

THE NEXT WAVE

May 2026

MAY FOCUS: KAJ POGI, KCS MAY TIME TRIAL & ACHIEVING NEW STANDARDS



PRATT'S COMPOUNDING
PHARMACY



On Saturday, April 25, KCS hosted a very successful Pratt's Spring Fling, welcoming just over 150 swimmers from CSSSC, KISU, VKSC, and KCS. Many KCS swimmers achieved new qualifying standards throughout the meet, highlighted by Mia Wittal (12) earning a new long course BC Provincial Record in the girls 11-12y/o 50m butterfly with a time of 28.32! Along with updating her Provincial Record, Mia's new time is the fastest recorded LCM 50m butterfly in the girls 11-12y/o and 12 y/o categories in Canadian history, beating out Summer McIntosh's former leading time of 28.64. Well done Mia! During Pratt's we divided our KCS swimmers into two teams (red and white) and this season the white team came out on top with a total of 133 points. Well done swimmers! A number of our swimmers achieved their sub-4:00 times in the 200 IM for the first time along with new North & Interior Divisional and BC Provincial time standards. Please see below.

New Time Standards

Sub-4:00.00 200m Individual Medley: Taveray Taylor & Tyson Greenwood

BC Divisionals North & Interior: Paige Stoudt, Eric Williams, Elise Percy, Haolin Li, Kenna Fraser, Elijah Tayebwa Mukuru, Amy Campbell, Zoe Rinaldi, Maci Dixon, Nash McCaleb, Misty Hayes, Quinn Meredith, Brooklyn McCabe, Ryder Crichton = 30 new standards

BC Provincial Championships: Maci Dixon = 1 new standard

New Provincial & Club Records

Provincial Record LCM: Mia Wittal (12) girls 11-12 y/o 50m butterfly 28.32

KCS Club Records LCM: Mia Wittal (12) girls 11-12 y/o 50m butterfly 28.32

This month many of our swimmers will be traveling to Kelowna for the KAJ Persist Oil & Gas Meet with the hopes of qualifying for new Divisional and Provincial time standards. This meet will provide excellent racing opportunities for our swimmers as it brings together local and out of province competition. Thank you to all of the KCS volunteers who will be working this meet and making it a success for our swimmers the KAJ Swim Club. Your hours of service are greatly appreciated!

Congratulations to the following KCS swimmers that were selected to represent Zone 2 (Thompson/Okanagan) at this year's BC Summer Games in Kelowna BC from July 23 to 26th, 2026! Tenley Post, Stephanie Sears, Blake Steele, Aurora Armstrong, Elijah Mukuru and Nash McCaleb. We are so proud of your accomplishment and look forward to cheering you on!

On May 30, 2026, will be hosting our Time Trial event for AG to Tier 3 swimmers who are looking to achieve long course qualifying standards before our June meet. The time trial provides a great opportunity for swimmers to focus on longer-distance events ahead of competition, allowing them to concentrate more on shorter events at our next home meet, the June Classic.

We would like to say a special thank you to our meet sponsor, **Pratt's Compounding Pharmacy!** Please [click here](#) to visit their website.

Pratt's Compounding Pharmacy is Kamloops oldest compounder, and you might ask yourself what exactly does that mean? It means that at Pratt's they craft their own medicines in their labs, while also providing leading brands for medicine and vitamins. Pratt's Compounding Pharmacy is able to provide products and services that clients can't find elsewhere (some of which are discontinued). Pratt's focuses on getting customers taking the right medications based on their own DNA and saliva testing. This process allows for customers to solve complex imbalances and issues with very little troubleshooting and side effects. This not only saves customers time and money, it creates a path to better health! Pratt's Compounding Pharmacy is located at 100-321 Nicola St., Kamloops, BC V2C 6G6 and can be reached by phone (250-374-7226) or email (prattspharmacy@gmail.com).

