## **Hyack Assessment Camps**

Hello and Welcome!

The Hyack Swim Club is excited to announce that starting this year we will be running Assessment Camps for the upcoming 2025-2026 season. This will be a great opportunity to secure early registration (dependent on group availability) and to experience organized club swimming. The camps will be focused on fun and introducing swim training concepts while giving basic reviews of the fundamentals of swimming.

You have to register at the camp and the coaches will tell you which group to recommend.

There will be 2 camps this summer:

Dates:

Camp 1: July 28 - August 1 Camp 2: August 11-15

Please note that you can only sign up for one camp.

There are 3 different sessions according to age, skills and levels. The assessment camp run 5 days, from Monday to Friday.

<u>Please note</u> that a basic swimming ability is required, and lessons should have been taken before signing up for an assessment camp.

The camp will be conducted in deep water, so each athlete needs to have a basic affinity to swim unassisted, the instructor does not go in the water.

## There will not be a coach in the water with the campers.

All equipment needed for the camp will be provided to the campers.

**Session 1** - @ 4:00 – 4:40 pm (6-7-year-olds)

Requirements: Minimum of level 6/7 swimming - passed Swimmer 6.

**Session 2** - @ 4:50 – 5:30 pm (8–9-year-old)

Requirements: Minimum of level 8 swimming - passed Swimmer 8 / Ranger Patrol.

**Session 3** - @ 5:40 – 6:20 pm (9–12-year-olds)

Requirements: Minimum of level 9 swimming - passed Swimmer 9 / Star Patrol.

The age of the swimmers on the first day of the assessment camp. Swimmers over the age of 13 are not allowed to register.

Please use the attached chart to determine which level you should register for the Hyack Assessment Camp.

Only Location: CCAC City Centre Aquatic Complex, 1210 Pinetree Way, Coquitlam

Please email us at nikita, slivinski@gmail.com to book a spot in an assessment camp.

**Cost**: Each camp will cost \$90.00 for the week. Please bring a cheque made out to Hyack Swim Club or cash to the first lesson. Campers will be unable to join until the fee has been paid.

We are excited to offer these assessment camps, to get to know new swimmers who will be joining the Hyack Swim Club ranks. If you have any inquiries, please do not hesitate to reach out to us, please email <a href="mailto:nikita.slivinski@gmail.com">nikita.slivinski@gmail.com</a>.