

Saskatoon Lasers Swim Club

This package contains essential information for the upcoming season.
We look forward to a successful season together.

Be familiar with our staff and board members! Please find their contact information here:

[Coaches](#)
[Program Coordinators](#)
[Board of Directors/Staff](#)

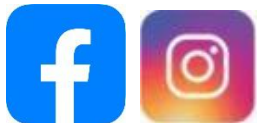
USEFUL APPS:



Meet Mobile: Meet Mobile is a mobile app where you can see schedules and live results for most meets.

You can download this app from the App Store or Google Play.

Follow us on social media:



Our Programs — for more information click on the headings, then on 'Program Information' for descriptions of each level:



Competitive

- White 1 (2x/week)
 - White 2 (3x/week)
 - Red 1 (4x/week + dryland)
 - Red 2 (5x/week + dryland)
 - Red 2A (6x/week + dryland)
 - Black (7x/week + dryland)
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Pool School



- Pool School 2
 - Pool School 2 Advanced
 - Pool School 3
 - Pool School 3 Advanced
 - Pool School 4
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Para

- Para Learn to Swim
- Para One-To-One Instruction
- Para Lane Swimming



Masters

- Masters Program (1 to 4 x/week + dryland)



Program Fees and Payment Information

- The fees for each program can be found on under [Register](#).
- Once your registration has been confirmed and processed, an invoice of the charges will be emailed to your email address on file and the credit card set up at registration will be charged (no processing fee).
- If your registration is to be paid by other means, such as KidSport, please email office@laserswimming.ca

Sibling Discount:

If you have registered more than one swimmer in our Competitive Program - this does not apply to Pool School or Para registrations:

- The 20% sibling discount for the second and subsequent swimmers will be applied by the Registrar after your registration has been submitted.
- You will be informed by email of the correct amount of swim fees (with the proper discounts) to be paid for all your swimmers.
- **The discount is not applied to the SwimSask fee.**

Meet fees:

- Meet fees and other extra accounts (clothing, etc.) will be added to your account and charged monthly using the payment method entered in your account. If you have any questions about your account or how to make a payment, please contact our treasurer at treasurer@laserswimming.ca
- **Out of town meets, EXCLUDING team travel:**
 - Include an extra fee for coaching travel reimbursement.
 - This fee is charged only to those who attend the meet at the following rates:
 - In-province meets: \$25
 - MB and AB meets: \$50
 - Other locations: \$75

Withdrawal Notice:

To withdraw from the Saskatoon Lasers Swim Club, families are required to provide 30 days' written notice via email to the Club's Office Manager. This policy allows for withdrawal at any time during the swim season, provided that the notice is properly submitted and the required notice period is respected.

Official Notice of Withdrawal

- All withdrawals must be submitted in writing via email to: office@laserswimming.ca
 - Verbal notice or written notice given to coaches or other staff will not be considered official.
- The "Official Notice of Withdrawal" must clearly indicate the swimmer's name, training group, and the intended final date of participation.
- A 30-day notice period will begin from the date the official email is received by the Office Manager.

Fees and Registration Closure

- Swim fees will continue to be charged for the full 30-day notice period.
- Your swimmer's registration will be closed at the end of the 30-day notice period.
- No refunds will be issued for missed practices or early withdrawal during the notice period.

We appreciate your cooperation in helping us manage group sizes, lane allocations, and coach planning. If you have any questions about the withdrawal process, please contact the Office Manager directly.

Optional Fundraising - ways to earn credits and offset fees.

Gift Card Program:

- We purchase various gift cards at a bulk discount. When you buy them, you get a corresponding credit on your account.
 - For example, if you purchase a \$100 Tim Hortons gift card, it costs you \$100, and you get a \$5 credit on your swimmer account. You get the full value of the card you purchased, plus a bonus credit on your account. It truly is free money!
 - Each year, we also apply for Co-op gift cards. This is done in January/February. We need to see if we are accepted into their program, and for what amount, before we offer those cards. Historically, we have received \$20,000 in cards to sell with a 10% credit rate. We are hopeful we will get these again.
- If you are interested in purchasing gift cards, please email Kathy Jo at vicepresident@laserswimming.ca.
 - **Payment is required by email transfer in advance.** Cards may be passed to your child at the pool. If so, you will be notified to look for them. Your account will be credited every few months for our in-house program, and twice a year for the FundScrip program discussed below.

