2023-2024 TROJAN PRACTICE EQUIPMENT LIST

AGE GROUP 3

Trojans are all expected to come to practice with:

- Swimsuit suitable for training
- Goggles
- Towel
- Water bottle

Additional equipment required::

Images	Product Name	Links at All Tides
	Kickboard	<u>Micro-Kickboard – All Tides</u>
	Fins	Colour-Coded Swim Fins – All Tides
Dr. Co.	Snorkel	All Tides Swim Snorkel
arena	Mesh Bag	<u>Team Mesh Bag – All Tides</u>

Images	Product Name	Links at All Tides
	Paddles	TYR Training Paddle Catalyst Stroke – All Tides
	Small Pull Buoy	Pull Buoy One-Piece All Tides
	Foam Roller (optional)	Rouleau TriggerPoint CORE™ Mini – All Tides



Our Equipment Partner is <u>All Tides</u>. Add code **TROJAN25** during checkout to get a 25% discount on products!