



Olympians Swimming
2026-27 Season Member Handbook



CONTENTS

WELCOME	3
CLUB HISTORY	3
MISSION STATEMENT	3
MOTTO	4
CORE VALUES	4
CONTRIBUTION	4
CLUB STRUCTURE	5
SWIM BC REGISTRATION	5
LOCAL SOCIETIES	5
COMMUNICATION	6
MEMBER REGISTRATION	7
REGISTRATION PROCESS	7
GROUPS	10
AGREEMENTS	15
FINANCIAL MATTERS	17
PROGRAMS	27
GROUP MOVEMENT	27
PRACTICE SCHEDULES	27
SWIMMER EXPECTATIONS	27
PARENT EXPECTATIONS - OUR SHARED COMMITMENT TO EXCELLENCE	29
COMPETITIONS	33
TYPES OF SWIM MEETS	33
SWIM MEET ENTRY PROCEDURE	33
SWIMMER EXPECTATIONS - COMPETITIONS	33
PARENT EXPECTATIONS - COMPETITIONS	34
OFFICIATING	35
TRAVEL	37
APPENDIX A: 2026-27 CONTRACT AND WAIVER	38
APPENDIX B: CODE OF CONDUCT AND ETHICS POLICY	44
APPENDIX C: ATHLETE PROTECTION POLICY	56
APPENDIX D: PRIVACY POLICY	0



APPENDIX E: DISCIPLINE AND COMPLAINTS POLICY	0
APPENDIX F: ALTERNATIVE DISPUTE RESOLUTION POLICY.....	0
APPENDIX G: APPEAL POLICY.....	0
APPENDIX H: TRAVEL POLICY (TEAM TRAVEL)	0
APPENDIX I: TRAVEL POLICY (INDIVIDUAL TRAVEL)	0



WELCOME

Welcome to the Olympians Swimming family, where excellence, integrity, and community come together to create an exceptional environment for swimmers of all levels. This member handbook is designed to provide you with all the information you need to make the most of your experience with your club. Whether you are a new member or a returning athlete, we are thrilled to have you with us and look forward to supporting you on your swimming journey.

CLUB HISTORY

Olympians Swimming has grown out of the amalgamation of the Langley Olympians Swim Club (founded in January 1998), Abbotsford Olympians Swim Club (founded in September 2002), and the Simon Fraser Aquatics (founded in 1997).

This strategic merger has unified our resources, expertise, and passion, further strengthening our position as a leading force in competitive swimming while maintaining roots in each of our communities home of Abbotsford, Langley, and Burnaby.

Now operating under the unified name, **Olympians Swimming**, we continue to offer quality programs, professional coaching, and a supportive environment that nurtures the development of swimmers from beginners to elite athletes.

Our rich history, coupled with our recent expansion, ensures that we continue to provide outstanding programs and opportunities for all our members.

MISSION STATEMENT

Our mission is to promote the sport of swimming through quality coaching and to instill the values of discipline, sportsmanship, and teamwork in our athletes. We strive to create an inclusive and supportive environment where every swimmer can achieve their personal best.



MOTTO

The Olympians Swimming motto is *“Learn to Swim the Olympian Way!”*

CORE VALUES

Our core values are the foundation of everything we do. They guide our actions, shape our culture, and define the standards to which we hold ourselves. These values ensure that we create an environment where every member can thrive, both in and out of the pool.

The club’s core values are:

Excellence: We are committed to striving for the highest standards in training and competition. Our goal is to continuously improve and achieve the best possible outcomes for our athletes.

Integrity: We believe in acting with honesty and fairness in all interactions. Integrity means aligning our words with our actions and consistently making and keeping our promises. This commitment to integrity builds trust and respect within our club and the broader community.

Community: We are dedicated to building a supportive and inclusive environment for all members. By fostering a sense of belonging and collaboration, we ensure that everyone feels valued and empowered.

By adhering to these core values, Olympians Swimming maintains a positive, ethical, and high-achieving culture that benefits all members of our club.

CONTRIBUTION

Building a supportive team goes beyond the pool. We embrace the ideals of contribution and a *Team First* mentality, recognizing that every member, from swimmers and coaches to parents, volunteers, and staff, each contribute to our success. This means fostering a supportive environment built on mutual respect, acceptance, and encouragement. We value individual contributions, big or small, and challenge each other to reach our full potential. By working



together, celebrating victories, and swimming with a shared passion for excellence, we create a place where **Success is Inevitable.**



CLUB STRUCTURE

Olympians Swimming maintains strong roots in each of its founding communities while benefiting from the collective resources and expertise of a larger organization. This unique structure allows the club to provide personalized, community-focused support alongside the advantages of a well-resourced, unified club.

SWIM BC REGISTRATION

Olympians Swimming's registration with Swim BC offers significant advantages, enhancing member experiences and opportunities. As a viaSport Accredited organization, Swim BC ensures adherence to top standards in governance, safety, and program delivery. This affiliation connects us with Swimming Canada and World Aquatics, granting access to prestigious national and international competitions. Members benefit from development programs, resources, and funding opportunities. This multi-level membership supports athletes, coaches, and the club, fostering excellence and providing a pathway for achieving their highest potential in swimming.

LOCAL SOCIETIES

In addition to being registered with Swim BC, each member is also affiliated with their respective local society, reflecting our commitment to maintaining strong community ties:

Abbotsford

Olympians Swimming members training in Abbotsford are registered with the Abbotsford Olympians Society.

Langley

Olympians Swimming members training in Langley are registered with the Olympians Swimming Society.

Burnaby

Olympians Swimming members training in Burnaby are registered with the Simon Fraser Aquatics Society.



Registration with your local society provides governance, fundraising, volunteer engagement, officials development, and local facility access.

