



THE NEXT WAVE

March 2026

MARCH FOCUS: DIVISIONAL & PROVINCIAL CHAMPIONSHIP PREPARATION

Since our last newsletter, our swimmers have been busy competing at swim meets within our region. We had 14 KCS swimmers race at the Williams Lake Frost Fest (January 30th to February 1st), 18 swimmers at Askew's Shuswap Splash (February 6th to 8th) and 23 swimmers at BC North & Interior Divisionals (February 20th to 22nd).

During the William's Lake Frost Fest, Stephanie Sears achieved additional Divisional time standards and at Askew's Shuswap Splash, Isabelle Bailey, Brooklyn McCabe, Myla Canaday, Dylan Steele & Stephanie Sears achieved new Divisional time standards!

For KCS families who aren't familiar with Divisionals yet, BC's Provincial Competition plan consists of Divisional Competitions progressing to Provincial Championships. There are 3 Winter, and 3 Summer Divisional competitions. The regions represented in the Divisional format are combinations of existing regions of the province (KCS's region is the North & Interior), designed to create equity in number and competition. Divisional competitions are held short course to permit access to more facilities in BC and provide hosting opportunities for more Swim BC member clubs. Swimmers can qualify by achieving NID time standards ([please click here](#)) in their respective age categories. Families can think of Divisionals as the next step in their swimmers competitive swimming career once they have achieved their sub 4:00.00 200m individual medley time.

Kamloops Classic Swimming had a fantastic showing at Winter North & Interior Divisionals this season! We had 23 swimmers represent KCS in Penticton, BC from February 20th to 22nd. KCS was 1 of 15 clubs competing and we are very proud to say that we finished strong in 3rd place for overall team points! This was truly a team effort as close to all of our swimmers made second swims in their events, racing in the evenings during the final's sessions. Please see below for our Divisional medalists and swimmers who achieved new Provincial Championship time standards.



NID (North & Interior Divisional) Medalist

Molly Brookes (17) Girls 17&Over – Gold 50 fly, 100 breast, 200 breast, 100 fly & Silver 50 free

Lola Cameron (16) Girls 15-16y/o – Bronze 400 IM

Amy Campbell (16) Girls 15-16y/o – Bronze 200 fly

Haolin Li (17) Boys 17&Over – Gold 50 fly, 50 back, Silver 200 fly & Bronze 400 free, 50 free

Brooklyn McCabe (11) Girls 12&Under – Gold 200 back

Nash McCaleb (13) Boys 13-14y/o – Silver 100 breast, 200 breast, 50 breast

Elise Percy (15) Girls 15-16y/o – Gold 200 breast, 200 fly & Silver 100 breast

Tenley Post (12) Girls 12&Under – Gold 200 free, 50 free, 400 IM, 100 back, 100 free, 50 back, 800 free & 200 fly

Stephanie Sears (13) Girls 13-14y/o – Silver 50 breast

Dylan Steele (12) Boys 12&Under – Gold 400 free, 200 free & Silver 800 free

Paige Stoudt (17) Girls 17&Over – Gold 100 back, 200 free, 800 free & Silver 200 IM, 200 back, 100 free, 50 back

Girls 17&Over 200m free relay - Gold Paige Stoudt, Elise Percy, Molly Brookes & Amy Campbell

Girls 17&Over 200m IM relay - Gold Elise Percy, Paige Stoudt, Molly Brookes & Amy Campbell

Mixed 17&Over 400m free relay - Gold Haolin Li, Elise Percy, Paige Stoudt & Quinn Meredith

New Provincial Championship Time Standards: Molly Brookes 4, Haolin Lin 1, Elise Percy 3, Tenley Post 5 & Dylan Steele 1 = 14 new standards

EXCELLENT RACING & TEAM SUPPORT!!! WAY TO GO SWIMMERS!!!

Good luck to our 9 KCS swimmers (Molly Brookes, Ryder Crichton, Maci Dixon, Quinn Meredith, Sawyer Nabozniak, Elise Percy, Tenley Post, Dylan Steele & Mia Wittal) who are competing at the 2026 Winter BC Provincial Championships in Victoria, BC – March 5th to 9th, 2026!



Vernon Masters Winter Splash

On February 14, our Masters team competed at the Vernon Masters Winter Splash, and it was an incredible day for the group. With just 10 swimmers representing our team, we delivered a strong and confident performance.

We brought home multiple first-place finishes throughout the meet, with swimmers stepping up in both individual events and relays. It was great to see smart race strategies, personal bests, and athletes pushing themselves outside their comfort zones.

Despite being a small team, we finished 4th overall — a huge accomplishment and a testament to the effort, teamwork, and competitive spirit everyone showed.

We are very proud of how our group represented the team in and out of the water. Looking forward to building on this momentum at the next meet!

We are excited to announce that KCS now offers a **punch card option** for adults who are looking to join our Master's program while having the flexibility to attend practices that fit their schedules. If you have any questions about joining KCS Masters, please reach out to Coach Isabela or the KCS office for more details.

