





# 2023-2024 TROJAN PRACTICE EQUIPMENT LIST

## SENIOR 1

Trojans are all expected to come to practice with:

- Swimsuit suitable for training
- Goggles
- Towel
- Water bottle

Additional equipment required::

Images	Product Name	Links at All Tides
	Kickboard	<a href="#">Micro-Kickboard – All Tides</a>
	Fins	<a href="#">Colour-Coded Swim Fins – All Tides</a>
	Snorkel	<a href="#">All Tides Swim Snorkel</a>
	Mesh Bag	<a href="#">Team Mesh Bag – All Tides</a>

Images	Product Name	Links at All Tides
	Paddles	<a href="#">TYR Training Paddle Catalyst Stroke – All Tides</a>
	Small Pull Buoy	<a href="#">Pull Buoy One-Piece All Tides</a>
	Yoga Mat	<a href="#">Tapis De Yoga Noir – All Tides</a>
	Foam Roller (optional)	<a href="#">Rouleau TriggerPoint CORE™ Mini – All Tides</a>
	Skipping Rope (optional)	<a href="#">Corde À Sauter – All Tides</a>



Our Equipment Partner is [All Tides](#). Add code **TROJAN25** during checkout to get a 25% discount on products!