COACHING AND PROGRAMMING UPDATES

Please see below for the updated contact information. We have added a new main contact for general inquiries (office@swimkamloops.com) that can be used for things like looking into member billing, questions regarding accounts, etc. Please continue to reach out to your swimmer's coach directly to communicate absences and if you have any questions or concerns regarding training or swim meets.

Reminder of who to contact for questions about schedules, meets, training

Group	Coach(es)	Email(s)
Tier 3	Shane Downey	headcoach@swimkamloops.com
Tier 2	Berke Ikican	coachberke@swimkamloops.com
Tier 1	Abby Bushell	coachabby@swimkamloops.com
Age Group	Isabela Goncalves Dias Facci	coachisabela@swimkamloops.com
Junior	Berke Ikican	coachberke@swimkamloops.com
Novice	Abby Bushell	coachabby@swimkamloops.com
Swim X	Abby Bushell	coachabby@swimkamloops.com
Masters	Isabela Goncalves Dias Facci	coachisabela@swimkamloops.com
Swim Skills	Isabela Goncalves Dias Facci	lessons@swimkamloops.com
KCS Office	KCS Staff (general inquiries)	office@swimkamloops.com

BEHIND THE BLOCKS: VOLUNTEER & OFFICIALS SPOTLIGHT

At Pratt's Spring Fling, we were thrilled to see several officials step into new senior roles. The enthusiasm, drive, and commitment shown by every official on deck was nothing short of outstanding.






Congratulations to Officials Reaching New Levels!

Level 2 - Jodi Armstrong, Gillian Schaefer-Percy, Ryan Hayes and Amy Wakelin. Each participant received a white pin and \$100 credit to their KCS account.

Level 3 - Jessica Greenwood - receives \$200 credit to her KCS account

Clinic Opportunities

1) Intro to Swimming / Safety Marshal / Inspector of Turns Combo Clinic

 **Date:** May 21, 2026  **Time:** 6:15–between 8:15/8:45 PM  Pizza provided

For swimmers born in 2012 or earlier & any interested parents

***Note: Our instructors, Chris Cameron, Steve Meredith & Tyrone McCabe are hoping to complete the clinics in 2 hours, but it may take up to 2.5 hours**

Sign up online through LMS on Sportlomo:

<https://swimming.canada.sportsmanager.ie/sportlomo/users/login>

To create an officials account linked to your child's existing competitive account, please follow the instructions at the link below: <https://canva.link/1sksxvjam1k2exy>

Please note:

- It may take **up to 24 hours** for the new account to become activated.
- Parents are encouraged to create the account first, then return the next day to register for the clinic.

E-Clinics

Did you know that new officials can complete the *Introduction to Swimming Officiating* and *Safety Marshal* clinics online? After finishing the courses, please email officials@swimkamloops.com to request your name badge and red pin.

1. Sign into [Sportlomo](#)
2. Click on LMS -> Status -> select the e-module for both clinics and complete.

Sportlomo Officials Records (REMS)

To access your records:

1. Log into [Sportlomo](#)
2. Click the RED Certifications button (not Qualifications)

TEAM SPIRIT AND CELEBRATION

Save the Date – Swim Club Banquet! 

Stay tuned for more information about our year-end banquet and sign-up details coming soon! Be sure to save the date: **Wednesday, June 24** at the Shark Club.

We're also getting ready for our amazing end-of-year slideshow, so keep an eye out for ways to share your favorite team photos and memories from the season!

DIVE IN. GIVE BACK. SHINE ON!



1. Laps for Loonies — Thank You for Your Incredible Support, KCS!

WOW - what an incredible morning at the pool this past Saturday for our annual Laps for Loonies fundraiser. Watching the kids push themselves in the pool and give it their all was truly amazing. As a club, we hit some incredible milestones as follows:

- **Total Laps for Loonies funds raised: \$13,946.20.** 🎉🎉🎉🎉🎉
- **Collectively, the club swimmers swam 170.5 kms.**

A huge **THANK YOU** to everyone who supported this fundraiser, whether you pledged, donated, volunteered, or helped behind the scenes. Your generosity makes a real difference for our club and our swimmers.