COACHING AND PROGRAMMING UPDATES

Please see below for the updated contact information. We have added a new main contact for general inquiries (office@swimkamloops.com) that can be used for things like looking into member billing, questions regarding accounts, etc. Please continue to reach out to your swimmers coach directly to communicate absences and if you have any questions or concerns regarding training or swim meets.

Reminder of who to contact for questions about schedules, meets, training

Group	Coach(es)	Email(s)
Tier 3	Shane Downey	headcoach@swimkamloops.com
Tier 2	Berke Ikican	coachberke@swimkamloops.com
Tier 1	Abby Bushell	coachabby@swimkamloops.com
Age Group	Isabela Goncalves Dias Facci	coachisabela@swimkamloops.com
Junior	Berke Ikican	coachberke@swimkamloops.com
Novice	Abby Bushell	coachabby@swimkamloops.com
Swim X	Abby Bushell	coachabby@swimkamloops.com
Masters	Isabela Goncalves Dias Facci	coachisabela@swimkamloops.com
Swim Skills	Isabela Goncalves Dias Facci	lessons@swimkamloops.com
KCS Office	KCS Staff (general inquiries)	office@swimkamloops.com

BEHIND THE BLOCKS: VOLUNTEER & OFFICIALS SPOTLIGHT

Are you a swimmer aged 14 (born in 2012) and up, and interested in officiating?

We are looking for enthusiastic new officials to join our team for Provincials. With the current break from swim meets, this is an ideal time to set up an officials account for your swimmer.

Click the link and follow the steps: [Swimmer Official Registration Instructions](#)

We will be offering two in person *Intro to Swimming* and *Inspector of Turns* combo clinics in May and June. More details will be shared soon.

Clinic Information

E-Clinics

All new parents entering officiating can complete the *Introduction to Swimming Officiating* and *Safety Marshal* clinics online. After finishing the courses, please email officials@swimkamloops.com to request your name badge and red pin.

1. Sign into [Sportlomo](#)
2. Click on LMS -> Status -> select the e-module for both clinics and complete.

Virtual Clinics

Chief Judge Electronics - March 11, 2026 from 8:15-10:00pm, Online. Register by March 11.

1. Sign into [Sportlomo](#)
2. Click on LMS -> Clinics

Name Badge & Pin Order

If you have completed your clinics and evaluations and believe you need a name badge and/or your next-level pin, please email Jessica at officials@swimkamloops.com by **March 13th** to ensure your pin arrives before the Pratts swim meet.

The next opportunity to receive a pin will be at the **June Classic**.

.Sportlomo Officials Records (REMS)

To access your records:

1. Log into [Sportlomo](#)
2. Click the RED Certifications button (not Qualifications)

TEAM SPIRIT AND CELEBRATION

We're excited to launch our new & improved team clothing order!

We are now ordering through Hansport, and their simplified online system allows you to:

- ✓ Pay directly through them
 - ✓ Personalize your items
 - ✓ Easily place your order online
-  Check out the link below to view all available items!

<https://kcswimming.itemorder.com/>

 Ordering closes Saturday, March 7th at midnight to ensure everything arrives in time for our April meets.

Don't miss out on showing your team spirit! 

Upcoming Team Fun!

Join KCS swimmers and coaches on **Friday, March 13th from 4:00–6:00pm** at **Falcon Lanes Bowling Center** for a fun team bonding event as we roll into spring break!

Dinner is provided

For swimmers in:

Swim Fit, Novice Prep, Novice, Junior, Age Group, Tier 1, 2, and 3.

To attend:

- Register in **Pool Que** under *Events*
- Note any dietary restrictions in the comments section

Registration closes Thursday, March 12th at 4:00pm.

We're looking forward to a great evening of bowling, food, and team connection.
See you there!

Please note: There is no practice that evening.

END-OF-YEAR BANQUET PLANNING

WE'RE STARTING TO PLAN OUR END-OF-YEAR BANQUET!

IF YOU:

- **HAVE ACCESS TO A VENUE AVAILABLE AT A REDUCED RATE FOR OUR NOT-FOR-PROFIT SWIM CLUB**
 - **ARE CONNECTED TO A FOOD TRUCK OR CATERING SERVICE**
-

WE WOULD LOVE TO HEAR FROM YOU!

KCS IS PROUD TO SUPPORT OUR SWIM TEAM FAMILY BUSINESSES WHENEVER POSSIBLE.

PLEASE REACH OUT TO ADIXON@SWIMKAMLOOPS.COM IF YOU CAN HELP.

DIVE IN. GIVE BACK. SHINE ON!

Support Our Club Through a Delicious Fundraiser! Running until March 4th, delivery March 11th. Goal is for each swimmer to sell 10 bags!

We're excited to launch a new fundraising initiative to purchase 2 new computers to keep our meets running smoothly. These upgrades are essential to ensuring every event is run efficiently and successfully.

