



February Swimmer of the Month - Dedication

The February Swimmer of the Month was awarded to the swimmer in each group who best exemplified the value of Dedication, fully participating in workouts and racing opportunities.

Dedication is a cornerstone of the OSC club philosophy. Without effort and dedication, there can be no skill or success because it takes effort and dedication to improve your swimming. Swimmers that show up to practice consistently have more opportunities to improve, and also tend to show higher rates of improvement compared to swimmers that attend less. The workouts are the first step, and next comes stepping up to the blocks and giving it your all. We design the competitive schedule to give each swimmer the opportunity to see progress.

- Dedication means that swimmers are showing up to as many practices as possible
- Not only showing up to practice, but giving it your all is so important to do each day

Taking advantage of every opportunity gives you confidence at your next meet
Congratulations to all of the swimmers winning Swimmer of the Month for February!



Nationals
Layne Birbeck



Provincials
Aila Mirza



Senior Competitive
Maddy Fidler



Regionals
Tatiana Cockwill



*UofA Junior Age Group
Jackson Bitea*



*FPP Junior Age Group
Mila Andriuk*



*TCRC Junior Age Group
Luke Li*



UofA Olympic Way
Dexter Kingston



FPP Olympic Way
Lucas Oullette



UofA Junior Olympic Way
Maya Clarke



TCRC Olympic Way
Anisha Minhas



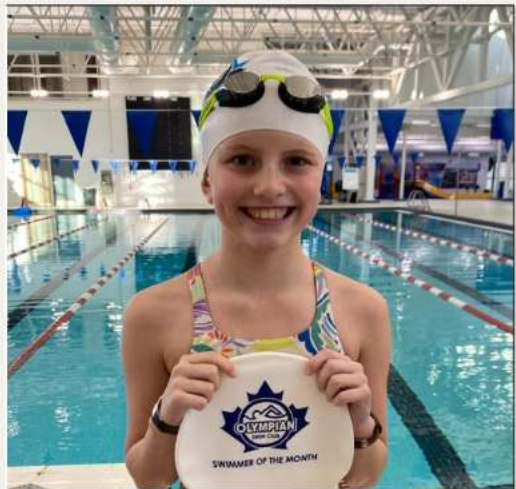
*TCRC Junior Olympic Way 1
Alice Ternovetsky*



*FPP Junior Olympic Way 1
Hollie Neilson*



*TCRC Junior Olympic Way 2
Lily MacLean*



*FPP Junior Olympic Way 2
Everly Straker*



*Clareview Junior Olympic Way
Kalisi Higinio*



*FPP Junior Development
Kate Wood*



*Clareview Junior Development
Andri Ralaiarimanana*



*UofA Junior Development
Alessandro Dimas-Lukye*