

## Developmental Commitment

Developmental swimmers are those who are transitioning to competitive swimming. This would include Olympic Way Gold, Divisional 4, Divisional 5, Divisional 6 programs.

The following rubric demonstrates the development of commitment at the Developmental levels.

<b>Developmental Commitment Rubric</b>				
<b>Category</b>	<b>1: Needs Attention</b>	<b>2: Developing</b>	<b>3: Proficient</b>	<b>4: Exemplary</b>
<b>Attendance</b>	<80%	80 - 90%	91 - 95%	>95%
<b>Participation</b>	Often disengaged during activities or frequently leaves session early without reason.	Sometimes disengaged or needs encouragement to participate fully; may occasionally leave early.	Participates appropriately in most activities for the full session duration.	Always participates fully and enthusiastically for the entire session.
<b>Preparedness</b>	Often arrives late, in the wrong spot, or without basic gear ready for the start.	Sometimes needs reminders about time/place or isn't always ready with gear at the start time.	Usually arrives on time, in the right place, with basic equipment ready to go.	Consistently arrives on time (or early), in the right place, fully ready with gear.
<b>Equipment</b>	Frequently missing required equipment or equipment is often broken, unsuitable, or not functional.	Sometimes missing required equipment or needs reminders; equipment may occasionally be in poor condition.	Usually has all required equipment for the level, and it is generally in good working order.	Always has all required equipment for the level, ensures it is in good repair, and takes responsibility for its care.
<b>Work Ethic</b>	Often avoids effort, stops during sets, or doesn't attempt challenging parts.	Effort varies; sometimes needs prompting to keep trying or complete sets.	Generally tries hard during practice; attempts challenging sets; completes most work.	Consistently demonstrates good effort; willingly attempts challenges; finishes sets well.
<b>Coachability</b>	Often doesn't appear to listen or ignores basic instructions and corrections.	Sometimes distracted or needs instructions repeated; shows inconsistent effort in trying corrections.	Listens well to instructions; makes a noticeable effort to try basic corrections.	Listens attentively; consistently tries to apply corrections; may ask clarifying questions.
<b>Citizenship</b>	Is disruptive or disrespectful to others and rules; demonstrates poor lane etiquette.	Needs reminders about rules, respecting space/others, or lane etiquette.	Is respectful of others; follows rules and basic lane etiquette.	Is consistently respectful and cooperative; follows rules and etiquette well; has a positive attitude.

The swimmer can be evaluated with their score with the following scale:

<b>Score</b>	<b>Title</b>	<b>Description</b>
<b>25 +</b>	<b>Sustained Developmental Commitment</b>	Shows consistent commitment in daily habits. Supports steady progress and growing independence.
<b>15 to 24</b>	<b>Emerging Developmental Commitment</b>	Demonstrates developing commitment habits. Becoming more consistent with effort, focus, and responsibility.
<b>7 to 14</b>	<b>Limited Developmental Commitment</b>	Commitment is present at times but inconsistent. Needs to build more reliable habits to support learning and growth.