A special shoutout to the following swimmers who collected over \$400+ in pledges for our Laps for Loonies fundraiser:

- Morgan & Dylan Steele
- Brooklyn & Harper McCabe
- Mia & Maddox Wittal
- Emma & Tyson Greenwood
- Rylee McCarthy
- Austen Henning
- Riley & Dorren Gregory
- Annabella & Vanessa Decker
- Aurora Armstrong
- William Gogel
- Brynn Teteris
- Olivia Ellis
- Abby Duncan
- Zoey Vince
- Myla Canaday
- Jonathan Mongeon

A special thank you to our generous Laps for Loonies sponsors, including:



Domino's Pizza
Valleyview



Kamloops
Home Hardware




2. Neufeld Meats Fundraiser

Ordering opens May 12th!

Get ready to stock up your freezer for the summer and support our KCS team at the same time!

 **Ordering opens:** May 12–31, 2026
Online ordering link coming soon!

 **Delivery + Pick Up Day:** June 9, 2026, at 5:30 pm in the TCC parking lot. ****All orders must be picked up at this time!****

The swim group that raises the most funds will be rewarded with a well-deserved ice cream party 🍦! A fun way to celebrate their hard work, team spirit, and incredible support for the club!

3. Return-It Fundraiser:

**Got empty beverage containers at home?
Donate them to our cause with the Return-It App**

Return-It App makes donations easy. To get started:

1. Log in to your account through the Return-It App (found on Google Play Store or the iOS App Store) or visit <https://app.return-it.ca>. Don't have an account? Sign up for a free Return-It account at <https://app.return-it.ca>
2. Donate to our organization using the following link:
<https://app.return-it.ca/kamloopsaquaticsclub>
You'll have the option to set auto-donations or a one-time donation.
3. Return all your empty beverage containers to a Return-It Express location; every container counts!



Return-It Location: 963 Camosun Crescent, Kamloops, BC V2C 6G2



4. A Huge Thank You, Dr. Bouwmeester, Family Dentist

A huge thank you to our generous local dentist, **Kris Bouwmeester of Dr. Bouwmeester, Family Dentist**, for supporting our swim club in such a meaningful way! He is providing a new fridge for our food room, helping us continue to fuel our amazing volunteers and officials during swim meets. Your support truly makes a difference behind the scenes, and we're so grateful for your contribution to our swim club community.



SPONSORSHIP OPPORTUNITIES!

We're still **seeking a main sponsor for our upcoming June Classic Swim Meet**. We'd love to partner with a business that wants to be front and center at our event and in our community.

As a sponsor, your business and brand will receive prominent visibility throughout the event, including:

- Your logo featured on our Sponsorship Board in the main breezeway
- Logo placement in the official meet package sent to every attending club
- Your logo and/or video showcased on our large screen during the meet
- Display of your company banner on-site (if provided)
- We'll highlight your support in our post-event media coverage as well

Swim BC Summer PROVINCIALS • July 16–19, 2026

We're currently seeking event sponsors at the following levels:

- Gold — \$1,000+

- Silver — \$500–\$1,000
- Bronze — under \$500

As a sponsor, your brand will receive prominent visibility throughout the event, including:

- Your logo featured on a Sponsorship Poster created specifically for the event
- Logo placement in the official meet package sent to every attending club
- Your logo and/or video showcased on our large screen during the meet
- We'll highlight your support in our post-event media coverage as well

If you know of a company or organization that may be interested in any sponsorship opportunities, please contact fundraising@swimkamloops.com to learn more about available sponsorship opportunities.

MARK YOUR CALENDARS!