*We've partnered with **DeMille's Farm Market & Orchard**, who offer exceptional tree-ripened fruit grown in nutrient-rich volcanic soil — with no colour dipping or gassing. This is truly a premium product, far superior to what you'll typically find in large chain supermarkets.*

We're still seeking a sponsor for our June Meet. If you know of a company or organization that may be interested, please contact fundraising@swimkamloops.com to learn more about available sponsorship opportunities.

MARK YOUR CALENDARS!

Mar. 5-8th - [Winter Provincial Championships in Victoria](#) - KCS entry deadline Feb 16th, 2026
Mar. 13th - [Glow Bowling Falcon Lanes](#) - Registration closes Thursday, March 12th at 4:00pm
Apr. 15th - School District Swim Meet @ home for Grade 4-7 students attending with their school teams
Apr. 25th - [Pratt's Spring Fling Meet \(home\)](#) - KCS entry deadline Apr 6th, 2026

OPPORTUNITIES WITH KCS

Senior Swimmers Interested in Swim Skills Coaching or Volunteering?

Swim BC has introduced updated requirements for anyone coaching or volunteering on deck. If your senior swimmer is interested in coaching in the future—whether for Summer Camps or our Swim Skills program—please review the steps and qualifications.

How to Find the Information:

1. Visit the [Swim Kamloops](#) website.
2. Click **Our Club** → **Opportunities with KCS**.
3. Scroll to the bottom of the page and select:
“[Want to become a Swim Skills/Novice/Junior Coach with KCS?](#)”

[Community Sport Coach Course](#) 15yrs+

Course #1 - April 15, 16, 17, 2026 @ 6-9pm, virtual, cost - \$125.00

Course #2 - May 7, 2026 @ 7:30-9pm, May 8, 2026 @ 7:30-9pm, May 9, 2026 @ 12-5pm, virtual, cost - \$125.00

Course #3 - May 30, 2026 @ 12-4pm, May 31, 2026 @ 9-1pm, virtual, cost - \$125.00

Course #4 - June 27, 2026 @ 12-4pm, June 28, 2026 @ 9-1pm, virtual, cost - \$125.00

Course #5 - Aug 10, 2026 @ 4-8pm, Aug 11, 2026 @ 4-8pm, virtual, cost - \$125.00

Course #6 - Aug 17, 2026 @ 3-7pm, Aug 18, 2026 @ 3-7pm, virtual, cost - \$125.00

[Swimming 101 Course](#) 16yrs+

Course #1 - March 26, 2026 @ 6-9pm; March 27, 2026 @ 6-9pm; March 28, 2026 @ 12-6pm, virtual - cost \$350.00

Course #2 - April 25, 2026 @ 12-6pm, April 26, 2026 @ 9-3pm, virtual, cost - \$350.00

Course #3 - May 21, 2026 @ 6-9pm, May 22, 2026 @ 6-9pm, May 23, 2026 @ 12-6pm, virtual - cost \$350.00

Course #4 - June 9, 10, 11 @ 7-9pm, June 13 @ 12-3pm, June 14 @ 9-12pm, virtual - cost \$350.00

[Making Ethical Decisions \(Home study Course\)](#) 16yrs+ - cost \$73.50

Interested in receiving High School Credit for your swimmer's role as an official, athlete or coach?

Click the link to check out what you need to do:

<https://swimbc.ca/swimmers/high-school-credit-letter/>

OUR CLUB CULTURE IN ACTION

A quick reminder to parents to please not come on the pool deck and interrupt during KCS practices. We understand that families may need to come on deck to walk between the upper level spectating area and the changerooms/ lower spectating area, but it is important that you do not approach groups (coaches and swimmers) during practices as it is a disruption to the group.

Should you need to communicate a unique request (leaving early/arriving late) please send your swimmers coach an email/communication. If you have a question or concern regarding your swimmer, please contact your swimmers coach and they would be happy to arrange a time to speak with you. Parents collecting their swimmers from Swim Skills lessons following their practice is totally acceptable.

ADDITIONAL OPPORTUNITIES - PACIFICSport INTERIOR BC

PacificSport Interior BC invites you to **The Female Athlete: Unlocking Peak Performance and Wellbeing in Sport** — a community workshop designed for **female athletes ages 12+**, and a great opportunity for **mothers and daughters to attend side by side**.

This workshop explores what female athletes need to thrive, covering:

- Understanding the **female body and performance**
- **Mental health, confidence, and managing pressure**
- **Fueling for performance and recovery**

It's a welcoming, supportive space to learn, reflect, and start meaningful conversations — with **lunch included**.



March 8 (International Women's Day)



10:30am–1:45pm



Thompson Rivers University (TCC), Kamloops



\$25 (lunch included)



Register here: <https://pacificsportinteriorbc.com/events/>

LET'S GO KCS!!!



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With gratitude to our newsletter sponsor, Rivershore Ram, for supporting our swimmers and community spirit. Your partnership helps us celebrate progress, share stories, and keep our team connected. [Rivershore Ram Chrysler Dodge Jeep | Kamloops, BC](https://www.rivershorechryslerdodgejeep.com/)