FundScrip Program:

- In addition to the cards noted above, we are also providing a Fund- Scrip program with access to many different types of cards. You pay for the cards you want directly, and they are shipped to your house or other address of your choosing. Twice a year, we will receive a report from FundScrip and apply the credits to your account. This will likely be in January/February and again in May/June.

Bingos:

- While we do not require bingos to be worked, you have the option of working bingos should you choose. This will result in a \$75 credit being applied to your account. Each bingo session is about 6 hours long, and you need to work the full session. You need to sign up at least one week in advance. No shows will result

in a charge of \$150 on your account. If interested in participating in bingos contact Marcia at office@laserswimming.ca.

Clothing and Equipment:

- Clothing and Equipment Clothing can be ordered at any time through the link found on the website at <https://saskatoonlasers.itemorder.com/shop/home/>. ○ It is an online store through Sandstar Graphics.
- Equipment and suits can be ordered online through All Tides by Aquam at <https://alltides.com/> or through team aquatic at <https://team-aquatic.com/>.
 - Email us to get discount codes to receive from 15% to 25% off your order (does not apply to sale items).

Codes of Conduct – please review our Policies and Bylaws

- Codes of conduct and behavior are outlined in the Lasers Policies and Bylaws, found here: <https://laserswimming.ca/menu/policies-bylaws>
- Our [Policies and Bylaws](#) provide a guide of expectations for all participants, including swimmers, coaches, board members and parents. The policies encourage a commitment to ethical and professional behavior, that apply to practices, meets, team travel, and any other team events. They reflect the underlying principles of the Saskatoon Lasers.
- With no exceptions, ***all club swimmers, parents and coaches agree to abide by the standards of conduct in [this section](#) and any additional guidelines that might be occasionally established by the head coach.***

Volunteer Commitment

The parent of every competitive swimmer is required to help with swim meets. We will host a minimum of two meets per year, and occasional time trials. It is also imperative that our parents help other clubs with their meets throughout the year. Swim meets require several officials to run, and if we do not have enough parent volunteers, our swimmers will not be able to race!

To volunteer at swim meets, you will need to take Officiating Clinics. Clinics can either be taken through e-modules (sign up online and take the course on your own time at your own pace) or Swim Sask will put on virtual clinics throughout the year. Not every course is available through e-modules, so it is important to pay attention to when virtual clinics are being offered.

Parent officiating course requirements based on your swimmer's level:

WHITE 1 • Intro to Swimming and Safety Marshall	RED 1 • Intro to Swimming and Safety Marshall • Inspector of Turns and Judge of Strokes AND <u>one</u> of either: • Starter • Clerk of Course • Chief Timer • Meet Manager • Trio of Computers
WHITE 2 • Intro to Swimming and Safety Marshall • Inspector of Turns and Judge of Strokes	RED 2, RED 2A, BLACK • Intro to Swimming and Safety Marshall • Inspector of Turns and Judge of Strokes AND <u>two</u> of either: • Starter • Clerk of Course • Chief Timer • Meet Manager • Trio of Computers



After you take these courses, you will be required to work these positions a minimum of two times to be considered trained in them.

If you do not have these courses and are not able to help officiate at these levels at swim meets, you will be charged \$500.00, and your swimmer may not be allowed to participate in swim meets.

If you have any questions about officiating, how to sign up for clinics, or how to be signed off on courses you have taken, please contact the Lasers Officials Coordinator at: officials@laserswimming.ca

Follow this link for more course information: <https://www.swimsask.ca/the-officiating-pathway>