2023-2024 TROJAN PRACTICE EQUIPMENT LIST

NATIONAL

Trojans are all expected to come to practice with:

- Swimsuit suitable for training
- Goggles
- Towel
- Water bottle

Additional equipment required::

Images	Product Name	Links at All Tides
	Kickboard	<u> Micro-Kickboard – All Tides</u>
	Fins	<u>Colour-Coded Swim Fins – All Tides</u>
	Snorkel	<u>All Tides Swim Snorkel</u>
dreno	Mesh Bag	<u>Team Mesh Bag – All Tides</u>

Images	Product Name	Links at All Tides
	Paddles	<u>TYR Training Paddle Catalyst Stroke</u> <u>– All Tides</u>
	Small Pull Buoy	Pull Buoy One-Piece All Tides
Ĩ Tides	Yoga Mat	<u>Tapis De Yoga Noir – All Tides</u>
	Foam Roller (optional)	<u>Rouleau TriggerPoint CORE™ Mini –</u> <u>All Tides</u>
	Skipping Rope (optional)	<u>Corde À Sauter – All Tides</u>



Our Equipment Partner is <u>All Tides</u>. Add code **TROJAN25** during checkout to get a 25% discount on products!