COMMUNICATION

Olympians Swimming values clear and timely communication with all our members. Our primary sources of information are the Olympians Swimming website, coach emails, and club newsletters. We'll also send you emails about any relevant competitions or events.

Upon registration, you'll receive your coach's email address. Please remember that coaches have irregular hours, so **allow 48 hours for a response** to your emails.

For club inquiries, please use the following email addresses:

Registrar [*\(registrar@olympiansbc.com\)*](mailto:registrar@olympiansbc.com)

For all questions related to new swimmer assessments, membership status, required forms, or any changes to your registration information.

Billing [*\(billing@olympiansbc.com\)*](mailto:billing@olympiansbc.com)

For inquiries about fees, payment schedules, invoices, or any financial matters related to your membership.

Media [*\(media@olympiansbc.com\)*](mailto:media@olympiansbc.com)

For all press inquiries, photography/videography requests, website features, and social media highlights.

Equipment [*\(equipment@olympiansbc.com\)*](mailto:equipment@olympiansbc.com)

For inquiries regarding team gear orders, sizing, distribution, or club equipment protocols.

Additionally, you may need to contact someone regarding daily operations:

Group **Coach**

Your primary contact for day-to-day training, individual swimmer progress, absences, and goals. They may also hold periodic Parent-Swimmer-Coach meetings.

Center **Director**

The first point of escalation for site-specific concerns that cannot be resolved by your



group coach, including inquiries regarding facility safety, operational regulations, or general site-level communication.



MEMBER REGISTRATION

Joining Olympians Swimming means becoming part of a supportive community that fosters personal growth and camaraderie among swimmers, parents, coaches, and volunteers. The club offers a clear development pathway from grassroots to elite levels, ensuring swimmers are well-prepared to achieve their goals in the sport of swimming and in life.

This section outlines the steps required to become an Olympians Swimming member for the 2026-27 Season.

REGISTRATION PROCESS

To ensure each swimmer thrives, a member of our coaching staff assesses every swimmer to ensure placement into the correct group. Following this assessment, your family will receive an email containing your swimmer's group information and registration links.

All registrations are completed through the Olympians Swimming website via the Pool Queue club management platform (<https://olympiansbc.com/>). The process involves the following steps:

NEW MEMBERS

All new members must complete a New Swimmer Assessment.



Create Account: If you're new to Olympians Swimming, you'll first need to set up a member account on our Pool Queue platform. This account will securely store your contact information and emergency contacts.



Add Member: To complete your profile, you must **'add member'** where you'll enter the swimmer's information, including their name, gender, birthdate, shirt size, and personal health number.



Register: After adding the member(s), you'll be directed to **'Review program information to register'**. On the Program Information page, select the program you've been assessed for, then click **'Register'**. *Please note: You will only be eligible to register in the group you have been assessed.*



Set Up Payments: After selecting 'Register', you'll be prompted to set up a payment method. Select '**Go to payment profile**' where you can securely add your payment method. All payments will be processed through Stripe.



Sign Agreements: During this step, the **Olympians Swimming Contract and Waiver** and **Club Policies** will be displayed for each registered swimmer. It's essential that you read and agree to these documents. This ensures your understanding and adherence to our club's regulations and expectations. Please ensure any questions you have regarding this documentation are asked prior to acknowledging your agreement.

RETURNING MEMBERS



Register: From the **Program Information** page of the website, select the program that you have been assessed. Select '**Register**'. *Please note: You will only be eligible to register in the group you have been assessed.*



Set Up Payments: After selecting 'Register', you **may be prompted to set up a payment method**. Select '**Go to payment profile**' where you can securely add your payment method. All payments will be processed through **Stripe**.



Sign Agreements: During this step, the **Olympians Swimming Contract and Waiver** and **Club Policies** will be displayed for each registered swimmer. It's essential that you read and agree to these documents. This ensures your understanding and adherence to our club's regulations and expectations. Please ensure any questions you have regarding this documentation are asked prior to acknowledging your agreement.

COMPETITIVE SWIMMER SWIMMING CANADA REGISTRATION

Once your Pool Queue registration is complete, families in competitive groups must complete the national registration step below. **Swimmers cannot practice or enter sanctioned competitions until this requirement is fully met.**



Swimming Canada REMS Registration

To comply with national sport regulations, support our meet sanctioning process, and track volunteer certifications, registration through the Swimming Canada Registration and Event Management System (REMS) is mandatory for both athletes and parents:

The Swimmer: Every competitive athlete must be registered through REMS to be fully insured and eligible to compete in sanctioned meets.

The Parent: At least one parent from each family must register as an Official. This profile allows the club to verify our officiating capacity for competitions and accurately track your volunteer progress through official certification levels.

Need Assistance? If you require any support during the Pool Queue or REMS registration process, please contact the Olympians Swimming Registrar.



GROUPS

Olympians Swimming provides structured groups tailored to various ages and skill levels. To ensure each athlete is positioned for success, our coaching staff evaluates group placement based on three core criteria:



Age

Swimmers are grouped with peers at compatible developmental stages to foster social growth and ensure training aligns with their physiological and psychological maturity.



Ability

Coaches assess technical proficiency, stroke mechanics, and physical readiness in both practice and competition environments. This dual evaluation ensures swimmers meet established standards for both training and racing.



Commitment

Progression requires meeting specific expectations, covering areas like attendance, work ethic, coachability, and team character, that adapt as a swimmer moves from foundational habits to advanced performance. For a detailed breakdown of the specific evaluation rubrics for your swimmer's tier, please refer to the [Commitment Page on our website](#).

To ensure the safety, technical progression, and optimal success of every athlete, final decisions regarding group placement and movement rest exclusively with the senior coaching staff. Our goal is to place every swimmer in the environment that best supports their individual growth and long-term development.



Learn to Swim the Olympian Way! Your Journey Starts Here.



