurse practitioner for permission for the swimmer to Return-to-Sport, whether there is a concussion OR, no concussion was sustained. The medical note will be shared with Swim Ontario for their review. Athletes are required to refrain from swimming until Swim Ontario has given HHAC permission for the athlete to return to training.
- 4. Upon approval from Swim Ontario and if an athlete is recovering from a concussion HHAC will follow the Swimming Canada graduated return-to-Sport Strategy



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- 5. HHAC's Head Coach will be in communication with the Club President and Swim Ontario via email and jotform updates as required, until HHAC has received a medical clearance note from the athlete's physician or nurse practitioner.
- 6. The medical clearance note will be shared with the Head Coach, Club President and Swim Ontario.
- 7. HHAC will wait for approval from Swim Ontario to allow the athlete to return to training with no restrictions.

Reference:

https://www.ontario.ca/page/rowans-law-concussion-awareness-resources#section-4