May 8th - [KAJ Persist Oil & Gas \(Kelowna\)](#) - KCS entry deadline April 22nd, 2026
 May 12th - Neufeld Meat Fundraiser Ordering Opens - Watch for the order link coming soon!
 May 30th - [KCS Distance Time Trial \(home\)](#) - KCS entry deadline May 18th, 2026
 May 31st - Neufeld Meat Ordering Closes at 11:59 pm
 June 1st - June Classic Swim Meet 50/50 Opens
 June 5th - [KCS June Classic Invitational \(home\)](#) - KCS entry deadline May 20th, 2026
 June 8th - June Classic Swim Meet 50/50 Closes
 June 9th - Neufeld Meat Delivery at 5:30 pm in the TCC parking lot
 June 19th - [NID Summer Divisionals \(Vernon\)](#) - KCS entry deadline June 8th, 2026
 July 16th - [BC Summer Provincials \(home\)](#) - KCS entry deadline June 29th, 2026

OPPORTUNITIES WITH KCS

Senior Swimmers Interested in Swim Skills Coaching or Volunteering?

How to Find the Information:

1. Visit the [Swim Kamloops](#) website.
2. Click **Our Club** → **Opportunities with KCS**.
3. Scroll to the bottom of the page and select:
 “[Want to become a Swim Skills/Novice/Junior Coach with KCS?](#)”

[Community Sport Coach Course](#) 15yrs+

Course #1 - May 30, 2026 @ 12-4pm, May 31, 2026 @ 9-1pm, virtual, cost - \$125.00

Course #2 - June 27, 2026 @ 12-4pm, June 28, 2026 @ 9-1pm, virtual, cost - \$125.00

Course #3 - Aug 10, 2026 @ 4-8pm, Aug 11, 2026 @ 4-8pm, virtual, cost - \$125.00

Course #4 - Aug 17, 2026 @ 3-7pm, Aug 18, 2026 @ 3-7pm, virtual, cost - \$125.00

[Swimming 101 Course](#) 16yrs+

Course #1 - May 20, 2026 @ 6-9pm, May 21, 2026 @ 6-9pm, May 24, 2026 @ 9am-3pm, virtual - cost \$350.00

Course #2 - June 9, 10, 11 @ 7-9pm, June 13 @ 12-3pm, June 14 @ 9-12pm, virtual - cost \$350.00

Course #3 - July 10 @ 7:30-9pm, July 11 @ 12-5pm, July 12 @ 9-3, virtual - cost \$350.00

Course #4 - July 22-24 @ 6-9pm, July 25 @ 12-4pm, virtual - cost \$350.00

Course # 5 - Aug 31, Sept 1,2 @ 4-8pm, virtual - cost \$350.00

[Making Ethical Decisions \(Home study Course\)](#) 16yrs+ - cost \$73.50

Interested in receiving High School Credit for your swimmer's role as an official, athlete or coach?

Click the link to check out what you need to do:

<https://swimbc.ca/swimmers/high-school-credit-letter/>

OUR CLUB CULTURE IN ACTION

A quick reminder to parents to please not come on the pool deck and interrupt during KCS practices. We understand that families may need to come on deck to walk between the upper-level spectating area and the changerooms/ lower spectating area, but it is important that you do not approach groups (coaches and swimmers) during practices, as it is a disruption to the group.

Should you need to communicate a unique request (leaving early/arriving late), please send your swimmer's coach an email/communication. If you have a question or concern regarding your swimmer, please contact your swimmer's coach, and they would be happy to arrange a time to speak with you. Parents collecting their swimmers from Swim Skills lessons following their practice is totally acceptable.

LET'S GO KCS!!!



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With gratitude to our newsletter sponsor, Rivershore Ram, for supporting our swimmers and community spirit. Your partnership helps us celebrate progress, share stories, and keep our team connected. [Rivershore Ram Chrysler Dodge Jeep | Kamloops, BC](https://www.rivershoreram.com)