Olympians Swimming

Program Guide



 VISIT OUR WEBSITE
www.olympiansbc.com

		 AGE	 ABILITY	 COMMITMENT
Skill Acquisition	 Minis	6 – 7 Years <i>(5 – 8 Years)</i>	25m Front Swim Front & Back Floats	Foundational
	 Bronze	6 – 8 Years <i>(6 – 12 Years)</i>	50m Free & Back Swim 100m Kick with Board	Foundational
	 Silver	7 – 9 Years <i>(6 – 12 Years)</i>	Dive Start & Legal Strokes 100 IM Add-up Under 2:00	Foundational
	 Gold	8 – 10 Years <i>(6 – 12 Years)</i>	Dive Start & Legal Strokes 100 IM Swim Under 2:00	Developmental

Podium Stream		Divisional 4	9 – 10 Years	Legal 200 IM Under 4:00 PASS Meet Attendance	Developmental
		Divisional 5	10 – 12 Years	Foundational Aerobic Training Target Motivational Times	Developmental
		Divisional 6	11 – 12 Years	Aerobic Endurance Training Target Motivational Times	Developmental
		Provincial 6	11 – 13 Years	Benchmark Training Sets Divisional & Provincial Times	Advanced
		Provincial 7	♀ 12 – 14 Years ♂ 13 – 15 Years	Benchmark Training Sets Provincial Times	Advanced
		National 8	♀ 13 – 17 Years ♂ 14 – 18 Years	Benchmark Training Sets Provincial & National Times	Advanced
		National 9	♀ 14 & Older ♂ 15 & Older	Benchmark Training Sets National Times	Advanced
		Varsity	18 & Older	Benchmark Training Sets Advanced Time Standards	Advanced

Senior Stream		White 2	13 – 17 Years	200m Continuous Choice Swim Under 4:30	Foundational
		White 3	13 – 17 Years	Legal 200m IM Under 4:00	Foundational
		Red 6b	13 – 17 Years	♀ 200 IM Under 3:20 ♂ 200 IM Under 3:10	Foundational
		Red 6a	13 – 17 Years	Benchmark Training Sets 200 IM Time Standard	Developmental
		Masters 1	18 & Older	200m Continuous Choice Swim Under 4:30	Foundational
		Masters 2	18 & Older	200m Continuous Choice Swim Under 4:30	Foundational

All swimmer placements must be confirmed by senior coaching staff.

Abbotsford • Langley • Burnaby



COMMUNITY PROGRAMS

Each season Olympians Swimming runs several Community Programs, including:



New Swimmer Assessment
All new swimmers to Olympians Swimming must be assessed to ensure a smooth and successful entry into our club. All registrants **MUST** be comfortable in deep water, able to swim with their face in the water, and capable of completing a minimum of 25 meters unassisted.



Inside the Rings Clinics
Learn the secrets with these value added clinics. Each clinic teaches a targeted skill with unique drills, drills, and dedicated practice.



Winter Maintenance
BC Summer Swimming Association swimmers may practice 2 sessions per week. Olympians Swimming has been the premier program, supporting the continued development of skills in the off season.



Coach Apprenticeship Program
These tiered programs provide coaching education and mentorship. Successful participants may earn high school credit.



GROUP OVERVIEW

All Olympians Swimming programs can be defined within the following four categories: Acquisition Phase, Podium Stream, Senior Stream, and Community Programs.

Acquisition

Phase

The Acquisition phase is the entry point for young swimmers, focusing on developing basic water skills, stroke technique, and water safety in a fun and supportive environment. Our programs build confidence and create a solid foundation for future progression in the sport.

Podium

Stream

The Podium Stream welcomes swimmers with a strong competitive spirit, providing a comprehensive and structured environment for long-term growth. Our structured programs ensure athletes are well prepared for each stage of their competitive journey - from regional competitions to national and international success.

Senior

Stream

The Senior Stream promotes skill development, friendship, and lifelong participation. We offer programs that teach fitness and skill development, with opportunities for leadership training, such as lifeguard, coach, and officials certification.

Community

Programs

Our Community programs offer targeted training and skill development for specific groups, such as remedial training, camps, and clinics. Additionally, we work to provide opportunities for leadership training, such coaching or officiating.



The following groups will be offered in the 2026-27 season.

	Abbotsford	Langley	Burnaby
Skill Acquisition Phase (Olympic Way)			
Minis	●	●	●
Bronze	●	●	●
Silver	●	●	●
Gold	●	●	●
Podium Stream			
Divisional 4	●	●	●
Divisional 5	●	●	●
Divisional 6	●	●	●
Provincial 6	●	●	●
Provincial 7	●	●	●
National 8	●	●	●
National 9	●	●	●
Varsity	—	●	●
Senior Stream			
White 2	●	●	●
White 3	●	●	●
Red 6a & 6b	●	●	●
Masters 1 & 2	—	●	—



AGREEMENTS

The agreements consist of an Olympians Swimming Contract and Waiver and Club Policies. Olympians Swimming require all members to familiarize themselves with these documentations to ensure safety, compliance, and effective conflict resolution. This understanding enhances the member experience and supports a safe, positive, and productive environment.

CONTRACT AND WAIVER

The Contract and Waiver for Olympians Swimming serves to inform Participants of the risks associated with the sport of swimming, and to obtain their acknowledgment and acceptance of those risks. The document further details the fees, payment policies, and discontinuation procedures for participation in Olympians Swimming programs. Finally, it outlines the requirement for all Participants to abide by the Olympians Swimming Code of Conduct and Team Manual policies as a condition of membership. Please note that this is a legally binding agreement (Appendix A)

POLICIES

Olympians Swimming prioritizes the well-being and fair treatment of all members. The organization's policies prohibit harassment, discrimination, and abuse, ensuring a safe environment. Conflict resolution methods, such as mediation, are encouraged, with an appeal process for formal decisions. Strict guidelines on athlete protection, including communication, travel, and physical contact, are enforced. Each policy is summarized below and included in the manual's appendices.

