



OBJECTIVE

The objective of this policy is to provide guidance for four different types of athletes who wish to train with the Kelowna Aquajets (KAJ); 1. The post secondary/ Independent athlete who wishes to train yearly, 2. The post secondary/Independent athlete who wishes to train during the summer, 3. The returning KAJ athlete who competes with a Varsity level/out of area team and 4. Any Canadian athlete who is training for Olympic, Paralympic, or International level swim competitions.

REFERENCES

- [KAJ Bylaws 24 October 2021](#)
- [Swimming Canada Athlete Assistance Program \(AAP\)](#)
- [KAJ Strategic Planning Document 2022](#)

INTRODUCTION

1. Having a KAJ/Varsity/National Level athlete returning to the Central Okanagan train with the KAJ during the summer, study, and holiday breaks is beneficial for several reasons;
 - a. It will allow the continued growth of the swimmer's athletic development. This is a key goal outlined in the KAJ Strategic Plan;
 - b. Poolside it will provide a direct example to the younger KAJ athletes. Younger swimmers will be able to train alongside these athletes and potentially see themselves in the same position; and
 - c. It will push the level of training, mentorship, and coaching within KAJ.
2. The following policy is broken into four sections;
 - a. The post-secondary/ Independent athlete who wishes to train during the swim season from 1st September until August 31st timeframe;

- b. The returning athlete who wishes to train during the summer;
- c. The returning athlete who wishes to train on a drop in basis during a study or holiday break; and
- d. Athletes who currently hold a Sport Canada Approved Card and wish to train with the KAJ.

Post Secondary/ Independent Athlete Training

- 3. An athlete who is attending a post secondary institution and living in the Central Okanagan will be eligible to register and swim with the KAJ. An independent athlete is defined as a person who is not currently attending a post secondary institution but wishes to train with KAJ. This means the following;
 - a. The post secondary/independent athlete will register with KAJ in the normal fashion for regular swimmers;
 - b. The returning athlete will register with Swim Canada thru KAJ and expected to compete as a KAJ member; and
 - c. With the exception of volunteering and fundraising commitments the Post Secondary / Independent athlete will follow KAJ Bylaws, Policies, Code of Conduct, and will pay regular club fees.

Summer Training

- 4. An athlete returning to the Central Okanagan who wishes to swim shall register with the KAJ in a normal fashion. This means the following;
 - a. The returning athlete will register with KAJ for the duration of their stay;
 - b. The returning athlete will register with Swim Canada thru KAJ and expected to compete as a KAJ member; and
 - c. With the exception of volunteering and fundraising commitments the returning athlete will follow KAJ Bylaws, Policies, Code of Conduct, and will pay regular club fees.

Study & Holiday break drop in Training

- 5. An athlete returning to the Central Okanagan who wishes to swim with the KAJ during a study or holiday break on a drop in basis shall

be allowed to do so based on the following conditions;

- a. The returning athlete is a former KAJ athlete or guest of an current KAJ athlete; or
- b. The returning athlete is a member of a current Varsity swim team who has made arrangements between clubs at the Head Coach level to train;
- c. The returning athlete is a member of another Registered Swim Club and has made arrangements at the Head Coach level to train;
- d. The returning athlete will meet the standards outlined in the KAJ Code of Conduct and adhere to all club Bylaws & Policies;
- e. Daily pool drop-in fee (pool dependent) will not be covered by KAJ; and
- f. The Head Coach and Senior Staff will determine if there is adequate lane space to accommodate returning athletes and KAJ members. Accommodation of club members will take preference over accommodation of drop in athletes.

KAJ Olympic/Paralympic/ World Championship training

- 6. KAJ will support athletes identified and nominated by Swimming Canada as 'performing or having the greatest potential to achieve top 8 results at Olympic/Paralympic games and World Championships.' The KAJ Head Coach remains a critical component of the process and in conjunction with Swimming Canada manages and directs the swimmers training plan.
 - a. These athletes who wish to train with KAJ are asked to meet the following requirements;
 - i. Hold a current Swimming Canada/Sport Canada Athlete Assistance Program (AAP) Card;
 - ii. Have paid current registration fees with SwimBC and KAJ;
 - iii. Paid the training fee approved by KAJ; and
 - iv. The Head Coach will determine if there is adequate lane space to accommodate the athletes' training plan and to

best balance the needs of the Olympic/Paralympic/World Championship athlete with the KAJ athlete.

Conclusion

7. This policy is effective 15 December 2021 and will be reviewed within the first 12 months.