Code of Conduct and Ethics Policy: Establishes the expected behavior for all participants of Olympians Swimming. It defines various forms of misconduct such as bullying, harassment, and hazing, and emphasizes the importance of a safe and respectful environment. (Appendix B)

Athlete Protection Policy: This policy focuses on creating a safe sport environment, particularly for vulnerable participants. It outlines the 'Rule of Two', communication guidelines, travel protocols, and appropriate physical contact. (Appendix C)



Privacy Policy: This policy outlines how Olympians Swimming collects, uses, safeguards, and discloses personal information. It also details individuals' rights regarding their information and how to address any concerns. (Appendix D)

Discipline and Complaints Policy: This policy details the procedures for handling complaints regarding violations of the Code of Conduct and Ethics Policy. It outlines the roles of various parties, the investigation process, and potential sanctions. (Appendix E)

Alternative Dispute Resolution Policy: This policy outlines Olympians Swimming's commitment to resolving disputes through negotiation, facilitation, and mediation. It describes the process and benefits of alternative dispute resolution methods. (Appendix F)

Appeal Policy: This policy establishes a fair and expedient appeal process for participants who disagree with decisions made by the organization. It outlines grounds for appeal, procedures, and the appointment of an appeal panel. (Appendix G)

Travel Policies: Olympians Swimming has two travel policies, one for Team Travel (Appendix H) and one for Individual Travel (Appendix I). Prior to each travel meet members will be given the option to travel with the team or independent of the team. Each policy supports these two unique situations.



FINANCIAL MATTERS

A clear understanding of financial matters is crucial for maintaining the operational integrity of our club and ensuring a supportive environment for all members.

This section provides transparency and guidance on our streamlined fee structure, payment schedules, and the responsibilities of both members and the club in financial transactions. Information regarding available external financial assistance options (such as Canadian Tire Jumpstart, KidSport, and Athletics 4 Kids) is also available to help eligible families participate.

Expenses incurred through a swimming season consist of the following types:

- Member Registration Fee
- Swim Challenge Assessment
- Program Fees
- Event, Competition, and Travel Fees
- Team Uniform and Equipment Purchases



MEMBER REGISTRATION FEE

The Member Registration Fee is an essential one-time fee assessed per swimmer at the beginning of each season. For the 2026-2027 Season, this fee has been consolidated to include the following sub-items:

Olympians Swimming - Club Registration: Supporting the general administration and operation of the club.

Swim BC / Swimming Canada Annual Membership: Every swimmer registered with an affiliated club must be registered with Swim BC and Swimming Canada. This membership provides essential benefits including access to all Swimming Canada sanctioned events, Provincial and National programs, the Registration and Event Management System (REMS), and comprehensive liability insurance coverage during sanctioned activities.

Team Uniform Starter Kit: Provides initial club apparel for the season. All packages include **1 Swim Cap** and **1 Bag Tag**, plus the group-specific items below:

- | | |
|--|-------------------------------|
| ● Olympic Way & Olympians White | + 1 White T-Shirt |
| ● Divisional, Provincial, National, Varsity, & Red | + 1 White & 1 Red T-Shirt |
| ● Winter Maintenance & Masters | <i>Cap & Bag Tag Only</i> |

The specific amount for your Member Registration Fee is determined by your group as per below:

Olympic Way (Minis, Bronze, Silver, Gold)	\$220.00
Olympians White 2	\$220.00
Olympians White 3, and Red 6	\$370.00
Divisional, Provincial, National and Varsity	\$370.00
Masters (Recreational)	\$100.00
Masters (Competitive)	\$120.00
Winter Maintenance	\$100.00

The Member Registration Fee is due upon registration. The Member Fee may be prorated for any swimmer who joins later in the season, with the exception of the Winter Maintenance Group.



PROGRAM FEES

Program fees cover the primary costs of delivering our swimming programs, including coaching, facility rentals, and club operational expenses.

Fees are structured for the specific duration of each program and include scheduled breaks and holidays. Because the club commits to fixed operational costs (such as coaching salaries and pool space) based on seasonal enrollment, fees are not prorated for missed practices, and refunds are not provided for altered or canceled workouts due to unforeseen circumstances or facility closures outside of the club's control.

Late Fee Notice: A \$50.00 administrative fee will be strictly applied to any late payments.

Year-Long Groups

Includes: Divisional, Provincial, National, Red, White, and Masters groups.

These programs run for the full duration of their respective competitive seasons. For Divisional, Provincial, National, Red, and White groups, this runs from September through July. For Masters, the season runs from October through July. Winter Maintenance runs October through April.

Payment

Options

Families may choose one of the following two payment structures:

- **Lump Sum Payment:** The full annual program fee is due on **September 1st** (October 1st for Masters and Winter Maintenance).
- **Installment Plan:** Fees are divided into equal monthly payments due on the 1st business day of each month for the duration of the program's season (11 payments for Year-Long, 10 payments for Masters, and 7 payments for Winter Maintenance). *Please note: Selecting the installment plan automatically includes a 5% surcharge to cover the administrative cost of an extended payment schedule.*

Withdrawal

&

Refund

Policy

Swimmers are expected to remain committed until the end of the season (July 31, 2027). All fees are non-refundable. This policy is essential for the financial viability of Olympians Swimming. Our club's operational expenses, including coaching salaries, pool rental fees, equipment, and administrative costs, are carefully planned and committed based on the number of swimmers enrolled in each training group.



Any requests for a leave of absence or fee relief due to extenuating circumstances (e.g., medical leave or relocation) must be submitted in writing to the Olympians Swimming Registrar with supporting documentation for review. Depending on the review, a credit may be applied to the member's account.

Sessional Programs

Includes: All Olympic Way programs.

Registration for the Olympic Way Minis, Bronze, Silver, and Gold groups is managed entirely on a session-by-session basis. To ensure continuous participation, members must complete the re-registration process prior to the start of each new session. Re-registration is strictly subject to space availability.

Program	Sessions	&	Schedule
We run three regular sessions plus four summer intensive sessions.			
● Fall Session	October 5th - December 20, 2026		
● Winter Session	January 4th - March 14th, 2027		
● Spring Session	March 31st - June 27th, 2027		
● Summer Sessions	2-Week Intensive Camps June 28 - August 20th		

Payment

Options

Families may choose one of the following two payment structures:

- **Lump Sum Payment:** The session fee is due 7-days prior to the start of that session.
- **Installment Plan:** Fees are divided into equal monthly payments, with the first installment charged 7 days prior to the start of the session. All remaining installments are automatically processed on the 1st business day of each month. *Please note: Selecting the installment plan automatically includes a 5% surcharge to cover the administrative cost of an extended payment schedule.*

Discontinuation of participation in a sessional group is permitted only at the end of a Program Session.



SWIM CHALLENGE ASSESSMENT

The Swim Challenge Assessment is a mandatory annual fee for all registered members. This assessment contributes vital funds towards covering essential club operational costs, such as staffing, pool time, and equipment, enabling Olympians Swimming to provide a high-quality program and resources for all members.

This assessment is charged upfront upon registration.

Members are required to participate in the Swim Challenge event, which serves as an opportunity to offset this assessment. During the event, each group swims a designated distance. (Note: Specific distances and the date for the annual Swim Challenge will be communicated to members separately.)

Members can earn pledges from sponsors to reduce or completely offset the amount owing for their Swim Challenge Assessment. Pledges can be solicited on a per-length or flat-rate basis. Funds raised through pledges will be applied directly to the member's account towards this assessment.

Should a member raise pledges exceeding the total amount of their Swim Challenge Assessment, eighty-five percent (85%) of the funds raised above the assessed value will be applied as a credit to the member's club account. This credit may be utilized towards future Program Fees or Event and Competition Fees.

Pledges can be submitted conveniently through the club's website via the dedicated Swim Challenge page.

Olympic Way (Minis, Bronze, Silver, Gold)	\$55.00 / Session (<i>Fall, Winter, Spring Only</i>)
Divisional	\$315.00
Provincial	\$420.00
National	\$525.00
Olympians White	\$210.00
Olympians Red	\$315.00

There is no Swim Challenge Assessment for swimmers in the Winter Maintenance or Masters programs.



EVENT, COMPETITION & TRAVEL FEES

Participation in swim meets, club events, and travel competitions involves costs in addition to annual program fees. These fees cover expenses related to meet entries, coaching, travel logistics, and facilitating our hosted competitions.

Meet Entry Fees: Swimmers are responsible for individual entry fees for sanctioned competitions based on the specific events entered. These fees are set by the host club and processed by Olympians Swimming.

Relay Fee: A flat fee of **\$10.00 per swimmer** is assessed for all swim meets that feature relay events. This fee covers the administrative cost of entering relays on behalf of the club and is charged to all participating swimmers, regardless of individual relay selection.

Coaching Fees (External Meets): For all competitions hosted by clubs other than Olympians Swimming (including local and travel meets), a Coaching Fee of **\$20.00 per swimmer, per day** will be charged to cover on-deck coaching costs. *Note: This fee is waived for Olympians-hosted (home) meets.*

Refund Policy for Events & Meets: Because Olympians Swimming incurs non-refundable expenses upon registration deadlines, all fees paid for meets, travel, or social activities are non-refundable for swimmer cancellations, withdrawals, or no-shows after the deadline has passed.



TRAVEL MEET STAFFING & LOGISTICS

For training or competitions requiring travel away from our home region, families can choose between two travel options. In both scenarios, an estimated cost breakdown will be provided prior to the entry deadline, a deposit (equal to 50% of the estimated travel expense) will be required to confirm participation, and a final charge of the reconciled expenses will be applied to the member's account after the trip.

Travel Options:

Team Travel: Olympians Swimming manages all logistics (transportation, accommodation, meals). The swimmer's account will be charged for their portion of these group costs, meet entry fees, and their proportionate share of staff travel expenses.

Individual (Family) Travel: The family books and pays for all travel directly. The swimmer's club account will only be charged to meet entry fees and their proportionate share of staff travel expenses.

Staffing Expense Calculation:

Swimmers are responsible for a proportionate share of travel expenses incurred by attending club staff (coaches, managers, etc.). The final charge is determined by a "whichever is greater" model:

Minimum Fee: If the calculated staff travel cost is less than \$20.00/day, the standard \$20.00 daily coaching fee applies.

Actual Expense: If the staff travel cost exceeds \$20.00/day, the total reconciled proportionate amount will be charged.



MEET VOLUNTEER COMMITMENT FEE

Olympians Swimming relies on family participation to run safe and successful events. For designated club-hosted competitions, a Volunteer Commitment Fee is assessed per participating swimmer based on the duration of the meet. When this policy is applied, the standard \$20.00 per swimmer, per day Coaching Fee is waived.

Exemptions: PASS and All-Squad Meets are exempt from volunteer fees; consequently, no volunteer credits can be earned or applied at these events.

Fee Structure & Requirements

No fees are collected prior to the competition. Families can fully waive the Volunteer Commitment Fee by working the required number of sessions, with each session reducing the balance by \$25.00.

2-Day Meets: A **\$50.00 fee** is applicable. Working two (2) volunteer sessions completely waives this fee (\$25.00 credited per session worked).

3-Day Meets: A **\$75.00 fee** is applicable. Working three (3) volunteer sessions completely waives this fee (\$25.00 credited per session worked).

Post-Competition Billing & Reconciliation

Following the conclusion of the meet, the club will reconcile the volunteer logs.

Requirements Met: If your family met the session requirements, you will not be charged.

Requirements Not Met: If your family did not volunteer, or only completed a portion of the required sessions, the remaining balance (\$25.00 per unworked session) will be processed on your account during post-meet billing.

Volunteer Prize Draws

At designated Olympians-hosted competitions (*excluding PASS and All-Squad Meets*), volunteers who work a **Friday Session** or any **Finals session** will be entered into a random prize draw:

Grand Prize: Waiver of one month's program fee.

2nd & 3rd Prizes: Waiver of meet entry fees for a specified future competition.



EQUIPMENT

Participation in our swimming programs requires specific equipment to support training and represent the club. This falls into two main categories: Team Uniform and personal Training Equipment.

Team Uniform: A Team Uniform Starter Kit is included with the annual Member Registration Fee (details are provided in the Member Registration Fee section). This kit provides the essential gear required to be worn at all practices, dryland sessions, and competitions.

Additional Olympians Swimming team uniform items (e.g., sweat suits, swim bags, additional or custom swim caps, and other apparel) are available for purchase separately throughout the season. Ordering information will be communicated.

Swimmers qualifying for and attending the Swim BC Provincial Championships will be automatically billed for and issued an exclusive, commemorative Provincial T-shirt to recognize this achievement. The cost of this mandatory championship gear will be applied directly to the swimmer's club account.

Training Equipment: Each training group has a list of required training equipment that is necessary for effective participation in daily practices (e.g., fins, paddles, snorkels, kickboards, pull buoys). Swimmers are responsible for acquiring these items themselves. Your group coach will provide the specific list of required equipment for your swimmer's program level.

Olympians Swimming is an **Arena Sponsored Club**. While members are welcome to use equipment from any brand that meets the required specifications provided by the coaches, we encourage supporting our sponsor by considering Arena products whenever possible. We may work with vendors to facilitate access to approved equipment or offer discount opportunities to members.

EXTENUATING CIRCUMSTANCES

If the swimmer needs to take a leave of absence from club activities due to extenuating circumstances (such as a medical leave), please apply to Olympians Swimming Registrar with pertinent details and appropriate documentation, like a doctor's note. All requests will be reviewed by the club. Depending on the situation, you may receive credit for the time you were on leave.



PAYMENT METHOD

All members need to have a payment method registered through our website. You can use either a credit card or pre-authorized debit. All registration fees must be paid online using one of these methods.

Please be aware of the following processing fees:

Credit Card	3.1% + \$0.40 per transaction
Pre-Authorized Debit	1.2% + \$0.50 per transaction

FINANCIAL AID

Information regarding any external financial assistance options (such as Canadian Tire Jumpstart, KidSport, and Athletics 4 Kids) is available to help eligible families participate. The details and links to further information are available on our website.

Additionally, members have the opportunity to reduce their swimming fees through the Swim Challenge pledge program. Details are available in the section above.



PROGRAMS

Olympians Swimming programs emphasize purposeful practice and focused training designed to foster skill development, competitive excellence, and personal growth among our members.

In this section, we explain our group movement process, and outline expectations for both swimmers and parents. A summary of the groups is in the “Groups” section above and details are maintained on our website.

To ensure proper placement within the appropriate group, all swimmers will undergo an assessment conducted by our senior coaching staff. Invitation to a subsequent group will be evaluated by demonstrating commitment, achieving the established goals of the current group, and exhibiting demonstrable progress towards the goals of the desired higher group.

GROUP MOVEMENT

Olympians Swimming will ensure a smooth transition between swim groups with a gradual transition from one group to the next. For sessional groups there will be natural move-up opportunities between sessions, once a swimmer has demonstrated the standards for the next level. For year-long groups, swimmers will be assessed by their age, ability, and commitment requirements and group movement will naturally transition from one level to the next.

PRACTICE SCHEDULES

Practice schedules for each group and location will be shared with members by their coach.

For swimmers in a sessional group, please note that the schedule is fixed. When registering, select the appropriate group, as your swimmer must attend their registered time slot only.

For year-long groups, schedule changes may be possible, but only if space permits.

SWIMMER EXPECTATIONS

Creating a positive, safe, and supportive environment is a shared responsibility. We strive for an atmosphere that promotes well-being and encourages both maximum effort and the acceptance of setbacks as a necessary part of growth.

All swimmers are required to contribute to the team and their personal development by adhering to the following commitment expectations, which evolve as they progress through our



Foundational, Developmental, and Advanced tiers. Detailed descriptions of these tiered pillars—including specific standards for attendance, attitude, and gear—are maintained on our website Resources -> Commitment.

Attendance: Consistently attend scheduled practices. Timely arrival is crucial, ensuring you are ready to begin the session.

Preparedness & Equipment Readiness: Arrive fully prepared for each session with all required training equipment (e.g. swimsuit, goggles, cap, kickboard, fins, paddles, snorkel). Olympians Swimming team gear must be worn at all practices, dryland sessions, and when on deck. For all dryland sessions, proper footwear (e.g., running shoes) is mandatory. Swimmers are responsible for the care and working order of their gear.

Participation & Engagement: Actively participate and be fully engaged in all activities. This includes willingly joining in, attempting challenging parts, listening attentively to instructions, and remaining focused on the task at hand.

Work Ethic: Demonstrate consistent effort throughout practice, embrace challenges, and complete sets well. This dedication to improvement is key to progress.

Coachability: Be open and receptive to feedback and instructions from coaches. Consistently make an effort to apply corrections and ask clarifying questions to deepen your understanding.

Respect & Citizenship: Show respect to instructors, peers, and the training space. This includes following safety rules, demonstrating good sportsmanship, and practicing proper lane etiquette.

Teamwork: Contribute positively to the team atmosphere, support teammates, and cooperate with others.

Competition Participation (Advanced Tiers): For swimmers in Advanced Tiers, participation in competitions is a key expectation, along with demonstrating good readiness and learning from results.

If there is any reason that a swimmer is unable to fulfill the above requirements, they must notify the coach.



PARENT EXPECTATIONS - OUR SHARED COMMITMENT TO EXCELLENCE

Olympians Swimming is unique: we are **coach-owned and professionally administered**, ensuring top-tier technical training and stable business operations. However, professional management does not mean families are simply "consumers" of a service. To bridge the gap between professional execution and parent participation, we operate as a **volunteer-supported** community.

THE ENVIRONMENTAL BANK ACCOUNT: CONTRIBUTING TO OUR SUCCESS

Just as we aim for many contributions and few withdrawals to our club's Environmental Bank Account, we ask parents to move beyond a "consumer mindset". While your membership dues fund athletic expertise, the logistics of competitive swimming, specifically hosting competitions, require the dedicated support of our member network.

Finding Your Fit: The Three Pillars of Engagement

We recognize that our parents have varying schedules and strengths. We encourage you to choose a path that aligns with your personal boundaries and skills:

Officials & Meet Management

For those seeking a structured, "deck-level" mastery of the sport's rules.

The Safety & Nurturing Path

For parents motivated by a duty of care, such as chaperoning travel meets and ensuring athlete protection.

The Community & Culture Path

For those who prefer building "swim family" spirit through social and community events.

By stepping into these highly specific and targeted roles, you ensure our operational success while respecting your valuable time.



FOSTERING A POSITIVE CLUB ENVIRONMENT

The success of Olympians Swimming relies entirely on the health of our ecosystem. Because we operate on a professional, coach-owned model, our pool deck, bleachers, and family communities are not just spectator areas—they are the environment in which our athletes grow. Fostering a positive club environment means actively choosing collaboration over criticism and clarity over assumptions. To maintain an atmosphere where athletes thrive and parent volunteers feel confident, our community commits to three foundational pillars of positive engagement:

Affirmations & Promotion

Speak positively about the club and share our "good news" with the community.

Positive Communication

Discuss the club constructively at home and in the bleachers. If you have concerns, address them promptly with your Center Lead Coach.

Reducing Intimidation

If you are new to a role, we provide clear, low-stakes training pathways to ensure you are never unsupported.

OUR PROCESS-ORIENTED PHILOSOPHY

Olympians Swimming emphasizes the **importance of the process over the outcome**. This philosophy requires a clear delineation of responsibilities: coaches drive the athletic program, while parents provide the emotional foundation.

Provide Unconditional Love

Separate your child's performance from their value.

Focus on Effort

Encourage skill refinement and a positive attitude over race results or comparisons to others.

Respect the "Expertly Coached" Domain

Allow coaches to handle all technical instruction. Refrain from timing your child or "coaching from the bleachers".



POOL DECK AND SAFETY POLICIES

The pool deck, dryland training spaces, and immediate athlete preparation areas are the exclusive domain of the Olympians Swimming coaching staff.

Coaching Authority

Coaches are solely responsible for the instruction, safety, and athletic development of all swimmers during scheduled sessions.

Spectator Restrictions

Parents, guardians, and spectators are strictly prohibited from entering the pool deck or dryland areas during training. This ensures a focused, consistent, and distraction-free learning environment for our athletes.

Observation Etiquette

Spectators must refrain from gesturing, signaling, or communicating with swimmers from any viewing area during practice. This behavior undermines coaching authority and creates safety hazards by diverting an athlete's attention away from their coach and the water.

Olympians Swimming strictly adheres to the Safe Sport frameworks mandated by Swim BC and Swimming Canada. We are committed to maintaining an environment that is safe, secure, and "open and observable."

Photography & Video Prohibited

For the safety and privacy of all children in our care, video recording and photography of swimmers during practices by parents or spectators is strictly prohibited. This restriction applies to all vantage points, including designated spectator observation zones, bleachers, lobbies, or through facility viewing windows.

Staff Exceptions for Athlete Development

Olympians Swimming coaching staff are authorized to use video and photography exclusively as a technical feedback, analysis, and development tool. All staff undergo extensive background checks, and this practice is conducted strictly within the bounds of our club privacy policies and signed registration agreements.



Deck Changing

In compliance with Safe Sport policies and municipal facility rules, deck changing is strictly prohibited. Swimmers must use designated facility change rooms.

Olympians Swimming operates across multiple facilities, each governed by its own restrictions and viewing layouts. While the immediate pool deck remains restricted across all locations, spectators must follow the specific viewing regulations unique to each facility.



COMPETITIONS

Competition is vital for a swimmer's growth, offering a platform to test skills, evaluate training progress, and celebrate achievements. These events drive motivation, set clear goals, and mark developmental milestones. Competitions enhance overall fitness, refine techniques, and improve endurance. They also foster mental resilience, focus, and strategic thinking. Moreover, competitions build a sense of community and teamwork, contributing to the holistic development of swimmers. Beyond the race, they promote discipline, commitment, sportsmanship, and a supportive atmosphere that extends beyond the pool.

TYPES OF SWIM MEETS

Swimmers participate in various types of competitions, each offering unique challenges and opportunities for growth. These include club meets, local meets, which provide a friendly environment to practice racing skills; PASS meets, to support our developing pre-competitive swimmers; regional and provincial competitions, which elevate the level of competition and exposure; and national and international events, where swimmers compete against the best, representing their club on a larger stage. Each type of competition plays a crucial role in the development and progression of a swimmer's career.

SWIM MEET ENTRY PROCEDURE

When a swimmer is eligible for a competition, they will be notified by email. The swimmer must declare their participation prior to the deadline. Coaches will complete the swim meet entries and submit to the host club for entry into the competition.

If the competition is out-of-town and requires travel, a form will be sent to the member to clarify if the swimmer will be traveling to the competition with the team or individually. If traveling with the team you will be provided with tentative dates, times, accommodation, and transportation. Once confirmation has been received prior to the deadline, appropriate travel arrangements will be made.



SWIMMER EXPECTATIONS - COMPETITIONS

Swimmers are expected to arrive at competitions fully prepared to participate, representing Olympians Swimming to the best of their abilities. This includes adhering to the rules and instructions provided by coaches, including arrival and departure times.

Upholding the Organization's standards and Code of Conduct is paramount to maintain a respectful, disciplined, and supportive environment, ensuring the safety and well-being of all participants. It reflects the integrity of Olympians Swimming and promotes a positive image of the organization during competitions. Compliance with these standards fosters trust among athletes, coaches, parents, and officials contributing to the overall success and reputation of the team.

In addition to the general behavior outlined in the Code of Conduct and Ethics Policy, swimmers are required to:

1. Be present, and on time, for all preliminary and finals sessions.
2. Wear Olympians Swimming team gear at all times.
3. Conduct activation, warm-up, swim down, and recovery sessions as instructed by the coach.
4. Put forth their best effort in each race.

PARENT EXPECTATIONS - COMPETITIONS

Parents are vital contributors to the success and well-being of their child and the team during competitions. Their role extends beyond mere attendance; it involves active participation and adherence to guidelines that ensure a smooth and supportive environment for all athletes.

Prior to the competition, the parents must ensure that their child is registered and all fees have been paid. Any required documentation must be completed, including consent forms, emergency contacts, and updated medical information for their child.

Adherence to coaches' schedules is crucial. This includes attending mandatory meetings, respecting curfews, and ensuring timely drop-offs and pick-ups. By following these schedules diligently, parents help maintain the team's discipline and focus, crucial for optimal performance.

Moreover, parents are expected to uphold the organization's policies, particularly the Code of Conduct and Ethics, which includes promoting respectful behavior, fair play, and a positive



atmosphere both on and off the pool deck. They must also ensure their children are supervised during breaks in the competition, taking responsibility for their well-being. It's essential to report any incidents, illnesses, or injuries promptly to coaches, ensuring swift and appropriate action is taken as per the guidelines.

Above all, parents are encouraged to support their child positively throughout competitions. This means focusing on effort and improvement rather than just outcomes, and fostering an environment where enjoyment, personal growth, and a healthy attitude toward competition are prioritized.

OFFICIATING

Running a competition requires the work of many individuals.

Prior to the competition a meet committee will book the pool, prepare the meet package, sanction the competition, invite teams, and manage entries.

During each competition there will be a complement of volunteer officials including Meet Manager, Referee, Starter, Administration Desk, Chief Finish Judge, Chief Judge Electronics, Inspector of Turns, Judge of Stroke, Chief Timekeeper, Timers, and Safety Marshal. The number of officials required for each session could be 50 or more, depending on the size of the competition. Hosting a swim meet requires the efforts of many volunteers, both from within the host club and from participating clubs.

Volunteering as a swimming official provides valuable opportunities for personal growth through learning and enforcing rules, networking within the swimming community, and supporting fair play and athlete development. It's rewarding and gives access to the best seat in the house.



OFFICIALS TRAINING

To ensure the successful operation and sanctioning of competitive swimming events, at least one parent from each family is required to become a qualified official. Hosting a single swim meet session can require 50 or more volunteers, and this collective support is essential for both the meets we host and the competitions our club attends.

Mandatory Registration (REMS)
To support the club's meet sanctioning process and ensure all volunteer efforts are properly tracked, **at least one parent from each family must register as an Official on the Swimming Canada Registration and Event Management System (REMS)**. This registration is a vital step that allows the club to verify our officiating capacity and track your progress through the certification levels.

Certification Requirements by Group
The required level of certification for parents aligns with their swimmer's group to ensure the club can meet the officiating standards of higher-level competitions:

- **Divisional & Olympian Red Groups** Level 1 Official
- **Provincial Groups:** Level 2 Official
- **National Groups:** Level 2 Official

By participating in officials training, you contribute to our **"Team First" mentality** and help maintain the supportive, high-achieving environment where our swimmers can thrive. For more information on upcoming training sessions, please contact your local society or a member of the senior coaching staff.



TRAVEL

Out-of-town training camps and competition will require travel. Olympians Swimming provides its members with the option to travel with the team or travel individually (independent of the team).

As such we have two distinct travel policies that outline the shared responsibilities. The policies are:

- Travel Policy: Team Travel (Appendix H)
- Travel Policy: Individual Travel (Appendix I)

The travel policies establish guidelines for team and individual travel to competitions and events. They outline responsibilities for athletes, parents, coaches, chaperones, and team managers to ensure safety, proper supervision, and appropriate conduct. Key aspects include communication, adherence to organizational rules, financial obligations, and documentation requirements. The policies emphasize the importance of clear roles, shared responsibility, and collaboration among all parties involved. They cover crucial areas such as supervision, accommodations, transportation, and emergency procedures, aiming to create a safe and positive environment for athletes while representing the organization at out-of-town events.

Team

Travel

Eligibility

Please Note: Team travel (Appendix H) is strictly limited to swimmers aged 11 and older who demonstrate the maturity and independence required to strictly adhere to all team travel regulations and conduct codes. Swimmers who do not meet these criteria must utilize the Individual Travel policy (Appendix I).